

Suggestions for the Home-maker

NEW DISHES

PERFECT PEP PIE

- 2 eggs beaten slightly
- 2-3 cup sugar
- 1/2 teaspoon salt
- 1 pint hot milk
- 1 teaspoon vanilla
- 1 cup pep bran flakes

To the eggs add the sugar, salt, hot milk, and vanilla. Stir in the pep bran flakes. Pour mixture into a pie crust. Bake in a quick oven (400 degrees F.) at first to set the crust, decrease the heat afterwards, as egg and milk in a combination need to be cooked at a low temperature (325 degrees F.). Cover with meringue.

SAVING DAINTIES FROM OLD KING FROST

PENNSYLVANIA CHILI SAUCE

- 24 medium-sized ripe tomatoes
- 8 large onions
- 3 green peppers
- 3 red peppers
- 1 cup sugar
- 4 tablespoons salt
- 5 cups cider vinegar
- 1 tablespoon ground cinnamon
- 1 teaspoon ground cloves
- 1 teaspoon allspice

Cut tomatoes in small pieces. Grind onions and peppers through food grinder. Mix all ingredients and boil over moderate heat until sauce attains the desired consistency. Then jar immediately.

From N. O. to N. Y.



REV. L. H. KING
editor of Southwestern Christian Advocate, New Orleans, who resigned recently to accept pastorate of 500,000 St. Mark's Church, New York.

American Chop Suey

- 2 tablespoons fat
 - 2 onions (sliced)
 - 1/2 pound pork (cut in small strips)
 - 1 green pepper (shredded)
 - 1/2 cup mushrooms (sliced)
 - 1 cup celery (shredded)
 - 1/2 cup rice
 - 1 teaspoon salt
 - 3 cups stock
- Brown onions slightly in fat, add pork and cook until meat is seared. Add pepper, mushrooms and celery. Put in rice, salt and stock. Cook slowly until vegetables and meat are tender. Serve with whole wheat krumbles or buttered rice krapies, pouring the chop suey over them. Yield: 4 servings.

Roughhage Pudding

- 2 eggs
 - 2 cups all-bran
 - 2 cups sweet milk
 - 1 cup sugar
 - 1 tablespoon butter
 - 1 cup seeded raisins
- Soak the all-bran in the milk. Beat eggs and sugar, then add butter, bran and raisins. Bake in a moderate oven about twenty minutes until firm. Serve with cream or with hard sauce.

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To clean a white wool sweater, rub with flour. About 3 cups will be required if thoroughly rubbed until it penetrates each fold. Shake out well and hang on the line while a good stiff breeze is blowing.

A hot water application, followed by applying a menthol ointment of some kind, and then a vigorous massage, will relieve a severe headache.

To get rid of mice, place a little oil of peppermint about their haunts, on vads of cotton. This forces them to look for other quarters.

To remove old varnish from furniture before revarnishing, use three



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The only Permanent relief for Leucorrhoea (Whites). Absolutely GUARANTEED. Send for FREE BOOK, CARBO COMPANY, Dept. 18, Box 482, ST. LOUIS, MO.

Sloan's Liniment

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FUSSY, fretful . . . of course babies are uncomfortable at teething time! And mothers are worried because of the little upsets which come so suddenly then. But there's one sure way to comfort a restless, teething child. Castoria—made especially for babies and children! It's perfectly harmless, as the formula on the wrapper tells you. It's mild in taste and action. Yet it rights little upsets with a never-failing effectiveness.

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Fair Creamy Skin

Whiten Your Skin Overnight—With This Safe Bleach

Why sit back and let other girls get the attention? You can be as popular as they, if you will give your skin the enchanting new fairness that Golden Peacock Bleach Creme bestows.

Overnight it bleaches your skin to fairer, clearer whiteness. Makes it shades and shades whiter. Banishes muddiness, freckles, wrinkles and ugly skin blemishes. Gives it a petal smoothness.

Golden Peacock Bleach Creme is no ordinary cream. It is designed for one special purpose—to whiten skin darkened either by sun or natural pigmentation, and do it gently, safely and quickly. To accomplish this, six different whit-

ening agents have been blended together into a super-powered, six in one bleach, six times as effective as any old time, ordinary bleaching cream.

You'll be delighted with results. Use it on face, neck, arms and hands—they'll all respond with amazing speed to the powerful bleaching of this wonder-working cream.

Get a jar of Golden Peacock Bleach Creme today—at any toiletry counter. Try it one time, upon an binding guarantee that your money will be refunded if you are not delighted with the transformation it works. Be sure that you get Golden Peacock Bleach Creme and not a substitute. There is nothing "just as good."

THE NEW

Golden Peacock BLEACH CREME

MY SKIN NEARLY RUINED MY LIFE

(A True Story From Life)



"I was a girl who didn't care about having lots of men calling on me and taking me to parties and dances. I wanted a husband, a home, and children. It was the dream of my life. And here I was twenty-one years old without a single man calling on me. I knew why. My skin was dark, rough and bumpy. Men didn't notice me. They were too busy rushing around with pretty girls. Finally I made up

my mind that I wasn't going to let my ugly skin ruin my life. I began trying different skin treatments. Not one of them did me any good and I had just about given up hope when I tried Genuine Black and White Ointment and Skin Soap.

NOW MY SKIN IS CLEAR AND LIGHT AND I AM HAPPILY MARRIED

"This wonderful treatment helped my skin right from the start. And almost before I realized it those ugly bumps and pimples were gone, the mole discolorations had disappeared, and my skin was clear, smooth, and healthy, and many shades lighter and brighter. At last my dream has come true. I am married to the man I love, have a nice home and two children. After all this time, I still keep on praising Genuine Black and White Ointment and Skin Soap. I owe all my happiness to these wonderful preparations."

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If your skin is dark, coarse and rough—covered with bumps, pimples or eczemic irritations—simply do this: First cleanse your skin with the rich, pearly lather of Genuine Black and White Skin Soap. Then apply Genuine Black and White Ointment according to directions on the package. Almost before you realize it your skin will be soft, smooth, clear and light. Try this wonderful skin treatment tonight.



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Never accept a substitute of something "just as good." Go to your drugist now and get a 25c box of Genuine Black and White Ointment (which contains 3 times as much as the 30c size) and a 25c bar of Genuine Black and White Skin Soap.

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