



Cramping, Pains

"I USED to suffer quite a bit from cramping and pains in the lower part of my body, and certainly felt very bad. I didn't feel like working. After I suffered so much, a friend told me that Cardui would help me. So I took it and I am sure glad that I did, for it helped me and I recommend it to others."
—Mrs. Mattie L. King,
1318 W. 9th St., Little Rock, Ark.

For over 50 years women have used Cardui, with good results. Get a bottle today, at your druggist's.



Cellophane Wrapped

The Dispensatory of the United States of America says: "When aspirin comes in contact with moisture it gradually decomposes into salicylic and acetic acids. It should be preserved in well-closed containers." It is for this reason that St. Joseph's Genuine Pure Aspirin comes to you in moisture-proof cellophane wrapped packages, wherein the purity and full strength of each tablet is preserved. St. Joseph's is the only aspirin made which comes to you in air-tight containers. Remember, when you ask for "St. Joseph's" you always get twelve tablets of genuine pure aspirin for 10c. Thousands realize it is neither sensible nor necessary to pay more. Be safe, be economical and be sure of getting fresh aspirin by asking for "the largest selling pure aspirin in the world for 10c"—St. Joseph's.

WOMEN A Female Remedy

No need to suffer pain every month. No need to be irregular or delayed. Take EMSULES and get relief. A mild remedy, prescribed by doctors. No other preparation like it. Has brought happiness to thousands of women. Insert one of our original and genuine—red capsules in the yellow box. At all drug stores.

EMSULES

H. Planten & Son, Inc.
93 Henry St., Brooklyn, N. Y.

KIDNEY AND BLADDER DISORDERS Yield to Time-Tested Treatment

AND many of the other ailments that are at the root of these distressing conditions yield to its wonderful healing properties. Plamen's U & B or Black Capsules will certainly bring you quick relief. No waiting to that awful burning of the urinary tract. Do away with getting up at night. Remove the inflammation. During the 90 years of use thousands have gained lasting results. Why suffer any longer? Get them now! Look for the trademarked label on the yellow box and be sure you're getting the best. At your druggist or send one for a trial box.

H. PLANTEN & SON, INC.
93 Henry St., Brooklyn, N. Y.
Trade Mark Reg. U. S. Pat. Off.

**PLANTEN'S
C & C BLACK
CAPSULES**

AFRICANS SAY:

"Africans have much in common with us as wit and wisdom expressed in their proverbs show. It is time for us to get away from the notion that they are in an inferior and barbaric state. In more than one sense, we Americans are less civilized and more barbaric than they."—C. J. BENDISL.

A cook should never mind the sweat of his brow.

The Great Cathedrals of the World Seville Cathedral



In times of stress and hardship, when we have but a crust of bread and the running stream's sweet water . . . even then we need not go hungry if our hearts have been kept warm with devotion, our souls fed on the food of the Church, and our minds nourished with Faith.

The True Believer is never in want. Subsistence flows forth from the fount of His teachings.

An alto-relievo decorating one of the private chapels of the Cathedral of Seville. It denotes the descent from the Cross.

Former College Star Turns Pro



DAVE MYERS

former star of the New York University football team, has been signed as player-coach for the All Southern Collegiate, Baltimore professional grid aggregation. Sol Johnson of Bates, and Jack Coles, Dan Brown and Ben Brown, all former Howard stars, are being sought for the local eleven.

Do You

Believe in Hell?

Effort was made in Boston recently to deny ordination to Luther M. Fuller, young graduate of a theological seminary, for his bold statement, "I do not believe in hell—that is, a literal lake of fire and brimstone." Rev. Mr. Fuller said, "The average person is conceived with a doctrine which stamps God as a ruthless tyrant instead of a God of

"I Do Not Believe in Hell in Any Literal Sense . . ."

By REV. EDGAR A. LOVE, S.T.B.
Minister John Wesley M.E. Church,
Sharp and Montgomery Streets
Baltimore, Maryland



THE REV. E. A. LOVE

You asked this question of me in your letter: "Do you believe in hell fire and the torture of the wicked in torment?" The following is my answer.

No, I do not believe in hell fire in any literal sense. Nothing material can affect that which is spiritual. The Christian religion takes the most beautiful things (material), gold and precious stones, to describe the blessedness of the righteous in the future life and the most dreaded thing fire, to describe the punishment of the wicked.

The punishment of the wicked is in no sense a torture. Torture connotes delight on the part of the one imposing the punishment.

The God of Jesus Christ, the God of Love could not delight in the punishment of the wicked. The punishment of the wicked, as well as the reward of the righteous, is consequential, that is to say, it grows out of the nature of the life lived here.

The development of spiritual capacity here through adherence to the principles of Jesus Christ, which involves the highest spiritual and ethical ideals and values, gives ability to enjoy spiritual blessedness in the future life.

Lack of this development, on the other hand, works contrariwise, so that one is tormented in the other life by the knowledge that he lacks the capacity, the ability to enjoy spiritual blessedness. And he remembers that that lack is due to his own wilfulness in this life. (We carry memory with us.)

I believe in future reward and in future punishment, each consequent upon the life lived here and absolutely determined by that life. We carry with us the capacity for bliss or the instruments of our own punishment. This latter is illustrated by the following story.

A young man asked an old lady if she believed in hell. "Oh, yes," she replied. "Well, Auntie," the young man continued, "where does Satan get his coal to keep the fires burning?" "Never you mind, Sonny, don't you worry. Every one who

WEEK'S POEM

THE CLOUDS

By ELENA V. GREENFIELD

I wonder what they think of us
As they go sailing by.
We never seem to think of them
Except as bits of sky.
And yet they quite reflect our moods,
Or even make us so
That we are smiling with the sky
Or mirroring its woe.

I wonder what think of us,
They who can be so fair;
They seem so—well, indifferent
On their pedestals up there;
And yet, again, it seems to me,
At the hour of evening hush,
They think we are quite awful,
For the sky's a crimson blush.

goes there takes his own fuel with him." Those are my sentiments.

The foregoing will give you in brief, what my beliefs are in answer to your question. I have not made it exhaustive as I supposed you would want but a statement as given.



WOMEN: watch your BOWELS

What should women do to keep their bowels moving freely? A doctor should know the answer. That is why pure Syrup Pepsin is so good for women. It just suits their delicate organism. It is the prescription of an old family doctor who has treated thousands of women patients, and who made a special study of bowel troubles.

It is fine for children, too. They love its taste. Let them have it every time their tongues are coated or their skin is sallow. Dr. Caldwell's Syrup Pepsin is made from fresh laxative herbs, pure pepsin and other harmless ingredients.

When you've a sick headache, can't eat, are bilious or sluggish; and at the times when you are most apt to be constipated, take a little of this famous prescription (all drug stores keep it ready in big bottles), and you'll know why Dr. Caldwell's Syrup Pepsin is the favorite laxative of over a million women!

DR. W. B. CALDWELL'S SYRUP PEPSIN A Doctor's Family Laxative



Young Wife Happy Now

"I was weak, nervous and run-down. Nothing I ate would stay on my stomach and I suffered from constipation. I took the Vegetable Compound and also used the Pills for Constipation and the Sanative Wash. Now I have a good appetite and good digestion. I do all my work and I feel like I am 15 years old instead of married five years."
—Mrs. Rosa Costello, 1117 South S., Philadelphia, Pa.

98 out of 100 Women
REPORT BENEFIT FROM
Lydia E. Pinkham's
Vegetable Compound

Do You Want A Baby?

Doctor Offers to Send Free

Any woman denied the blessing of a baby should write at once to Dr. DePew, Suite L.U., Coates House, Kansas City, Mo. The doctor is sending free, postpaid, for the next 30 days, his regular dollar size non-specific treatment, based on glandular activity, which has been used with happy results by thousands of women. No C. O. D., no cost, no obligation. Mrs. J. Scheiler, Ind., writes: "I never had a sick day. I became the mother of a fine 8½-pound baby. God only knew our joy. I hope every woman longing for motherhood will take your medicine." Mrs. White, Pa., writes: "Married 11 years, doctors told me I would never have children; I tried your medicine. Now I am to be a mother in October. My dearest wish realized." Simply send your name, and a \$1 treatment will be mailed free in plain wrapper with booklet, "Childless Marriages." Write at once as only a limited supply of these treatments will be sent free this month.—Adv.