

**THE MILL CITY ENTERPRISE**

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**DON W. MOFFATT, Editor-Publisher**

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**Mehama Girl Is Runner-Up In Santiam Farmers Co-Op Essay Contest**

In a contest on "How Our Cooperatives Help Our Community" Lovena Hesel, daughter of Mr. and Mrs. Wesley Hesel, Mehama, was runner-up, according to Leo A. Whiting, manager of the firm at Stayton. First place went to William Elbert of St. Boniface high school.

Following is Miss Hesel's essay:  
 "Together we stand; divided we fall." Twenty-eight poor workmen, over a hundred years ago, realized the great truth in this statement as they pooled their meager savings to open a store in Rochdale, England. Their total capital was \$140—not much—but a beginning. Within eleven years their capital, membership and business had expanded to such a degree that they had control of their own mills and a shoe factory so that they could manufacture their own products to sell in the store. This signifies the humble beginning of the co-operative movement which has grown and developed into the vast system that we know in the United States today.

The co-operative movement has spread to include a wide variety of businesses; co-ops serve the marketer as well as the consumer. A few of the areas in which co-ops have been successfully established are: farming and fruit growing, manufacturing and petroleum production. In our own community we have several co-operatives, two of which are the Santiam Farmer's Co-op and the People's Telephone Co-op. We, the people, are the individuals who reap the benefits from the services of these organizations. Benefits to the individual are made possible in many cases by doing away with the middleman's profit. Consumers of co-op goods do not purchase their supplies at wholesale prices, however at the end of the year, if a profit has been made, the savings are returned to the consumer in proportion to his patronage. What could be more democratic!

When the co-ops were first organized, one of two reasons for their existence was to give the consumer more for his money. The other reason was to help the producer "sell at the best prices and to forward goods to the market which offered the best prices." without co-operating, producers (especially farmers) are at the mercy of the consumers. They have no certainty of a market or a fair price for their produce because, unlike industry, their goods are usually perishable and cannot be held back from the market until prices are more favorable. Besides assuring the

producer of a good price for his produce, the co-op benefits the processor by enabling him to buy large quantities of the farmer's produce in one lump sum. Therefore, the co-op aids both the producer and the buyer or processor.

One man by himself couldn't do this; it is only through organization and working together for the common good of all that we have been able to provide benefits for the marketer as well as for the consumer. "The greatest good for the greatest number" might well be the motto for the co-operative system. Surely you will agree that the co-ops have accomplished this purpose, and in that "greatest number" are you and I!

**Hints for Garden Care, Vegetable Canning Outlined**

Shallow cultivation, adequate moisture and fertilization go a long way to assure top quality vegetables for fresh use and processing. Oregon homemakers were advised this week.

Care given vegetables during growth largely determines the quality of the vegetable to be canned or frozen, say Oregon State college extension specialists.

The following suggestions on care of the garden are given by R. Ralph Clark, extension horticulturist, and tips on harvesting and preserving by Mrs. Ruth Klippstein, extension nutritionist.

A regular work plan in caring for the garden is recommended by Clark. Cultivate the soil to get rid of weeds and maintain surface mulch. Water frequently. Detailed instructions on care and possible yield from 46 garden vegetables are told in Farm and Home Garden bulletin 614, available from county extension agents.

Home gardeners can control most insect pests by proper use of insecticides. Spinach and other leafy vegetables need to be dusted with DDT or other insecticidal dusts or sprays, he says. Rotenone, DDT, CPR, malathion, lindane or methoxychlor help control cabbage worms. Dust tomatoes lightly with DDT or methoxychlor to control flea beetles. Control of other common insect pests are provided in Vegetable Garden Insect Pests, 747, also free on request at county extension offices.

The main advantage in canning at home is to assure your family of tender sweet flavorful foods at peak of quality, Mrs. Klippstein believes. For some families, it may be best to grow vegetables for table use, and watch store ads for canned goods sales. Home gardeners with large surpluses, may want to can or freeze for later winter use.

She suggests these items on harvest procedure. Pick food in small lots, that can be canned or frozen in half-day. If food cannot be processed within two hours, refrigerate it, to help keep at highest quality. Pick vegetables when cool in early morning or evening.

Time of harvest is often critical, homemakers are reminded. Corn, cucumbers, snap beans, summer squash, and peas reach their peak, then quickly decline. High sugar content that assures sweetness sometimes changes to starch overnight. Cucumbers in half a day can grow beyond the desired size for sweet pickles, according to Mrs. Klippstein.

When gardens are at their peak, they should be checked daily for maturity. If it is impossible to handle the produce, pick it anyway and give it to others, the home economist advises, because mature produce should not be left on the vines.

Cucumbers should be picked regularly to prevent overmaturity. Most pickling should be done at mid-summer when the cukes are growing fast. Well-shaped cucumbers, grown in fertile soils and watered regularly, make the best pickles.

All varieties of green and wax beans need to be picked at the size the family enjoys most. If beans are to be frozen, they should be medium size. Immature beans shrivel and overmature beans toughen.

For snowy white cauliflower, tie leaves over the heads to protect them from light. Lack of boron in the soil can also cause darkened cauliflower heads. A dust program is essential for the cabbage family. DDT or rotenone are recommended.

Mrs. Klippstein advises home makers to investigate the cost and convenience of taking corn to custom canners instead of doing the tedious husking and shelling by hand. For moderate cost, the homemaker can use power equipment at the cannery to husk, remove kernels and also can the corn.

Bulletins on freezing and canning vegetables are available at county extension offices.

Place your roll of shelf paper in an empty foil carton of same width. Paper can be torn evenly on the cutting line.

To keep a small child quiet in church or at other gatherings take along some colored pipe cleaners. They can be twisted into interesting shapes and make no noise if dropped.

**Helgath Says Fertilizer Keeps Lawns Green**

As you read this there is a 50% chance you have a sprinkler on your lawn. My guess is that it is costing you 50c a week to keep that fire-hose stream on your grass. Now 50c from May to October is \$12 bucks, and some complain to me that their lawn is burned up. Why? Why do I have a nice green lawn and the sprinkler is on it in one spot (1) one hour a week?

Last Fall I was watching a night football game at Allen Field. I noticed that the grass where the field was marked with chalk, lime, or gypsum, was not only higher but green.

Next the family and I have been watching a fat stock pasture on Kings Prairie. Part I understand was fertilized with a nitrogen commercial, the other with chicken litter. The grass is plentiful and the stock shiny.

Now what has this to do with you and your brown lawn and that water bill you wrench out of your well picked pocket?

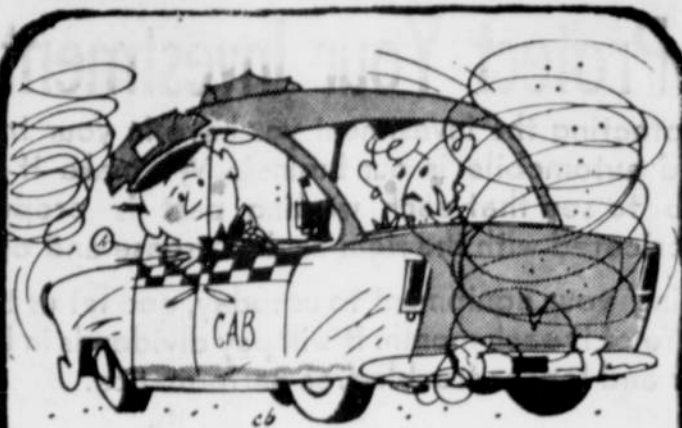
First, let's figure the time you spend watering the boulders that lay from four inches to one foot under your grass. I'll hazard, four hours a week. Four times whatever you could be doing that you like. Next cash that is running down the gopher holes. What do you do? Take \$1.00 and get some ammonia nitrate 0-16-20. Remember the bigger the number the more wheaties you get in a box.

If you apply like a Scotchman, you'll get better results. Three feedings once every two weeks is better than one big feeding. This stuff burns! A little goes a long way. Now water until you have the ground soaked and quit, STOP! Those boulders don't have any grass roots in them.

You will note I use the term grass. Simple. Everyone has their particular taste as to what a lawn grass is, but it is still grass. A blade with roots that require certain minerals and humus.

I'm sticking to minerals now because you'll get some results. Now! \$12 bucks can be cut one third and that \$4 bucks will take you on a short fishing trip while your lawn is growing. Agricultural lime is important and the cost is small and as is the amount you apply is likewise. If you want the most out of you commercial, lime is its partner in plant feeding.

Now I'm going to stop here with this footnote. Last week's Farm, Home and Garden Section in the Oregonian gave the ratio of water per type of soil. Dig one up. It is the best I've come across in quite a spell. Also humus is important and if interested I will go into that in another column. Paul Helgath, Mill City.



An unhappy hackie named Jackie  
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Cassie R. Scott, Palm Desert, Calif.

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