

Digesting . . . The News

The Advocate does not necessarily share in the writer's views, but whether we do or not, the opinions are sane, logical and interesting. It is the readers' as well as our privilege to disagree with the writer who invites your opinion upon the subjects discussed from time to time in this column.

June is the happy month for brides, graduates and conventions. The brides are happy, the graduates are numerous and the conventions are pompous. The brides are necessary, the graduates useful and the conventions, at least our conventions, are in the main entirely unproductive and unnecessary.

For several years now this writer has closely followed our conventions. Not in person, but in spirit and thought. From various sources, copies of the proceedings of our conventions have reached the writer. They have been recorded and studied. A special file has been provided to list their resolutions and pledges for future activities.

A constant check is made against this file and as we write there are before us hundreds of cards, representing as many resolutions, etc., made during the last conventions, with most of them showing a blank or a balance in red on performances that have not been carried out and in a great many instances no apparent effort has been made toward their accomplishment.

On the other hand, we have read weeks in advance outlines of proposed conventional happenings, some of which have brought much factional dissension and publicity, but at the actual conventions these same programs have been steam-rolled through while the loud opponents are either being entertained at social functions or are resting up from the after-effects. In either event the same accomplishment could have been produced at a strictly executive meeting of a few hand-picked officers or proponents.

We have a few large Negro organizations who are doing business on a national scale with thousands of agents and representatives in as many different localities who are successful because they maintain a highly efficient sales and promotion department. Through letters, circulars, house-organs, novelties, etc., these companies are in constant touch with their productive members and more real profitable benefit is achieved in a few months of such efforts than other organizations achieve of conventions.

Among the many conventions of the month are those of four of our national organizations that this writer is glad to mention because they are achieving some thing and if by focusing the spotlight of the nation on their annual meetings they can gain prestige and active interest in their work they are entitled and worthy of such. The National Urban League's convention will be held in St. Paul, Minn. The National Association for the Advancement of Colored People will meet in Pittsburgh, Pa. The National Negro Business League in New York, and the Independent National Funeral Directors Association will meet in Chicago, Illinois. In their respective fields each of these organizations are necessary and powerful.

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KEEPING -FIT- A Health Column dedicated to readers of The Advocate by DeNormal Unthank, AB, M.D.

RHEUMATIC FEVER

Rheumatic fever, acute rheumatism or acute articular rheumatism is an acute infectious disease characterized by acute agonizing joint pains, malaise, sore throat or tonsillitis, fever of an irregular type, acid perspiration, etc. Usually the affection affects the heart and the heart coverings.

The actual cause of rheumatic fever is not definitely known, despite the great amount of work that has been done to ascertain its cause. Several different organisms are blamed at present by various workers.

Rheumatic fever is responsible for five to ten per cent of all illness. It affects males as much as females. However it is more common in young adults than in older individuals. The condition usually affects children of school age. It affects more readily individuals in moderate climates and in cold, damp weather. It more readily attacks individuals whose occupation leave them more or less exposed to the elements.

Heredity seems to play an interesting part in that there are rheumatic families—that is, several members suffer from rheumatism. Rheumatic fever is not inherited but probably a predisposing weakness to rheumatic fever is.

Rheumatic fever is common in one race as much as another. The only altering factor here is one of economics. Races as the Negro where their greatest occupations are of the hazardous and more exposed type, may tend to show a greater occurrence of the affection.

Certain points or foci of infection as the tonsils, the teeth, the appendix, the gastro intestinal tract, the prostate in men and the uterus and ovaries in women, play a very important role in the course of rheumatic fever and its complications. Removal or treatment of the foci of infection when found to be affected is necessary if a happy recovery is to be expected.

The Joymakers picnic on the Clackamas river was well attended and enjoyed immensely. Many went on picnic.

EX-SERVICE MEN and Dependents of the World War! KNOW YOUR RIGHTS! Pensions, Compensation, Insurance, Hospitalization, Soldiers' Homes, Bonus, Funeral Expenses, etc. Methods of obtaining these and other benefits covered in our manual. One Dollar SERVICE MEN'S SERVICE 311 W. Pearl Street Jackson, Miss.

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Helpful hints by Nancy Lee

A new department is being offered to the readers of The Advocate. A column devoted to advice on friendship, love, and all matters pertaining to the home. Anyone wishing such advice, please write Nancy Lee, in care of this paper.

A good mother writes she is disturbed because her young daughter refuses to go to Sunday school or church, and she wants to know what she can do to interest her in religion.

I agree with her that it is quite a problem lately. This is the day when old ideas and ideals are breaking down; when man's opinions and doctrines that have been handed down for generations are being "scrapped" as it were. It isn't that people are turning anti-religious, but it is a time of change.

Young people have the pioneer spirit, they want to forge ahead, and set new standards in every line of endeavor, so religion comes under this same rule. They want to know what life is all about, and they will find that it is—to work, to think, and to love; to serve with conscious knowledge, and to love God and their fellowman. These are the essentials of life.

Our young people must know that history proves that every accomplishment in the past has been because of the religious convictions and worship of the people. The rise of nations and races has been because of the attributes of faith, thru oppression and unspeakable hardships, and their fall has been thru lack of faith, slothfulness, irreligion and worldliness.

If the world is going to be anything in the future depends on each succeeding generation's faith, hope, love of God and fellowman.

I advise this mother to try and impress Divine attributes in her daughter, so that she can break down the hypocrisy, lack of love and fellowship in the church, not with neglect and inattention, but with the higher ideals taught in the Sermon on the Mount.

NANCY LEE. ILWACO MAN LIKE THE OLD RELIABLE D. H. Kimbrough, of Ilwaco, Wn., writes The Advocate: "A friend of mine sent me one of your papers the other day. I like it very much and am enclosing my check for subscription to same." Mr. Kimbrough operates a shoe repair shop in Ilwaco.

"AS NOTED" by Ralph C. Clyde City Commissioner

AVOID THESE "YOWLERS"

Avoid men and women who spill hard luck stories as you would small-pox patients—frankly speaking, I believe the former are the worst.

These poverty "artists" take a special delight in getting you into a corner so you can't beat a hasty retreat. Into your unwilling ears they pour tales of illness, domestic troubles and other grief. By the time they finish this verbal barrage, they have so overwhelmed you with mental poison that you feel that life is not worth living, and you murmur, "What's the use?" Take my tip and when you see one of these "Gloomy Guses" appear on the scene, beat it in a hurry. Don't even stop to say "Ah there—stay there." Go while the traveling is swift.

COLORED FIGHTER K. O'D Tillamook, Oregon, May 22 Scott Halling, of Portland, the long, slyly constructed colored fighter who KO'd Jack Kelly of Tillamook here on March 7 and George Becker of Tillamook will be pitted against each other at the armory on the 23rd.

HEAD OF INTERNATIONAL HOUSE VISITS EDITOR ADVOCATE

Mrs. H. S. Tuttle, hostess of International House, University of Oregon, Eugene, spent Sunday afternoon and Monday morning, May 23 and 24 with Mrs. Beatrice Cannady, editor of The Advocate. Matters relating to International House and race relations were freely discussed by the ladies, both of whom are intensely interested in both subjects. Mrs. Cannady entertained her guest with a brief trip about the city, calling on friends.

ASSAULT CHARGES AGAINST "YOUNG JACK JOHNSON"

Klamath Falls, May 19. Charges of assault with a dangerous weapon were filed yesterday by the state against Adel Waynscott, "Young Jack Johnson" charged with stabbing Jack Walker, local matchmaker with a pocket knife last Friday afternoon. The defendant has asked a preliminary hearing and has indicated that he will employ an attorney to fight the case. Matchmaker Walker is reported as recovering satisfactorily at his home.

WOMAN NAMED ON CH. COM.

Morristown, N. J.—(CNS)—Miss Helen Hagan, prominent musician, has been appointed a member of the chamber of commerce of this city. She is the first colored woman in this section to be so honored. Dr. Ernest Vennore, holds a similar place on the board. Helen Hagan was presented in piano recital in Portland a number of years ago by the editor of The Advocate.

ONE CENT A DAY PAYS UP TO \$100 A MONTH

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J. T. Johnson writes The Advocate from Baltimore that he is getting along o.k. That while wages were lower there living expenses were lower and there was a diversity of work for colored people. He wishes to be remembered to friends and says he cannot do without The Advocate.



How to have a COMPLEXION That CHARMS

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REV. IMES COMMENDS DARROW-JONES DEBATE

To the Editor: Believers and disbelievers even when they are as great as Clarence Darrow, America's greatest criminal lawyer, and Bishop Robert Darrow, America's greatest criminal lawyer, and Bishop Robert E. Jones, of the M. E. church, still agree on many of the fundamentals of religion, in the opinion of Rev. William Lloyd Imes, of the St. James Presbyterian church, New York City.

"The debate on Negro Religion between Clarence Darrow, who is not an atheist as many believe but rather a mild agnostic, and Bishop Jones, the staunch and well beloved churchman proves that leaders of thought are not really opposed to each other on the vital and fundamental issues of religion but on superficial and temporary matters that unfortunately project themselves into the foreground," said Rev. Imes, at his Sunday morning service in referring to the debate appearing in the current issue of The Crisis magazine.

"While Mr. Darrow's agnosticism is much nearer in its humanitarian emphasis to real religion than most of us suppose, Bishop Jones' sound the-

ology is needed as a basis for sound humanitarianism," the speaker declared. Rev. Imes concluded by saying that such debates are bound to do good. They cannot do harm if both opponents are honest, constructive and fearless. The church should and does welcome such honest criticism. There is nothing to lose on either side and true religion is bound to gain by honest discussion of its vital values.



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