

Pretty Woodland Scene



7011

PAINT this picture with your needle! A woodland scene that looks lovely in any room—in natural color; mainly single stitch.

You can frame or just line this beautiful wall panel! Pattern 7011; transfer of panel 15 by 20 inches. Our Needlework book will show you how to put your spare moments to good account. It's only 15 cents and has illustrations of the best designs. A free pattern is printed in the book.

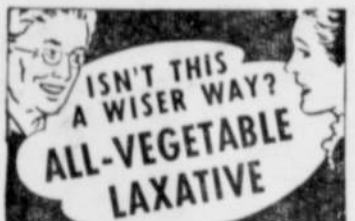
Sewing Circle Needlecraft Dept. 564 W. Randolph St. Chicago 26, Ill. Enclose 20 cents for pattern.

No. _____
Name _____
Address _____

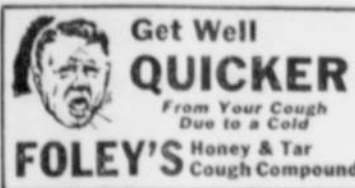
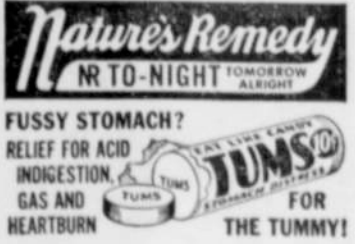
For Little Fellows With Big Colds...



Mother... the best-known home remedy you can use to relieve distress of his cold is warming, comforting Vicks VapoRub. If you rub it on at bedtime, it works even while the child sleeps! And often by morning the worst miseries of his cold are gone. Try it. Get the one and only Vicks VapoRub!



NATURE'S REMEDY (NR) TABLETS—A purely vegetable laxative to relieve constipation without the usual griping, sickening, perturbing sensations, and does not cause a rash. Try NR—you will see the difference. Uncoated or candy coated—their action is dependable, thorough, yet gentle as millions of NR's have proved. Get 25c box and use as directed.



WNU-13 52-48

That Nagging Backache

May Warn of Disordered Kidney Action. Modern life with its hurry and worry, irregular habits, improper eating and drinking—in risk of exposure and infection—throws heavy strain on the work of the kidneys. They are apt to become overtaxed and fail to filter excess acid and other impurities from the life-giving blood. You may suffer nagging backache, headache, dizziness, getting up at night, leg pains, swelling—feel constantly tired, nervous, all worn out. Other signs of kidney or bladder disorder are sometimes burning, scanty or too frequent urination. Try Doan's Pills. Doan's help the kidneys to pass off harmful excess body waste. They have had more than half a century of public approval. Are recommended by grateful users everywhere. Ask your neighbor!



Welcome, New Year

WELCOME to you, New Year, enter newborn king— Can you tell us something of the tidings that you bring? Do you carry happiness, Enough to last the year? Do you sing a song of joy To cast out doubt and fear? Perhaps a balm for heartache? You bring along with you; Perhaps a key to friendships To buoy us all year through. We bid you welcome, New Year—our dreams we trust with you, Forgetting ills of all the past, we start the book anew.

Strange New Year Beliefs Still Exist

Over England and Scotland, in the villages of the plains and highlands, ancient New Year superstitions still exist.

It is considered unlucky to wear old clothes on the New Year; bad luck falls on a house if anyone goes out before someone has entered. If the first comer—"first foot," the natives call it—be a man, good luck will bless the house; if a woman or a fair-haired man, the luck is evil. So widespread is this belief that in many villages the dark-haired men of the community make it a regular business to go from house to house to "take the New Year in."

In Herefordshire, at midnight, the girls rush to the spring. The one who gets the first drink, or the "cream of the well," is sure of a handsome husband.

Unlucky, too, is the good woman who gives away a light on New Year's day. Where a brand goes out, the evil fays come in. The most tender-hearted woman will see her neighbors shiver in a fireless house rather than give away a light on the New Years.



At midnight on New Year's Eve, custom demands that gentlemen kiss the nearest lady. Here's a fine example of army-navy cooperation.

Pins Once Prized As New Year Gift

Bishop Hall's "Satires," published in 1598, tell how every tenant at the dawn of the New Year presented his lord with a fat capon; and Ben Jonson, in his "Christmas Masque" introduces among his cast of characters "New Year's gift in a blue coat, serving man like, with an orange and a sprig of rosemary on his head."

Oranges and nutmeg, gilded and decorated apples, were frequent gifts exchanged among the poorer people. Ladies of fashion delighted in pins, invented during the Sixteenth century to take the place of clumsy wooden skewers. Here we have the origin of our own "pin money"—a gift of money given in place of pins.

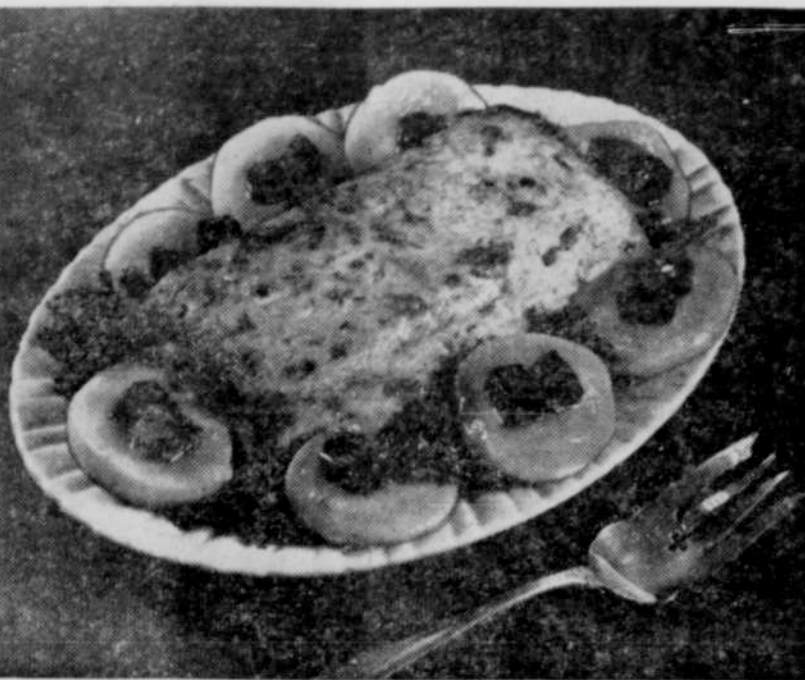
Saint Sylvester's Feast Day Marks End of Year

The feast of St. Sylvester, who was Pope from 314 A. D. until his death in 335, is observed by the Roman and Anglican churches on December 31.

In Germany and Belgium the morning of St. Sylvester's Day is commemorated religiously, while the afternoon and evening are devoted to various kinds of horseplay in anticipation of the coming New Year.

Facts and Fancies Of New Year's Day

New Year's with its open houses, parties, exchanging of New Year's cards, horn tooting, Auld Lang Syne and New Year's resolutions, is one of the oldest celebrations. As a holiday it has been observed since ancient times, and has been marked throughout history by the giving of gifts and the exchange of greetings and good wishes.



Glorify Holiday Leftovers! (See Recipes Below.)

After-Holiday Meals

SMART HOMEMAKEERS, instead of looking on holiday leftovers with scorn, will welcome having them because they save time in meal preparation as well as conserving time in marketing.

Who doesn't welcome succulent slices of ham, turkey or roast beef when served with slices of bread or rolls? They're the refrigerator raiders' delight!

Then, too, there are excellent dishes which Mom can prepare quickly from vegetables and roast. Everything's cooked and needs just a bit of ingenuity and heating to make them ready for the table! To make leftovers palatable, it's best to disguise them completely. With the right recipes, it isn't much of a trick, and it's fun, too, to test your ingenuity.

***Chicken Rice Loaf (Serves 6)**
2 cups diced, cooked chicken or turkey
2 cups cooked green peas
2 cups cooked rice
2 tablespoons chopped pimiento
2 egg yolks, beaten
1/2 cup milk
1 tablespoon minced onion
1 teaspoon salt
Dash of pepper

Combine chicken, peas, rice and pimiento. Add milk to egg yolks, then fold into chicken-vegetable mixture. Add onion, salt and pepper. Place in a greased loaf pan and bake in a moderate (350-degree) oven for one hour. Serve with cream or mushroom sauce. Place pan of Cranberry Peach Taffies in same oven during the last half hour of baking time.

***Cranberry Peach Taffies**
4 canned peach halves
1/2 cup jellied cranberry sauce
2 tablespoons butter
6 tablespoons brown sugar

Drain peach halves. Cut cranberry sauce into one-half inch slices, then cut each slice in cubes. Crumble butter and brown sugar together. Place cranberry sauce cubes into hollows of peach halves allowing at least two cubes to each peach half. Sprinkle with butter-sugar mixture. Place in shallow pan and bake during last half hour with Chicken Rice Loaf.

IF YOU HAD HAM for Christmas, you're undoubtedly looking for a smooth way to get rid of the ham shreds. This main dish loaf stretches the ham with unflavored gelatin and cheese and will make nearly as big a hit with your family and friends as the whole ham. Serve it for a buffet meal or snack with a green salad.

Ham Loaf (Serves 6)
1 envelope unflavored gelatin
1/2 cup cold water
1/2 cup hot water
1/4 teaspoon salt
1/4 cup vinegar
1/4 cup diced celery

LYNN SAYS: Here's What to Do With Bits of Leftovers. Green peppers, filled with creamed macaroni or spaghetti mixed with leftover holiday meats can be baked for mighty good eating. Add some dabs of leftover vegetables to the mixture, if you like. Have some leftover cranberry sauce? Heat it and use as the liquid with lemon-flavored gelatin. Mold with other leftover fruits for a salad after the holidays.

LYNN CHAMBERS' MENU

Hot Tomato Juice
*Chicken Rice Loaf
*Cranberry Peach Taffies
Molded Leftover Fruit Salad
French-Fried Eggplant
Bran Muffins
Cookies
Beverage
*Recipe given

1/4 cup diced sweet pickle
1 cup grated American cheese
1 cup diced cooked ham

Soften gelatin in cold water. Add hot water and salt and stir until dissolved. Add vinegar. Chill until the mixture is the consistency of unbeaten egg whites. Mix in celery and pickle; divide mixture into two parts; to one, add the grated cheese, to the other, the diced ham. Turn ham mixture into loaf pan and chill until almost firm; add cheese mixture and chill until firm. Unmold on crisp greens and serve with tomato wedges.

IF YOU want a hot dish out of the leftover ham, then combine it with spaghetti as in the following recipe:

Spaghetti-Ham Ring (Serves 6)
1/4 cup spaghetti, uncooked
3 eggs
1/4 teaspoon salt
2 teaspoons grated onion
2 cups ground, leftover ham
2 tablespoons shortening
1 teaspoon Worcestershire sauce
1/2 cup top milk

Break spaghetti into small pieces and cook in boiling, salted water until tender. Beat eggs slightly, add seasonings, milk and ham. Mix with spaghetti which has been rinsed and drained. Grease a ring mold with the shortening and pour in ham-spaghetti mixture. Bake in a moderate (350-degree) oven for 35 minutes. Turn onto a platter and fill the center with buttered broccoli, peas or other vegetables.

WHEN YOU HAVE just a little turkey left from the roast, it can be extended with oysters in this savory pie:

Turkey-Oyster Pie (Serves 6)
1 cup small oysters
2 cups leftover turkey, cut in strips
1 cup leftover turkey gravy
1 cup milk
1 tablespoon butter
1 tablespoon flour
1 teaspoon salt
1/4 teaspoon pepper
1/4 cup mushrooms, if desired
1/2 recipe plain pastry

Combine first four ingredients. Heat to boiling and simmer gently until oysters curl. Melt butter, add flour, salt and pepper. Add to turkey mixture. If fresh mushrooms are used, saute them before adding to turkey mixture. Pour into deep, nine-inch pastry tin. Top with slashed crust. Bake in hot (425-degree) oven until top is browned. For pastry, use one cup flour, one-third cup lard, one-half teaspoon salt and two to three tablespoons cold water.

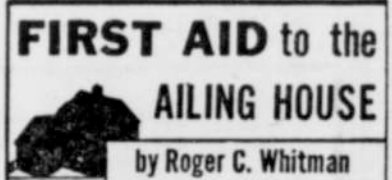
Sliced ham combined with a spread of mustard butter makes a wonderful snack for ice box raiders. A mighty tasty way to serve leftover turkey or chicken is to heat it in leftover gravy or a rich cream sauce and serve over French-fried noodles. Small dabs of peas, carrots or other vegetables help out the white sauce. If you had roast beef over the holidays, serve slivers of the leftover meat over a tossed vegetable salad.

SEWING CIRCLE PATTERNS
Daytimer Has Shoulder Closing Tailored Two Piecer for Women



Simple Daytimer
THREE buttons on each shoulder make a smart finish for this simple daytimer. Youthful and slimming, it features an easy to make skirt with a snug belt. Pattern has few pieces, goes together smoothly.

Pattern No. 1784 comes in sizes 12, 14, 16, 18 and 20. Size 14, 4 1/2 yards of 39-inch.



QUESTION: I have taken all the paint off a wicker set down to its natural color. Now I would like to know what I can put on to preserve it, as it is very dry. Should I varnish it or leave it as it is?

ANSWER: If you have used a commercial paint remover to clean off the old finish, you should go over the surfaces with turpentine in order to take off every trace of the remover; otherwise your new finish will fail. If you like the color, you can finish the pieces with spar or quick-drying varnish. This should protect the furniture, especially if it is exposed to sunlight. Otherwise you can use clear lacquer, which would give a lighter finish.

QUESTION: My living room is finished in natural wormy chestnut that has been waxed. How can I clean it?

ANSWER: There are many good cleaning preparations on general sale which should serve your purpose. An alternative would be to clean off the soiled wax with a liquid wax that is meant just for cleaning waxed surfaces. Still another method would be to go over the woodwork with a cloth dampened with turpentine, then apply a thin coat of paste wax, and when dry polish thoroughly.

Coal Miners, Lumbermen Have Dangerous Jobs

Coal mining and lumbering rank as the most dangerous jobs in America, according to "Accident Facts," statistical yearbook of the National Safety Council. Reports to the council show that disabling injuries per one million man-hours totaled 59.74 for the lumbering industry and 54.46 for coal mining. The average for all reporting industries was 13.26. There were 7.96 days lost per 1,000 man-hours worked in coal mining, and 5.24 in lumbering, as compared to 1.23 days for all reporting industries.

Neat Two Piecer
NEAT, becoming and versatile. Make this tailored two piecer for the matron in an all-over printed fabric and use interesting novelty buttons for trim. Three-quarter cuffed sleeves are provided, if you prefer.

Pattern No. 8391 is for sizes 34, 36, 38, 40, 42, 44, 46 and 48. Size 36, 4 1/2 yards of 39-inch. Send an extra quarter for your copy of the Fall and Winter FASHION. It will delight you with its abundance of smart sewing ideas. Free pattern printed inside the book.

SEWING CIRCLE PATTERN DEPT. 539 South Wells St. Chicago 7, Ill. Enclose 25 cents in coins for each pattern desired. Pattern No. _____ Size _____ Name _____ Address _____

To Relieve Your Cough, Mix This Recipe, at Home

You'll be surprised how quickly and easily you can relieve coughs due to colds, when you try this splendid recipe. It gives you about four times as much relief as the medicine you are now using, and you'll find it truly wonderful. Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments, until dissolved. No cooking needed—it's no trouble at all. (Or you can use corn syrup or liquid honey, instead of sugar syrup.) Then put 2 1/2 ounces of Pinex (obtained from any druggist) into a pint bottle, and fill up with your syrup. This makes a full pint of medicine that will please you by its quick action. It never spoils, and tastes fine. This simple mixture takes right hold of a cough. For real results, you've never seen anything better. It loosens the phlegm, soothes the irritated membranes, and eases the soreness. Pinex is a special compound of proven ingredients, in concentrated form, well-known for its quick action in coughs and bronchial irritations. Money refunded if it doesn't please you in every way.

Pinex Is Fast Relief!



Also Helps Build Up Red Blood! Do female functional periodic disturbances make you suffer pain, feel nervous, irritable—at such times? Then try Lydia E. Pinkham's TABLETS to relieve such symptoms. Pinkham's Tablets are also very effective to help build up red blood in simple anemia. Lydia E. Pinkham's TABLETS

