How To Get Thin

## ties without adding an enormotu number of calorie to your diet




 man's ladder, he back. was a work- in sides in fuse such an unnaturally perfect alibi by being seen emerging The ram, that now i haled as a stiff posture as one sees in bound come out to investigate the infernal or rent that challenged any but the figure lay, not in the posture or the But as 1 stuck my head inside of
bravest to essay passage through.
Itilness, but in the view of the top the car, the noise suddenly stepped

Regain that slender figure Try this method and see if you
of yours. One can starve cannot lose a few ounces eats week
and if you do this consistently, it herself into a physical wreck that and If you do this consistently, il hump body

BIDDIEs DKLIGHI
cup ralstiss
cups rolled oats
cup shortening
cups flout cup milk


暑


COLE-TALBERT
Mayer Seen a pupil
May ne, Delia Valeria. It was under the tutelage of Mm

