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Woman's Page

Goldie Rambo, Woman's Page Editor, Phone 897-2772

Extension Unit To Hold Meet. Sept. 28

GATES—The first fall meeting of the Santiam Canyon Extension unit will be a morning meeting, Thursday, September 28, which will start at 10 o'clock in the Gates clubhouse. Project leaders for the coming year will be appointed, and members for committees selected. Coffee will be served, but there will not be any pot luck dinner at noon, as this is a short meeting. Mrs. Toni Thomas will be present and will enlist volunteers to serve in the newly created Santiam library. The topic for the October meeting will be "Vegetables." All ladies and homemakers in this and the Mill City area, are invited to join the Santiam Canyon unit, and visitors are always welcome.

The 1961-62 projects will all be of interest and a good social time is expected. Meetings are always held on the 4th Thursday in each month.

Mill City Cheerettes Entertained at Ercill Wilson Home

Mrs. Ercill Wilson entertained a group of Cheerettes who have been working at Santiam Memorial Hospital at a morning coffee at her home Tuesday.

Those attending from this area were Helen Kimmel, Lettie Swan, Sylvia Hayes, Shirley Laird, Roz ReMine, Charlene Cooper, Alta Moffatt, Margaret Boroughs, Ann Primeau.

Mrs. Wilson is co-chairman of the Cheerette program and said she would like to see more volunteers from this area. At present most of the women work one day a month at the hospital, with the exception of Mrs. Hayes who has been working there every Sunday during the summer.

The Cheerettes relieve Nurses Aides and other members of the hospital staff in some of the routine duties. They check in visitors, deliver flowers and mail, write letters if patients desire and other varied jobs.

Woman's Club Installs Officers At Tuesday Meeting

New officers were installed at the September 19 meeting of the Mill City Woman's club when that group met at the old Gates school house. Purpose of having the meeting there was so that members could view the recently formed Santiam library. Club members will have charge of the library Mondays and Thursdays during the month of October.

Installed as president was Edith Mason; first vice-president, Nadine Duggan; second vice-president Elaine Russell was unable to be present; Corresponding secretary, Daisy Geddes; Secretary, Helen Kimmel; treasurer, Jesse Bodeker. Tearly Muir was elected as a member of the finance committee. Other members are Goldie Rambo and Agnes Carlson.

An invitation was read to attend meetings of the Salem Women's Club on October 13 and October 27.

Projects undertaken last year were reviewed and plans discussed for this year's program.

Main project of the club is the active sponsorship of the Mill City Campfire Girls. They assist the girls financially and individual club members act as sponsors. Serving as sponsors this year will be Sylvia Duncan, Goldie Rambo, Ann Primeau, Elaine Russell and Jesse Bodeker.

The club also assists with the youth center in the city park, aids American Field service program, Children's Farm Home at Corvallis and other civic and charitable drives.

It was voted to again have the club name and meeting time on the Lions Club calendar.

The next meeting of the club will be October 17 at the home of Dora Rogers with Goldie Rambo and Lettie Swan as refreshment hostesses.

Serving at Tuesday night's meeting were Edith Mason and Agnes DePrates.

Campfire Girls Meet At Heller Home

The Minne-ha-ha Campfire girls held their first meeting of the fall at the home of their leader, Mrs. Wendell Heller.

Officers for the first term were elected with Susie Duebar to serve as president; Susanne Heller as secretary and Pat Nixon as treasurer.

The girls welcomed Pat back into their group. She had been a member for part of the time last year but the family moved to California, returning recently.

Projects for the year were discussed with the girls deciding to make favors for hospital trays at various times during the year. They also will do some work in mosaic tile as Mrs. Heller received instruction in that craft during the summer.

Rynearsons Given Farewell Party

GATES—Mr. and Mrs. L. L. Rynearson were honored with a farewell party Friday evening in the Gates clubhouse, given by members of the fire department and their wives. Rynearson had been a most active member of the Gates Fire Department for several years.

Mr. and Mrs. Bob Oliver, Mr. and Mrs. Elmer Klutke, and Mr. and Mrs. Bob Kelle were the committee in charge of the pot luck buffet dinner party which started at 8 p. m., followed by dancing. Rynearson was presented with a transistor radio as a parting gift from the department here. About 18 couples attended the affair.

Honored On 40th Wedding Anniversary

GATES—Mr. and Mrs. Clare Rush were the honored 'guests' at their home Sunday, when their sons and families arrived with a bountiful dinner and a specially decorated cake, and the daughter-in-laws took complete charge of the kitchen, dining room and decorations for a special occasion—the 40th wedding anniversary of Clare and Margaret, which falls on September 20. While preparations were in progress the grandparents and the five children took a walk in the woods, gathering many "souvenirs" children love, and returned to find everything in readiness for the family dinner, and a surprise gift of a set of silverware!

Present were Mr. and Mrs. Lyle Rush and three children, of Salem, and Mr. and Mrs. William Rush and children of Corvallis. Bill Rush took pictures throughout the day.

Rebekahs Make Visit To Salem Lodge

Several members of Santiam Rebekah lodge were in Salem Monday evening to visit Salem Rebekah Lodge No. 1 when Cleone Applegate, president of the Rebekah Assembly of Oregon paid her official visit.

Mrs. Applegate, who is from Central Point, will visit Santiam lodge January 17. She will also be present for District Convention in Lyons February 17.

Attending Monday evening's meeting from here were Ann Primeau, Gladys Mason, Lettie Swan, Blanche Syverson, Daisy Geddes, Ida Fleetwood, Toni Thomas, Dorothy Vail and Margaret McWhirk. They were joined by another member of Santiam, Mae Mason of Salem.

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✓ Furnace Motor	✓ Stereo Set
✓ Vent Fan	✓ Roaster
✓ Coffee Maker	✓ Food Mixer
✓ Fry Pan	✓ Electric Blankets—2
✓ Waffle Iron	✓ Portable Fans—3
✓ Air Conditioner	✓ Toaster
✓ Power Tools	✓ Sandwich Grill
✓ Blender	✓ Heating Pad
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✓ Clocks—2	

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These picnic foods: Relished grilled hot dogs and cold cuts along with lemonade and fresh fruit minimize risk of food poisoning. More dangerous foods for picnics include: deviled eggs, meat mixtures for sandwiches, chicken, cream pies.

Apple cider tastes good and is easy to make. Directions for a simple apple press are available at the County Extension office. Ask for "Fruit and

RAMBO'S RAMBLINGS

By Goldie Rambo

Have you ever gone to Church and thought the minister must be speaking directly to you? Such was the case Sunday when Dick Cole delivered an interesting message on the futility—and actual physical drain on one's system that can be caused by worry—at which I have always been pretty good.

Some of you may not believe it—but I really have overcome a lot of it—I suppose it was bound to get better!

As he said its easy to tell some one not to worry—but there isn't just some little button that will turn it on and off—if we could just take it from day to day.

One thing, I think insomniacs like myself—have a field day, or night—as somehow troubles seem magnified at night—and it can be a real detriment to relaxing.

I ran across an article written by Norman Vincent Peale, that is certainly good advice and I would like to pass it on—maybe it can help someone with their problems.

"Don't panic—never tense up in the presence of a problem because if you do panic you will not be able to think soundly. Emphasize calm thoughts and you can obtain an emotionally controlled state.

Don't act overwhelmed by the problem and don't be dramatic about it. Cut the situation down to size; don't build it up in thoughts or words.

Don't waste time with regrets. Don't ask, "Why did I ever get into this?" Just take it from where you are.

Think in terms of solution rather than problem and then seek a solution, not for the whole problem but the next step. Take it a step at a time.

Pears should be canned when under ripe for eating. The pear should be green except the pores which are showing a tinge of yellow.

The wedding took place at Winnemucca, Nev., at the Community Methodist church on September 2 with Rev. C. R. Silverstein officiating.

The bridal couple was accompanied by her parents, who came for the wedding. They are now at home at 3202 Bluff St., Salem, and are attending Willamette University where they both are seniors.

John Lengacher and Miss Judy Jones Wed

LYONS—Mr. and Mrs. John Lengacher are announcing the recent marriage of their son, John, to Miss Judy Jones of Kingfisher, Okla., daughter of Mr. and Mrs. Jess Jones of that city.

Always remember to ask yourself this basic question. "What is the RIGHT thing to do?"

And, lastly, never give up. Keep at it. Keep believing, keep thinking until the answer comes. Remember the darkest hour is just before dawn".

I think we all have imaginary problems—and then when something really hits us—it wasn't what we were worrying about at all. Don't we have a habit of thinking too much about ourselves—just another form of egotism.

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