



Mr. and Mrs. Al Yankus spent Christmas in Portland with their son-in-law and daughter, Mr. and Mrs. James Bryan. Other guests were their son and daughter-in-law, Mr. and Mrs. Alan Yankus from Seaside.

Mr. and Mrs. Donald Jenkins and Sally had as their guests Christmas day Mr. and Mrs. Roger Neustadter and Eric of Beaverton, Mrs. Loretta Jayes of Salem and Mr. and Mrs. Dennis Jenkins and Melissa.

Christmas guests at the home of Mr. and Mrs. Lowell Cree were all of their family, Mr. and Mrs. Gordon McMorris from Oregon City, Mr. and Mrs. Fred Alban II and Danelle from Tigard, Mr. and Mrs. Donald Cree, Anthony and Andrew, Mr. and Mrs. William McClintock, Sue and Mark, Mrs. J. C. Dickinson and Ronald Ragsdale from Portland.

Among those attending the "Nutmegger Suite" at Willamette U. on Friday evening were Mrs. Cecil Lake, Mrs. Elsie Allen, Mrs. Edith Mason, Mrs. Leora Stevens from Lyons, Mrs. Nell DeWitt, Mrs. Jennie Cauble and Mrs. Doris Rogers from Gates.

Pharmacy Topics.

By Frank Stromquist

*The Framingham, Mass., Heart Study has determined that normal coffee intake (four cups a day) is not associated with coronary heart disease. The just-released report contradicts some Boston Collaborative Drug Surveillance Team work, which showed a link between coffee drinking and heart attacks. The Framingham survey covered 12 years of observing nearly 5,000 people none of whom had heart disease when the study began. That's an important point, Dr. Thomas R. Dawber says: This finding doesn't necessarily apply to coffee-drinking effects on people who already have coronary artery dysfunction.

*American mothers who start their infants on baby food too early may be contributing to obesity and degenerative diseases later in their children's lives, some researchers are claiming. A study by the Johns Hopkins School of Hygiene and Public Health suggests that premature introduction of infant foods appears to be a critical factor in excessive nutrient intake. Young mothers often try to feed babies solid food within a week after birth, but that's wrong, researcher Dr. David M. Paige says. The nutritional needs of an infant—even at the age of two months—are adequately met through formula, breast milk, or the udder kind.

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Visiting at the home of Mr. and Mrs. Ollie Muise from Monday until Thursday were his parents, Mr. and Mrs. Joe Muise from Port Orchard, Wash.

Mr. and Mrs. William McClintock, Sue and Mark spent Christmas eve in Portland at the home of their son-in-law and daughter, Mr. and Mrs. Fred Alban, II, and Danelle. Other guests were Fred's grandmother, Mrs. Charles Alban from Aumsville, his father, Wayne Alban from Stayton, his mother, Mrs. Frances Alban from Bend and his brother, Mitchell Alban from Salem.

Christmas day guests at the home of Mr. and Mrs. George Long, Mike, Linda, Kevin and Jerry, were Mr. and Mrs. Dennis Mahlum, David and Angie of Salem, Mr. and Mrs. Robert Herring and Mrs. John Roshak and Marc, all of Newberg.

Mrs. Donald Cree also celebrated her birthday which is Dec. 28, Christmas afternoon at the Lowell Cree home, while the family was all together.

Guests on Christmas day at the home of Mrs. Elsie Allen were her brother and his family, Mr. and Mrs. Hans Plambeck from Corvallis. Mr. Plambeck is a professor at OSU.

Spending the Christmas holidays in Mill City and Lyons with their parents, Otto Witt and Mr. and Mrs. Floyd Bassett, were Mr. and Mrs. Dale Bassett and family from Longview, Wash.

The poem in the Enterprise last week, which was dedicated to Postmaster Kelly, was enclosed in his Christmas card from Barney and Jean Scott.

The Vernon Todds of Aumsville and the Frank Smiths of Forest Grove, all former residents here, were invited to a buffet supper at the Charles Kelly's Saturday night.



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Mr. and Mrs. Morris Howe spent Tues., Wed. and Thurs. in Salem at the home of their son, Bill Howe and his family. Both Mr. and Mrs. Howe are ill.

Cathy Golden spent part of her Christmas vacation at Turner with her aunt, Mrs. Donna Adkins, and her cousin, Diane, Randy and Ronnie Adkins of Turner visited their cousin Mike Golden, and his uncle and aunt, Mr. and Mrs. Leroy Golden.

Mr. and Mrs. Ervin Peterson spent from December 23 to the 26th in Portland at the home of her daughter, Mr. and Mrs. Alvin Bueneman and twin sons, Robin and Ronald. Joining the family for Christmas dinner were Mr. and Mrs. Fred Bowen and Mr. and Mrs. Mark Aleksich and Holly from Portland.

John MacGregor fell and broke his arm on the paved driveway of his home about a week or ten days ago while helping Lee Bodeker get a motorcycle started. He has the arm in a cast to the elbow, but didn't go to the doctor until the next day. At the time, he had a few days off from his position at Detroit Dam.

Christmas dinner guests at the home of Mr. and Mrs. Charles Golden, Cathy, Debbie and Mike were Mr. and Mrs. William Lensman from Stayton and Mr. and Mrs. Clyde Golden of Mill City.

The Mill City AARP club installed their new officers for 1975 at the Eagles Hall Friday afternoon. Installed were Percy Mulligan, president; Chester Royce, vice president; Evelyn Pförtner, secretary and Ervin Peterson, treasurer. Bill Beyer is the outgoing president. Following the installation, the group held their Christmas party and gift exchange and played games. Coffee and cookies were served.

Singing a duet, "The Holy City," during services at the Presbyterian Church Sunday morning, Dec. 29, were Miss Mary Gay ReMine and her mother, Mrs. Shields ReMine. They were accompanied at the electric organ by Mrs. Donald Sheythe.

Danny Golden, son of Mr. and Mrs. Gerald Golden has been confined to his home with pneumonia.

Mr. and Mrs. Floyd Johnson from Gates spent Friday evening at the home of Mr. and Mrs. Ervin Peterson.

Mr. and Mrs. Frank Smith of Forest Grove, who recently returned from a six weeks' trip visiting relatives in Colorado, New Mexico and California, spent several days here at the home of his sister, Miss Alice Smith. They also visited the families of their two daughters in Salem. Dec. 26 was Mr. Smith's birthday.

Mr. and Mrs. Donald Carlson and her father, Fred Jacobson and Mr. and Mrs. Wallace Bevier spent Christmas day in Salem at the home of Mr. and Mrs. James Bevier, Sharon and Julie. Others present were Mr. and Mrs. Gary Bevier, Shannon and Jeff of Roseburg, Sharon, Julie, Shannon and Jeff all returned to Mill City with their grandparents, Mr. and Mrs. Wallace Bevier. The children spent their time visiting at the Bevier and Carlson homes and Saturday morning the Carlsons took the children back to Salem to the James Bevier home.

Miss Jennie Chance, who attends Arizona State University at Tempe, is spending the holidays with her folks, Mr. and Mrs. Vern Rush.

Christmas dinner guests at the home of Mr. and Mrs. Eddie Stone were Mr. and Mrs. Cecil Lake and Mr. and Mrs. Louis Setzer, Eddie and Grady.

Mrs. Shirley Laird spent the Christmas holiday with relatives in Rainier and Vernonia, Ore., as well as with her mother and husband, Mr. and Mrs. Don Clark, here.

Mrs. James Bevier, Sharon and Julie from Salem spent Christmas Eve in Mill City and attended the candlelight services at the Presbyterian Church with her parents, Mr. and Mrs. Donald Carlson.

Overnight guests at the home of Mr. and Mrs. Cecil Lake last Tuesday were Mr. and Mrs. Terry Coryell and Allison from Beaverton. They were on their way to Black Butte where they spent Christmas. They stopped briefly at the Lake home on their return trip home on Thursday.

Mr. and Mrs. Lowell Cree visited her brother and sister-in-law, Mr. and Mrs. Wade Dickinson in Salem on Friday

Christmas dinner guests at the home of Mr. and Mrs. Elmer Shaw were their twin daughters and their families, Mr. and Mrs. Donald Andrews, Denise, DiAnna, and Mike from North Bend and Mr. and Mrs. Bud Bilyeu and family and Mrs. Ann Holman. In the afternoon Mr. and Mrs. Verne Shaw and Skye and Mr. and Mrs. Craig Shaw from Sweet Home joined the group. Mr. and Mrs. Andrews and family left for their home Christmas afternoon. They arrived in Mill City Dec. 20.

Spending the Christmas holidays at the home of Mrs. Paula Smith and Douglas are her three older sons, Tony Grant who attends OIT at Klamath Falls, Dale Grant from SOC at Ashland and Jerry Grant from OSU at Corvallis. Joining the group for Christmas Eve were her parents, Mr. and Mrs. Cloyd Cox. All were Christmas dinner guests at the Cox home.

Mr. and Mrs. Kenneth Weathers and children from Dexter spent Christmas day at the home of her mother, Mrs. Florence Timm. They also visited at the homes of her two sisters and their families, Mr. and Mrs. Ollie Muise and Mr. and Mrs. Floyd Blackburn.

Christmas dinner guests at the home of Mr. and Mrs. Ollie Muise were his parents, Mr. and Mrs. Joe Muise from Port Orchard, Wash.; their son, Mr. and Mrs. Alan Muise and Steven from Corvallis. Mr. and Mrs. Richard Kenline and Oliver and Denise and Janice Muise. Mrs. Muise's mother, Mrs. Florence Timm, spent Christmas Eve at the Muise home.

Mr. and Mrs. Richard Freeman, Esther and Paul attended the wedding of Karen Moore of Portland and Tom Sherwood of Torrence, Calif., Saturday evening at the St. John's Christian Church in Portland. Karen is the daughter of Mr. and Mrs. Robert Moore of Portland and formerly of Mill City, Lyons and Idanha. From Portland they went to Kelso where they spent the night with Mrs. Freeman's parents, Mr. and Mrs. Ernest Preston Sunday. Esther attended a "Y" camp reunion.

Christmas Eve guests at the home of Mr. and Mrs. Richard Freeman were Mr. and Mrs. Larry Plotts, Sr. and Mrs. Gloria Knott. The hostess served the traditional oyster stew.

Mr. and Mrs. Earl Loueks went to Salem for Christmas dinner at the home of their daughter, Mr. and Mrs. Don Porter, Lisa, Lance and Lindy. Also present was another daughter, Mr. and Mrs. Don Limbocker, Holly and Shawn from Sun River.

Dinner guests at the home of Mr. and Mrs. Richard Freeman Christmas were Mr. and Mrs. Ron Baar and Tara and Pat Westma from Beaverton, Mr. and Mrs. Henry Peterson, Mr. and Mrs. Charley Day, Mrs. Gloria Knott, Esther and Paul Freeman.

Visiting from Saturday until Monday at the home of his parents and with other Mill City relatives were T/Sgt. and Mrs. David Golden, Merissa and Ron from McCord AFB at Tacoma, Wash.

GATES

Joyce Presler — 897-2707

G. J. and Margaret Geston enjoyed Christmas dinner with Mabel Devine and Ray White on Dec. 25.

Guests at the home of Ed and Doramae Kadin were Mr. and Mrs. Earl Conn and their three children, Carl, Carman and Alla, who arrived on Dec. 26 from Fairbanks, Alaska. They stayed until the 28th or 29.

Spending Christmas Eve with Glen and Lola Henness were their sons and families, Earl and Gerri Henness, Jill and Mark from Beaverton, Keith and Doris Henness, Terry and Ronnie from Albany, Terry's fiance Larry Kennedy, also of Albany, Clare and Norma Henness, Gary and Susan and exchange student, Pedro Galveas, and Frank and Candy Tuers and Scott from Gladstone. An enjoyable evening was spent with Earl Henness surprising everyone by playing Santa Claus, to the delight of both the adults and children.

Christmas day for Ed and Doramae Kadin was spent in Portland with their daughter and family, Henry and Judy Kellan.

Clare and Margaret Rush drove to Salem on Christmas Eve to spend the evening with their son Lyle and his family. A highlight of the evening was the appearance of Santa Claus played by their granddaughter Diane's husband, Kent.

Guests for Christmas with Doris Rogers were Jenny Cauble and Katy Ewell. Christmas day guests at the home of Clare and Margaret Rush were their son, Mr. and Mrs. Bill Rush, and son, Steve, from Corvallis.

Velma Carey traveled to Milwaukie to spend the holidays with her son Eugene and Naomi Carey and their family. She left on Monday, Dec. 23, and returned on Sunday, December 29.

Doris Rogers received a visit from her brother, Edward Rogers, on Tuesday, Dec. 24. He arrived recently from Boulder City, Nev. with his wife and is staying in Seio. A long visit was enjoyed by both over lunch.

Arriving to spend Christmas day with Harold and Mary Wilson were Mr. and Mrs. Robert Wilson and son Rory of Portland. Later for dessert, Don and Helen Carey, Steven and Tommy arrived from Stayton, and Jon and Kimberly Carey arrived from Salem.

In the good deeds category, Mary Stafford spent Tuesday before Christmas preparing food and delivering it to shut-ins; and Mrs. Sanders and Ruth Wirth from the Community Action Center instigated the installing of insulation for the winter at the home of Mrs. Shirley Stewart by Santiam Insulation as a Christmas gift. A special thanks goes to these people from the community.

Ray and Joyce Presler spent part of Christmas visiting Ray's mother, Mrs. Lorraine Presler in McMinnville.

Mary Stafford reported that her brother, Louis, encountered 6" of snow on the Gates Hill Road when they came for Christmas on Wednesday. After the snowfall last night (Thursday) there is about 8". Thought for the Day: Good words cost nothing, but are worth much.

Riddle of the week: When are the eyes not eyes? When the wind makes them water.

May the 1975 year bring you and your loved ones all the joy and happiness you could wish for... Happy New Year!

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Pillow Case	Free	Free	Free
3 Piece Bath Towel Set	Free	Free	Free
Blanket	\$ 5	\$ 3	Free
Comforter	\$ 5	\$ 3	Free
Set of Twin Sheets	\$10	\$ 5	Free
Set of Full Sheets	\$10	\$ 5	Free
5-Piece Bath Towel Set	\$10	\$ 5	Free
Set of King Size Sheets	\$15	\$10	\$5
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HOURS — TUESDAYS and FRIDAYS 9:00 A.M. to 8:00 P.M.

Beginning—FRIDAY, JANUARY 3, 1975

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