## ILLUSTRATED FEATURE SECTION-October 12, wa

## MAMBA'S DAUGHTERS :ine



## Housework takesless eflortwhenyoufech fit <br> Althouth moders

 bousehold devices lighten the tasks of the woman today, you know that housework, properly done, requires en ergy and strength.
When you feel strons and fit, hou sehold duties are easily accomplished with plenty of enerisy to spare for hours of recreation and pleasure
That's why so many women welcome the in vigorating and streagib ening effects G. F. P.

Extracted from Na ture's medicinal reots and herbs and combined under a time-tested formula, this pleasanttasting tonic bas benefited women for more than 50 years. During that time thousands have testified to the help they have received. If yourare fecling run-down, tired-out and lacking in pep, why not start taking St. Joseph's G. F. P.? You can tet the bif dollar St.Joseph's G.EP.

## TPluko orestiling

Always the finest Hair Dressing Gasy and pleasant to use
When you open the package, the first thing that will delight you about Pluko Hafl Dressing is its captivating fraErance!

And when you apply this dainty preparation to your hair. you will again be delighted. For it takes but one application of Pluko to make a decided improvement in the appearance of your hair.

Then if you want to have really beautiful hair-hair that is bright, straight and silky, and easy to arrange in any becoming style-use this hair dressing regularly!

You won't find that hard to do; because Pluko is pleasant to use and takes up but a few minutes of your time. The results are always satisfactory and its nourishing oils keep the scalp soft and healthy and promote the growth of lovely hair. Try Pluko today!

