

ADVICE FOR YOUNG MOTHERS.

Useful Hints Concerning the Proper Care of the Baby.

See that the cushions, etc., of the perambulator are well aired and quite dry before taking baby out. Perambulators are often stored in an outhouse or passage, where it is quite possible for them to become slightly damp from one day to the next. When the weather is very cold, a small rubber hot water bottle should be placed in the vehicle at baby's feet to prevent him from becoming chilled.

As soon as a child is old enough to ask for a penny to spend for itself a small weekly allowance should be given and the child taught to save a portion of it for presents, etc. No matter how few pennies, a child should know just how many to expect during the week and on what day. This will teach the value of money—a valuable lesson—and it will also teach the little one how to be generous and self-denying by carefully saving up some of those same cherished pennies for a present for some one else.

Strong tea or coffee is very bad for children. Milk, milk and water, very weak tea and cocoa are far better for growing boys and girls than any such stimulants.

Never let a child cry itself to sleep. If the little one has been naughty, talk gently to it, make it feel how wrong it has been to be so naughty and sorry for its misdeeds, and then send it to sleep with a feeling of peace and happiness in its heart and a kiss of forgiveness on its lips.

Nails should be carefully trained and attended to during childhood. Regularly—and at least once a week—a child's nails should be thoroughly washed and steeped in warm water, then cut and carefully manicured. An orange wood stick should be given and the child shown how to use it to press down the skin around the nails. Pressing down the skin around the nails with a towel after washing the hands is another thing that a child should be taught to do for itself. If shown that this simple process will, if persevered with, cause the pretty little half moons to show above the skin, the little one will soon take a pleasure in doing it regularly for itself.

Teaching baby to feed himself is often rather a messy business, but if a small afternoon teaspoon or coffee spoon is used the matter will be much simplified. A spoon of this description will go quite easily into the tiny mouth, and even then there will be plenty to spare for the face and bib, the usual safe deposit for most of the meal when baby first attempts to feed himself.

COTTON BLOUSES.

How to Wash and Launder These Waists Properly.

These, if of a very delicate color, should be washed with dissolved soap and warm water; if soap is rubbed on, the color is likely to fade. They should be washed one at a time and as quickly as possible. Rinse in cold water. If the color needs reviving, a tablespoonful of vinegar added to the rinsing water will brighten red and pink. One or two lumps of ammonia (dissolved) will brighten mauves. One or two lumps of alum will revive blue. Starch in this "boiling water starch" wring and hang to dry. If a cotton shirt is being done up, the stiff cuffs and collar should be starched in "cold water starch" after the blouse is dry. The other part must then be dampened and rolled up and in half an hour will be ready for ironing.

Cotton blouses are more difficult to iron than flannel or silk, as they crumple if not carefully manipulated. A sleeve board is a great help when ironing the sleeves. Gathers should not be ironed in the ordinary way, but drawn backward and forward over the point of the iron. This prevents the flat appearance they very often have after ironing.

HOUSEHOLD HELPS.

In basting velvet use silk thread, as it does not mar the pile of the velvet. Strong salt water will cleanse and brighten Japanese or China matting. Take a cloth dipped therein and go over the matting thoroughly.

Do not use hot water in cleaning paint, because if you do you will injure the varnish and cause the paint to wear off. Use only lukewarm water and you will have no trouble.

Cellars should be thoroughly cleaned and aired. A few pans filled with charcoal set on the floor and shelves of a damp cellar will make the air sweet and pure and remove the obnoxious musty smell.

Sea Baths in Winter.

In winter a most effective and yet simple substitute for sea water is a cup of rock salt dissolved in warm water and added to the bath.

A warm salt bath of this kind is the most refreshing tonic for an exhausted body. But don't go out of doors after taking it. Just before going to bed is the right time.

With Clean Grass.

There is nothing better for collecting the dust in a carpet than clean grass. After mowing the lawn sprinkle the grass over the carpet, sweeping in the usual manner, and the damp grass will collect every particle of dust, leaving the carpet bright and clean.

Lemon Pudding.

Break an egg into a pudding basin and beat it lightly; add a tablespoonful of baking powder and three drops of lemon. Put a greased paper over the basin and steam for one hour. Serve with jam.

TIMBERLAND NOTICE.

United States Land Office, Lakeview, Oregon, August 15, 1907.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada and Washington Territory," as extended to all the public land states by act of August 4, 1892, Lewis E. McCulley, of Lakeview, county of Lake, state of Oregon, has filed in this office his sworn statement No. 3763, for the purchase of the NE 1/4 NW 1/4, SW 1/4 NW 1/4, of section No. 31, in township No. 40 S., range No. 22 E., W. M., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Register and Receiver at Lakeview, Oregon, on Thursday, the 17th day of October, 1907.

He names as witnesses: R. E. McCulley, E. M. McCulley, J. H. Turpin, S. P. Vernon, all of Lakeview, Oregon.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 17th day of October, 1907. J. N. Watson, Register.

The Publisher's Claims Sustained

UNITED STATES COURT OF CLAIMS

The Publishers of Webster's International Dictionary allege that it is, in fact, the popular Unabridged thoroughly re-edited in every detail, and vastly enriched in every part, with the purpose of adapting it to meet the larger and severer requirements of another generation.

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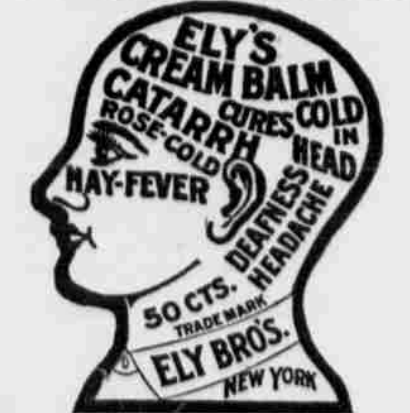
The Farmer's Wife

Is very careful about her churn. She scalds it thoroughly after using, and gives it a sun bath to sweeten it. She knows that if her churn is sour it will taint the butter that is made in it. The stomach is a churn. In the stomach and digestive and nutritive tracts are performed processes which are almost exactly like the churning of butter. Is it not apparent then that if this stomach-churn is foul it makes foul all which is put into it?

The foul of a foul stomach is not alone the bad taste in the mouth and the foul breath caused by it, but the corruption of the pure current of blood and the dissemination of disease throughout the body. Dr. Pierce's Golden Medical Discovery makes the sour and foul stomach sweet. It does for the stomach what the washing and sun bath do for the churn—absolutely removes every taint or corrupting element. In this way it cures blotches, pimples, eruptions, scrofulous swellings, sores, or open eating ulcers and all humors or diseases arising from bad blood. If you have bitter, nasty, foul taste in your mouth, coated tongue, foul breath, are weak and easily tired, feel depressed and despondent, have frequent headaches, dizzy attacks, gnawing or distressing indigestion, or dyspepsia and their attendant derangements.

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Timber Land Notice.

United States Land Office, Lakeview Oregon, July 23, 1907.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892, George S. Dowd, of Lakeview, county of Lake State of Oregon has this day filed in this office his sworn statement No. 3758 for the purchase of the SW 1/4 of Section No. 22 in Township No. 36 S. Range No. 19 E. W. M. and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Register and Receiver at Lakeview, Oregon, on Friday the 8th day of October, 1907.

He names as witnesses: Geo. R. Lynch, E. E. Rinehart, A. L. Goodman, Jennie Young, all of Lakeview Oregon.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 8th day of October, 1907. J. N. Watson, Register.

NOTICE.

Blue prints of any township in the Lakeview Land District can be had by applying to the undersigned. All work up to date. Checkings made from the Land Office Records at the time the prints are made, work neatly and promptly done.

W. B. Snider,

Lakeview Oregon.

TIMBERLAND NOTICE.

United States Land Office, Lakeview Oregon, July 19, 1907.

Notice is hereby given that in compliance with the provisions of the act of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada and Washington Territory," as extended to all the Public Land States by act of August 4, 1892, the following persons have filed in this office their sworn statements, to-wit:

Leo C. Emerson, of Lakeview county of Lake, state of Oregon, sworn statement No. 3747, for the purchase of the SE 1/4 NE 1/4 Sec 31 SE 1/4 NW 1/4 SW 1/4 NW 1/4 Sec 32, Tp 40, R 22, E. W. M. Mabel Emerson, of Lakeview, county of Lake, state of Oregon, Sworn statement No. 3750, for the purchase of the SW 1/4 SW 1/4 Sec 68 1/2 NW 1/4 & NW 1/4 Sec 8, Tp 40 S, R 22 E, W. M.

That they will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes and to establish their claim to said land before Register and Receiver, at Lakeview, Oregon, on Wednesday, the 9th day of October, 1907.

They name as witnesses: M. B. Musgrave, Rose Musgrave Arthur Robert Leo C. Emerson, Granville Hardisty, all of Lakeview Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 9th day of Oct. 1907. J. N. Watson, Register.

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