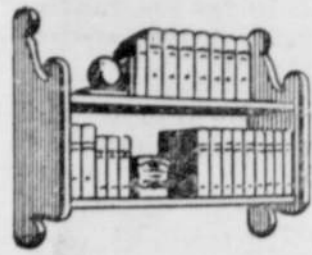


Bookshelf Offers No Problems to Builder

WOODWORKING can be lots of fun. It provides healthy relaxation and at the same time provides an opportunity of building some useful article. Many people have no conception of how easy it is to work with wood, or how quickly household equipment and furniture can be built at home.

Working with wood pays off in two ways—it provides the means



whereby you can obtain articles your home needs at less than half their cost if bought ready made, and at the same time it offers the best kind of entertainment.

The pattern for making this bookshelf, like all other full size woodworking patterns, is easy to use. Merely trace the pattern on the wood, saw and assemble. The pattern shows exact location of shelves, screws, etc. No special tools or skill are required.

Send 15 cents for Harrisburg Hanging Bookshelf Pattern No. 21 to East-Bid Pattern Company, Dept. W, Pleasantville, N. Y.

Cornmeal Treatment

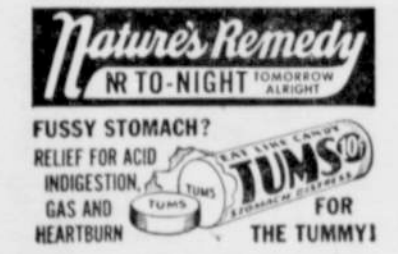
A flaky face? Then sprinkle cornmeal on a soapy wash cloth and gently rub it over your skin. This simple treatment will really do wonders for your skin.



COMMON SENSE..

proved thousands upon thousands of times!
ALL-VEGETABLE LAXATIVE

NATURE'S REMEDY (NR) TABLETS—A purely vegetable laxative to relieve constipation without the usual griping, sickening, purging sensations, and does not cause a rash. Try NR—you will see the difference. Uncoated or candy coated—their action is dependable, thorough, yet gentle as millions of NR's have proved. Get a 25c box and use as directed.



RELIEF AT LAST For Your COUGH

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CHANGE of LIFE?

Are you going through the functional "middle age" period peculiar to women (38 to 52 yrs.)? Does this make you suffer from hot flashes, feel so nervous, light-headed, tired? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound also has what doctors call a stomachic tonic effect!

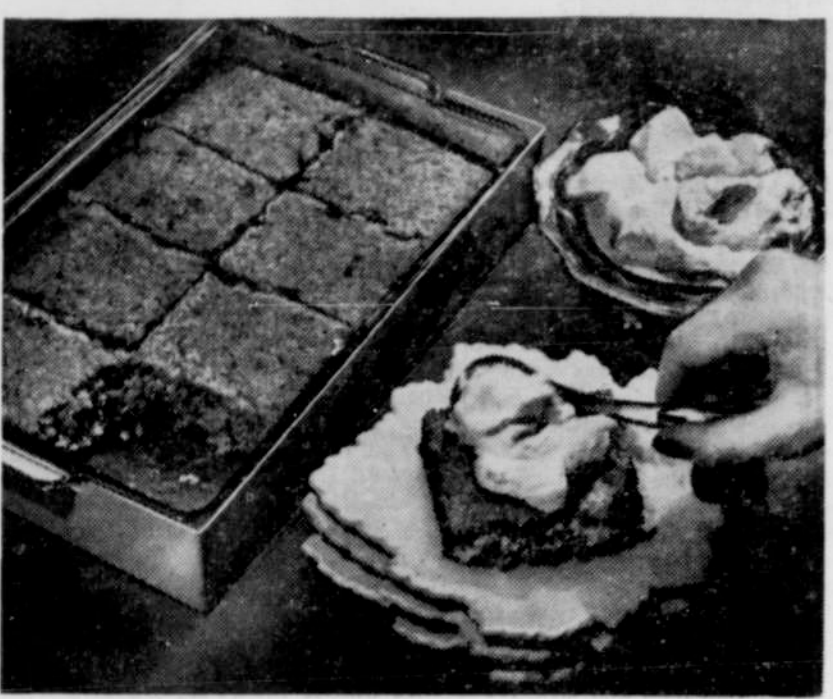
LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste
Your kidneys are constantly filtering waste matter from the blood stream. If they become clogged, you will feel aching, stiffness, nervousness, and loss of pep and strength. Other signs of kidney or bladder disorder are sometimes burning, uric acid, or too frequent urination.

DOANS PILLS

HOUSEHOLD MEMOS... by Lynn Chambers



Baked Puddings Tempt on Cold Days (See Recipes Below.)

Baked Desserts

ARE YOUR DESSERTS fragrant and appetite-satisfying these cold winter days? If not, get busy, light the oven, and bring out your pans and mixing bowls for these recipes are certain to inspire you thoroughly and delightfully.

Baked puddings are a wonderful menu inspiration especially when you're using the oven for the main dish, hot bread or vegetable because they can be cooked right along with the other things.

Then, too, since appetites are sharper these frosty days, it's a good idea to have something substantial to fill the tummy. You can combine fruits and cereals, eggs and milk, all of these good foods, so essential to good nutrition, right into menus so readily when they're included in a dessert that no one will skip.

YOU'LL KNOW WHY the recipe is called "Delight" when you try this delectable combination of jellied whole cranberries, chopped apples and a topping of rolled oats, brown sugar and nutmeats. This dessert takes an hour to bake and may be served warm with hard sauce or cold with whipped cream.

***Cranberry Delight (Serves 6)**

- 1 1/2 cups chopped, unpeeled apples
- 1 cup jellied whole cranberry sauce
- 1 cup rolled oats (quick or old-fashioned, uncooked)
- 1/2 cup brown sugar
- 1/4 cup sifted flour
- 1/2 teaspoon salt
- 1/4 cup melted butter or substitute
- 1/2 cup chopped nutmeats

Combine apples and cranberry sauce; place in a greased 8-inch square baking dish. Combine rolled oats, sugar, flour and salt. Add butter, mixing until crumbly. Sprinkle over apple-cranberry mixture. Top with nutmeats. Bake in a moderate (350-degree) oven for one hour.

THERE ARE FEW more festive combinations than candied or maraschino cherries and pineapple. Here's an excellent recipe for using your leftover, stale cake. If you lack that, you may substitute lady fingers.

Cabinet Pudding (Serves 6)

- 18 lady fingers or leftover, stale cake
- 1 cup crushed pineapple
- 1/2 cup cherries
- 3 eggs
- 1/2 cup sugar
- 1 1/2 cups milk
- 1 cup peaches, sliced

Alternate layers of mixed fruit and cake in a buttered casserole. Beat eggs slightly, add milk and sugar and pour this over fruit-cake mixture. Bake uncovered in a moderate (350-degree) oven for one hour.

HERE'S A LOVELY cake-type pudding with a delicious orange sauce that is baked right with the pudding:

LYNN SAYS:

Know Your Food Facts and Fancies
For best results in baking, have milk at room temperature before mixing it with the other ingredients. This is especially true when mixing biscuits, muffins and cakes.
A teaspoon or two of lemon juice brings out the full fruit flavor of fruit pies. Add it when mixing the fruit in the sugar.
Leftover ham may be ground and shaped into balls. Serve with a sweet-sour sauce!

LYNN CHAMBERS' MENU

- Fish Chowder
- Tomato-Calavo Salad
- Cheese Dressing
- Buttered Toast
- Beverage
- *Cranberry Delight
- *Recipe given

Baked Orange Pudding (Serves 6)

- Sauce:**
- 1 cup sugar
 - 1 1/2 cups boiling water
 - 2 1/2 tablespoons cornstarch
 - 3 tablespoons butter
 - 1 orange, grated rind and juice
 - 1/4 teaspoon salt
 - 1/2 teaspoon grated nutmeg
- Mix sugar, water and cornstarch. Add boiling water gradually, stirring constantly, then boil five minutes. Remove from heat, add orange juice and rind. Pour about one-fourth of this mixture into a deep greased pan (8"x8"). Cover with cake mixture given below. Reserve remainder of sauce to pour over pudding when served.

- Cake mixture:**
- 1 1/2 cups cake flour
 - 2 1/2 teaspoons baking powder
 - 1/2 cup milk
 - 1/2 teaspoon salt
 - 1/2 cup sugar
 - 1 egg
 - 1/2 teaspoon orange extract
 - 1/2 cup melted butter
- Sift together all dry ingredients. Add egg to milk, then the melted butter. Beat slightly. Turn the wet ingredients into the dry ingredients, then beat until the mixture is smooth. Stir in flavoring. Pour batter over orange sauce in the greased deep pan, then bake in a moderate (350-degree) oven for 45 minutes.

HERE'S A TORTE that's good for wintertime eating. The delicate flavor arises from the combination of applesauce, spices, raisins and oats. Easy to make, simple to serve right from the casserole, it's a good dessert to have on hand during the entire cool weather season.

Spicy Applesauce Torte (Serves 12)

- 1 cup sifted flour
- 1/2 teaspoon soda
- 1 teaspoon baking powder
- 1 teaspoon cinnamon
- 1/2 teaspoon cloves
- 1/2 cup shortening
- 1 cup brown sugar
- 1 egg
- 1 cup thick, sweetened applesauce
- 1 cup rolled oats, quick or old-fashioned, uncooked
- 1/2 cup raisins

Sift together flour, soda, baking powder, salt and spices. Add shortening, sugar, egg and one-half cup of the applesauce. Beat until smooth, about two minutes.
Fold in remaining applesauce, rolled oats and raisins. Bake in a greased 7x11-inch pan in a moderate (350-degree) oven for 35 to 40 minutes. Serve warm with whipped cream or hard sauce.

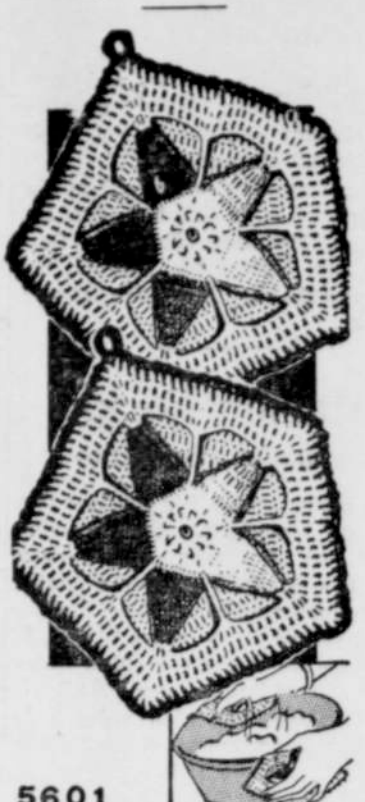
Hard Sauce

- 1 cup powdered sugar
- 1/2 teaspoon vanilla
- 2 tablespoons butter

Cream butter, add sugar gradually, then vanilla. Shape in a mold or in balls. Chill and serve.

Roll biscuit dough into a large circle, then cut into pie shaped wedges. Spread with softened butter, sprinkle with brown sugar and nutmeg. Then roll into buttermilk, starting at the wide end and bake. Most attractive and delicious!
For breakfasts that delight on cold mornings, serve spicy sausage patties with french toast and syrup. Start off with a colorful, plump baked apple.
Ever try lima beans with chopped cooked bacon for flavor? You'll like them this way.

Handy Surprise Gifts



5601

Practical Potholders
A PAIR of attractive and very practical potholders crocheted in the colors of the Eastern Star order. A nice surprise for your lodge friends and easily and quickly worked. Crocheted of sturdy cotton and basic stitches.

To obtain complete crocheting instructions and stitch illustrations for Star Potholder (Pattern No. 5601) send 25 cents in coin, your name, address and pattern number.

SEWING CIRCLE NEEDLEWORK
530 South Wells St. Chicago 7, Ill.
Enclose 20 cents for pattern.
No. _____
Name _____
Address _____

Geologist Finds Evidence Of Old Indian Volcano

Evidence that volcanoes roared in northwestern India a quarter of a billion years ago has been found. In a formation of slate, a geologist discovered the split half of a volcanic bomb, which is a hollow mass of lava of a type often thrown out by volcanoes.



BUY U. S. SAVINGS BONDS

Getting Deaf?

Thousands now know there is no excuse for letting deafness kill the joy of living. An amazing new radiometric hearing device has been perfected in the great Zenith Radio Laboratories—so simple—so easy to use it can be sent to you for 10-day free trial. Ready to wear, no individual fitting necessary. Accepted by the American Medical Association, Council on Physical Medicine. Come out of that world of silence. Write today for full details to Zenith Radio Corp., Hearing Aid Division, Dept. 19, P.O. 5801 Dickens Ave., Chicago 39, Illinois. Made by the makers of world-famous Zenith Radios.
*Trial offer available on direct sales by Zenith Radio Corporation or its subsidiaries. 169

"Salesman Wanted"

To carry our line of men's neckwear in Washington, Oregon and Montana. May combine with non-competitive line.
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CARTER & HOLMES
325 N. Wells St.
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WNU-13 01-49

To Help Avoid COLDS and COUGHS due to colds...



SEWING CIRCLE PATTERNS

Young Frock for Special Dates



8386 11-18

GLAMOUR plus for a junior wardrobe! This exciting date frock will do wonders to influence your audience—twin rows of soft lace is used to accent the waist

top, sleeves can be brief or bracelet length.
Pattern No. 8386 comes in sizes 11, 12, 13, 14, 15 and 16. Size 12, 4 1/4 yards of 36-inch, 1 1/4 yards lace.
Send today for your copy of FASHION, our complete pattern magazine. The Fall and Winter issue contains 60 pages of smart, easy to make styles. Free pattern printed inside the book. 25 cents.

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530 South Wells St. Chicago 7, Ill.
Enclose 25 cents in coins for each pattern desired.
Pattern No. _____ Size _____
Name _____
Address _____

Works Where 3 Out of 4 Colds Start!

Quick! When your head is stuffed-up with a cold, put a few drops of Vicks Va-tro-nol in each nostril and feel relief start instantly! Va-tro-nol works right where trouble is to relieve stuffiness and open up your cold-clogged nose. Actually helps prevent many colds from developing if used at that first warning snile or sneeze! Try it. Vicks Va-tro-nol Nose Drops!

7 DAYS WILL DO IT



YES, in just 7 days... in one short week... a group of people who changed from their old dentifices to Calox Tooth Powder averaged 38% brighter teeth by scientific test. Why not change to Calox yourself? Buy Calox today... so your teeth can start looking brighter tomorrow!

CALOX TOOTH POWDER

McKesson & Robbins Inc., Bridgeport, Conn.

NEWS that makes folks sleep all night!

Thousands now sleep undisturbed because of the news that their being awakened night after night might be from bladder irritation—not the kidneys. Let's hope so! That's a condition Foley Pills usually allay within 24 hours. Since bladder irritation is so prevalent and Foley Pills so potent Foley Pills must benefit you within 24 hours or DOUBLE YOUR MONEY BACK. Make 24-hour test. Get Foley Pills from druggist. Full satisfaction or DOUBLE YOUR MONEY BACK.



CLABBER GIRL Baking Powder

CHEST-COLD DISTRESS?

