

LODGE DIRECTORY



Pythian Bath House and Sanitarium

Knights of Pythias of N. A., S. A., E., A., A. and A. (Operating Under Supervision of U. S. Government) 415 1/2 Malvern Avenue Hot Springs Nat. Park, Ark.

Hot Radio-Active Water Furnished by the Government For All Baths. Sanitarium has 10 Rooms, Diet and Operating Rooms

Hotel has 56 Rooms; Telephone, Hot and Cold Running Water in Every Room. Rates \$1 to \$3 per day.

BATH RATES:

21 Baths . . . \$13.00—10 Baths . . . \$6.50 21 Baths to Pythians and Calantheans, \$8.50

I. B. P. O. E. OF THE WORLD



NOTICE

Dahlia Temple No. 202, I. B. P. O. E. of W., of Portland, Oregon, meets the 1st and 3rd Tuesday nights in each month at Stag Auditorium. All visiting Daughter Elks in good standing in their respective Temples are invited to meet with us.

PAULINE YOUNG, Daughter Ruler. LULA HUBBARD, Daughter Secretary.

ROSE CITY LODGE No. 111, I. B. P. O. E. of W., MEETS the 2ND and 4TH WEDNESDAY EVENINGS OF EACH MONTH AT THE STAG AUDITORIUM, 381 1/2 E. MORRISON STREET. ALL VISITING BROTHERS ARE CORDIALLY INVITED.

T. H. WILLIAMS, E. R. STAG AUDITORIUM 381 1/2 E. Morrison St. E. J. MINOR, Secretary, 419 Abington Bldg.

Syracuse Lodge, No. 1, K. of P., meets the second and fourth Friday nights each month at the Stag Auditorium 381 1/2 E. Morrison St.

BOYCE STRAIN, C. C., 225 Mead St. ARTHUR NELSON, K. of R. & S.

Levi P. Jones Post No. 118. Meets every first Wednesday night in each month at 8 o'clock at Headquarters and Club Rooms, 284 1/2 N. 17th Street. All ex-service men are welcome to join.

J. P. FINLEY & SON MORTICIANS Montgomery at Fifth Phone Day or Night Main 4322

High-Brown Face Powder A superb toilet necessity. In four shades—Natural, Pink, Brunette and White. High-Brown Face Powder has earned its place in the esteem of the most discriminate and skeptical users of toilet articles by its own distinctive merit and the complete satisfaction to be derived from its use.

NEW SYSTEM LAUNDRY ORIGINATORS OF INDIVIDUAL WASHING We Do Not Mark Your Clothing 507 E. Flanders, Portland, Oregon

POULTRY

COST OF RATION IS BIGGEST ITEM

A very important factor in any ration is the matter of cost. The best ration is one that will give the largest returns, cost considered. This does not mean the largest returns or the cheapest ration. The biggest income may be secured from a ration that is so high in price that it is impracticable to use, while the cheapest ration might bring about such low production as to make it unprofitable.

From the farm poultryman's standpoint the question of feeding is largely a question of economically supplementing the home-grown feeds. Two general types of feeds come under this classification: Those that are supplied to the fowls and those the fowls pick up by ranging over the farm. In the majority of cases there are two problems: One, the supplying of protein or flesh-forming foods, and the other of giving the proper variety to the ration. This is more particularly true when the fowls are confined than when they are picking up considerable of their feed by foraging over the farm. When foraging they eat more scratch feed and less mash than will properly balance up their ration if they are allowed to choose as they may. Therefore, they must be encouraged to eat the mash by making it as attractive as possible and also by limiting the amount of the scratch feeds which are supplied, especially during the morning feeds.

The cost of the ration is the biggest item of expense in poultry production. The greatest opportunity for a saving lies in the feeding. The big item that the majority of people need to pay more attention to is that of balancing up the food by the use of some of the animal proteins and supplying additional variety. Too much scratch grain and not enough mash to properly balance the ration is the mistake made by many flock owners.

Market All Fowls That Molt Early in Autumn

"Most hens stop laying when they begin to molt," says E. L. Dakan of the poultry department at Ohio State university. "A hen must be a constant layer to make a high record, and an early molting hen is not a constant layer."

"The time of the molt is the best indication of the past year's performance. This rule can be used in culling all breeds and varieties, but is of special importance with such breeds as the Orpingtons and Minorcas that do not have the yellow skin."

"The hen that molts early, under normal conditions, will not lay as many winter eggs as the hen that molts late. Earlier she will begin egg production earlier in the spring. No definite date can be set as to early molt, but as a general rule the first hens in the flock to molt should be sold, and the last to molt should be kept for breeding purposes."

"Hens may be thrown into an early molt by starving while laying heavily, by irregular feeding, by roosting in a house that is poorly ventilated, or by anything which tends to check egg production."

Fattening on Range

Some feeders have tried confining the turkeys while they are being fattened, but with little success. When confined to a pen, they may eat heartily for a few days but afterwards lose their appetites and then begin to lose flesh. A certain amount of liberty and range is necessary to keep them hungry and in good, healthy condition. Where this is combined with a good feeding ground, as is the case when they are allowed to run in a cornfield that has been hogged off, results are more than likely to be gratifying.

Poultry Hints

Ducks or geese will eat all the grit they require without putting it in their feed.

Turkeys should not be fed at first. Growth should come first and fattening should not begin until in November if the birds are to be wanted for the Thanksgiving market.

A novel and easy way to make wet mash is to pour a little milk in the mash hopper at noon. Just enough liquid should be used to moisten what the birds will clean up.

Make a bred-to-lay hen's home life happy and comfortable with proper housing and feeding, as well as the other surroundings, and she will try to do the nest justice and let you enjoy the profits therefrom.

Only a laying hen is worthy of her feed.

Whether or not it pays to raise capons depends very much upon the market. Hens who eat capons are very particular people and birds not only have to be well raised, but well finished.

Green feed increases the fertility and hatchability of eggs, it has been found. Hens should have access to pasture, or be fed silage, sprouted oats or some other good green feed.

Many flocks have hens and pullets which even a casual examination will show are unprofitable.

The yolk of the egg is largely fat and material for forming this is abundantly supplied by corn, oats and the other grains and grain products commonly fed.

Through the continued use of standard-bred poultry there will be an increasing demand for better stock. Standardization of any product tends to increase the quality of the product.

OUR MAGAZINE SECTION

Interesting Features for the Entire Family

In the JUNGLE With Cheerups and the Quixies by Grace Bliss Stewart

POLLY PARROT'S DILEMMA

"GOOD morning," greeted Polly Parrot at the breakfast table. "It's time to get up; it's time to get up!" "Oh, dear!" yawned Cheerups sleepily, as he stretched himself and opened one eye. "What was that noise? I didn't tell the Quixies to call me. Oh, here's a visitor already. How do you do, Polly Parrot! I have seen some of your cousins in the United States and so I recognized you right away. I hope you'll excuse me for not being dressed. I'll just slip on this bathrobe," and Cheerups wrapped a large fern snugly about him.



"Of Course I'll Excuse You," Cried Polly, Flapping Her Wings.

But as you are one yourself, I doubt if you can tell me. You wouldn't go to the bat to find out how to see, now, would you? "Do calm down, Polly, and tell me what is the matter," said Cheerups in a gentle voice. "At least you can give me the chance to be of some help." "Well," began Polly more pleasantly. "Mr. Parrot and I build our nest—no, we don't either; we don't really build a nest at all, we just find some nice cozy hole in the trunk of a tree and there I lay my eggs. Then the trouble begins! For I do get so tired sitting on those eggs day and night, and Mr. Parrot never offers to help me out. It really seems to me that he ought to do his share." "Have you asked him nicely to do

so, Polly?" inquired Cheerups. "Well, I've scolded a lot about it," replied Polly sheepishly. "That won't do," said Cheerups, with as nearly a severe look as his merry blue eyes would hold. "That won't do at all. When you go home, just ask Mr. Parrot as pleasantly as you can if he won't sit on the eggs part of the time. Mention that 'turn about is fair play' and say that you will fly off and find a juicy worm or a bit of fruit for his supper while he is sitting on the nest. And, mind you, here's another good idea which may come in handy sometime. If you ever think that danger is coming too near your precious eggs, call the rest of the Parrot flock to come and help you drive off the enemy. Mother Nature tells me that they will gladly do it."

"But the very best way, as you will find, To get your wish, is just be kind." Poor Polly was so ashamed of herself that she hung her head for a minute, then she screamed delightedly. "I'll try it, Mr. Cheerups. I'll try being kind and pleasant; and I won't forget what you say about asking the other Parrots to help me, either. Thank you very much. Now I must go home, for no telling where Father Parrot is and those eggs may be getting cold."

"Won't you stop for a bit of bread-fruit with us?" called Cheerups.

Your Health By Andrew F. Currier, M. D.

SUBACIDITY OF STOMACH

NO ORGAN of the body gives people more trouble and distress than the stomach, though it also gives much pleasure and satisfaction.

Its troubles range from the simplest dyspepsia to the serious ulcer and the fatal cancer.

Especially after maturity, when people are constantly indulging in all sorts of improprieties in eating and drinking, is the stomach prone to be rebellious and refuse to submit to maltreatment.

The stomach is at work so many hours out of the twenty-four it is not strange it should give out and show its exhaustion by disease.

All kinds of food pass into this or-

James Woods Morrison



Popular "Jimmy" Morrison, prominent in the "movies," was born at Mattson, Ill. After a liberal arts education at the University of Chicago, he entered upon a stock and vaudeville career which led him straight to the screen. Mr. Morrison weighs 135 pounds and is nearly six feet tall.

"No, thanks, too much of a hurry," chattered Polly and was gone. From that day to this the rule in the Parrot family has been share and share alike.

Healthy Mothers Have Healthy Children



"For mothers and prospective mothers the greatest help can be found in Dr. Pierce's Favorite Prescription and Golden Medical Discovery," said Mrs. Anna Smith of 3288-8th Ave., Sacramento, Calif., whose picture appears here. "I have used both during expectancy and afterward and know from my own experience their strength-giving and nerve-quieting effect on the prospective mother. Nature is wonderfully helped and the tonic effect is seen in the child. I was able to continue my work thru expectancy in comfort. I am glad to be able to recommend such a splendid reliable help to womankind."

Obtain these famous medicines of Dr. Pierce's now, in tablets or liquid, from your druggist. Write Dr. Pierce, President Invalids' Hotel in Buffalo, N. Y., for free medical advice.

Poetical Burmese Belief.

This is a belief of people of Burma. Dorothy Dix says that the Burmese believe that the soul, in the form of a butterfly, leaves the body while we sleep. They will never waken a sleeper for fear his butterfly may not be able to get back quickly enough to its habitation, the soul having gone wandering during the person's sleep.

Son to Be Proud Of.

An old lady's son was working in the city. The youth, being very dutiful, sent his mother a telegram informing her of his success in passing an examination. "Good boy, my Clarence," she told a friend; "look how beautifully he has learned to type-write lately."

Name Is Misnomer.

So-called camel's-hair paintbrushes are not so named because they are made from hairs out of the camel's skin. They are made from squirrel's fur and were first made by a man named Camel, whose identity has been completely lost for many years.

Many Sought Growsome Post.

On the last occasion that a vacancy occurred in the position of public executioner in England the home secretary received no fewer than 756 applications for the post.

Temperance Exemplified.

It is as much a part of true temperance to be pleased with the little that we know and the little that we can do with the little that we have.—Ruskin.

Tin Cans Bad for Plants.

Tin cans should not be used as containers for growing plants. Besides being unsightly, tin cans rust and kill the tips of the tender roots. Occasionally fine plants are grown in tins, but they would have been better if grown in pots.

Really Capable Mind.

The truly strong and sound mind is the mind that can embrace equally great things and small things.

Look Yourself Over, Old Boy.

If you're not satisfied with your lot in life, think before you send her back to her mother. Perhaps your quotation in her market isn't what you put it at.—Wall Street Journal.

"WHAT'S IN A NAME?" By MILDRED MARSHALL. Facts about your name; its history; meaning; whence it was derived; significance; your lucky day and lucky jewel

ELLEN VERY few people know that Ellen may be spelled Elin and still remain the same charming name which signifies a "light" or "radiance." In these days of affection when Ediths turn into Edithes overnight and Alice becomes Alys, it is interesting to discover that even the somewhat simple name of Ellen is capable of adaptation.

The name comes from the Greek root Ele which was first used in the name of the moon deity Selene. From Ele again sprang the most noted of all Greek names, Helene, from which Ellen is directly derived. The latter name made its first appearance in Scotland where the pronunciation caused the H to be dropped from Helene.

In Wales, Elin was adopted in place of Helene. It came into being through the Eglwys Han, the church of Helen, which was greatly revered by the insular Celts. Ellen has achieved almost as great popularity in this country as her predecessor Helen. Her vogue was greatly increased by

Illustration of a woman holding a sign that says "KEEP SMILING! YOU NEVER KNOW WHO'S LOOKING AT YOU" with a signature "DWG".

THE WHY of SUPERSTITIONS By H. IRVING KING

CROWS AND THE CROPS

AS A rule crows are birds of evil omen. But there is one condition under which a farmer may see a crow to his advantage. If a solitary crow is seen walking about a field just before it is put to seed then it is an omen of good crops. But should the lone crow perch on a limb overlooking the field as the seed is being put in the corn will run to stalk and there will be precious little grain. And if the crow caws the crop will be a total failure.

This is because the crow—or the raven, which is practically the same thing—is an attendant bird of Odin, the chief of the Norse gods, and Odin had a direct interest in agriculture, as many stories of him attest. It was formerly the custom in the Scandinavian peninsula to leave standing in the field after the harvest a sheaf of wheat "For Odin's horses," and the god is represented as once having protected in person a field of rye near Troienborg in which rye grew with astounding fruitfulness. Now when the bird of Odin walks quietly over a field, inspecting it, he is acting for his master—giving it Odin's protection. This is mythology, a survival of the Norse religion. But in the perching of the crow upon a limb overlooking the field we see the introduction of magic. He is perched on a limb—a stalk, as it were—and so, by sympathetic magic, the future crops will run to stalk in imitation of the limb upon which the crow perches. The ancients not infrequently mixed up magic with their mythology.

What Really Matters

It does not much matter what our work may be; what, I think, does matter is that which we are putting into it. While our brains are busy with ideas and our hands with tools, we may be putting into our work something which is neither of brain nor of hand.—Exchange.

A LINE O' CHEER

By John Kendrick Bangs.

BLIND

I KNEW a solemnly feller Who dwelt so much down in his cellar He never knew the light ecstatic That glorified his dusty attic. He lived so much in thoughts of doom he Deemed life a dungeon dark and gloomy, And in the darkness ever grogging Lost all the gifts of joyous hoping That waited for him 'mid glories That flooded all the upper stories. (© by McClure Newspaper Syndicate.)

WRIGLEYS AFTER EVERY MEAL affords benefit as well as pleasure. Healthful exercise for the teeth and a spur to digestion. A long-lasting refreshment, soothing to nerves and stomach. The Great American Sweetmeat, untouched by hands, full of flavor. SEALED TIGHT KEPT RIGHT. P. N. U. No. 42, 1925