

Watch Your Daughter



"When I was a girl at home I suffered with headaches and distress," said Mrs. Ray Edgar, of 345 No. 5th st., Colton, Calif., whose picture appears above. "My mother gave me Dr. Pierce's Favorite Prescription and it relieved me of this condition. And since I married I have taken the 'Favorite Prescription' as a tonic to build me up whenever in a run-down and weakened state, as when my nerves were bad, and it has always been very beneficial. It has never failed to give me the desired help each time I have taken it. I always advise my friends to take this medicine if they are in any way run-down in health."

Japanese Retire Early.

Japanese as a rule retire much earlier than occidentals, even when a tea-house celebration is going full blast and the sake cups are circulating freely.

Curriculum for Brides.

New York has a school for prospective brides. If the idea is to teach them to keep their husbands, it has, no doubt, a course in manuring—Arkansaw Thomas Cat.

Gentleness Wins.

Gentleness is far more successful in all its enterprises than violence; indeed, violence generally frustrates its own purpose, while gentleness scarcely ever fails.—Locke.

WRIGLEY'S after every meal

Parents—encourage the children to care for their teeth! Give them Wrigley's. It removes food particles from the teeth. Strengthens the gums. Combats acid mouth. Refreshing and beneficial!



Literary Difference.

Jud Tunkins says the difference between the old drama and the new is that Shakespeare said things ordinary people couldn't think of, while the modern author says what everybody suspects, but is too polite to mention.

First Circus Press Agent.

Circus press agents were first known in this country in 1797 in connection with exploitation of the first elephant shown here.

England's "Wedding Ring."

The "wedding ring of England" is the ruby ring, which forms a part of the king's coronation insignia. It is made of pure gold. At the back is a large violet ruby marked with a cross of St. George and encircled by 26 diamonds.

Advertisement for Kellogg's Tasteless Castor Oil, featuring a 'free' offer and product benefits.

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FEATURE DEPARTMENT

Section Devoted to Attractive Magazine Material

The SANDMAN STORY

MR. AND MRS. SPARROW

MR. AND MRS. SPARROW lived in a comfortable nest behind a blind on a house and they had never thought about living in a tree until one day Mrs. Sparrow, who never missed seeing anything that went on with her sharp black eyes, spied Mrs. Robin on her nest in the midst of the green leafy tree.



A Big Puss Was Coming Straight for the Tree.

must be to live in such a cool place. "It is just like a cradle for their children," she told Mr. Sparrow, "and I think I will take that nest next year and live in the tree."

So when Mr. and Mrs. Robin began to bustle about and talk of moving, but her husband told her she had better wait until spring.

"We are all nice and comfortable behind this blind," he said. "Why not stay here, and if you still care to live in a tree in the spring we can move then."

"Why, how you talk," said Mrs. Sparrow. "Of course, I shall want to live in a tree. It is much more genteel than living behind an old blind. Some one may close it any minute and let your nest tumble."

"I shall keep my wits about me, for if we don't watch out those robins will come flying back early and take that tree again for their home."

So early in the spring while Mr. Sparrow still shivered with the cold every time he flew from behind the blind, Mrs. Sparrow insisted that they move into the robin's nest.

"I would just like to see that pair get me out of this," she said as she nestled down into the nest, but I must say it will need quite a bit of repairing, but I shall stay right here, be-

What's in a Name? By Mildred Marshall. Facts about your name; its history; meaning; whence it was derived; significance; your lucky day, lucky jewel.

JOYCE

IN ONE particular era in feminine nomenclature, names of gladness figured prominently. Joyce is one of these. It is not extraordinarily popular and it is not nearly so pretty as its French equivalent, Jocelyne. It signifies—sportive or merry.

Etymologists tell us that it comes from the French joy, which was meant to express an inarticulate shout of ecstasy. The original cry is preserved in the Swiss Jodel or shout of the mountaineers. A number of feminine names have come from this happy source; among them the well-known Joy, Jadoca, which is frequent in Wales, and Jacosa still in common usage among the English.

Joyce came directly from this latter name. France took it but found it too British and evolved the musical Jocelyn.

The emerald is Joyce's talismanic stone. It is the gem of youth and springtime and hope. It is said to preserve for her the joyful leuceny which her name implies. Thursday is her lucky day and 4 her lucky number. (© by Wheeler Syndicate, Inc.)

Advertisement for 'Don't Let Me Run My Face Except With ZINE' featuring a cartoon character and product benefits.

Antonio Moreno



This popular "movie" star was born in Madrid, Spain. He was educated in Cadiz, Spain, and in Northampton, Mass. Before entering motion pictures he had been identified with a number of prominent actors; he also played in stock.

and when her husband came to take one more look at the nest he liked so well he found his wife sitting there blinking at him.

"Changed your mind?" he asked. "Yes," replied Mrs. Sparrow. "Wise people do, why not birds? That nest needed too much repairing for one thing and the other is there is a big cat prowling around."

And that was just what Mrs. Robin whispered to her mate, that the kitten which lived in the house last year had grown to be a big cat and she would not think of risking the lives of her children by living in that tree. (© by McClure Newspaper Syndicate.)

The Why of Superstitions

By H. IRVING KING

THE CUCKOO

IN ENGLAND, in fact in all northern Europe, numerous superstitions cluster around the cuckoo, where the bird is "a fortune teller, a weather prophet, a magical creature that can change into a hawk, an immortal and omniscient being." In this country, so far as the writer has been able to discover, there is only one superstition regarding the cuckoo. In some sections of the country—in Maine for instance—it is thought to be a warning of death in the family to hear a cuckoo sing near the house. Mrs. Bergen, in a note to a memoir of the American Folk-Lore society, thus accounts for the wealth of superstition regarding the cuckoo in Europe and the scant-

ness of it here: "The note of the American cuckoo is less peculiar and therefore it does not seem to have attracted much popular attention. Many intelligent people are unacquainted either with the appearance or the notes of the two specimens common in the Northern states." To which might be added that if it were not for the cuckoo-clock the great majority of us in this country would be entirely ignorant of the call of the bird near a house foretells death the same superstition exists in Europe and can easily be traced to the reputation the cuckoo has of destroying the eggs in the nests of other birds before taking the nest for his own purposes. It is an omen of death to the hatching egg when a bird hears the cuckoo near his nest—his house. And so man, for this reason, came to associate the cry of the cuckoo near his dwelling with the same idea; an idea which naturally into a fixed and enduring superstition. And that all the more readily because of the general mystic reputation of the cuckoo. (© by McClure Newspaper Syndicate.)

Your Health

By ANDREW F. CURRIER, M. D.

THREAD WORMS

THESE troublesome parasites, also called pin worms or seat worms or awl worms on account of the awl-shaped caudal extremity, occur occasionally in adults and frequently in young children.

They are small, round, and white, occasionally in clumps or bunches, and found in the large intestine or the lower part of the small intestine.

By preference they choose the lower end of the large intestine or rectum for their residence.

They are occasionally found in the stomach and have been observed in the mouth, probably reaching it with the vomited contents of the stomach.

They are lively and active and frequently crawl from the rectum to the adjacent skin, sometimes appearing upon a child's clothing.

The female lays many eggs which must be swallowed by man or animal; they do not develop outside the body.

Within two weeks after the eggs reach the intestine they become full grown worms, not easily destroyed, and migrate toward the rectum.

The mature females then lay their eggs, which may be passed out of the body or remain and become a new colony of worms, this process continuing indefinitely unless they are expelled and exterminated.

The eggs are taken into the body with food or water or by means of infected hands.

There is no difficulty in detecting either the worms or the eggs, the ever-present symptom being intense itching which is very sleep-disturbing.

Other symptoms are irritability, and fretfulness, burning pain, restlessness, disturbance of the functions of the bowels and bladder, loss of appetite and anemia.

It is not unusual for sensitive children who suffer with thread worms to have convulsions or St. Vitus dance. No uncooked or partly cooked food should be allowed; the child's nails should be kept short; and the fingers

must be frequently moistened with an infusion of quassia.

Castor oil, senna or epsom salt may be given at night, but not in excessive doses.

Every morning, or every other morning, for two or three weeks, if necessary, an enema should be given through a rubber tube or catheter which has been carefully introduced four or five inches into the bowel.

A pint of warm water, or soap and water, or boric acid solution, may first be used to cleanse the rectum, this being followed by half a pint of 1 to 1000 solution of bicloride of mercury.

Another excellent enema is an infusion of quassia, two ounces of quassia chips being boiled in a pint of water.

Other remedies frequently used in solutions of carbolic acid; turpentine-vinegar; sulphur, etc., but those which have been mentioned will usually be found efficient if employed carefully and insistently. (© by George Matthew Adams.)

A LINE O' CHEER

By John Kendrick Bangs.

BACK TO CHILDHOOD

LAUGH at me, and sneer at me. Chaff at me, and jeer at me. Call me senile kid—

Dub me childish if you will. Back to smiling childhood still I will easily skid.

For I find release from care In those laughing moments where I'm a boy again, And in very joy of life With forgetfulness of strife, And the stress of pain. (© by McClure Newspaper Syndicate.)

DAIRY FACTS

SURFACE COOLER IS BEST FOR COOLING

Prompt cooling to 50 degrees Fahrenheit is absolutely essential for producing milk of low bacteria count, warns F. C. Button, professor of dairying at the New Jersey College of Agriculture in New Brunswick.

The quickest and therefore best way of cooling milk is to run it over a surface cooler. On such a cooler the milk passes over the outside surface in a thin layer. Cold water is circulated through the inside and thus chills the milk. By this means the temperature of the milk can be brought within two or three degrees of the temperature of the water. Ice water will be needed in hot weather to bring milk to 50 degrees Fahrenheit. Morning's milk should be cooled to at least 50 degrees Fahrenheit.

Night's milk may, however, be cooled within two or three degrees of the temperature of spring or well water, since it is afterward placed in the cooling tank where further chilling can take place. The water in this vat should not be above 45 degrees.

After milk has been cooled by a surface cooler it can be held at 50 degrees Fahrenheit by placing in the vat two to two and a half pounds of ice for every gallon of milk. If the milk is not pre-cooled before being placed in the vat, four pounds or more of ice are needed to cool each gallon of milk. This pre-cooling will cut in half the amount of ice required in the tank.

The use of small-top milk pails and clean, sterilized utensils, and the milking of clean, healthy cows help to keep bacteria out of milk. Some always get in, however, and unless the milk is cooled quickly they multiply rapidly. In warm milk bacteria double their number every half-hour. At 50 degrees they reproduce very slowly.

Cows Swallow All Sorts of Dangerous Objects

Cows swallow all sorts of strange things, including clothes of the fence, rags, bones, leather, crockery, bits of metal, pebbles, bark, wood and, unfortunately, sharp objects, such as nails, wires, pins, needles, tacks, hairpins and staples. A swallowed sharp object is extremely dangerous. It lodges in the second stomach, is churned about there, at length may work through the stomach wall, pierce the diaphragm and then the sac to the heart. If that happens incurable and often fatal inflammation of the sac results, causing a disease of the heart called traumatic pericarditis.

Wires that fasten labels to feed sacks are a real menace. Single nails have caused many losses. The practical farmer makes it a habit to dispose of every sharp object he sees where it can do no harm. Punctures of the hoof often end in fatal lockjaw, horses being the commonest sufferers. People may contract the disease in the same way. A dairyman of my acquaintance used a wire brush to scrub the cow mangers. Wires fell out and got into the feed. Seven fine cows died.—Dr. A. S. Alexander, Wisconsin.

Various Roots Are Good Feed for the Dairy Cow

Roots of all kinds are good feed for dairy cows. Beets are especially valuable, for they not only supply nutrients in a good form, but they do not in any way affect the quality of milk. Rutabagas and turnips do affect the quality of milk, and especially if fed just before milking. If they are fed after milking, it is difficult to discern any favor in the milk, but butter made from it will, upon standing a few weeks or months, develop an objectionable flavor. This has led some creameries producing high-quality butter to request their patrons not to feed turnips or rutabagas.

Dairy Notes

Cows do not enjoy moldy silage, and it makes horses sick.

Feeding minerals to dairy cows is relatively new, and we have not learned about it yet.

Clean the barn lots and dairy premises and haul off litter in order to destroy breeding places for flies.

The choice of a herd sire may make or break a man in the dairy business, say dairy specialists of the Pennsylvania State college. The future herd's dependent upon influences in operation now.

Do you know how much net profit your hens are returning? Farmers all over the country are learning it is worth the time they spend to keep a close count on the eggs their hens produce and the cost per dozen.

Geese should not be used for breeding purposes until they are two years old. A gander may be used the first season. Geese eggs may be hatched in an incubator, but better results are obtained by setting the eggs under geese or hens. The eggs hatch in from 27 to 33 days.

The lamb that does not nurse readily may often be started by putting a spoonful or two of milk in its mouth and then trying it on the ewe again.

An animal infested with parasites cannot produce the best results any more than an automobile can run its best when handicapped by a flat tire.

Whether the flock be grade or pure bred, it will pay to place the ewe and her lamb or lambs in a small pen by themselves for at least two days after lambing.

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