



**Bill Briney returned to his home at Longview, Wn., after spending a month at the home of his uncle and aunt, Mr. and Mrs. Richard Freeman. He spent his time picking beans while he was here.**

**Monday Dick Freeman and family spent the day at the home of his cousins, Mr. and Mrs. Mike Cash and family.**

**Dinner guests Sunday at the home of Mr. and Mrs. Bill Shepherd were Bertie Bates from Scio, and Mr. and Mrs. Ralph Smith and Bob from Albany, Dennis Morley from Silverton and Mr. and Mrs. Milton Roten, Barbara and Bob from Lyons.**

**Monday evening Floyd Shepherd was surprised on his birthday when Mr. and Mrs. Larry Plotts, Sr. and Mr. and Mrs. Dick Freeman called with a birthday cake and ice cream.**

**Mr. and Mrs. Al Yankus and her brother-in-law and sister, Mr. and Mrs. C. C. Donaldson of Hood River, spent the weekend at Ruskin, B. C., where they visited Mr. and Mrs. Charlie Thomas. Mr. Thomas is a brother of the two women. Mrs. Yankus hadn't seen her brother for three years. On their return trip Monday they visited their niece, Mrs. Al Brumett and children at Tacoma.**

**Mrs. Marie Skidmore of Colville, Wn., has been spending several days at the home of her sister, Mrs. Steve Champ. She returned to her home Thursday.**

**George Gillenwater of Gold Beach spent the past week at the home of Mr. and Mrs. James Swan. Sunday visitors at the Swan home were Mr. and Mrs. Bill Gillenwater of Bend, and Mr. and Mrs. Ronald Phelps and Rhonda of Salem.**

**Mr. and Mrs. Jim Rose and son, Jimmy spent Labor Day visiting Mr. and Mrs. Art Robison. On the way home they ran into several rain showers but they were light.**

**Mr. and Mrs. Kirk Wirick and five children from Newport, spent last week at the home of her parents, Mr. and Mrs. Louis Verbeck. They attended the state fair one day.**

**Bertie Bates of Stayton spent Sunday at the home of his brother-in-law and sister, Mr. and Mrs. Floyd Shepherd.**

**Holly, Rickie and Merry Verbeck from Tangent spent Saturday night and Sunday at the home of their grandparents, Mr. and Mrs. Louis Verbeck. They are the children of Mr. and Mrs. Richard Verbeck.**

**Miss Claudia Budlong from Eugene spent the Labor Day weekend at the home of her parents, Mr. and Mrs. Ralph Budlong and Linda.**

**Studio of Hair Design in Mill City specializes in hair cutting. Open Wednesday through Saturday from 9 a. m. to 5 p. m. Betty Klutke, owner. Phone 897-2100 36f.**

**Paul Freeman spent two weeks in Washington. One week he visited his grandparents, Mr. and Mrs. Earnest Preston and one week he attended the YMCA camp at Spirit Lake where his aunt, Mrs. Ralph Briney is a cook.**

**Thursday guests at the home of Mr. and Mrs. Louis Verbeck were her mother, Mrs. Josie Mires from Silverton and her brother and family, Mr. and Mrs. Harold Mires from Cloverdale, Cal.**

**Mrs. Golda Martens is recuperating at home following an auto accident last week. She spent several days at Santiam Memorial hospital.**

**The Round Robin pinocle club will have their first meeting of the fall at the home of Mrs. Jay Mason in Salem. Any member unable to attend may contact Goldie Rambo, who was scheduled to have the first party. She will have the October 2 party.**

**Mr. and Mrs. Ralph Thompson and small daughter from California are visiting with his parents, Mr. and Mrs. Archie Thompson. Mrs. Thompson and daughter also visited in Washington state with her mother.**

**Gene Boggman is confined at the Veteran's Hospital in Portland. Coming from Detroit-Idanha area, he operates Gene's Barber Shop in the Bank Cafe building. Mrs. Boggman is employed at the Cedars in Detroit.**

**GARAGE SALE. Miscellaneous items. Friday and Saturday, September 8 and 9. Mrs. Jesse Haywood, 521 N. W. Alder, Mill City. 36**

**Mr. and Mrs. Dellis Hince and family have moved to Grants Pass where he has secured employment.**

**The Mill City Garden club will meet Thursday for a 1 o'clock dessert luncheon at the home of Mrs. O. K. DeWitt. Co-hostesses will be Mrs. Charlie French, Mrs. Hollis Turnidge and Mrs. Lowell Cree. Anyone interested in the Garden club is welcome to attend.**

**Mr. and Mrs. Merle E. Gar-ton spent the Labor Day weekend in Seattle visiting her sister and brother-in-law.**

**Mr. and Mrs. Ralph Jull and children from Eugene spent the weekend in Mill City visiting relatives and friends.**

**Mrs. Gary Peterson underwent major surgery one day last week and is expected to return to her home Tuesday.**

**Mrs. Wilbur Harlan is now employed at a store in Salem.**

**My Neighbors**



**"Would you excuse me—I have to catch a plane."**

### Tom Drynan Gets Promotion

Tom Drynan, who has served as game officer here for a number of years, received word this week that he has been promoted to corporal.

He will be in charge of the state police office in Mill City and will be assisted by Officer Glen Bigness. Coming from McMinnville the middle of September will be Barry Drake, who has been with the state police in that area. He will serve as the new game officer.

### Change Made in Payment Time for Social Security

Over 23 million social security beneficiaries who normally find their monthly checks in their post box on the 3rd of every month will no longer have to wait until the next day when the 3rd falls on a holiday or Sunday.

Commissioner of Social Security Robert M. Ball announced today that starting with the upcoming Labor Day weekend social security checks will be dated in advance and delivered to the post office early when the 3rd falls on a Sunday as it does in September of this year, or on a holiday.

"Most beneficiaries" he said, "will receive their social security benefit payments for the month of August by Saturday, September 2, rather than Tuesday, September 5, as they would have under the old procedure."

Social security checks are issued on the 3rd of the month under an arrangement to stagger the issuance of monthly checks from various Federal agencies, so that post offices, the Treasury, and banks will not be overburdened at any one time of the month.

Explaining the reason for the change, Ball said, "Since these monthly checks are the only source of income for many beneficiaries, even a few days delay can be serious, and this new procedure will eliminate any possible delay."

The new procedure will be used for the second time in December when the 3rd again falls on a Sunday.

The social security district office is located at 702 Church St. N. E., Salem. The zip code is 97308 and the telephone number is 585-1793. That office is open Monday through Friday from 8:30 a. m. to 4:30 p. m. The office is also open each Monday evening until 7:30 for the convenience of those who cannot come in during regular hours.

Many of us think non-profit Goodwill is only an agency to give jobs to handicapped people. Not so. The disadvantaged people served by Goodwill are given training to fit them for jobs in normal commerce and industry. They work they learn in an on-the-job training situation, earning their living as they train. Please support your Goodwill.

### Time To Check Hearts and Guns

By Milt Guymon

Getting restless? Is the urge to be on the move getting to you? Now this could be caused by the August doldrums, but the symptoms indicate otherwise.

Frequent trips to the gun cabinet, a drop of oil on the bolt of "Old Betsy", a loving pat on the double-barrel, or perhaps a fast swing or point at the buck rack above the fireplace to test rusty reflexes all point to an anxiety problem.

The fall hunting seasons are almost with us.

There is no doubt that a careful check of all hunting equipment — guns, boots, knives, cooking stove, bedroll, tent — is good assurance for a successful season. Most important to the hunter is to check that rifle or shotgun to see that there are no malfunctions. A little range practice will sharpen the eye and get you into the habit of squeezing the trigger instead of giving an excited jerk. Popping a few clay pigeons, or some tossed tin cans if you have nothing else, will bring back the feel of swing and follow through, key factors in upland bird and waterfowl shooting.

Now that you're underway here, how about you own physical condition for the rigorous days ahead. Few hunters actually bother with a year-around physical fitness program. After a long layoff, reconditioning is essential if the hunter is to withstand the strains of a rugged hunting experience.

Most important is your heart. Dormant muscles may ache and weak lungs may gasp in protest, but they will recover in time. But a tired heart called upon to do double duty is another matter. It can be fatal.

Statistics on hunting fatalities each year tell the story, which shows heart attack victims make up a considerable percentage of the tally. Many of these could be avoided had the victim given as much attention to his heart as he did his equipment.

Basic, of course, is to see your physician for a complete physical checkup. Even if he gives you a clean bill of health, don't pass up the second basic step — exercise.

You can do this at home, but the smart hunter will get into the field now, walking, climbing. In addition to the exercise you will pick up valuable information on the daily habits of game you will be hunting later on. But, regardless of how you do it, the main point is to exercise.

There are other precautions, especially if you're over 40 & what muscle you once carried so proudly has slipped toward the middle and become excess weight. Don't be too proud to ask for help in dragging out your deer. If you have a heart condition, let someone else do it.

If you do have a skippy ticker, never hunt alone. Take your hunting companion into your confidence about your heart condition. Let him know what to do in case of emergency. Get plenty of rest. Carry as little weight in clothing and equipment as possible. Don't be uncomfortable, but don't overload.

Remember, it's your ticker. It's the only one you've got, and it's not guaranteed to run indefinitely.

Goodwill Industries is a non-profit program offering vocational rehabilitation service to handicapped people. These are men and women who otherwise are not given a chance in our society. They're often rejected for jobs if a non-handicapped person applies at the same time. But, at Goodwill the handicapped are welcome, because to help them is why Goodwill exists. So when you give to Goodwill you know you're supporting a worthy cause.

### Too Late to Classify

FOR SALE—1955 Chevrolet in good condition. Stick shift. Phone 769-5996. 38

### Marilyn Chapter 145 OES To Meet Sept. 11

Marilyn Chapter No. 145 will resume the regular meetings next Monday, September 11 at 8 p. m. at the IOOF hall. Mable Yankus, associate matron and Al Yankus, associate patron will preside due to the absence of Odette Chudzinski and Steve Chudzinski, worthy matron and worthy patron, who are in the process of moving to Sacramento where they will make their home.

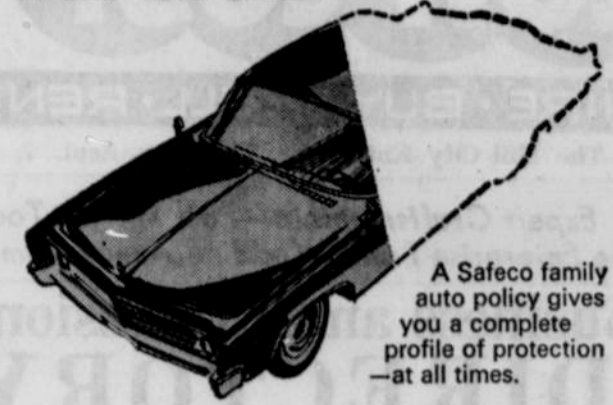
### Reception To Honor New Pastor and Family

Rev. and Mrs. Charles E. Fultz and three children will be honored at a reception on Sunday, September 11, from 3:30 to 5:30 p. m. in the church social rooms.

Rev. Fultz and his family arrived in Mill City Saturday afternoon from Paradise, Cal. and he started his pastorate at the Mill City Christian church Sunday morning.

The public is cordially invited to the reception to meet the Fultz family.

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# Thank You

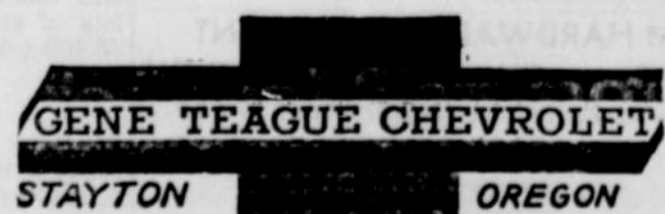
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