

CHURCH DIRECTORY

FIRST A. M. E. ZION CHURCH

417 Williams Ave.
Rev. John F. Moreland, pastor.
The Stranger's Sabbath Home

ST. PHILLIPS MISSION

Rodney at Knott St.
Morning service, 11 a. m.; Sunday School, 12 m. Archdeacon Black in charge; Mr. B. Coles, lay reader. A cordial welcome awaits you at St. Phillips.

BETHEL A. M. E. CHURCH

Larrabee and McMullen Streets.
Rev. F. K. Runyon, Pastor.
E. L. Jameson, Assistant

THE HOUSE OF PRAYER

28 Union Avenue North, Portland, Or.
Elder Robert Scarce, Pastor.
6705 66th St., S. E. Phone 2794
Sunday School 10 A. M.; Sunday services, 12 M. and 7:30 P. M. Mid-week services, Monday, Wednesday and Friday evenings. All nations welcome

SEVENTH DAY ADVENTIST

62nd St. and 39th Ave. S. E.
Sabbath School 2:00 P. M.
Preaching 11 a. m. and 8 p. m.
Services 3:00 P. M.
Miss Pearl Stafford, Leader.
Visitors welcome.

Mt. Olivet Baptist Church

East First & Schuyler Streets
Rev. E. C. Dyer, Pastor
Phone: East 3333; Tabor 1491
B. Y. P. U. 6:30 p. m.
Sunday School 10 a. m.

THE BAHAI ASSEMBLY

Meets Every Friday Night at
405 Yamhill Street
Meetings are Public

SHILOH BAPTIST CHURCH

76th & E. Everett Sts.
Rev. G. G. Gardener, Pastor
Sunday School at 10 A. M.
B. Y. P. U. at 7 P. M.
Preaching at 8 P. M.

Rev. J. W. Anderson, Regional Secretary of the National Baptist Convention, U. S. A. —Office 429 Tillamook St., —Trinity 3422.

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We are prepared to take care of men, women and children. Come and let us serve you.
Holliday & Holliday

WOMAN'S REALM

By
ELEANORE RILEY

"Your ice box is the summer business center of your kitchen," says Edith H. Nason, of the New York State College of Home Economics, in the current issue of Collier's Weekly.

"It is most economical to keep it filled with ice. The highest daily temperature of an average refrigerator is about 53 degrees Fahr., and bad insulation of an ice box is not necessarily the only explanation of excessive melting of ice; poorly fitting doors or many trips to the ice box are frequent but easily corrected causes.

"The most important requisite for an efficient ice box is cleanliness. Instead of wrapping vegetables in paper or towels, they should be kept in china or glass containers, and strongly flavored foods, such as cheese, should be carried on the top racks of the ice box.

"Many people have the notion that acid foods kept in tin cans leads to ptomaine poisoning. But all non-

acid foods are equally susceptible to ptomaine if kept too long, whether in tin or glass.

"Freshly heated charcoal or one of the patent refrigerator deodorants will facilitate in the absorption of objectionable odors from an ice box. Uncooked meats and fish are susceptible to spoiling, and should be placed as near the bottom of the refrigerator as possible, and fish especially should be kept in a tightly covered dish. Eggs, contrary to general opinion, do not spoil readily, so they may be placed above the meat with the cooked foods, provided these do not have a decided odor flavor.

"During the summer months," says this expert, "when everyone prefers fruit and vegetables, it requires little planning to eliminate cooking at least three days a week. Extra food prepared on the cooking days may be served cold as salads or sandwiches—if your family helps make them, they will like them better. And it's more fun to do without a cookbook."

MT. OLIVET CHURCH

by
Edgar Williams

Sunday was testimonial day, being the first Sunday deacon board in charge of the services. Rev. E. B. Bracken was introduced by Deacon Claybourne. The Rev. Mode A. Short talked and said that he would not preach from the subject as announced as the first Sunday was the member's day to express their souls' desire and he didn't want to change the order of service. He gave his testimony, he said, in part that if we got any religion at all it would be the old time religion with a new program, and the church was the dressing room and am wearing my hat and shoes here. This is the place to dress, not on the other side. The old songs make you feel good. Sing them with the Spirit. The meeting was live with the Spirit, the many that gave their testimony made you feel the strength of others and more willing to press on that love and good Christian fellowship might prevail in reality. The evening service brought a good number out to hear the reverend as his subject had been announced he was just pleasing and real honest in what he was saying. Anybody could understand what he was saying; it was nice to have him with us, and I am sure everybody enjoyed the services. Two members were added to the church, Mrs. Ottat Tribble and Geraldine Reynolds.

Watch for further announcements about the visit of Dr. L. K. Williams of Chicago and his party on their return from the convention in Spokane.

FOR RENT, 4 room house, one block from car line. Walking distance from department stores. Call East 4408—Adv.

Subscribe for The Advocate

LOCAL ITEMS

NOTICE—Miss Ona Wyatt, who left Kansas City, Mo., some time ago, supposedly for The Dalles, then to Portland and her place of residence here, is wanted badly.

R. W. May of St. Paul was a visitor Friday to the Advocate's office. Mr. May is a student in the law school of St. Paul and has two years more before completing the course.

George Edward Cannady, the son of Editor and Mrs. Cannady, who is spending four weeks with more than five dozen white Y. M. C. A. boys at Spirit Lake camp, Wash., in a spirited election held for officers for the Kangaroo court, George was elected prosecuting attorney. Also he won first prize in the three-mile marathon race and Ivan, his brother, won the third prize.

Rev. and Mrs. T. M. Jasper are occupying the home of Rev. and Mrs. Handsaker while the family is away at the beach.

Mrs. Gene Carden entertained a party of 25 one day last week at the fine summer home of Mrs. C. S. Jackson at Clackamas. The guest of honor was Mrs. Darthulu Irving of San Francisco. Swimming and other sports were indulged in.

FOR RENT—9 room house, 103 N. 15th, corner Flanders. \$45 per month. Call Broadway 3518—Adv.

FOR RENT—Five-room house, newly finished, full basement, 295 Cherry street. Rent, \$25 a month.

5-room cottage for rent. Modern, clean; 4 blocks from car; no small children. Garfield 3133—Adv.

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MELON BREAKS UP EVERY CONFERENCE

Aimee Eats Watermelon,
Drinks Lemonade, Says
Mrs. Kennedy.

Los Angeles, Calif., Aug. 12.—(Pacific Coast News Bureau)—As the aftermath of the fulmination that followed the collection, retention and tying up of the Angelus Temple funds, including the \$1200 collection for African missions, by Mrs. Kennedy, all efforts legal and otherwise to reach a peace agreement between Mother and daughter have failed according to a statement by Mrs. Kennedy, who stated that "watermelon and lemonade has broken up every conference we have had in an effort to settle this matter" and explained that as soon as the meetings with their attorneys convened Mrs. McPherson insisted on drinking lemonade and eating watermelon.

Aimee Likes Watermelon. Answering her mother's charges Mrs. McPherson said, "As for watermelons and lemonade I can only say that I like to eat watermelon and enjoy drinking lemonade, but if mother objects to them I will promise not to eat or drink while talking business."

The business referred to is a settlement between the two of their personal holdings said to amount to more than \$1,000,000.

Fifty-Fifty. "Mother" demands a 50-50 settlement claiming that Aimee "didn't have anything when I joined her, and it was my money which financed our work through all the years and which ultimately brought Sister to the greatest individual church in America. When we started we agreed to go fifty-fifty on everything we made during the ensuing years, and it is upon that agreement that I want her to settle."

JAPANESE YOUTH TIED UP BY NEGRO

Pasadena, Calif., Aug. 12.—(Pacific Coast News Bureau)—Mystery surrounds the motive of a Negro bandit who is reported to have strung up Geo. Shimanouchi, 17-year-old Japanese youth, recently by "hogtying" his victim in the garage at the boy's home, 120 Elevated Dr., until the youth's terrified screams brought help.

The victim unharmed by his strange experience told the police who investigated, that he was tying a rope around his camp luggage in preparation to an outing at the Y. M. C. A. camp on Catalina Island, when he was grabbed from behind by a "giant" Negro. (Note the "giant"—the latest style in propaganda reports of white journalistic reports on Negro crime descriptions.) So far the "giant" has not been apprehended.

DAVID MAY LEAVES CASH FOR ORPHANS

St. Louis, Mo., Aug. 12.—(Pacific Coast News Bureau)—Among the \$177,000 bequests to philanthropies made by the late David May, head of the May department stores, a gift of \$2,500 is made to the Colored Orphan's home of this city.

Colored employees of the May stores in Cleveland, Akron, St. Louis, Denver and Los Angeles, will also be benefited through Mr. May's largest gift, a trust fund of \$100,000 income of which is for relief of May department store employees in times of temporary distress.

MEXICAN PLANTERS GIN THEIR FIRST BALE OF COTTON

Mexicali, Calif., Aug. 12.—(Pacific Coast News Bureau)—First cotton to be harvested from Lower California's 110,000-acre crop, was ginned today when La Nacional gin turned out bale No. 1 for C. Higuera, a Mexican rancher.

Each year there is a lively race between the Negro, Hindu, Japanese and Mexican cotton farmers in the Imperial Valley districts as to which nationality will gin the first bale of cotton.

Harry Bowman, local cotton buyer, paid 25c per pound for the bale. Field men report that while considerable cotton has opened in the Mexican side of the Imperial valley, picking will not become general for another month and the gins do not expect to start regular operation until September.

Feen-a-mint The Laxative You Chew Like Gum

No Taste But the Mint

Daily Fashion Hint



CHIC BUT INEXPENSIVE

How to look as chic as the smartest of Parisiennes on a limited budget for dress is solved in the frocks illustrated. The first, in taffeta, is gracefully slim and straight of line, the skirt featuring the three-tone effect. The topmost section of the blouse is in a pale shade of rose, the middle section in a deeper tone, and the lowermost part of American beauty. The bows are also in American beauty. Medium size requires 2 1/2 yards 36-inch silk for slip, with 1 1/2 yard pale rose and 1 1/2 yard 6 1/2-inch ribbon in the darker shades.

An air of grace is given the second design by the simple arrangement of the front of the blouse. It is trimmed with crystal embroidery, applied in bands, outlining the opening and in the form of medallions on the gathered skirt. To save expense, the home dressmaker may do her own beading, which requires but a little while. Medium size calls for 3 1/2 yards 39-inch crepe Elizabeth.

First Model: Pictorial Review Printed Pattern No. 3937. Sizes 14 to 18 years and 34 to 42 bust, 50 cents.
Second Model: Printed Pattern No. 3954. Sizes 14 to 18 years and 34 to 44 bust, 50 cents. Beading No. 12601, transfer, blue or yellow, 30 cents.



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LODGE DIRECTORY

I. B. P. O. E. OF THE WORLD



NOTICE

Dahlia Temple No. 202, I. B. P. O. E. of W., of Portland, Oregon, meets the 1st and 3rd Tuesday nights in each month at Stag Auditorium. All visiting Daughter Elks in good standing in their respective Temples are invited to meet with us.

DOLLY PARRIES,
Daughter Ruler.

LULA HUBBARD,
Daughter Secretary.



Syracuse Lodge, No. 1, K. of P., meets the second and fourth Friday nights each month at the Stag Auditorium 381 1/2 E. Morrison St.

W. W. Brown
K. of R. & S.

ROSE CITY LODGE No. 111, I. B. P. O. E. of W., MEETS the 2ND AND 4TH WEDNESDAY EVENINGS OF EACH MONTH AT THE STAG AUDITORIUM, 381 1/2 E. MORRISON STREET. ALL VISITING BROTHERS ARE CORDIALLY INVITED.

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