eturned Wednesday.

hot springs this week.

Nyssa and Culwell, Idaho.

Naturally Tresh

NO PLACE FOR

\$10,000.

2. CAN YOU AFFORD TO GOSSIP?

ty in which the child plays a

No mattress savings account ever paid off for any-

one but a burglar! Smart people nowadays want both earnings and safety for savings. No sense in

being old-fashioned these days. Come in and put

your savings to work at good earnings; insured to

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Knowledge is Power

(1) A study made in Cincinatti reports that the average youngster watches TV for 3.7 hours on school days and 5.5

hours each on Saturdays and Sundays, or 29.5 hours a week. The same child spends 25 hours a week in the classroom, Looking at TV, says "Changing Times" magazine, is an activi-

completely passive role. The con- turn for it. That energy, if directtribution to the child's character ed toward making us happy, and personality is nil. There are would put sparkle far outshining three ways of coping with tele-vision and the child: (1) don't alities.

own a TV set, (2) lay down the (3) If you start at the southern law, (3) use intelligent discipline end of the Appalachian trail to make TV a constructive force. alongside Mt. Oglethorpe, Ga.,

(2) Gossiping pours emotional you can walk north 2,100 miles to energy into things we cannot the top of Mt. Katahdin in Maine.

Dorothy M. Martin describes the

is women, writes Dr. Dorothy C. through trail in "American For-

Make Your Emotions Work for An ex-GI hiked the 2,100 miles You." Our purpose in gossiping, in four months, averaged 17 miles

she explains, certainly isn't to a day. He had his boots resoled make over the people we gossip about. And it has an emotional final stretch of trail was cleared

We should examine our emo- dense woods, over mountains, in-

tional budgets to see whether we to valleys, past lakes and streams. can, in terms of our happiness. Information in this feature is

afford to spend emotional energy selected from articles in the July

for hikers. It winds through

Finkelor in her book, "How to ests" magazine.

without getting anything in re- Catholic Digest.

1. HOW LONG DOES THE AVERAGE YOUNGSTER WATCH TV?

The Capitol building in Washington is open every day but Christmas and New Years.



### Girods Super Market

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> VELVEETA CHEESEFOOD 2-lb. loaf 89c

CROWN VIENNA SAUSAGE 2 for **35c** 

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INSTANT MAXWELL HOUSE COFFEE 39c

FOLGERS COFFEE 85c 1b

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CAMPBELL'S VEGETABLE SOUP

2 for 25c

ICE COLD ' WATERMELLONS 4c lb

GREEN PEPPERS 19c 1b

TOP QUALITY TOMATOES 2 lbs. 29c

CALIFORNIA CELERY 10c lb

RED MALAGA GRAPES 19c 1b - MEAT -

SLAB BACON Cascade Sugar Cured 45c 1b

FRYERS Colored Fresh 69c 1b

WEINERS Swift's Premium 59c 1b

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to non-organic and non-systemic Kidney and Bladder troubles, try Cystex, Quick, complete satisfaction or money back guaranteed. Ask your druggist for Cystex today.

July 31, 1952 Hartnell. The Jewells spent some time heer while he ministered at the Detroit Church Opens Community Methodist church.

and Mrs. Feenstra were Miss Nam Sherwood and Miss Polly Sherwood of and John Jungwirth homes were Mr. Los Angeles. Thursday afternoon the church will hold the first Sunday and Mrs. Henry Fink and Mrs. Ger- group made a trip to Breitenbush school and church services in the retrude Fink from Vibank, Canada. hot springs.

Orville Britton, proprietor of B & Mr. and Mrs. Paul Pennington and H Equipment shop in Lyons has moved daughters Paula and Cheryl left Frito Mehama where he will be have day morning to spend several days his chain saw shop located on the at the home of her mother Mr. and order for services, a work day has highway west of town and will be Mrs. Sid Gruggett at Newport. known as the Santiam Equipment com-

"No Cross, No Crown" is the theme Mrs. Alex Bodeker with her father the Uper Room, next Sunday, and will Elmer Hiatt accompanied the Earl be the thought brought in the message Hamptons, Douglas and Margo Lee, by Rev. R. A. Feenstra, pastor of South Beach Monday morning. They the Lyons Community Methodist wood, Nebr. The two women are s. church.

Glen Julian with his horse "Black Mr. and Mrs. Albert Carr and Bess" is a guest of Gene Ware and daughter, Gloria, Kathryn and Nadine his Cascade Packers at Breitenbush and Mr. and Mrs. George Berry visited Jimmy from Hot Springs, S. D. Sunday at the Willard Berry home Mrs. Laddie Pesek of Lebanon and in Sweet Home.

ner mother, Mrs. E. L. Roye of Lyons, Clem Syster has returned from a ristied several days with friends at trip to Shawnee, Okla.

Rev. and Mrs. R. A. Feenstra went Rev. R. A. Feenstra of Lyons and

the home of Mr. and Mrs. Willard family near Toledo. of his father.

> Kenny Hopkins from Woodland, Calif., her mother, Mrs. Ella McCoy. and Earl Tilson and Judy from El-



The Detroit Community Christian cently purchased building next Sun-

Since considerable preparations will be necessary to get the building in been schuled for Saturday, Aug. 2. All volunteers over twelve years of age will be able to help, according to for the scriptural meditation from Mrs. O. J. White, Sunday school superintendent.

> ters of Mr. Remmenga. Visiting now at the Remmenga home are Mr. and Mrs. Gail Phillips, Laura Gayle and

> James Gibson of Vancouver, Wash., spent the weekend at the home of his uncle and family, Mr. and Mrs. D. A. Franklin.

Rev. and Mrs. O. L. Jewell from to Eddyville Saturday afternoon, Rev. Kenneth Abbott of Stayton left North Richland, Wash., visited in where he conducted burial services for Monday morning for Tacoma, Wash., Lyons Friday. They were guests at Mrs. Emma McBride, Oregon pioneer where they will spend the week attending the ministers graduate school Mr. and Mrs. Manroe Walker have at the College of Puget Sound. They returned from Seattle, having been will meet the new bishop while there. called there by the illness and death Bishop A. O. Raymond Grant of Portland area. Mrs. Feenstra accompanied Mr. and Mrs. Albert Remmenga them and will visit her sister, Mrs. have had as their guests Mr. and Mrs. Fred Allphin living at Steilacoom, and

> Mrs. Marvin Edwards honored their on Dale on his 7th birthday with a earty at her home. Games and rereshments furnished the fun for the little folks. Honoring Dale were David and Tommy Prideaux, Tony, Frank and Glen Phelps Juanita and John Morgan, Mrs. Edward and Janet. Mr. and Mrs. Joe Zimmerman have as their guest this week her sister

Mrs. Garnette from Sandy.

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710x15 Allowance	-
760x15 Allowance	7.50
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600x16 Allowance	5.60
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