



### Deanha PTA Held Monday

Deanha P.T.A. February general meeting, the first of the new year, due to the heavy winter, was held in the grade school Library, Monday night, Feb. 27. At the business meeting with T. S. Moore presiding, it was voted to hold a dance for the Social project of the year. Cub Scout sponsorship was discussed and tabled. A program based on Founders Day followed at which 13 grade girls presented a skit, which demonstrated a good P.T.A. worker. The Mongold Musical Mavericks played several numbers with their string orchestra. The meeting was adjourned for refreshments served by the fifth grade mothers. Mrs. Leach's room won the room attendance prize.

### Out of the Woods

**F. and D. R. . . .**  
The first sign of the Big Freeze was when Ancient Age Hogan, the bullock, was seen to button up his vest as he went to hustle stove wood. Somebody looked, and came back to tell that the thermometer said it was a hundred below zero. The freeze went on until it took Hogan and some others. The bodies were froze so hard they were used to make double-bitted axes. "We've got a plan," Double Jaw Murphy, the NAM efficiency expert man said to Paul Bunyan. "Turn me loose on it, and I'll make the biggest name that was ever made for anything. I call the plan F. and D. R."  
"What could F. and D. R. be?" Paul asked, with due caution.  
"Frog and Duck Relief," Double Jaw said.  
"You mean," said Paul Bunyan, and pretty grimly too, "that you are going to give relief to frogs and ducks?"  
"Oh, no," Double Jaw hastened to say. "I'll use the frogs and ducks that was caught in the freeze to feed the loggers."  
"F. and D. R.," Paul Bunyan muttered. "I just don't like the sound of it."  
**Meals on Ice. . .**  
But Paul Bunyan was willing to try anything, the winters were so hard. Yes, "winters," for the trouble was that two winters had come at one and the same time. They had struck in the first big freeze like lightning.  
"That's how they hit over on Bullfrog Lake," Double Jaw Murphy told Paul Bunyan. "There it was, sundown of an Indian summer day, with frogs croakin' away all along the shores, same time the sky was black with ducks fixin' to dive down on the lake for the night. Then the freeze struck like sheet lightning. It caught the frogs when they were half-way under from a jump they all made at once to escape the freeze. It caught the ducks mostly by the necks as they came down in their dive. And there they are, ducks and frog legs stickin' up like grass all over the lake ice. Just usin' scythes, all the camp can be fed through the twin winters, no matter how they keep froze."

Paul Bunyan thought about it, but not so much. He had more logging and timber problems to worry over than he could manage, so it seemed all right to let Double Jaw Murphy get all the glory for staving off starvation. Nature had supplied the ducks and frogs, and the lake and the woods and the camp belonged to Paul Bunyan, but Double Jaw got the credit.  
Next winter there was only one winter but it was a bad one. No free froglegs and duck drumsticks this time, either. But there had been a good hay crop, and Double Jaw came up with a program on this.  
"We'll make hay-eaters out of the loggers," Double Jaw Murphy told Paul Bunyan.  
"By exhaustive and painful researches we have proved loggers will eat hay, if you sprinkle whiskey on it."  
Again Paul Bunyan gave in. By spring he figured it had cost him seven times as much to buy whiskey to sprinkle on the hay as ham, beans, and prunes would have cost him. But what did it matter, he could add it to his expenses, and that would only come from the taxes he would have had to pay the government on March 15th.

Excessive speed is a factor in two out of five traffic accidents. A heavy foot on the gas pedal is one foot in the grave.  
No one can gain in a race with a train.

Excessive speed is a factor in two out of five traffic accidents. A heavy foot on the gas pedal is one foot in the grave.  
No one can gain in a race with a train.

### Limited Sweets, Adequate Diet Good Teeth Aid

Evidence that the combination of an adequate diet and a restricted use of candy and soft drinks results in fewer decayed teeth in children is shown in a dental study of 163 boys and girls at the children's farm home by two Oregon State college school of home economics research staff members.  
Results of the study are published in the December edition of the Journal of dental research. The investigation, part of the state-federal cooperative research on the relationship of nutrition to tooth decay, was conducted by Dr. Demetrios M. Hadjimarkos and Dr. Clara Storvick. The investigators, both in the O. S. C. foods and nutrition department, found that the children at the W.C. T.U. home, three miles north of Corvallis, had an average of 4.5 decayed, missing, and filled teeth each. Their ages ranged from 6 to 16 years.  
Previous investigations by Dr. Hadjimarkos and Dr. Storvick showed that the number of decayed, missing and filled teeth for 15-year-olds in Clatsop county averaged 15.1, nearly double the 8.4 caries average in the same farm home age group. The average for Coos county 15-year-olds was 13.6, for Deschutes 12 and for Klamath 9.6. Similar studies for 15-year-olds showed 6.6 in Hagerstown, Md; 6.5 in San Francisco and 6.9 for New York City.

In an effort to explain the wide difference in the dental caries attack in farm home children and those in the four Oregon counties, the researchers turned to an examination of the fluorine content of the water supply and the overall diet pattern of the farm home children. They found that the small amount of fluorine in the water of the farm home could not be considered as a factor. After studying the weekly allotments of basic foods served in the eight different cottages at the home, plus the variety of foods available in almost unlimited amounts from the institution's own farm, the researchers concluded that the children's daily food intake constituted an adequate diet.

Desserts, such as pie, cake and pudding are served once or twice daily and there is no deliberate restriction in the consumption of refined sugars, it is pointed out, but candy bars, carbonated beverages and sweets in general are not used often as the sale of these items is not allowed at the institution. The authors concluded that "the sheltered life of the subjects as well as the adequacy of refined sugars and sweets in general."

Desserts, such as pie, cake and pudding are served once or twice daily and there is no deliberate restriction in the consumption of refined sugars, it is pointed out, but candy bars, carbonated beverages and sweets in general are not used often as the sale of these items is not allowed at the institution. The authors concluded that "the sheltered life of the subjects as well as the adequacy of refined sugars and sweets in general."

Don't Borrow—Subscribe Today!

**All Rubber Footwear Repaired**  
**DICK'S SHOE SERVICE**  
MILL CITY

### TRAILER COURTS

**Butler's Trailer News, Gates**  
Mr. and Mrs. Jack Toothman were visitors of his sister Theo Asmus the past week.

Bernice and Loren Jolmk and Theo and Harry Asmus and son Chuck attended the wrestling matches in Stayton this week.

Ada and C. M. Hamm motored to Hillsboro Sunday.

Jeane Wilson motored to Salem Thursday on business.

Lynn Johnson has been in Portland the past week, due to his father's illness—we hope he is improving.

Mr. and Mrs. Harold Long of San Francisco visited his parents Mr. and Mrs. Ralph Long and brother and sister-in-law Mr. and Mrs. Roland Long.

Mr. and Mrs. Roland Kopp and Mr. and Mrs. Elmer Pogue are the proud owners of new cars.

Pearl Durham and Ruby Stubbs combined business and pleasure in Salem one day last week.

Start sooner, drive slower, live longer.

### "Bach Festival" Sunday

The music department of the Pacific Lutheran college will be reflecting the nation wide attention being focused upon the works of Johann Sebastian Bach, when they present a "Bach Festival" on the fifth of March. March 1950 marks the passing of exactly two hundred years since the death of the great composer. All over the nation music minded individuals and groups will be paying homage to the composer. On the program committee is Carol Sletto of Lyons, daughter of Mr. and Mrs. Lloyd Sletto. Miss Sletto is a Sophomore at the college.

**Fresh Meat**  
VERY REASONABLE  
**Kellom's Grocery**  
MILL CITY  
OPEN WEEK DAYS  
8 A.M. to 7 P.M.  
SUNDAYS and HOLIDAYS  
9 A.M. to 4 P.M.

**Hobby Supplies and Games of All Kinds**  
Use Our Mail Order Service and Order That Winter Game TODAY!  
SALEM'S ORIGINAL  
**Toy & Hobby Shop**  
163 N. Commercial SALEM Phone 2-1588

**MILL CITY MEAT MARKET**  
Quality Meats & Groceries  
FROZEN FOODS  
**Friday & Saturday Special**  
**PEACHES**  
HALVES AND SEGMENTS, No. 2½ can  
**2 for 47c**

**Albany Laundry**  
DRY CLEANERS  
**Phone 50**  
BETTER SHIRTS  
**4 Different Kinds of Service**  
1—DELUXE FINISH.  
2—¾ FINISH: 10 lbs. \$1.25. Each additional pound 15c per pound. Men's shirts 15c each. Hanks 1c each extra in this service.  
3—FLUFF-DRY: 10 lbs. 99c. Each additional pound 9c per pound.  
4—LINEN SUPPLY: Doctors, Dentists, Barber, Beauty Shops, Restaurants, Grocery and Garage Shop Towels.  
PICK UP MONDAY—DELIVER THURSDAY  
PICK UP THURSDAY—BACK MONDAY  
LET ONE CALL DO IT ALL

Gates Playhouse  
Presents  
The  
**Honeymoon Is Over**  
at Mill City Theatre  
**Thurs., March 9, 1950**  
Regular Prices Curtain at 8 PM  
Proceeds Benefit Gates Women's Club Building Fund

**ENRICHED MASTER BREAD**  
Popular—because it's Good

**GREENLY'S Plumbing & Heating**  
LET US FIGURE YOUR ESTIMATES ON PLUMBING AND HEATING  
No Job Too Large and None Too Small  
Shop and Residence 4260 Macleay Road, SALEM Ph. 2-7390

**FOR SALE!**  
at Bargain Prices  
6 STEEL COTS AND PADS  
7 DOUBLE BEDS, SPRINGS AND MATTRESSES  
1 DOUBLE BOX-SPRING  
**Mill City Hotel**

**The Last Word In Modern Wrecker Service**  
WE HAVE JUST RECENTLY PUT INTO OPERATION A NEW HEAVY DUTY WRECKER. WE ARE NOW EQUIPPED TO HANDLE ANY JOB. WE HAVE AN EXPERIENCED WRECKER DRIVER STANDING BY 24 HOURS A DAY.  
**TWO WRECKERS DAY & NIGHT!**  
**The Douglas McKay Chevrolet Co.**  
519 North Commercial St. Phone: 3-3175 Day and Night  
SALEM, OREGON

**HOME AND STORE OWNERS—**  
**WHAT Improvements DO YOU NEED?**  
EXTRA ROOM OR DEN   
EXTRA BATH   
GARAGE APT.   
RUMPUS RM.   
PATIO OR BARBECUE   
NEW FRONT PAINT WORK   
NEW INTERIOR ARRANGEMENT   
CALL US FOR CONSULTATION NO OBLIGATION  
**Complete Supply of All Your Building Needs . . . .**  
**SHEET ROCK DOORS and WINDOWS BOYSEN PAINT**  
FEATURING NEW LOW PRICES ON MONTEX—THE PAINT WITH THE SAND FINISH  
**KELLY LUMBER SALES**  
OPEN SATURDAYS PHONE 1815 RUSSELL KELLY, Manager