

OLD TIME COOKERY.

Some of the Culinary Capers of the Seventeenth Century.

In the early days of the seventeenth century gastronomy was truly a wonderful science if a little cookery book published in 1638 is any criterion, says the Chicago Tribune. The title it bears is "Murrell's Two Books of Cookerie and Carving. Printed for John Marriot, and are to be sold at his Shop in Saint Dunstan's Churchyard in Fleet-street. 1638."

To bake "red deer" you are directed to "Parboyle it, and presse it, and let it lye at night in Red-Wine and Vinegar; then Larde it Thicke, and season it with Pepper, Salt, Cloues, Mace, Nutmeg and Ginger, Bake it in a deepe Coffin of Rye-paste, with store of Butter; let it soake well.

"Leaue a vent-hole in your Pye, and when you draw it out of the Ouen put in melted Butter, Vinegar, Nutmeg, Ginger and a little Sugar; shake it well together and put it into the Ouen againe, and let it stand three or foure houres at the least to soake thorowly; when your Ouen is cold take it out and stop the hole with Butter."

Next is a heading, "Fritters on the Court Fashion:"

"Take the Curds of a Sackeposset, the yolkes of sixe Egges and the whites of two of them, fine flower, and make batter; season it with Nutmeg and a little Pepper, put in a little strong ale and warme milke; mingle all together and put them into Larde, neither too hot nor too cold. If your batter swim, it is in good temper."

A recipe "to make blancht Manchet in a Fryingpan" by its substitution of "Manchet" or fine bread for meat shows Chaucer's "blank-manger" on its way to become the modern blanchmange, though it is the fourteenth and not the seventeenth century form which has survived.

The recipe runs: "Take half-a-dozen Egges, halfe a pinte of sweet Creaeme, a penny manchett grated, a nutmeg grated, two Spoonefulls of Rosewater, two ounces of Sugar, worke all stiffe like a Pudding; then frye it like a Tansy in a little Fryingpan that it may be thicke; frye it browne and turne it out upon a plate.

"Cut it in quarters and serve it like a Pudding. Scrape on Sugar."

Planting a Rock.

Nasmyth, a landscape painter of repute, helped to compose some of the finest park and forest scenery in Great Britain. The estate of the Duke of Athol was disfigured by an unsightly crag, the rocks of which were inaccessible to climbers. Nasmyth determined to make a bold bid for success with a cannon which was at hand. By his advice tin canisters were prepared and loaded with tree seeds. Fired from the cannon's mouth, these novel shells burst against the face of the crag and scattered their fruitful contents among the rocky crevices. Nature carried on the work, and in the course of years those barren heights were clothed with trees of luxuriant growth. Nasmyth's son James, the Scottish astronomer, is said to have repeated the experiment with equal success.

Saved His Head.

One day a certain tyrannical king, says a Persian story, came alone without the city walls and saw a man sitting under a tree. The king asked, "The ruler of this kingdom, is he a tyrant or a just man?" The stranger replied, "A very great tyrant." The king said to the stranger, "Do you know me?" He said, "No." "I am the sultan of this kingdom," the monarch replied. The man was overcome with fear and asked, "Do you know me?" The king said, "No." He replied: "I am the son of a merchant, and every month I suffer three days' madness. This unfortunately happens to be the day before the three days." The king laughed "and had nothing at all further to say."

Converted.

Small Boy—What'll I do with this money box?
Mamma—Put it away, of course. It has a quarter in that your aunt gave you and some change your pa and I put in.
"Not now. There isn't any money in it now. I spent it."
"Spent it! What did you do that for?"
"Why, the minister preached so hard against hoarding up riches that I got converted and spent what I had."

The Young Doctor's Mistake.

When the old doctor went off on his vacation he left his practice in charge of his son, who had but few patients of his own. On his return the old man found the young doctor quite unhappy. Inquiries revealed the fact that business was very bad. There was nothing doing.

"But surely," exclaimed the astonished old doctor, "you must still have that cranky rich fossil around the corner to look after?"

"No; I cured him three days after you left home."

"What! You infernal fool! Why, I sent you through college on that case!"—New York Press.

Uses of Baking Soda.

A correspondent of Good House-keeping sums up the various uses of saleratus, or common baking soda, in a paragraph. It is a good tooth powder, sweetening the breath as well as cleansing the teeth. A pinch of soda in a glass of water will relieve nausea. A handful of soda in the footbath, filled with hot water, will relieve aching feet and help a headache, and a spoonful in the water in which the face is washed will remove the dust of travel. Wet soda will also dissolve blackheads.

A Mean Trick.

Mrs. Gabbie—No, indeed; I don't have that woman doctor any more.

Mrs. Ascum—Why, I thought you liked her.

Mrs. Gabbie—Oh, she got to be hateful. She used to keep the thermometer in my mouth nearly all the time so that I couldn't say a word, while she monopolized the conversation.—Philadelphia Press.

A Changed Man.

"Where is the dashing boarder who used to be the life of the table when I was here before, Mrs. Livermore?" asked an old patron of the house, addressing the landlady.

"I married him," was the quiet reply.

"Indeed! He was one of the sprightliest fellows I ever met; always bubbling over with spirits and chockful of stories. He's away from home, I suppose? I haven't seen him since I returned."

"He's at home; he has never been away."

"Indeed! Where is he, then?"

"There he is at the end of the table."

"What, that quiet, subdued looking man?"

"Yes, sir" (significantly).

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The total loss to the timber owners of Maine by the forest fires of last spring was \$1,041,210, the estimated value of the timber destroyed on 277,495 acres, over which the fires raged, or about 2 per cent of the wooded area of the state.

Try for Health

222 South Peoria St.,
Chicago, Ill., Oct. 7, 1902.

Eight months ago I was so ill that I was compelled to lie or sit down nearly all the time. My stomach was so weak and upset that I could keep nothing on it and I vomited frequently. I could not urinate without great pain and I coughed so much that my throat and lungs were raw and sore. The doctors pronounced it Bright's disease and others said it was consumption. It mattered little to me what they called it and I had no desire to live. A sister visited me from St. Louis and asked me if I had ever tried Wine of Cardui. I told her I had not and she bought a bottle. I believe that it saved my life. I believe many women could save much suffering if they but knew of its value.

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