## THE BLACK LILY $\quad$ Selected Recipes



While You Sleep!
When a headachy, bilious, or a gassy
condition tells that bowels need help, there's nothing like cascara. Doctors say this marvelous substance actually
strengthens bowel muscles. That's why strengthens bowel muscles. That's why
candy Cascarets bring constipation sufferers lasting relief. A Cascaret sufferers lasting relief. A Cascaret form. No griping: no discomfort or sickening effects when you use sluggish bowels. Both upper and lower bowels are cleansed. Coated tongue is soon cleared; breath sweetened; eyes brightened; the whole system benefita
from a candy Cascaret. Try one to-


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BEWARE OF IMITATIONS

UnLESS you see the name Bayer and the word genuine on the package as pictured above you can never be sure that you are taking the genuine Bayer Aspirin tablets that thousands of physicians prescribe in their daily practice. The name Bayer means genuine Aspirin. It is your guartintee of purity-your protection against imitations. Millions of users have proved that it is safe.

Genuine Bayer Aspirin tablets promptly relieve:

| Headaches | Neuritis | Colds | Toothache |
| :--- | :--- | :--- | :--- |
| Neuralgia | Sore Throat | Lumbago | Rheumatism |

No harmful after-effects follow its use. It does not depress the heart.
Aspirin is the trade-mark of Bayer manu facture of monoaceticacidester of salicylicacid.
is always...

crupulous and wicked minded men.
Only Jonthra find-I among living

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| :---: | :---: | :---: |
| the man on the couch interrupted words on Chenah's lips. | heavier food so that those internal engines may be enabled to keep us warm. | sift flour once, measure, add bakin: powder, salt, and spices, and sift |
| Bending over him solicitously the | Here are two rectpes for good | together three times Cream shortet- |
| d man began to wrap a rough clean | fashoned dishes prepared to a new- | add sugar gradually, and cream |
| andage about the injured foot and | tashioned way: | well. Add esg. Add oatmeal and flour, |
| g. The last bit of crushed leather | G | ately sth milk, mixing well. |
| and rag had bin removed from the | 1 cup spectal cak | Drop by teaspoons on greased baking |
| line of deep fidentations made by | ts teaspoon soda | sheet and bake in moderate oven (350 |
| the crushing teeth of the crocodile | $5_{5}$ teaspon salt | degrees F) 18 to 20 minutes. Makes |
| at had carried the uncansc | 1 egg , well bea | 4 dozen cookies. |
| an into the stomy but water | 1 cup thek sour milk or butte |  |
| n where he would have lain until | 1 teaspoon melted butter or oth | SALADS AS APPETIZERS |
| ath and decay had fitted him for <br> c tasty meal the monster would |  | Although a salad is not wrually look- |
| ast upon. | and salt, and sift arain. Combine ens | ed upon as an appetizer it may quite |
| Deep under the overhanging bank | and milk and add to flour gradually. |  |
| sloping upward to fust above the | stirting constantly Heat untt smooth | gredients such as pickled cucumbers, |
| ater line the monster had dragsed | shortening. Hake on hot | cauliflower, and ontons, added to the |
| - prey as the unconsclous man had | sed griddle. Serve hot | usual salad ingredients will make a |
| ank beneath the overturned pirogue the lower reaches of the rapld | and | salad that could quite properly be called an appetizer. Here are two sus- |
|  | 113 cups spectal cake | gestions: |
| , the old man had found him | 2 teaspoons baking | A MAN'S" SAL.AD |
| hille himself a fusitive so hard | teaspoon salt | \% |
| he had to take the water way | ns | ng green onions for an equal |
| owt |  | of Bermuda onton when young are not in seawo. three or |
| nda | $\begin{aligned} & \text { cup } \\ & \text { ing. } \end{aligned}$ | pleces of sweet or sour pickle |
| Dolores Overcome |  | of |
| d forward. fer face paled a | Even as he spok, the color flooded | the lettuce, chop the ontons and |
| e sank down. Her own wound at | back into Dolores's ivory face. The | pickles, and mash the erg. Molaten |
| st had gotten the better of her. | redness and swelling seemed to be | with French dreasing and pour over lettuce |
| Pather Jose *ith a quick exclams- | smoothed away is a hand smooth brow and removes the wrinkles | lettuce |
| Do of pity went to the girl. North- | $\begin{aligned} & \text { brow } \\ & \text { frown } \end{aligned}$ | PABTY CHEESE SALAD |
| ington again closed his eyes in exhaustion. |  | I cup shredded coconut |
| oro was rellef in the old |  | Roll cream cliesse into 12 small |
| 隹 as he examined Doloress | His eyea flew wide and this time | balls. Roll each ball in coconut, which |
| ."Ths nothing, the mere prick |  | has been elther toasted or tinited. |
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