

News of the Churches

FIRST A. M. E. ZION CHURCH
417 Williams Ave., H. Leo Johnston
minister, Walnut 6673
The Stranger's Sabbath Home
SEVENTH DAY ADVENTIST
62nd St. and 39th Ave. S. E.
Sabbath School, 10 A. M. Bible
Study, 11 A. M. Y. P. M. V.
society, 2 P. M. Mrs. K. O. Johnson,
Leader. Visitors welcome.

ST. PHILLIPS MISSION
Rodney at Knott St.
Morning service, 11 a. m.; Sun-
day School, 12 m. Archdeacon
Black in charge; Mr. B. Coles, lay
reader. A cordial welcome awaits
you at St. Phillips.

SHILOH BAPTIST CHURCH
76th and E. Everett Sts.
Preaching 11 a. m. and 8 p. m.
Sunday School 10 a. m.
B. Y. P. U. 6:30 p. m.

BETHEL A. M. E. CHURCH
Larrabee and McMillen Streets
Rev. F. X. Runyon, Pastor.
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Barks, and therefrom
compounded his truly
wonderful Herbs reme-
dies. In their making
no poisons or narcotics
are used; perfectly
harmless, and as a
rule and herbs that
he uses are unknown
to the medical profession of today.

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children's ailments. Call or write. Send by
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OUR MAGAZINE
SECTION

Interesting Features for the Entire Family

WHO SAID
'I am not a Virginian but
an American.'

HAD Patrick Henry lived 50 years
later than he did, would we have
clung to his assertion that he was a
citizen of the United States, rather
than of Virginia?

It was on this question of whether
the citizens of the United States were
citizens of the nation or of the state
in which they lived that the Civil war
was fought and finally decided in
favor of those holding to the theory
here enunciated by Patrick Henry.

Of course, Patrick Henry lived be-
fore the real development of the na-
tion into states. They were but loose-
ly organized colonies before the Revo-
lutionary war and their structure had
not changed greatly before death
claimed the renowned orator. Had
Patrick Henry lived later in his

AN
ABBREVIATED
STORY

THE LEAD PENCIL

TWO days ago I was a beautiful
brown pencil, hale and hearty and
of full stature, with my name, "Write-
easy, No. 6," printed on my sleek side
in letters of purest gold, and my heart
was full of love for all human beings
—for was it not to humans that I
owed my lovely shape, my long sturdy
bar of unbroken lead and my soft, firm
wood?

Today I am a miserable abandoned
stump without even a point. My gold
name has been cruelly hacked off, even
to the capital W.

For a woman tried to sharpen me.
If I had been wise I would have strug-
gled out of her hands as soon as she
borrowed her husband's penknife—
struggled out of her hands and slipped
down a crack to an eternal dark oblivion
that at least would not have
robbed me of my shape.

At the first inch of wood and lead
that she hacked off, she said: "Some-
thing must be the matter with the
wood."

At the second inch she said: "Some-
thing must be the matter with the
lead."

At the third inch she said: "Some-
thing must be the matter with the
knife."

At that I faintly from pain and
humiliation, and awoke a scraggy cast-
off stump of my former self.

And a confirmed woman hater.
(© by George Matthew Adams.)

MOST WELCOME
By DOUGLAS MALLOCH

FAME, pass me by, and, wealth, elude
My eager grasp, and what's all that?
The stars is often only rude.

And greatness only wondered at.
I would be great another way,
So great that other men would say,
"I never knew a man so kind,
For such a friend you seldom find."

Yes, wealth, elude, fame, pass me by,
Though both a man may well desire.
But let me know that always I
Am welcome at another's fire.
I would be famous in a way,
So famous other men would say,
"Though Croesus come, a king be
host,
He is the one they welcome most."
(© by McClure Newspaper Syndicate.)

Sign for Manuscript

MS means manuscript. MSS is sim-
ply the plural, meaning more than one.
M.M. means Maelzel's Metronome. It
is wrong to suppose that it stands for
Metronome Mark, although of course
the letters may be so interpreted, but
then they stand for a number of other
words also.

SCHOOL DAYS



Copyright Big Bragg

SOMETHING TO THINK
ABOUT
By F. A. WALKER

MENTAL ATMOSPHERE

WHATEVER it may be with re-
gard to your idea of peace and
mind, quite apart from wealth and
position, you will soon or late discover
that the mental atmosphere in which
you move from day to day has a great
deal to do with your happiness.

You cannot experience those de-
lightful seasons of peace, joy and
harmony which come frequently to the
souls who habitually indulge in right
thinking, unless you, too, live and work
in a spiritual and mental sunshine, at-
tuned to the glorious harmonies which
are all about you, waiting for you to
clasp them in your hands, press them
to your heart and accept them as your
own.

You may grope for a solution of life's
problems year after year, but you will
not find it until you climb to the hill-
tops and get in a clearer atmosphere
which has a mystic way of its own
in clearing the vision and lightening
the heart, even when the skies all

around you are hung with sordid
gray curtains.

All that is good and glorious in life
comes from right thinking.

Superb paintings for which fabulous
prices are paid; masterful music which
stirs the soul and carries it away in-
to the land of bright dreams; beautiful
buildings with exquisitely blended pro-
portions and pleasing lines, and even
the human face with its beaming eyes
and cheerful countenance come into be-
ing through right thinking—through
living in a higher mental atmosphere,
where mind substance is purified and
molded into unusual forms, which in

their simple grace and beauty arouse
the admiration of the world.
You may have priceless talents, but
they cannot long survive in a tainted
atmosphere, for like the peach and the
rose, they must have the helpful sun-
shine, the pure rain and dew, to de-
velop their full sweetness; they re-
quire an atmosphere suitable to their
proper growth and development.

You may have a wonderful mind,
but unless you live in the right atmos-
phere, keep it in touch with other
minds and rub it with its constant use
and rubbing, it will sicken, mislead and
perish among the vanities on which life
turns from exaltation to despair.

If you would have understanding, two
or three good friends and success in
heaping measure, you must live and
work continuously in an uncorrupted
mental atmosphere, otherwise your lit-
tle journey through this world will
terminate in disappointment.
(© by McClure Newspaper Syndicate.)

Mother's Cook Book

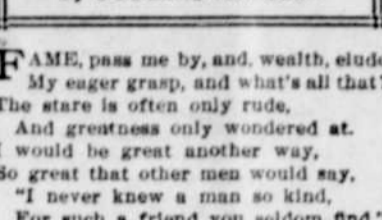
Is life worth living? I think that
question has been answered for good
and all. The cost has been more than
doubled, and we still hang on.—Louis-
ville Courier-Journal.

SAVORY FOODS

A PLANK steak, when carefully pre-
pared, makes a most appetizing
dish. Pound the meat until the fibers
are well broken, rub with three table-
spoonfuls of butter or cooking oil;
when the oil is absorbed fry in a hot
iron frying pan. Place the browned
meat in a casserole, rinse out the pan
with two tablespoonfuls of boiling wa-
ter and pour it over the meat. Add
one bayleaf, one clove of garlic, two
teaspoonfuls of salt, two table-
spoonfuls of minced celery, green pep-
per and carrot. Add two cupfuls of
boiling water and in the last half hour
of cooking six medium-sized potatoes.
Cook two and one-half hours. Thicken
with a tablespoonful of flour mixed
with a little cold water.

Savory Casserole of Mutton.
Cut a slice of mutton from the mid-
dle part of the leg of a yearling—
have the slice two inches thick. Re-
move the bone and fill the cavity with
minced onion or celery. Dredge with
flour and salt and pepper. Prepare t-
the bottom of casserole a rich gravy
of one cupful of brown stock, one-half
cupful of currant jelly, a dozen
chopped olives, six pepperorns, three
whole cloves, one tablespoonful of
lemon juice. Thicken when boiling
with one tablespoonful of flour mixed
with a little water, to a paste. Lay
into this the round of mutton, spread

Mrs. Martha C. Wilton



A Beautiful Woman Is Always a
Well Woman

Tacoma, Wash.—"When one of
my daughters was developing into
womanhood she was nervous and
in a run down state of health. Dr.
Pierce's Favorite Prescription regu-
lated her system and proved an
excellent tonic and nerve. I think
the 'Favorite Prescription' is a
splendid remedy for womanly ail-
ments and can be depended upon.
I am always glad to speak a good
word for it because it is so reliable."
—Mrs. Martha C. Wilton, 3589 E.
Jay St.

You will soon be well if you start
to take Favorite Prescription, in
tablets or liquid. All druggists.
Write Dr. Pierce, President Inva-
lids' Hotel, in Buffalo, N. Y., for
free medical advice. Send 10c for
trial pkg. of the Prescription Tablets.

Measure of the Great.
Great men are the ambassadors of
Providence sent to reveal to their fel-
low men their unknown selves. There
is something about them better than
they do or say. If measured at all, they
are to be measured in the re-
sponsive action of what others do or
say. They come and go, in part a mys-
tery, in part the simplest of all ex-
perience, the compelling influence of
truth. They leave no successor. The
heritage of greatness descends to the
people.—Calvin Coolidge.

Book Borrowers.

All of us suffer from people who
borrow our books and then forget to
return them. In time we cannot re-
member what has become of the miss-
ing volumes. Keep a card or small
notebook at hand near the bookshelves
and each time a book is borrowed jot
down the title, the borrower and the
date. Then when a reasonable length
of time has elapsed do not hesitate to
ask for the return of the book.

His Wealth of Learning.

Willie was just back from the cir-
cus. He bounded into the room with
a hop, skip and a jump. "It was
great!" he cried. "But what did you
learn?" asked his grandmother. "What
did I learn?" he echoed. "Just let me
tell you. I learned to eat peanuts with
both hands. That's what I learned!"

Not in Class by Herself.

Heaven has its troubles as well as
earth, only Heaven does not worry
about them so much as we do. This
fact was revealed by Betty, who was
getting into bed when mamma came to
kiss her good-night. "And did you ask
God to forgive you?" she asked, hav-
ing in mind the little temper which
Betty had shown during the evening.
"Oh, yes, mamma," came the reply,
"and God said it was all right. He
had many little girls worse than me."

Wonderful Opal.

One of the finest opals of modern
times belonged to Empress Josephine,
and was known as the "Burning of
Troy," from the innumerable flames
which appeared to be blazing within
its depths.

Bad Effect on Trade.

In England the trade in black silk
was once notorious for a generation be-
cause a roused murderer elected to
be hanged in her black silk dress.

Utilizing the Waste.

Remarkable progress in utilizing the
waste products of the corn crops, such
as corn cobs, stalks and leaves, has
been made in the last few years. The
list contains 148 products and ranges
from absorbents for nitroglycerin to
xylose, a kind of sugar.

The Game of Polo.

Modern polo was played almost in
its present form by the princes of
Byzantium, and the Emperor Comen-
us was injured by falling from his
horse in the game. The game became
popular in England in 1872.

The Interesting Emu.

Among the indigenous birds of
Queensland the emu rivals the ostrich
for voracity. In the stomach of a
specimen recently killed were found
four pennies, nine nails, five marbles,
one umbrella ferrule, key, a medal, a
clock wheel and crockery.

The Rough School.

In the school of experience you
don't get a sheepskin. You grow your
own to replace the fragments removed.

You Want a Good Position

Very well—Take the Accountancy and
Business Management, Private Secre-
tary, Calculator, Comptometer, Steno-
graphic, Penmanship, or Commercial Teach-
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P. N. U. No. 48, 1925

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21 Baths to Pythians and Calantheans, \$8.50

I. E. P. O. E. OF THE WORLD

NOTICE
Dahlia Temple No. 202, I. B. P.
O. E. of W., of Portland, Oregon,
meets the 1st and 3rd Tuesday
nights in each month at Stag
Auditorium. All visiting Daughter
Elks in good standing in their re-
spective Temples are invited to
meet with us.
PAULINE YOUNG,
Daughter Ruler.
LULA HUBBARD,
Daughter Secretary.

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be derived from its use. Also a large assortment of toilet requisites
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P. N. U. No. 48, 1925

THE YOUNG LADY
ACROSS THE WAY
The young lady across the way says
she always has stood and always will
stand for the open window in China.
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