

SPIRITUAL BEAUTY.

It Leaves a Whole Lump of Physical Homeliness.

While the desire for personal attractiveness is a proper one, we should remember that physical beauty is not the chief or only thing. It is a gift of God and should be cultivated by every legitimate means.

In general there are three widespread theories in regard to this notion—first, that beauty is subjective and entirely within us; second, that it is objective and that it is due to the qualities of the thing which awakens pleasure within us, and, third, that it is halfway between these views and that it represents that thought which is aroused within us by the contemplation of a worthy thing. A subjective and an objective element both combine to make up the beautiful.

And this accounts for the seemingly separate tastes among different individuals, for, as is well known, the mother never has anything but a beautiful child. It is the element of appreciation and love which rules here.

Love can make us color blind. Love, which hides the deformities and smooths the wrinkles of old age, is all prevailing.

There are, broadly speaking, three conditions which tend to the establishment and maintenance of personal beauty.

First of these is good physical health. It ought to be a matter of supreme importance for women to cultivate good health. And women of the present time are wiser than those of past ages in this respect, for they recognize the value of proper outdoor exercises and take part in these accordingly.

While doing this it is just as essential to avoid the harmful activities, such as dissipation, etc., which have a counteracting effect on the constitution.

Further, you cannot too absolutely turn your back on the numberless nostrum medicines and liquors that are often the direct cause of a case of broken down health. Above all, live according to the rules of health.

A second condition of physical beauty is mental activity. A cultured and refined mind will reveal its healthful effect on the face.

Thus in many old women, where mentally no longer exists, it is not strange that we find a countenance that is ugly and unattractive.

The ethereal condition of beauty is character, which will sooner or later reveal itself in the human visage. Every physiologist knows this.

The young woman who indulges in a resentful disposition will show it in her face, while a pure, Christlike character will reveal itself with a light divine. In support of this assertion numberless cases could be cited.

These three, then, are the conditions of attaining personal beauty.

A USEFUL INVENTION

That Will Be Hailed With Joy by the Cook.

In the average kitchen there are never to be found enough dry towels when the process of dishwashing is at hand. The towel that ought to be ready for



FOR DRYING TOWELS.

use is usually hanging on a rack, soaking wet. To obviate all this trouble an invention has recently been made that will be a joy to the housewife. It is nothing more than a band that fits around the boiler attached to the range. On this band are prongs placed at regular intervals on which the towels are hung. Coming in contact with the heat from the boiler dries the towel in a few minutes.

When the Nose Bleeds.

When the nose is bleeding never hold it over a basin or hold the head down in any way. This only causes further rush of blood to the broken tissues in the nose. The head should be held up and back, the flow being caught in handkerchiefs or cloths. One of the most effective and simple means of checking a nosebleed is to press on the upper lip. Near the under surface of the lip runs the artery that supplies the interior nasal passages where the ruptures occur. If this is pressed the flow of blood is mechanically checked, thus allowing the blood around the broken tissues to congeal and seal up the opening. If merely pressing with the finger does not succeed, place a wad of paper under the lip and fold the lip over it, holding down tight, says Woman's Life. Again, if this does not succeed and a drug store is near, get some adrenalin, saturate a piece of cotton with it and apply to the interior of the nose from where the blood flows.

The happiness of life consists in something to do, something to love and something to hope for.—Dr. Chalmers.

A Reliable Remedy CATARRH

Ely's Cream Balm is quickly absorbed. Gives Relief at Once. It cleanses, soothes, heals and protects the diseased membrane resulting from Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts., at Druggists or by mail. In liquid form, 75 cents. Ely Brothers, 56 Warren Street, New York.



Timber Land Notice.

United States Land Office, Lakeview Oregon, Feb. 6, 1908.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892, Elma E. Hartzog, of Lakeview, county of Lake, State of Oregon, has filed in this office his sworn statement, No. 3991, for the purchase of the E half, E half, of section 7, in Township 40 S., Range 21 E., W. M., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Register and Receiver, at Lakeview, Oregon, on Wednesday, the 6th day of May, 1908.

He names as witnesses: Edwin Hartzog, Elijah Smalley, Henry Pank, G. C. Fitzgerald, all of Lakeview Oregon.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 6th day of May, 1908.

J. N. Watson, Register.

Timber Land Notice.

United States Land Office, Lakeview Oregon, Feb. 13, 1908.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled, "An act for the sale of timber land in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892,

John A. Barham, of Paisley, county of Lake, State of Oregon, has filed in this office his sworn statement No. 4022, for the purchase of the SE quarter, NW quarter, of Section 2, in Township 34 S., Range 19 E., W. M., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Register and Receiver, at Lakeview, Oregon, on Wednesday the 27th day of May, 1908.

He names as witnesses: Gen. W. Cooley, Sam Banister, of Paisley Oregon, John Simmons, Geo. W. Harrow, of Paisley, Oregon.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 27th day of May, 1908.

J. N. Watson, Register.

Timber Land Notice.

United States Land Office, Lakeview Oregon, Feb. 15, 1908.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled, "An Act for the sale of Timber lands in the states of California, Oregon, Nevada, and Washington Territory," as extended to all the public land states by act of August 4, 1892,

Vigil Conn, of Paisley, county of Lake, state of Oregon, has filed in this office his sworn statement No. 4031, for the purchase of the NE quarter, of Section 7, in Township 38 S., Range 16 E., W. M., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Register and Receiver at Lakeview Oregon on Monday the 1st day of June, 1908.

He names as witnesses: J. B. Auten, F. P. Light, T. J. Powell, D. P. Malloy, all of Lakeview Oregon, and Oda Cravens, of Klamath Falls Oregon.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 1st, day of June 1908.

J. N. Watson register.

Timber Land Notice.

United States Land Office Lakeview, Oregon, Mar. 18, 1908.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892, Rose L. McDaniels, of Lakeview, county of Lake, State of Oregon, has filed in this office his sworn statement, No. 3922, for the purchase of the NE quarter, NW quarter, N half, NE quarter, SE quarter, NE quarter, of Section 32, in Township 38 S., Range No 21 E., W. M., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Register and Receiver at Lakeview, Oregon, on Thursday the 18th day of June, 1908.

He names as witnesses: Flint Vernon, A. Nelson, Wm. Metzker, J. D. Brooks, all of Lakeview, Oregon.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 18th day of June, 1908.

J. N. Watson, Register. 13-10

Nasal Catarrh quickly yields to treatment by the agreeable, aromatic Ely's Cream Balm. It is received through the nostrils and cleanses and heals the whole surface over which it diffuses itself. Druggists sell the 50c. size. Test it and you are sure to continue the treatment till relieved.

Announcement.

To accommodate those who are partial to the use of atomizers in applying liquids into the nasal passages for catarrhal troubles, the proprietors prepare Cream Balm in liquid form which will be known as Ely's Liquid Cream Balm. Price including the spraying tube is 75 cents. Druggists or by mail. The liquid for a emulsion the medicinal properties of the solid preparation.

THE MEN WHO KNOW

THE SUPERIOR QUALITIES OF TOWERS' SLICKERS, SUITS AND HATS are the men who have put them to the hardest tests in the roughest weather. Get the original Towers' Fish Brand made since 1836.



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Notice.

TO WHOM IT MAY CONCERN, notice is hereby given that all irrigation, or millrace ditches on all trout streams throughout Lake County, Oregon, must be screened with a small mesh wire screening at their head or junction with the main channel of stream. Also all dams or obstructions on said streams must be provided with a fish-ladder, or other easy means of passage, at or near the middle of the main channel, so as to allow the passage of trout at all times of year, as provided by law. Said work to be done at low water time, or to be completed by Feb. 7, 1907. By order of J. A. Barham, Special Deputy Fish Warden for Lake County, Oregon.

Timber Land Notice.

United States Land Office, Lakeview Oregon, Feb. 21, 1908.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled, "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892,

Kate Colahan, of Bonanza, county of Klamath, State of Oregon, has filed in this office his sworn statement No. 4053, for the purchase of the E half NW quarter, SW quarter, NW quarter of Section 32, in Township 38 S., Range 16 E., W. M., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before County Clerk of Klamath County, at his office at Klamath Falls, Oregon, on Tuesday, the 19th day of May, 1908.

He names as witnesses: Ida Howard of Lakeview, Oregon, Maggie Colahan, of Bonanza, Oregon, Oda Cravens, of Lakeview Oregon, J. C. Cravens of Lakeview Oregon.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 19th day of May, 1908.

J. N. Watson, Register.

\$1,000.00 Reward.

The Oregon, California & Nevada Livestock Protective Association will give \$1000 Reward for the conviction of any party or parties stealing horses, cattle or mules belonging to any of the following members of this Association:

- Cox & Clark, Chewacan Land & Cattle Co., Heryford Land & Cattle Co., Lake County Land & Livestock Co., Warner Valley Stock Co., Wm W. Brown, Geo. M. Jones, Geo. Hankins, S. B. Chandler, C. A. Rehart, N. Pine, W. A. Currier, Frank B. Bauers, J. C. Hotchkiss, Calderwood Bros., T. J. Brattain & Sons, T. A. Crump, Cressler & Bonner, W. T. Cressler, Maud L. Rambo.

OFFICERS: W. P. HERYFORD, President; F. M. MILLER, Sec & Treas.

FINANCE COM. W. P. HERYFORD, F. M. GREEN, S. B. CHANDLER

Notice for Publication.

To Geo. H. Ayres, Gus Schlager A. C. Lowell, and Al Farrow: You are hereby notified that I have expended \$100.00 one hundred Dollars in labor, and improvements, upon the Monarch Mining claim, located in the Paisley Mining District, as will appear by certificate filed in the office of the County Clerk of said County, in order to hold said premises under the provisions of section 2324 revised Statutes of the United States, being the amount required to hold the same for the year ending December 31st, 1907, and if within 90 days after this notice, by publication, you fail or refuse to contribute your proportion of such expenditure as a co-owner, your interests in said claim will become the property of the subscriber under said section 2324.

3-3m Stephen Gaylord.

Subscribe for The Lake County Examiner, if you want the news.

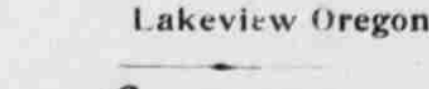
Get your onion Sets at Lakeview Merc. Co.

Dutch lunch at the Brewery Saloon.

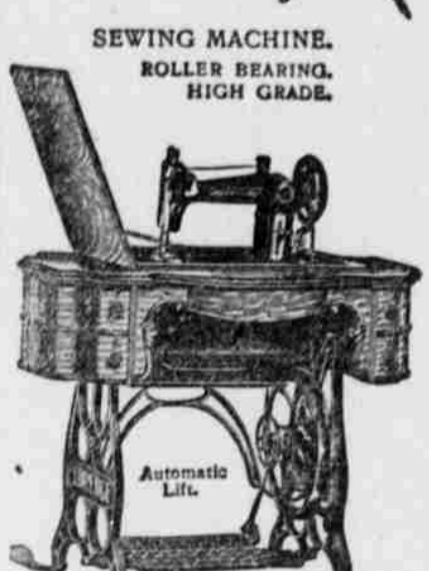
NOTICE

Blueprints of any township in the Lakeview Land District can be had by applying to the undersigned. All work up to date. Checkings made from the Land Office Records at the time the prints are made, work neatly and promptly done

W. B. Snider, Lakeview Oregon.



SEWING MACHINE. ROLLER BEARING. HIGH GRADE.



Save Money by buying this reliable, honest, high grade sewing machine.

STRONGEST GUARANTEE.

National Sewing Machine Co., SAN FRANCISCO, CALIF. FACTORY AT BELVIDERE, ILL.

ECZEMA and PILE CURE

FREE. Knowing what it was to suffer, I will give FREE OF CHARGE, to any afflicted a positive cure for Eczema, Salt Rheum, Erysipelas, Piles and Skin Diseases. Instant relief. Don't suffer longer. Write F. W. WILLIAMS, 400 Manhattan Avenue, New York. Enclose Stamp.

Northern Stage Line.

LAKEVIEW--PAISLEY. A. W. BRYAN, Proprietor.

Leaves Lakeview at 6 a. m. every day but Sunday. Returning, leaves Paisley at 6:30 a. m. every day but Sunday.

Passengers are \$2 Round trip 5. OFFICE—Reynolds & Winsfield, Lakeview.

LAKEVIEW SADDLERY
S. F. AHLSTROM, Proprietor.

The best Vaquero saddle on the market.

Also a complete line of wagon and buggy harness, whip robes, riata, bits, spurs, quilts, rosettes, in fact every thing in the line of carriage and horse furnishings. Repairing by competent men.

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ERECTED IN 1900
MODERN THROUGHOUT
FIRST-CLASS ACCOMMODATIONS
SAMPLE ROOM For COMMERCIAL TRAVELERS
COURTEOUS TREATMENT
F. P. LIGHT & HARROW, Proprietors

ELI RESTAURANT
Located on Water Street, near the Post office.

Meals at all Hours.
Fresh oysters kept on hand during the oyster season. Fish and game in season.

Only First-class Restaurant in Lakeview.
ELI, PROPRIETOR.

LAKE COUNTY ABSTRACT CO.
INCORPORATED

A COMPLETE RECORD

We have made an entire transcript of all records in Lake County which, in any way, affect Real Property in the county.

We have a complete Record of every Mortgage and transfer ever made in Lake County, and every Deed given.

ERRORS FOUND.

In transcribing the records we have found numerous mortgages recorded in the Deed record, and not indexed; and many deeds are recorded in the Mortgage record and other books. Hundreds of mortgages and deeds are not indexed at all, and are most difficult to trace up from the records.

We have notations of all these Errors:
Others cannot find them. We have spent hundreds of dollars hunting up these errors, and we can guarantee our work.

J. D. VENATOR, Manager.