

## WEEK'S POEM

## AUTUMN'S BANNERS

Kind Heaven let my heart long hold  
The happy song of little brooks,  
With silvery secrets gently told  
To gray old rocks and ferny nooks;  
Hold sunshine, laddered through the  
trees,  
Where oaks and birches live to-  
gether

In leafy green of ecstasies  
Through spring and summer; and  
gold weather  
Of autumn, blazing each hill  
With scarlet, crimson, amber leaf,  
Where mountains tower strong and  
still  
In sympathy with rouge-hid grief;  
For autumn flings her banners out  
In flaming colors of last stand;  
She, too, must yield to frosty knout  
In winter's unrelenting hand.

ELIZABETH M. E. PHELPS.



## TIRED FEELING

"ABOUT five years ago I was in a very nervous condition. I thought this condition was caused by constipation, as I felt very tired and did not have a good appetite or sleep well.

"I read of Thedford's Black-Draught and decided to take it. After I took one package, I felt so much better that I continued to take it until I had taken six.

"Now I am feeling much better and my appetite is better, and I can sleep well at night. I will gladly recommend Thedford's Black-Draught to anybody."—Mrs. Mary Cunningham, 309 Newell St., Anderson, S. C.

The Old Reliable Thedford's

# BLACK-DRAUGHT

FOR CONSTIPATION, INDIGESTION, BILIOUSNESS



## NO DISTRESS after eating

GET RID of that old dread of indigestion, and eat without fear of distress.

When food ferments; disagrees; lies like lead in the stomach, it is a sign of too much acid. The stomach nerves have been overstimulated. The quick corrective is an alkali. Don't resort to burning doses of soda—take instead, an antacid that will correct the condition. Phillips' Milk of Magnesia! A spoonful of this soothing alkali restores the proper alkaline balance to an acid-soaked system. Then the stomach, liver and bowels function as they should.

Phillips' Milk of Magnesia is what you need when bad breath or coated tongue indicate too much acid. Take a spoonful today, and for several days, and see how soon it sweetens the entire

system. Your digestion will be vastly improved. Things will taste better and you will feel better in so many ways.

Also, you will find when your system is properly alkaline you are not so susceptible to sickness and colds. That you are no longer troubled with constipation, or with headaches, gas on the stomach. An alkaline balance builds resistance.

Ask for Phillips' Milk of Magnesia, which is the preparation of magnesia prescribed and recommended by your own doctor for correcting excess acid. 25c and 50c bottles are sold at drug stores everywhere.

To avoid the condition of acid mouth, you should use a milk of magnesia toothpaste. Your teeth are worthy of the best dentifrice. Try Phillips' Dental Magnesia, which contains 75 per cent concentrated Phillips' Milk of Magnesia.

# PHILLIPS' MILK OF MAGNESIA

## Do You Believe in Hell?

A series of articles by Baltimore pastors in answer to the above question. This question was inspired by the Rev. J. G. Robinson, of Philadelphia, who opposed granting preacher's license to a young candidate who said hell is an old foggy idea and he did not believe in it.

### I Believe in Hell

#### "I Believe in Hell Fire and Torture of the Wicked"

By THE REV. JUNIUS GRAY  
Pastor Psalmist Baptist Church  
Riggs Avenue near Carey Street



THE REV. JUNIUS GRAY

Hell is a place and a state of punishment for the wicked. God prepared this place before the creation of man with a plenty of space for accommodation for all who may die in their sins.

I believe from reading the Bible that the fires of hell are fed constantly with brimstone, and burn without ceasing. In these flames the

wicked are suffering conscious punishment and this punishment is nothing less than torment, and is eternal in duration. Every preacher and religious leader should advise men, women and children how they can avoid going to hell.

The Bible is God's word. It is the Truth. The Bible which we have was translated in the English; the Old Testament from the Hebrew language, the New Testament from the Greek language. The Hebrew word *sheol* is the only word in that original language translated *hell*. The Greek word *hadēs* has the same meaning as the Hebrew word *sheol*. Two other Greek words in the New Testament, *gehenna* and *tartaroo* are translated *hell*. The Hebrew word *sheol* and the Greek word *hadēs* are translated also *grave* and *pit*, but I believe it means hell right on and nothing less.

Let us notice the future abode of the wicked and where they will go.

The wicked shall be turned into Hell.—Prov. 9:17.

Her feet go down to death, her steps take hold on Hell.—Prov. 5:5.

A 3 that her guests are in the depths of Hell.—Prov. 9:15.

Rather fear Him who is able to destroy both soul and body in Hell.—Matt. 10:28.

Rather than having two hands or two feet to be cast into everlasting fire.—Matt. 18:8.

Depart from me, ye cursed, into everlasting fire, but only fire but prepared fire.—Matt. 25:41.

In Hell he lifted up his eyes, being in tor-ment. The wicked will not only be in torment but in torment.—Luke. 16:23.

Not only fire but brimstone and fire. Plenty of space for accommodation.—Rev. 14:10.

Shall have their part in the lake which burneth with fire.—Rev. 19:20.

The way of life is above to the wise, that he may depart from hell beneath.—Prov. 15:24.

I am of the opinion that the word hell has been so modified that the people of this day and generation have lost all of the fear which that word once carried with it.

I believe in hell fire and torture of the wicked in torment.

### Household Hints

To iron a starched garment that must be ironed immediately, sprinkle, roll in a damp cloth or paper bag and place in a warm oven for a few minutes to steam. It will then iron nicely.

A short piece of fine chain is very effective in cleaning bottles and jars.

When cutting fresh bread for the table, dip the knife in hot water and see how much easier the work becomes.

To clean a white sink: Use a soft cloth moistened with turpentine, and wipe dry with another soft cloth. This treatment can be applied to any white sink, washbowl or bath tub.

In order to get rid of ants: Keep a small bag of sulphur in drawers and boxes. Or dampen a sponge in a solution of sugar and water, put in a saucer and place near the haunts. It will soon be full of ants and can be then plunged into boiling water.

### Suggests Drying as Way to Store Winter Fruit

Housewives are being urged to take advantage of overstocked markets by preserving foods by drying. Both fruits and vegetables prepared in this way will mean savings in the cost of food, it is suggested.

Preparation should include washing, peeling, if necessary, and slicing thin, so that all pieces are of uniform size and will dry evenly. Blanching is desirable for vegetables that have a strong flavor or odor, and this process also helps the fibers.

Fruits are prepared as for canning except that the larger fruits are cut in small pieces to shorten the drying period. Foods can be sunned or artificially dried, but the heat of the sun is most often used. Mosquito netting spread over the drying tray protects the foods from insects.

In order to test dryness, place a crisp cracker in the container and allow to remain overnight. If the cracker is still crisp in the morning when it is removed the food is without moisture and can be safely packed. Glass jars are handy for storing, with lids screwed down tight. Foods most commonly dried are beans, corn, apples and peaches.

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mother cat over her one kitten all that day. I didn't try to play with him or make him angry or anything—just kept him quiet and gave him a little workout. Then night came, and we were all ready.

I was seconding the kid and smiling confidence at the boss. He didn't know just what I was up to, but he trusted my judgment. I urged the kid to go in there and fight from the opening gong; pleaded with him. But when the gong sounded, he went out slowly and cautiously, catching a couple of hard rights to the jaw for his pains. He backed away easily, smiling a little, sizing his opponent up. But then the champ tore in and the kid was forced to spend a few bad seconds on the receiving end of a startling array of left jabs and right crosses. Still he backed up, using his own arms only to ward off the blows which the champion showered upon him.

At the end of that round, Kid Mangle was groggy. He knew he was a slow starter, but he didn't relish the idea of being beaten before he got started. He shook his head to try to clear it, and I pulled out a smelling salts bottle.

"Here," I whispered, "take a whiff of this."

He inhaled deeply, and his face came up startled.

"What tha—" he started to cry, but I silenced him.

"You go in there and win," I told him. I held the bottle to his nostrils again, but he shoved it away in disgust.

"I get your idea," he growled savagely.

And then the gong sounded, and the two were at it again.

I guess the fans that watched that fight, and especially the boss, were mighty surprised at the change that came over Kid Mangle in that second round. The champ came in fast, but met up with a stunning right to the stomach and a hard left to the face which tore his cheek. Surprised, he shifted into reverse for the moment.

The kid was right down upon him, coming in faster and faster, delivering a few telling blows and then retreating. His own right eye was closed and gory, but his fighting blood was up.

He feinted, then crashed through with a stiff right uppercut which almost lifted the champion off the floor. But the champ wasn't out yet. With dogged tenacity he clinched, held a moment, then backed away. Fast and furiously he came in, raining hard straight body blows upon Kid Mangle. But the kid was on the war-path. With one glowering eye he sized up his opponent, then lammed in. A stiff right, and then a left, and then another right to the champ's midsection curled him up; a rearing, crashing blow to the head straightened him; a stiff right upper cut sent him twisting, writhing in pain, to the canvas.

The referee tolled off his count, and it was all over.

Next day, the boss and I were talking it over. He seemed to be elated, but sort of mystified.

"It was a great battle," he said. "I knew if you could just get the kid in a fighting mood, he'd win. But tell me, what was it you did? I've never seen him want to fight quite that much before. What was in that bottle you gave him to sniff, anyway?"

"Why, nothing," I grinned, "except a couple drops of vinegar. It's so reviving, you know. And I thought it'd bring back pleasant memories."

### WORDS OF PRAISE FROM WOMEN WHO REALLY KNOW

... "MY FAVORITE POWDER"

Says Mrs. Hazel O. Turner, a leader in select social circles.

"I have been using genuine Black and White Complexion Powder for a long time. It's my favorite because it goes on smoothly and stays on!"



Mrs. Hazel O. Turner enjoys an enviable reputation as a leader in select social circles.

## YOU'LL LIKE THIS POWDER BETTER THAN ANY YOU HAVE EVER USED BEFORE

One trial will make you a regular user of Black and White Complexion Powder. And it's no wonder, because this fine powder is the outstanding value in America today. Smooth, soft, fine and made by an exclusive NEW-PROCESS, Black and White clings for hours and blends perfectly with your skin, bringing to your complexion a fresh, youthful beauty and a flower-like fragrance that will add zest to your personality. Compare Black and White with any powder selling for \$1.00 or more and see for yourself why thousands of good looking women everywhere are realizing that it is foolish to pay high prices when they can get Genuine Black and White Complexion Powder for only 25c. Be sure to ask for Genuine Black and White in the black and white square box. None finer. Nothing just as good.

To protect your skin and hold powder on for many hours, always smooth on a bit of genuine Black and White Peroxide Cream (price 25c) before you apply genuine Black and White Complexion Powder.

If you cannot get Genuine Black and White Products from your dealer, send us his name and address together with retail prices of products desired and we will see that you are promptly supplied through your dealer, all charges prepaid. Address Black and White Company, Chicago, Ill.

# Genuine BLACK AND WHITE COMPLEXION POWDER