Digesting The News By CLIFFORD C. MITCHELL

The Advocate does not necessarily share in the writer's views, but whether we do or not, the opinions are sane, logical and interesting. It is the readers' as well as our privilege to disagree with the writer who in vites your opinion upon the subjects discussed from time to time in this

Through deaths and political upheavels, the complexion of American politics is gradually undergoing a change and in this transformation, the Negro, can, if he will, get in on the ground floor and build for the future a program of usefulness that will result in an era of justice and prosperity for the race as a whole, and not merely for a few individuals.

We have experienced and witnessed the folly of a policy that enabled a few of our numbers to hold offices of these diseases are chronic heart disease a high-sounding nature but with their powers closely clipped or carefully curtailed while the masses in general were deprived the right of earning an honest livelihood, even as manual chial tubes, etc. laborers on the public works that these same politicians were supposed to have an influential voice.

Another trick has been to elevate a few of our members, grant them some special concessions or secure for them immunity in their questionable and nefarious connections, and then trusting to the beneficiaries of such a system to keep our vote lined up and ready to deliver at the crack of the whip. It has taken the depressionthrough which we are passing-to lift the veil from such methods and the re-actions are interesting to watch and record.

Reports reaching this writer, thru the medium of our "exchanges," from all parts of America, indicate that while the various units of govern ment, county, state and federal, as well as the municipalities, are undertaking millions of dollars' worth of improvements; yet, our people are having a most difficult time in securing even the most menial of jobs.

Those in control of these jobs may very well get along without the Negro labor, now, but those in control of the political destinies of their party, cannot get along without our support later, and if we are to reward any party with our loyalty it seems to me that we should gauge our loyalty by what that party will do for us now, and no from something that might be done years later, or even for something that might be done years later or even for something that was done 40 or 50 years ago.

Periodically, we have noted the actions of some of our politicians who flood our press with propaganda beseeching us to remain "loyal to the party," and yet, in the off, season, that same party strip these same leaders of all their power and prestige, not, because the individuals haven't merit but to keep harmony with a group that objects to having Negroes as colleagues

Even in the South we are deprived of the ballot, not so much because we are Negroes, but because the whites are fearful of what the Negroes will do by following, as a group, leaders who would use this bloc of votes for their own designs without due regard to the rights and welfare of Southern whites. Once we have convinced the Southern Democrats that we are of age and that we can discern "merit" from "propaganda," then the political barriers will gradually begin to fade and our progress will be in keeping with our degree of partisanship in all



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KEEPING

readers of The Advocate by DeNormal Unthank, AB, M.D. Arata Building-121/2 N. 6th St. Phone AT 1703; MU 2621 immummum

CHRONIC BRONCHITIS

Chronic bronchitis has come to be re nized as a diseased state rather tha particular disease entity. Chroni nehits is common in older peopl where a complication of diseases ma asily exist. It is common also in cold amp climate and winter weather. Sun mer weather and dry warm climat often cause the symptoms to disappear only to return with the return of the old and damp conditions.

Chronic bronchitis may be due to mar nditions. It may follow repeated a icks of acute bronchitis, the only rebronic bronchitis. It may develop from epeated inhalations of dusts, vapore gases. Probably the most comm rauses of chronic bronchitis are chro constitutional diseases. Chief amo specially chronic insufficiency, chron heart and kidney disease, chronic pu nonary diseases, chronic pulmonary t erclosis, asthma, syphilis of the bro

The chief symptoms of chronic bro thitis are coughing and expectoration neral weakness. Expectoration ma ary from very small amounts to larg isease has existed for some time show ess of breath is experienced. Afte is shortnes of breath is accompani coalnitation of the heart and a feeling fullness of the chest. Rises in body perature are slight if at all. Occa onally, however, individuals will suf fer acute exacerlations with rather narked fever.

The sufferer with chronic bronchit seds careful medical examination and oratory analysis. Delay in these cases very dangerous and unwise



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Helpful hints

by Nancy Lee

A new department is being offered

We hear so much about jealousy, its moral and spiritual effect, and are for the cause of jealousy.

neighbor's attractive home. If each news? one was as loving, unselfish and as My sympathies are with Governor

intellect generated in the brain. has a jealous wife.

ias sent a telegram to the New York ense which reads as follows:

"You Negroes are invited to Alabama We want your scalps along with the well anyone else who is a party to the the "Negro Labor Defense,

Arrow Tips

KITS RIED

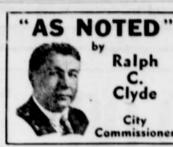
The Advocate does not necessarily to the readers of the Advocate. A column devoted to advice on friendship, love, and all matters pertaining ship, love, and all matters pertaining is the readers as well as our privilege in the readers as well as our privilege. Anyone wishing such advice, please to disagree with the writer who in-sires the state of Oregon to rent a vites your opinion upon the subjects large, five-story building, in the heart write Nancy Lee, in care of this paper. discussed from time to time in this column.

Last week, one of the issues of The fect without a cause, that is certain, Bowles case. So did many of The as well as the principals," to quote In the first place, for one to be the editorial. Now who was it that jealous, in any possible way, shows insisted on keeping the details before one to have an "inferiority complex." the public? Surely not the principals, Everyone longs to be admired, to be and surely not the public which reploved, to stand out above the average, resents that group of readers The but very, very few take the trouble to Oregonian likes to think it wants. But improve themselves to that point the group The Oregonian caters towhere each one can shine in his own the box office group. Is it any wonder particular way. For instance, if each that our American public gets worse one put his heart and soul into his and worser? Its only medium for project, and stated that if he could work, he would have no need to be news is the newspaper that encourjealous of another's success. If one ages the sensational! Yea, brother, I was as clean and neat about his per- know what you are saying-the newsson and surroundings, as he could be, paper that prints all the news. But he wouldn't need to be jealous of his are the sordid details of murder trials

gracious as he could be, he wouldn't Meier in his attempt to clean up the be jealous of another's charm. So, state departments - that head cleanit is easily seen that jealousy springs ing up; and the prison has certainly from a lack of intelligence, or a lack been an expensive luxury for the taxof balance, or unity between the emo- payer for many years. Let us hope tions generated in the heart, and the that in his efforts he will remove the Pensions, Compensation, Insurance, Hoskingpin of the official machine. It is This answers two letters, one who not in the prison chariot-just keep hasa jealous husband, and one who on digging, Mr. Meier-here's hoping you will find him. Button, button--NANCY LEE. where is the button that provides our institutions with officials?

New York City, April 24-The nation- My goodness! if that drug which in. wide protests of the working class and duces truth telling, ever comes into their organizations have aroused the common every-day use, what will hatred and mob spirit among the ignor- happen to this old world? Will we ant and backward of Alabama. The de-need investigating committees and termination of the Negro and white surveys, etc., etc.? What a glorious workers to save the nine Negro boys; spree we can all have after each dose! from electrocution, is showing the rich No more white lies-no more black landlords and capitalists that there is lies-no more statistics-a la Mark growing unity of Negroes and whites Twain definition as to lies. No more o meet this fighting allians the KKK remembering tomorrow the lie we told today! What joy and what a relief! Office of the International Labor De relegrams sent South in behalf of the

nine Negroes to burn. Read this to your entire body-K'K' of Aalabama' The telegram was sent from the Ho ine we already have and we'll get as tel Walden in Cattanooga, addressed to



AARON HOLTZ'S

GREAT IDEA Aaron Holtz is the father of wonderful idea, for which he is to be especially commended. Mr. Holtz de-

of New York City, to be known as

"The Oregon Products Exposition." In this building could be displayed just beginning to discover something Oregonian sent up an editorial sigh of farm products and the output of Oreof its cause. We cannot have an ef- relief over the final close of the noted gon manufacturers. Mr. Holtz recommends that the first floor could be so I am going to take a little space Oregonian's readers. "For the public used, during the fruit season, to sell thousands of small crates of Oregon cherries, prunes, walnuts, canned salmon and salmon frozen in ice. Mr. Holtz suggests, that later on, similar

> I have written to Governor Meier, giving my personal approval of this work out a plan, along the lines of Mr. Holtz's, that I would gladly request the City Council to do their part in this laudible undertaking.

other large centers in the country.

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THE MOTION PICTURE SITUATION

(By Chester A. Lyon)

The Advocate does not necessarily share in the writer's views, but whether we do or not, the opinions are sane, logical and interesting. It is the readers' as well as our privilege to disagree with the writer who invites your opinion upon the subjects d'scussed fro mtime to time in this col-

It was mentioned in these article ome time ago that a "Committee o 00", was organized for study and actio in the problem of Motion Picture stand ards in Portland. This was back in January. I was asked to serve as chair man of this Committee, and I agreed o act, in this capacity giving all th ime I could possibly spare from my other work. Mrs. Jannette Shank, very prominent W.C.T.U. worked wa lected to serve as secretary

Last February, Lappointed J. B. Coan hairman of a Survey Committee, th exhibits could be placed in Chicago, prose being to obtain data concerning St. Louis, Boston and two or three he type of motion pictures and other theatre productions that have been run in the down-town theatres during : period of several weeks. The large lown-town theatres have the first ru Another meeting of the "Committee

of 100", was held last Saturday nooit the Y.M.C.A.. So much interest was sanifested at this meeting that it was isly voted to change the name "The Committee of 200". Chairman can, of the Survey Committee in his eport Saturday pointed out, "that while ome of he picures shown in Porland save been possible it was brought ou hat flagrant violations were noted

everal of the films exhibited. Violaons of the code were also mentioned connection with short subjects run, also that a passable feature film is oftenmes followed by a very objectionable

Since the Hays Code, set up by the fotion Picture Producers of America, ad been adopted by the City Council, s the measuring stick which pictures in PoPrtland are to be judged, it was used this surryey as the basis of censor-

While this survey group recognized at the local censor board has no autority over vaudeville acts, very obctionable stage and vaudeville producons have been put on since February 1. Prominent business and professional nen served on this survey committee, All women represented were mothers. Saturday's meeting was well reprented by prominent business and proessional men and women, as well as Parent-Teacher; church; W.C.T.U.; American War Mothers; grade and high school teachers and principals' associa-

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RULES AND REGULATIONS

1—Any reputable man, woman or child residing in Portland or surrounding territory served by The Advocate is eligible to enter this campaign and compete for a prize. Nominations may be made at any time during the campaign.

2—No employee in the business office of The Advocate is eligible to enter this distribution. The management reserves the right to reject any nominations at any time.

3—The winners of the prizes will be decided by their accredited votes said votes being represented by ballots issued on subscriptions by votes issued on the nomination coupon, the first and second week cupons and the opportunity coupons. The management also reserves the right to incorporate the sale of advertising and due-bill cards at any time during the campaign, and votes will be issued as per the one year vote schedule in effect at that time. schedule in effect at that time.

4-Candidates are not confirmed to their particular town or community in which to secure votes and subscriptions, but may take orders anywhere in this section; or, for that matter, anywhere in the State of Oregon, or the world.

5—Cash must accompany all orders where votes are desired. There will be no exception to this rule. Candidates will be allowed to collect back subscriptions and renewals as well as entirely new subscriptions and votes will be issued on both.

6—Votes are free. It costs the subscriber nothing extra to vote for his or her favorite. Subscribers should ask for votes when paying their subscriptions.
7—Votes cannot be purchased. Every cent accepted through the campaign department must represent subscriptions.

8—Votes are not transferable. Candidates cannot withdraw in favor of another candidate. Should a candidate withdraw from the race, his or her votes will be cancelled. (With the consent of the campaign manager, however, a candidate may withdraw from the race and transfer his or her votes to an entirely new candidate or new entry.) Neither will it be permissible for candidates to give or transfer subscriptions

to another candidate. Votes on such transferred subscriptions will be subject to disqualification at the discretion of the management.

9—Any effort or collusion on the part of any candidate or candidates to discourage competition by the spreading of false rumors or exaggerated stories, or anything done by any candidate or combination of candidates to the detriment of this newspaper will by any candidate or combination of candidates to the detriment of this newspaper will not be tolerated. Any candidate or candidates entering into or taking part in any such agreement, arrangement or effort, will forfeit all rights to a prize or commission.

10—Any ballos issued on subscriptions may be held in reserve and voted at the discretion of the candidate and the campaign manager.

11—No statement or promise made by any solicitor, agent or candidate varying from the rules and statements published through the columns of this newspaper, will be recognized by the publisher.

12—In case of typographical or other error, it is understood that neither the publisher nor the campaign manager shall be held responsible except for the necessary

Every candidate is an authorized agent of The Advocate and as such, may collect arrearages and subscription payments from present as well as from new subscribers. 14—Extension of subscriptions will receive votes according to the vote schedule in effect when the first subscription was paid, except that no extension votes will be given during the first subscription was paid, except that no extension votes will be

given during the final period. 15—It is distinctly understood and agreed that candidates will be responsible for all moneys collected and that they remit such amounts in full, at frequent intervals, or on demand, to the campaign department.

16—There will be several prizes awarded, besides a 10 per cent commission, to ALL ACTIVE non-prize winners, but it is distinctly understood that in the event ANY candidate becomes INACTIVE failing to make a weekly cash report, he or she will, at the discretion of the management, become disqualified and thereby forfeit all right to a prize or a commission.

a prize or a commission. 17—The time of May 2 to May 13 will be known as opportunity days. During these

days, there will be a vote bonus of 100,000 extra votes for every three renewal subscriptions of not less than one year each; 200,000 extra votes for every three new subscriptions of not less than one year each, and 500,000 extra votes for one six-year subscription either ne wor renewal, but only ten six-year subscriptions can be turned in to apply on this extra offer. 18—To insure absolute fairness in the awarding of the prizes, the race will be brought to a close under a "sealed ballot box" system, and will be under the personal supervision of two or more judges selected from the Advisory Board. During the entire last week of the campaign, the box—locked and sealed—will repost in a convenient place, where candidates and their friends will deposit their final collections and reserve votes. And not until the race has been declared closed will the seals be broken, the box unlocked and the judges begin the final count. In this way, no one—not even the campaign Lanager—can possibly know the voting strength of the respective candidates, which precludes any possibility of favoritism and insures fairness to the minutest degree.

to the minutest degree,

to the minutest degree.

19—The management reserves the right to amend or add to the rules of this campaign, if necessary, for the protection of the interests of both candidates and this newspaper. The right is also reserved to increase and add to the list of prizes.

20—The Advocate guarantees fair and impartial treatment to all candidates; should any question arise, the decision of the management will be absolute and final.

21—Two hundred thousand extra votes will be awarded each candidate with every three one-year subscription, or the equivalent, turned in during their first week in the campaign; 150,000 extra votes will be awarded each candidate with every three one-year subscription, or the equivalent, turned in during their second week in the campaign. These are in addition and above all regular votes but this arrangement will

year subscription, or the equivalent, turned in during their second week in the campaign. These are in addition and above all regular votes but this arrangement will be in effect only during the first two periods of the campaign.

22—All extra votes will be issued and credited to the accounts of the various candidates at the convenience of the campaign manager.

23—Campaign opens today—closes June 25, 1931. IN ACCEPTING NOMINATIONS, CANDIDATES AGREE TO ABIDE BY THE ABOVE CONDITIONS