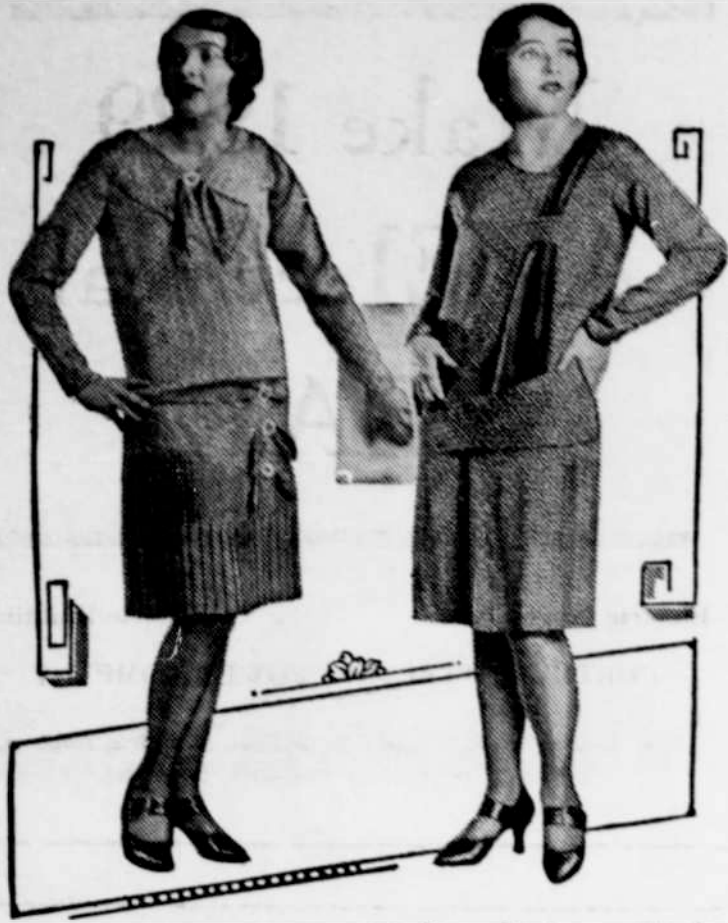


The Secret Of How To Be Well Dressed



The first step towards smartness is to know yourself. The well dressed woman studies her type and her coloring, just as she studies the gown she wears. She chooses only the hues that are flattering, lines that give grace to her figure, and details that best express her personality.

The days when women were dependent entirely on the saleswoman are gone forever. Thanks to a brilliant stylist of New York City, Miss Marie Dunn of I. Mittleman & Company, a scientific analysis of the feminine figure with special reference to the couturier's needs has been made. If you would like a chart of how to ascertain your correct size, one will be sent to you gratis if you will write

Miss Dunn. Frocks, especially those of the inexpensive type, are now standardized in sizing according to her tru-fit system. Regular and intermediate sizes from 14 to 48 are covered by this novel plan.

Certainly this idea will revolutionize the art of dress manufacture. After all, a definite knowledge of one's size is money in one's pocket. Do you know your size? Is yours a standard size or do you belong in the category of in-betweeners termed intermediate?

These two smart and inexpensive frocks exemplifying the spirit of the new mode, designed and cut according to tru-fit or regular and intermediate sizes, insure a perfect fit without alterations.

MORE ABOUT ARROW TIPS

(Continued from Page One)

saved in times of disaster?

In direct contrast to the apathy which greeted the Old Age Pension Bill at the recent session of the Oregon legislature, is the enthusiasm of Governor Roosevelt of New York who said when he submitted a bill to the legislature of that state:

"New social conditions bring new ideas of social responsibility. Poverty and old age should not be regarded as a disgrace or necessarily as a result of lack of thrift or energy. Usually it is a mere by-product of modern industrial life."

No greater tragedy exists in modern civilization than the aged, worn out worker who after a life of ceaseless effort useful productivity, must look forward for his declining years to the poor house.

Old age pensions are in operation in France, Germany, England, Belgium, Argentina and a dozen other countries. What is the matter with Oregon?

Raymond Lonergan, a correspondent of "Labor," a Washington, D.C. newspaper will find much inspiration in Coolidge's career and he says why in the following paragraph.

"Mr. Coolidge never took up the cudgels for the ordinary man. At the same time, he helped push thru the 'Mellon Plan' to cut taxes of the rich; he gave away the people's Merchant Marine; he 'packed' the Trade Commission; he put Woodlock tariff commission and the Federal on the Interstate Commerce Commission; he selected judges satisfactory to 'Special Privilege' (just glance over the personnel of the U. S. Supreme Court) and he remained cool while politicians sold Federal patronage, and made a roaring farce of prohibition enforcement. He kept Daugherty and Denby (Teapot Dome Infamy) in the cabinet until the Senate forced him to kick them out."

On the other hand, Brisbane, in his high-priced column lauds to the skies this "cool calm disciple of the say nothing do nothing temperament, as one of the greatest presidents the country ever had. Well, considering the Wall street controlled press from whence cometh his salary, what else could he say?

I am glad somebody, even Dan Malarkey, (who likes to do a little to call the turn on Bigelow the browbeating himself) had the nerve City Commissioner whose strong suit is bullying any citizen who appears before the council and who doesn't happen to agree with him. Bullying however is the refuge of the mind of the City Commission caliber. Just call to mind the ravings of Pier at times. It is to laugh at the City of Portland in its apathy.

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PRETTY MISS TAKING DOMESTIC ART AND HOME MANAGEMENT AT SCHOOL BUT SHE "DISLIKES" HOUSE-WORK

Pretty Miss Inez Bird, whose title "Love's Message," won first prize in The Advocate's Missing Line Contest No. 2, dropped in to see the contest manager on Wednesday. She was attired in a simple but tasty and attractive blue dress, which she had designed and made herself out of "suinting," she explained, at the Girls' Polytechnic School—where she is studying clothing, dress designing and making; home management, interior decoration, furnishing, etc., English and vocal music.

Miss Bird, who lives with her parents at 782 Grand Ave., graduated from the Albina Homestead Grammar School and went to the "Poly" in order that she might learn to make pretty dresses like her sister Gladys had learned to make at the same school, a few years before. How well she is succeeding was attested by the ensemble she wore to The Advocate office.

The pretty blue dress of "suinting" was trimmed with tiny bias folds of a darker blue cloth, and tan. The back was one-piece and plain, while the front of the skirt had knife pleats and an odd tri-shaped collar, adorned the right side, while at the left was bare. With this she wore a tan belt, a brown hat, brown oxfords and a brown coat.

Miss Bird, the third one of a family of six children, likes music best, and while she has no definite plans for the future, she has it in the back of her head somewhere that she would like to continue her studies in voice after finishing school, next January. She does not like house-work, for she said so. She is just 15, and is one of the few who has not bobbed her lovely hair. She attends the Apostolic Sunday School and the Baptist Young Peoples Union. She is also a member of the Girls' Reserves of the Williams Ave. Y. W. C. A. and her favorite athletic sport is basket ball.

MONTH OF MARCH TELEPHONE HISTORY

1847—Alexander Graham Bell, inventor of the telephone, born in Edinburgh, Scotland, March 3.

1876—First telephone patent issued to Mr. Alexander Graham Bell, March 7.

1876—First complete sentence transmitted over a wire by Alexander Graham Bell, Boston, March 10—

1921—President Harding's inaugural address heard by 125,000,000 people by means of Bell "Loud Speaker" apparatus, March 4.

1922—Complete telephone circuit comprising wires and wireless between New Canaan (Conn.) and S.S. America, 400 miles at sea, demonstrated by Bell System engineers, March 3.

1926—First public test of transoceanic radio telephony, two-way communication was maintained continuously for several hours between New York and London, March 7.

K of P THANKSGIVING

S. W. Green, Supreme Chancellor of the Knights of Pythias, has issued a proclamation to all members of the Knights of Pythias and Court of Calanthe, to assemble at some church or Hall on Sunday, March 24, and have a sermon preached or hold a religious service of some kind, and render thanks to God for the blessings received from his bountiful hands.

Seldom does an "F" appear on her report cards that she gets at school and for the most part, only "E's" and "G's" phrases adorn that important document.

HIGH-BROWN HAIR GROWER WITHOUT AN EQUAL.

Without a doubt, the best article of its kind—a combination Hair Grower and Hair Straightener. Gives the hair a natural soft and silky appearance, stimulating hair growth in the most hopeless case.

Our High Brown Hair Grower stands as one of our highest achievements—it is a preparation we look upon with pride.

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POLITICAL NEWS AND GOSSIP ABOUT NATION'S CAPITAL

(Capital News Service)

Chance for Another Congressman
Washington, D. C., March 11.—The Negroes of Harlem have an opportunity to send a member of their race to Congress. The death Friday in Washington of Royal Wiler, representative of the 21st Congressional District, which is composed largely of colored voters, has left that office vacant.

Mr. Waller defeated Edward A. Johnson, colored, in the elections last November by a majority of 8000 votes.

Campaign Workers at White House
Washington, D. C., March 11.—Dr. John R. Hawkins, director of the Colored Voters' Division of the Republican National Committee, accompanied by members of the executive committee and a delegation of campaign workers from all over the U. S., called on resident Hoover at the White House, Thursday noon. Each of the 100 visitors was introduced to the President, who received them cordially.

Banquet to Dr. John R. Hawkins
Washington, D. C., March 11.—Approximately 300 guests representing the finest type of Negro citizens, paid honor and tribute to Dr. John R. Hawkins, who as chairman of the Colored Voters' Division of the Republican National Committee, achieved so nobly during the recent political campaign, at a banquet given in his honor at the Armstrong High School, Wednesday evening, March 6, by the Citizens' Committee of One Hundred.

From East and West—from North and South—came men and women bearing messages of love, honor, appreciation and esteem.

Republican Women Hold Conference
Washington, D. C., March 11.—The National League of Republican Colored Women held a conference at their headquarters in Washington, on March 5, with Miss Nanni H. Burroughs presiding. Fifty women representing 20 states were represented as follows: New York, Pennsylvania, Indiana, Illinois, Kentucky, Missouri, Ohio, Kansas, New Jersey, Oklahoma, Georgia, Virginia, Michigan, Iowa, Florida, Connecticut, Maryland, Alabama, Tennessee and the District of Columbia.

Most of these were women who led the Republican forces in the states in the last campaign.

FLIT DESTROYS Moths, Flies, Bedbugs, Roaches

Get a can of FLIT today!

Notice to the public

SUPPOSE you are today paying 50c a tube for your tooth paste (and there are many very good dentifrices selling today at that price).

Suppose, like most people, you buy about twelve tubes during a year. Now if you knew that you could buy as good a dentifrice as can be made and still save each year the price of 25 loaves of bread or 60 bars of soap or 40 pounds of sugar or a box of fine cigars—could you conscientiously fail to take advantage of such an opportunity?

That is exactly what you do when you buy Listerine Tooth Paste, at 25c for a large tube. Figure it out for yourself.

LISTERINE TOOTH PASTE

Large Tube
25c

A Delicious Food

A food for protein; a food for mineral salts; for calcium and phosphorus; all the essential elements for health and strength are found in good cheese. And all the essential elements of good cheese are found in Kraft Cheese.

KRAFT CHEESE
KRAFT-PHENIX CHEESE COMPANY

LEGAL NOTICES

Estate of Ellen M. Stirling
NOTICE TO CREDITORS
In the Circuit Court of the State of Oregon, for the County of Multnomah, Department of Probate.

Notice is hereby given that the undersigned has been appointed administratrix of the estate of Ellen M. Stirling, deceased, by the Circuit Court of the State of Oregon for Multnomah County, and has qualified. All persons having claims against said estate are hereby notified to present the same, duly verified as by law required, to the undersigned at 312 Macleay Building, Portland, Oregon, within six months from the date hereof.

Dated and first published March 2, 1929.
Last publication, March 30, 1929.

MRS. E. D. CANNADY,
Administratrix.
312 Macleay Building.

Estate of Edward A. Cross

NOTICE TO CREDITORS
In the Circuit Court of the State of Oregon for the County of Multnomah, Department of Probate.

Notice is hereby given that the undersigned has been appointed administratrix of the estate of Edward A. Cross, deceased, by the Circuit Court of the State of Oregon for Multnomah County, and has qualified. All persons having claims against said estate are hereby notified to present the same, duly verified as by law required, to the undersigned at 312 Macleay Building, Portland, Oregon, within six months from the date hereof.

Dated and first published March 2, 1929.
Last publication, March 30, 1929.

MRS. E. D. CANNADY,
Administratrix.
312 Macleay Building.

Office Phone Br. 8967 Res. Phone Ea. 8983

Doctor E. L. Booker

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Boston, Mass., Aug. 11, 1927.

I am just returned from South America to find your interesting and scholarly book. I am amazed, thrilled. I did not know that such past glories were the Negro's. I wish that every Negro home could own a copy.

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THOMAS L. A. OXLEY, Editor, "Poet's Journal,"
President, "Poetic League of America."

New York Messenger—
This book will help the Negro to go forward with fresh courage to fight race battles. It ought to be a flowing fountain for aspiring youth.
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A superb toilet necessity. In four shades—Natural, Pink, Brunette and White. High-Brown Face Powder has earned its place in the esteem of the most discriminating and skeptical users of toilet articles by its own distinctive merit and the complete satisfaction to be derived from its use. Also a large assortment of toilet requisites for the lady who cares.

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312 Macleay Bldg., Portland
Pacific Coast Distributor

"THAT LITTLE GAME"

Inter-nat'l Cartoon Co., N.Y.—By B. Link

NO! NO! JIM, I PLAY THE LITTLE GAME FOR THE FUN THAT'S IN IT. I DON'T CARE A RAP WHETHER I LOSE ALL TIME. POKER IS RECREATION FOR ME. I CAN FORGET ALL MY TROUBLES WHEN I PLAY. AS FOR THE MONEY, — POOF! — I NEVER GIVE IT A THOUGHT.

HAW, I'M GOIN'! I'M THROUGH! I COULDN'T WIN A POT TONIGHT IF YOU LEFT ME PICK 'EM OUT. I'M NOT PLAYIN' THIS GAME FOR MY HEALTH, AND I'M NOT A CHARITY WORKER NEITHER. NOT A PAIR OVER NINES ALL NIGHT.

THAT SO?

GOODYE, DON'T SLAM THE DOOR.