

Practical Pretties



510

WANT to perk up your kitchen? Make these gay potholders and oven mitts of bright scraps. They are big bazaar or gift items too!

Pretty potholders and mitts for heavy duty! Pattern 510; transfer of four potholders and two oven mitts. Our improved pattern makes needlework so simple with its charts, photos and concise directions.

Sewing Circle Needlecraft Dept., 564 W. Randolph St., Chicago 80, Ill. Enclose 20 cents for pattern.

Relieve MISERIES OF Chest Colds



PENETRATES chest, throat and back surfaces like a warming, comforting poultice.

At bedtime rub throat, chest and back with Vicks VapoRub. Relief-bringing action starts instantly... 2 ways at once! And it keeps up this special Penetrating-Stimulating action for hours in the night to bring relief.

FEELING POORLY?

See how SCOTT'S helps build you up!

If you feel run down, and colds hang on—maybe you don't get enough natural A&D Vitamin food. Then try good-tasting Scott's Emulsion—the HIGH ENERGY FOOD TONIC! See how you begin to get your strength back! How you can fight off colds! Scott's is a "gold mine" of natural A&D Vitamins and energy-building natural oil. Easy to take. Economical. Buy today at your drug store.

SCOTT'S EMULSION HIGH ENERGY TONIC

MUSCLE STRAIN?

SORETONE Liniment's Heating Pad Action Gives Quick Relief!

When fatigue, exposure put misery in muscles, tendons and back, relieve such symptoms quickly with the liniment specially made for this purpose. Soretone Liniment contains effective rubefacient ingredients that act like glowing warmth from a heating pad. Helps attract fresh surface blood supply.

How To Relieve Bronchitis

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION for Coughs, Chest Colds, Bronchitis

Farm Topics

Farm Outlook Bright For Coming 5 Years

Federal Economists Show Optimism in Forecasts

In spite of some recent declines in farm prices, agricultural economists of the U. S. department of agriculture took an optimistic point of view at their recent outlook conference in Washington, D. C. In the past, these economists have confined their estimates of the outlook to the coming 12 months. This time they tried to look five years ahead. And, they decided that things look fairly good for the farmer for that long.

Of course, they made two basis assumptions that some people still are a little doubtful about—that a stable peace will be established and that there will be no serious de-

PURCHASING POWER



America's economic boom continues as buying power outpaces prices.

pression. If time should prove them wrong about one of the two, the effect may be drastic. And they hasten to point out that these are assumption, not predictions.

They then go on to point out that the population will increase between one and two million persons a year until 1952; that industrial output per worker will increase, and that yields per acre and per livestock unit probably also will increase.

High incomes for industrial workers will mean a steady market for foodstuffs and clothing. High yield per worker might mean more stable prices for industrial goods. Higher yields per acre and per animal unit will mean more economical production for the farmer.

All in all, this shapes up to just about the kind of five-year period that the farmers themselves would like to enjoy. High production at fair prices means a break for producers and consumers—a square deal for both.

Battle Against Aftosa



In a drive to stamp out aftosa (foot and mouth disease) from Mexico in two years, a joint U. S.-Mexico commission has undertaken the job of vaccinating from eight to 10 million cattle in the affected area by the end of 1949. Trained teams go ahead of the nine teams of vaccinators to preach the benefits of vaccination and convince the sometimes ignorant cattle owners that vaccination is the only alternative to disaster.

By the end of 1949 the program will have cost approximately 50 million dollars. It includes five points: constant inspection, disinfection, eradication, vaccination and quarantine.

The vaccination process itself is simple. A needle of the vaccine is shot into the animal and that's all there is to it. It will take from eight to 10 million shots to complete the job. The vaccine protects for six months.

Expert Urges Milk Cows Be Taught 'Good Habits'

Training your cows in good habits is most important to all dairymen, according to a leading dairy specialist. He lists the following recommendations for more milk, greater profits and reduced mastitis:

Keep cows undisturbed; stimulate milk letdown one minute before milking begins; operate milking machine according to manufacturer's directions.

HOUSEHOLD MEMOS by Lynn Chambers



START THE DAY WITH A GOOD BREAKFAST (See Recipes Below)

BRIGHT BEGINNING

ONE OF THE biggest services which any homemaker can give her family is to feed them a good, substantial breakfast to get them off to work and school with proper spirit. This is the best way—at least to my knowledge—of preventing that mid-morning lag in energy as well as having the mind razor sharp whether you apply yourself at a school desk, sit in an office or work in the barn, fields or your own kitchen.

A good breakfast need not be elaborate to serve its purpose. Start off with a simple pattern including fruit, cereal and milk and you can be well fed.

Naturally if you want more, there are any number of foods to be added. Too, there's no need to feel that breakfasts can't have variety. You can vary fruit and cereal daily, while eggs, breakfast meats and hot breads have infinite variety.

If mother will start fragrant odors in the kitchen when the family is scheduled to hear the alarm clock, this will help keep them interested in completing the process and get them down to a good breakfast.

FOR THOSE of you who depend upon the oven to take the chill out of the house in the morning, here are some splendid, quick-to-mix hot breads for breakfast or any other meal:

Honey Nut Bran Muffins (Makes 16 large muffins)

- 1/2 cup honey
- 1 cup flour
- 1/4 teaspoon soda
- 1/2 teaspoon salt
- 1/2 teaspoon baking powder
- 2 cups bran
- 1 tablespoon melted butter
- 1/2 cup milk
- 3/4 cup walnuts, chopped fine

Sift together flour, soda, salt and baking powder. Mix with bran and add other ingredients. Place in greased muffin pans and bake in a quick (425° F.) oven for 25 to 30 minutes.

Raisin Bran Muffins (Makes 6 Muffins)

- 1/2 cup sifted flour
- 1 1/2 teaspoons double-acting baking powder
- 1/4 teaspoon salt
- 1-2 tablespoons sugar
- 1 egg, well beaten
- 1/2 cup milk
- 1 1/2 tablespoons melted shortening
- 3/4 cup raisin bran

Sift flour once, measure, add baking powder, salt and sugar; sift again. Combine egg and milk and add to flour mixture. Add shortening, then mix only enough to dampen flour. Fold in raisin bran. Turn into greased muffin pans, filling them 2/3 full. Bake in a hot (425° F.) oven 25 minutes.

Flake Gems (Makes 12 muffins)

- 1 cup sifted flour
- 4 tablespoons sugar
- 1 teaspoon salt
- 3 teaspoons baking powder
- 1 egg
- 1/2 cup milk
- 4 tablespoons melted fat
- 2 cups corn flakes or wheat flakes

LYNN SAYS:

Add Variety To Breakfast

Orange toast is a delightful variation to serve for breakfast. To make it, toast and butter bread, then spread with a mixture of sugar and grated orange rind which has been moistened with orange juice.

Flaked cereals are delicious if heated in a shallow pan, dotted with butter and sprinkled with brown sugar. Heat in a moderate oven for just a few minutes and serve at once.

LYNN CHAMBERS' MENU BREAKFAST

- Orange Juice
- Cooked farina with raisins
- *Honey Kuchen
- Butter
- Beverage
- *Recipe Given

Sift together flour, sugar, salt and baking powder. Beat egg until light, add milk then stir in dry ingredients, being careful not to overmix. Add slightly cooled fat and stir just enough to mix ingredients. Carefully fold in corn flakes. Fill greased muffin pans, 2 inches in diameter, 2/3 full. Bake in a moderately hot (400° F.) oven about 20 to 25 minutes.

Honey Kuchen (Makes 1 square)

- Topping:
 - 1/4 cup brown sugar
 - 1/2 teaspoon cinnamon
 - 1/4 teaspoon nutmeg
 - 2 tablespoons butter
 - 1/2 cup bran or wheat flakes
- Kuchen:
 - 3/4 cup sifted flour
 - 2 1/2 teaspoons baking powder
 - 1/4 teaspoon salt
 - 1/2 cup milk
 - 1/4 cup honey
 - 1 egg
 - 3 tablespoons melted fat
 - 1 1/2 cups bran or wheat flakes

Sift together flour, baking powder, salt. Combine milk, honey well-beaten egg and add to flour mixture. Add fat mixing only enough to combine. Fold in flakes. Place into a greased pan 8x8x2 inches. Sprinkle topping over batter. Bake in a moderately hot (400° F.) oven 25 minutes.

ANOTHER WAY to include cereal in the menu is to cook, chill and fry it. This may be served with fruit or breakfast meat or with syrup. It's a hearty, tasty dish.

Fried Wheat-Meal (Serves 6)

- 1/2 teaspoon salt
- 2 1/2 cups boiling water
- 3/4 cup wheat meal

Add salt to boiling water in the saucepan. Add cereal slowly, stirring constantly. Bring to a boil and cook 3 minutes, stirring constantly. Pour into cold, wet mold. Let stand overnight, or until cold and firm. Turn from pan. Slice into 3/8-inch slices, and saute in a small amount of fat, turning to brown both sides. Serve with maple-flavored syrup. (Leftover cooked wheat-meal may be used in this way.)

Fried Wheat-Meal with Fruit: Add 1/2 cup seedless raisins, chopped dates or chopped figs to the cooked cereal before turning into mold.

Fried Wheat-Meal with Apples: Add 1/2 cup apples, peeled and cut in 1/2-inch pieces to cooked wheat-meal before turning into mold.

Either of the above are excellent when served with sausages, prepared this way: lay pork patties or links in a cold frying pan and fry slowly for 12-15 minutes, turning occasionally with 2 forks or a spatula, being careful not to puncture the casing. Four off fat as it accumulates. Serve the fat for seasoning vegetables, frying eggs, potatoes, French toast or for making sauces of gravies.

Released by WNU Features

Cinnamon toast made this way is delicious: toast and butter bread, then sprinkle with brown sugar and cinnamon and broil until bubbly.

For maple toast, make as cinnamon toast, substituting shavings of maple sugar for cinnamon-sugar mixture; broil.

Dried fruits, cut and added to any of the cooked cereals, then served with brown sugar and rich milk provide an interesting dish.

Leftover dinner muffins may be served for breakfast if split and buttered, then toasted.

CLASSIFIED DEPARTMENT

RABBITS & SKINS

WANT LIVE RABBITS 4 lbs. up, rabbit skins, hides, wool, mohair, castora, live poultry, Ruby & Company, 935 S. W. Front, Portland, Oregon.

MISCELLANEOUS

MELODIES written to your song poem. Bring or send poems to A. Testall, 6725 1st, N. W., Seattle 7, Wash.

71 STAR well drilling machine on White truck. Complete with 6" and 8" tools. First class condition. E. W. Burgess, Rt. 2, Box 602, Auburn, Wash.

WE HAVE additional capacity for kiln drying, resawing, planing and lumber run to pattern. Salem Box Company, Salem, Ore. Ph. 39169.

1947 MODEL 2-unit DeLaval Sterling milking machine. Complete \$235. E. A. Tiffany, Rt. 1, Box 225, Camas, Washington.

G. I. TRUCK PARTS—New and Used. BEN'S TRUCK PARTS Tacoma, Washington Ph. Garland 4252

FURS, Deer, Elk, Cow and other skins tanned, made into Coats, Gloves, etc. to your measure by oldest establishments in West. Also buy hides. CHEVENEY TANNERS 1127 N.W. 19th Ave. - Portland, Ore.

GOOD DIESEL engines, General Motors, six cyl. 23 hp. left hand. Price \$750 to \$850. CORONADO MARINE WAYS, 1st of A St. Coronado, Calif. - Henley 3-1535.

FRUIT TREES, shade trees, evergreens, shrubs, roses, berries, vines, etc. We grow hundreds of acres of nursery stock and fruit. You can grow your own fruit with pleasure and profit. Properly planted ornamentals add charm and value to your home. Write for free color catalog. COLUMBIA & OKANOGAN NURSERY CO. Wenatchee, Washington. Established 1908

FARMS AND RANCHES

DAIRY FARM—30 acres, 20 plowed, 10 light brush. New barn 32x40, easily made grade A. 2 bedrooms, mod. firepl. Deep well. Good location. \$13,000—1/2 down. Write or call GALE R. E., Rt. 5, Box 1180, Vancouver, Wash. Ph. 7531-R1.

FARM MACHINERY & EQUIP.

FOR SALE—'48 Ford tractor, extra trans., duals; '44 Ford Ferguson tractor, extra trans.; '48 New Holland baler with brakes; '45, '52, R combine 5 ft. Almost complete line good farm equipment. Approx. 200 T hay and straw, special price if entire tonnage taken. Have solid farm, must sell all equipment and supplies. Six miles east Washougal, W. J. Ewing, Jr., Rt. 1, Box 630, Washougal, Wash.

POULTRY, CHICKS & EQUIP.

ATTENTION Poultrymen and broiler growers. Available for immediate and regular delivery 10,000 New Hampshire cockerels, day old, pullets tested stock. Write or wire for prices. Hoksbergen Hatchery, Lynden, Wash.

Buy U. S. Savings Bonds!

Let the Ads Guide You When Shopping

Hungarian Partridge
This European game bird was brought to this country in the early 1900's in large numbers for stocking purposes. Between 1900 and 1909 nearly 50,000 birds were liberated, principally in the north-eastern states. The "hunkie," as he is commonly called, is slightly larger than our "bob-white" quail.

Handy Bottle of Vinegar

Many homemakers like the idea of keeping a bottle of vinegar on hand with several cloves of garlic and a few pods of red peppers in it. Such vinegar is particularly pleasing in flavor when used in making mayonnaise or french dressing for vegetable salads, and is delicious too when poured over a roast of lamb or beef.

Washington Monument

Cornerstone of the Washington monument was laid on July 4, 1848. The famous obelisk rests on a stone 30 feet or more underground at the base of the monument's original foundations. The stone was taken from a Baltimore quarry. The shaft is 553 feet high.

Shade for Birds

Framework made of poles and covered with palmetto leaves will provide good shade for birds on farms where natural shade of trees and other growth is not available. Shade and plenty of clean fresh water are essential for flocks in hot weather.

Stove Spots

Spots and stains will appear on the stove enamel. To clean away, dampen a clean cloth, dip into soda and rub vigorously. You can keep your stove shining this way.

Chinese Pheasant

The pheasant is a native of the orient. A thousand years before the Christian era the Chinese were using them for food and sport.

Cooking Cheese

Overcooked cheese is lumpy, stringy and tough. To avoid overcooking, keep the temperature low.

Laying House

Lack of enough feeding and watering space in the laying house will result in more culls, and lower production.

SQUIRE SQUARE



BUSINESS & INVEST. OPPOR.

TIRE RECAPPING & Repair business in booming Springfield, Or. \$8,500. New equipment. Nat'l. franchise. Owner will teach and assist purchaser. Write Paul Weasel, OK Rubber Welders, 208 W. 8th St., Eugene, Or.

ONE complete sawmill, electrical hook-up. Have 900,000 cu. ft. of timber accessible with roads and bridges. Also GMC 6x6 truck. Grosses \$1000 monthly. Box 751, Livingston, Mont.

CAFE—Seats 22. Hunters, Fishermen, tourists. Also good local business. Money-maker for two. Box 281 or Ph. 141, Stanwood, Wash.

FOR SALE—Fully equipped garage and three-pump service station, Texaco, Firestone, Kaiser-Frazer franchise. Four furnished apartments over station. Good location near Hungry Horse dam. D. R. Randall, Box 404, Whitefish, Wash.

MODERN AUTO COURT

12 units on highway 99, plus modern living quarters. Room for additional units. Central heating plant, electric ranges and refrig. Large income. O'Donnell Realty, Realtors, 4526 Roosevelt Way, Seattle 5, Wash. Phone Owners; if selling contact us.

FOR SALE—A neighborhood grocery. All equipped and stocked. Also lovely 2-bedroom apt. In fast growing town of Newport, Oregon, on Coast. Offered at a sacrifice as owner has poor health. Irene B. Jones, Box 1358, Newport, Ore.

DOGS, CATS, PETS, ETC.

UKC registered American black and tan coonhound pups, born Sept. 15. Paper at purchase. Write E. A. Welsh, Box 507, Stevenson, Wash.

BLUE AUSTRALIAN shepherd cattle and sheep dogs. Natural herders. Ashmead Stock Ranch, Chester, Montana.

ROLLER SINGERS AND HENS

Guaranteed Shipment. LEWIS LARSEN - Enlat, Wash.

SEEDS, PLANTS, ETC.

CERTIFIED BLUE TAG Marshall strawberry plants, 100—\$3.25; 500—\$13.00; 1000—\$25.00. Willamette raspberry plants, 100—\$7.50; 1000—\$245.00. Lawrence, Red Haven and Veteran peach trees, \$1.00 each. Postpaid. Write for quantity prices. CENTRALIA FRUIT FARMS, Rt. 1, Box 194, Centralia, Wash.

HELP WANTED—WOMEN

REGISTERED NURSES: General duty, 24-bed doctor's hospital, start \$12.50-\$17.50 hour. Elms General Hospital, Elms, Washington.

REAL ESTATE—MISC.

30 ACRES springs, timber, buildings, good road. W. L. Cooper, Route 2, Arlington, Wash.

BY OWNER—SELL OR TRADE For any good property as part payment, new 2-story, full bath, 5 bedrooms and 1 bedroom in basement, with space for 2 more bedrooms. In built-in, 2 fireplaces, with heating units built in, No. 1 oak floors, inside venetian blinds, 3 sets of plumbing, partly fur, rental basement, should make profit on land. Dbl. garage 15 min. bus stop in front. Will sell for less than cost to build it. Longview - 201 16TH - Washington.

MACHINERY & SUPPLIES

17 1/2 wide range tractor—Isaacson "dozer"—"cat" drive—4 all gears—1 1/2 ton cond. Chet Tracy, Yachats, Oregon. Phone 1502.

WANTED TO RENT OR LEASE

TO RENT or buy—40 a. or more. Dairy or diversified farm. Prefer in W. Write Rt. 2, Box 780-O, Kelso, Wash.

The Best Investment Buy and Hold Your U. S. Savings Bonds

Heat Conservation

Loose-fitting windows and doors need weather stripping to make them tight against drafts and heat leakage. Metal weather stripping of either the flat type or the interlocking type gives the best and longest service.

Iron Safety

It's a good thing to study the way you iron to be sure you're doing it safely. Provide a fire-proof cover for your ironing board. And always disconnect the wall plug before answering phone or doorbell.

Location of Study Lamp

To avoid shadows on work when children are studying, place the study lamp at the left of those who are right-handed and to the right for the left-handers.

Bed Facts

Average double bed is only 54 inches wide, while twin beds are each 39 inches wide, a total of 78 inches, or 12 inches more per sleeper.

Something to Remember

A wooden match stick dipped in ink is an excellent substitute for a pen in addressing parcels; it not only saves the pen, but makes the writing bolder and clearer.

Sandwich Spread

Mix cream cheese with chopped green peppers, prepared horseradish and little mayonnaise for a delicious sandwich spread.

Tree-Ripened Fruits

Best fruits for canning are those that are tree-ripened. Unripe fruits are low in flavor and have a hard texture.

Turkey's Preference

Tests have shown that turkeys prefer ladino clover to bluegrass and several other common pasture plants.