

Woman's World

DUCHESS OF SUTHERLAND.

Whose Husband Has Given Her a Palace For the Housing of Cripples.

One of the most beautiful and most magnificent palaces in England has been turned into a factory so unique that it deserves as much distinction as the castle. The palace is the gift of the Duke of Sutherland to the cripples in whose education and training his beautiful wife has long been interested.

Recently the various projects and enterprises which she has forwarded threatened to overwhelm her, and she decided to turn her pet philanthropy into a business. She organized a company which she called the Duchess of Sutherland's Crippled Guild, limited. Perhaps it was the duchess' charm, perhaps it was the warning in the



DUCHESS OF SUTHERLAND.

word "limited," but the capital for the new company was all subscribed within a few minutes. Then the duke of Sutherland's Crippled Guild, limited, was formed. The duke of Sutherland's Crippled Guild, limited, has been one of the show places in England.

The palace is now in a state of preparation. When it is complete, about 300 workers in pottery, leather and wood will be employed there.

The duchess is enthusiastic over her new position—that of the first female head of a public business in England. Although it means a lot of work, she will herself attend to the duties of her office.—Delineator.

When to Call on Brides.

There need never be any doubt about answering a wedding invitation and the mode of procedure later, for unless it is requested that an answer be sent at once no acknowledgment of the cards is necessary until the day set for the wedding. Then, whether the ceremony be in the morning, afternoon or evening, a woman attending it wears her prettiest gown—high neck for the day, of course, and décolleté for evening. What a man wears is governed accordingly.

If one has been bidden to a reception at the house after the marriage, it is customary if this is in the daytime to leave a visiting card, as at any tea. None is left for the bride and bridegroom. To be exact in this particular, a married woman going to the reception would leave one of her cards and two of her husband's if the invitations were sent out in the names of the bride's parents. If for any reason the invitations are issued by one person only, as in the case of one parent being dead or a guardian being the person who sends them, only one card of the married woman and one of her husband's would be left.

For an evening reception no cards are required.

If for any reason it is impossible to attend the ceremony or reception to which one has been invited, visiting cards, following the rule given, should be sent on the day of the wedding, they being addressed to the person or persons sending the invitations.

Whether present or absent from the marriage or reception a call within two weeks after the wedding is imperative. During this visit cards are left as at a reception.

An unmarried woman does not leave a card for the father of the bride unless he alone gave the invitation. Good form now demands that such an invitation from a man requires a visiting card afterward from all whom he honored, and an unmarried woman would post hers or send it to the house by a servant during the regular calling hours. A married woman would leave hers and her husband's in the same way.

If the card that comes in the wedding invitation bears simply her new name and that of her husband, with the address of their new home, this means that she will be at home any afternoon informally. If she has "days" they are the same as a "tea," except for the fact that the bride is expected to return these calls. Any one going to her days or sending cards makes a formal call or shows a desire to do so, and it is for her to respond.

Kerosene Light Best For Eyes.

Human thought moves in cycles, but who would ever imagine that modern human invention could be discounted in this twentieth century and invidiously compared with the old fashioned custom of a hundred and fifty years ago? This was the practical result of a discussion at the meeting of the

Illuminating Engineering society held in the Grand Pacific hotel, Chicago, last month. Oculists whom the society had invited to be present declared unanimously that the methods of illumination employed today were inferior to those employed by our great-grandparents, in so far as their effect on the eyes is concerned. In a review of the matter Dr. H. H. Seabrook of New York wrote: "Our country leads the world apparently in the brilliancy of its artificial illumination and certainly leads the world in ocular exhaustion, discomfort and congestion. Both here and abroad oculists agree that the kerosene burner is the least harmful artificial illuminant. The incandescent lamp has given rise to more chronic eye degeneration and disturbance than any other light used for near work."

In explanation of the action of the incandescent lamp on the eye Dr. George F. Suker stated: "The intense light of the filament acting on the retina sets up a low grade of inflammation, which, though it comes on slowly and may never be severe, still defies all efforts to cure it. We have so much light that overexhaustion results and the eye cannot recuperate."

Physical Culture Exercise.

To derive benefit from physical culture is one of the most difficult things to accomplish. Such a statement sounds discouraging, but the fault is really with women themselves, both the business women and women of leisure. The former are hard pressed for time—they who most sorely need the good of exercise—and the latter are well, one might unkindly call it lazy. There is not the slightest doubt that untold benefit—in fact, the salvation of a woman's health—lies in physical exercise. But it is a long, tedious undertaking and requires no little strength of will to carry it out successfully. However, the woman who persists faithfully is the one who reaps rich rewards. After all, when you think of it seriously, fifteen to thirty minutes in the morning and evening is not a great deal of time taken from one's busy day. If more women would try the exhilarating, strengthening process of some exercise in their rooms, with windows wide open, there would be far less evil from confinement of business and home duties.

A Good Developer.

An exercise which should be practiced by growing children for developing a slender waist and a tall, erect figure is as follows:

Let one person hold a large ring upright as high as the child can comfortably reach. In raising the arms to touch the ring deep breathing is necessary, which will expand the chest, and the lifting attitude of the arms will exercise the muscles of the sides, shoulders and waist besides stretching the body to its full limit.

The raising of the arms should be done slowly and the ring lifted a trifle higher at intervals until it becomes necessary for the child to stand on tip-toe to reach, thus exercising the muscles of the legs, developing the knee and ankle joints.

Latest Beauty Food.

According to the dictum of English diet specialists, a free use of currants in daily food is one of the most effective means of producing a clear, rosy complexion. Currants seem also to satisfy the craving both for strong acids and sweets, which are responsible for many muddy or coarse complexions. Besides possessing the incidental advantage of a beauty food, currants are known to be the most nutritious of all fruits, as they consist almost wholly of grape sugar in the form that is entirely assimilated during digestion. As a consequence of a wide dissemination of these facts through physicians and specialists the use of currant bread in England has become almost as common as that of ordinary wheat bread.

Corn Cake.

A southern corn cake recipe is a valuable addition to one's scrap book. Mix and sift three-fourths of a cupful of cornmeal, one and one-fourth cupful of pastry flour, one-fourth of a cupful of sugar, one-half teaspoonful of salt and five level teaspoonfuls of baking powder. Add one cupful of milk, one egg, well beaten, and one and one-half tablespoonfuls of melted butter. Beat thoroughly, turn into a shallow buttered pan and bake twenty-five minutes in a hot oven. Cut in squares and arrange on a bread plate. If a richer corn cake is liked, two teaspoonfuls of butter may be used.

When being laid away, all white silk gloves should be wrapped in blue paper, then brown, and pinned closely together at the edges, and all delicately tinted gloves of any material should be placed in brown paper, as the chloride of lime in white paper will discolor them.

There are nervous women; there are hypernervous women. But women so nervous that the continual rustle of a silk skirt makes them nervous—no, there are no women so nervous as that!—Fliegende Blätter.

Should the small child object to having his ears washed use a shaving brush in place of a brush, and the operation will be completed with satisfaction and ease on both sides.—Good Housekeeping.

To remove ink stains wet the spots with milk and rub in as much starch as it will hold. Leave for a week and then brush out the starch. The stains will be found to have vanished.

Water is a nerve food. It has a distinctly soothing effect when sipped gradually, as one can test for oneself.

VOGUE POINTS.

Marabou Sets Very Expensive and Modish—High Collure No More. Some very striking neck pieces are to be seen this season in white and colored marabou. One of these is in the shape of an unusually broad fichu of white marabou, with a broad border of black marabou. The white portion is next the face and is much broader than the black, crossing in front at



GIRL'S TUB PROCK—3326.

A pattern of this sailor suit may be had in four sizes—from six to twelve years of age. Send 10 cents to this office, giving number (3326), and the pattern will be promptly forwarded to you by mail.

The waist line with a quaint old fashioned effect. With this is worn a medium sized muff of all black marabou.

The exaggeratedly high collure is no longer considered smart, the hair piled high on the head not being thought so modish as when worn much lower on the head. Now is the time when the woman with a fine profile has the advantage, for the knot of hair standing straight out at the back of the head is thought immensely smart, but the fashion is terribly trying when a perfect profile is not in evidence. The hair both in the knot and around it must be soft and loose and as natural looking as possible, never light or crinkly. The knot itself can be composed of puffs or twists of soft hair supposedly in close imitation of the Lucien coiffure.

The child's dress shown in the sketch is a particularly good design for wash materials. The gathers give a pretty fullness to the skirt and waist. The skirt is finished with a deep hem. These tub dresses are bound to shrink. The tucks of the skirt will provide for lengthening them. These give a pretty finish and may be let out one by one as the time becomes necessary.

JUDIC CHOLLET.

FRIBBLES OF FASHION.

Stunning Bridesmaids' Frocks—One Solution of the Dress Question. Gowns of white chiffon cloth, with insets of flit lace and with big white chrysanthemums embroidered and appliqued on the bodice, the hem of the



A SMART NEGIGEE—3145.

A pattern of this negligee may be had in six sizes—from 32 to 42 inches bust measure. Send 10 cents to this office, giving number (3145), and the pattern will be promptly forwarded to you by mail.

skirt and the sleeves, were worn by a particularly charming set of bridesmaids at a recent wedding.

The all black and all white gowns offer a striking solution of the dress question, for they give one a chance to dress well without too conspicuous a wardrobe. Even the negligee can be black, and there are some very striking negligees in black crepe de chine, trimmed with pink, violet, pale blue and a lovely shade of rose.

The smart negligee illustrated will be effective nooped either in cotton or woolen materials. When the latter is chosen, it can be satisfactorily laundered if the material is ironed before it becomes thoroughly dry. The selection of a pattern is important. Avoid fussy things, as negligees of this kind are not suitable for general wear. Besides, if very much trimmed they cannot be laundered well. JUDIC CHOLLET.

Blue Prints Made.

I will make Blue Prints of any tract or land in the Lakeview Land District, and do abstract work. Call on or write W. B. SNIDER Lakeview, Oregon. 48-41

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Take LAXATIVE BROMO QUININE Tablets. All druggists return the money if it fails to cure. E. W. Grove's nature is on each box. 25c.

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\$50 REWARD.

A REWARD of fifty dollars is hereby offered for information that will lead to the arrest and conviction of any person who has stolen arms or other property, from our Company; and the same reward is hereby offered for information that will lead to the arrest and conviction of anyone destroying the property of the Company. Chas. Umbach, Secretary Lake Co. Tel. & Tel. Co. 104f.

Notice.

TO WHOM IT MAY CONCERN. notice is hereby given that all irrigation, or millrace ditches on all trout streams through Lake County, Oregon, must be screened with a small mesh wire screening at their head or junction with the main channel of stream. Also all dams or obstructions on said streams must be provided with a fish-ladder, or other easy means of passage, at or near the middle of the main channel, so as to allow the passage of trout at all times of year, as provided by law. Said work to be done at low water time, or to be completed by Feb. 7, 1907. By order of J. A. Barham, Special Deputy fish Warden for Lake County, Oregon.

\$1,000.00 Reward.

The Oregon, California & Nevada Livestock Protective Association will give \$1000 Reward for the conviction of any party or parties stealing horses, cattle or mules belonging to any of the following members of this Association:

Cox & Clark, Chewacan Land & Cattle Co., Heryford Land & Cattle Co., Lake County Land & Livestock Co., Warner Valley Stock Co., Wm W. Brown, Geo. M. Jones, Geo. Hankins, S. B. Chandler, C. A. Rehart, N. Fine, W. A. Currier, Frank B. Bauers, J. C. Hotchkiss, Calderwood Bros., T. J. Brattain & Sons, T. A. Crump, Cressler & Bonner, W. T. Cressler Maud I. Hambo.

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Passengers' fare \$3 Round trip \$3 OFFICE Reynolds & Wingfield's, LAKEVIEW

LAKEVIEW --ALTURAS

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STAGE LINE

P. E. Taylor, Prop.

Office at B. Reynolds' Store.

Stage leaves Lakeview Mondays, Wednesdays and Fridays at 6 a. m., arrive at Plush at 9 p. m. Leaves Plush Tuesdays, Thursdays and Saturdays, at 6 a. m., arrives at Lakeview at 9 p. m.

Passenger fare \$3 one way or \$5 for round trip. Freight rates from May 1st to Nov. 1st \$7.50 per hundred; from Nov. 1st to May 1st \$1.00 per hundred

\$1,250 Reward.

The Harney county Live Stock Association, which I am a member, offers a reward for evidence leading to the conviction of parties stealing stock belonging to its members. In addition I offer \$500 reward for a brand horse shoe bar on either or both jaws. Recorded in counties Harney, Lake and Crook Counties. Horses rented when sold. Horses sold to pass through this section will be reported in this paper. If not so reported, please write or tele phone The Times Herald, Main St., Burns, Ore. W. W. Brown, Burns, Ore.

Reward for Horses

I will give \$5.00 reward for information that will lead to the discovery of any horse branded with an old horseshoe brand on both jaws, placed as in the cut in this advertisement, with fresh triangle brand underneath the horseshoe. The triangle placed in such a manner as would cover up a bar on both jaws. Animals must be found in the possession of some person or persons.

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