

**Promptly Relieves**  
**BABY'S COUGH**  
 (from a cold)  
 Child's Mild  
**MUSTEROLE**  
 For average baby's skin

**Fresh California Dates**  
 Direct from our gardens  
**PALM RIPPENED**  
 big juicy fresh  
 Enjoy Them in Your Home  
 Give Them as Gifts  
 SPECIAL OFFER!  
 Gift Box - 10 LBS. NET  
 \$4.50  
 PREPAID IN U. S. A.  
 We Wholesale and Retail  
 SAFE DELIVERY GUARANTEED  
**ZALAY DATE GARDENS**  
 Indio, California

**COMMON SENSE..**  
 proved thousands upon  
 thousands of times!  
**ALL-VEGETABLE LAXATIVE**

**NATURE'S REMEDY (NR) TABLETS**—A purely vegetable laxative to relieve constipation without the usual griping, sickening, perturbing sensations, and does not cause a rash. Try NR—you will see the difference. Uncoated or candy coated—their action is dependable, thorough, yet gentle as millions of NR's have proved. Get a 25c box and use as directed.

**Natures Remedy**  
**NR TO-NIGHT**  
 TOMORROW ALRIGHT  
**FUSSY STOMACH?**  
**RELIEF FOR ACID INDIGESTION, GAS AND HEARTBURN**  
**FOR THE TUMMY!**

**When children are puny...**

**SCOTT'S EMULSION HELPS 'EM GROW STRONG**

Weakly children who need more natural AAD Vitamins begin to grow and develop when you give them good-tasting Scott's Emulsion every day. It helps promote strong bones, sound teeth, a healthy body—helps 'em fight off colds! Scott's is a HIGH ENERGY FOOD TONIC—a "gold mine" of natural AAD Vitamins and energy-building natural oil. TASTE'S GOOD—THEY LOVE IT! Economical! Buy today at your drug store.

**MORE than just a tonic—It's powerful nourishment!**

**SCOTT'S EMULSION**  
**HIGH ENERGY TONIC**

**CHANGE of LIFE?**

Are you going through the functional "middle age" period peculiar to women (38 to 52 yrs.)? Does this make you suffer from hot flashes, feel so nervous, high-strung, tired? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound also has what Doctors call a stomachic tonic effect!

**LYDIA E. PINKHAM'S VEGETABLE COMPOUND**

**Beware Coughs From Common Colds That HANG ON**

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

**CREOMULSION**  
 for Coughs, Chest Colds, Bronchitis

WNU-13 47-48

**Kidneys Must Work Well-**

**For You To Feel Well**  
 24 hours every day, 7 days every week, never stopping, the kidneys filter waste matter from the blood. If more people were aware of how the kidneys must constantly remove surplus fluid, excess acids and other waste matter that cannot stay in the blood without injury to health, there would be better understanding of why the whole system is upset when kidneys fail to function properly.  
 Burning, scanty or too frequent urination sometimes warns that something is wrong. You may suffer nagging back-ache, headache, dizziness, rheumatic pains, getting up at night, swelling.  
 Why not try Doan's Pills? You will be using a medicine recommended the country over. Doan's stimulate the function of the kidneys and help them to wash out poisonous waste from the blood. They contain nothing harmful. Get Doan's today. Use with confidence. At all drug stores.

**DOAN'S PILLS**

**HOUSEHOLD MEMOS... by Lynn Chambers**



**Soup Makes an Easy Supper!**  
 (See Recipes Below.)

**Menu Short-Cuts**

THERE'S shopping, cleaning, baking, decorating, wrapping Christmas presents and a hundred other things to do these days before Christmas. Where does one find time to plan and make meals?

Now is an excellent time to put menu short-cuts into operation. Plan to serve soups often, not as a first course, but as a main dish. Serve those casseroles, too, that whip together in no time and bake in half an hour or so without any watching or further attention.

Have foods that are hearty, and make certain there's enough for seconds or thirds because the family will be hungry now that appetites have been sharpened by cold weather.

HERE ARE some excellent soups which can easily take the place of a main dish at dinner.

**Navy Bean Soup**  
 (Serves 6)

- 1½ cups dried pea beans
- 2 quarts cold water
- Lamb bones
- 2 tablespoons salt
- 1 clove of garlic, peeled
- 8 to 10 peppercorns
- 1 bay leaf
- 4 sprigs parsley
- ½ cup minced onion
- ¼ teaspoon pepper
- ¼ teaspoon marjoram
- 2 cups canned tomatoes

Pick over beans, then wash and soak in cold water overnight. Drain; measure liquid from beans and add enough to make two quarts. Add to beans with lamb bones and salt. Tie next six ingredients in a cloth bag and add to water and bones. Cover, bring to a boil, then simmer for four hours until beans are tender. Remove bones and spice bag, then strain soup. Mash beans. Add any pieces of meat which cling to bones and the tomatoes. Reheat and serve hot.

SOUPS take long to cook, but, of course, need little watching, and thus they are such time-savers to have for meals. Here's another delicious, hearty soup:

**Oxtail Soup**  
 (Serves 12)

- 1½ pounds lean beef
- 2 oxtails, split
- 5 quarts cold water
- 1 tablespoon salt
- 1 large onion, diced
- ¼ cup celery root, diced
- 1 tablespoon chopped parsley
- 2 tablespoons fat
- 2 tablespoons flour
- 3 carrots, diced

Cut oxtail into small pieces and fry lightly in fat. Cube the beef and add with oxtail to water and salt. Place in large kettle, cover and let cook slowly for about four hours. Add vegetables and cook for one hour longer, or until stock is reduced by half. Strain. Heat fat in skillet, add flour and brown slowly. Add one cup of the soup and then stir into remaining stock.

**LYNN SAYS:**  
 Now's the Time to Get Ready for the Holidays

If you're buying fresh flowers, lengthen their life by spraying liquid wax on them. Be sure the leaves and petals are free from water before waxing.

Broken bits of cookies, rolled fine, should be kept in jars so they will be ready at a moment's notice to be rolled into a crust for pie. Use one of the ready-mix puddings for the filling and top with whipped cream or meringue.

**LYNN CHAMBERS' MENU**

- \*Corn Chowder
- Toasted Muffins Butter Jelly
- Grapefruit-Pineapple Salad Beverage
- \*Fig Pudding Cream
- \*Recipe given

**\*Corn Chowder**  
 (Serves 6)

- 4 cups diced potatoes
- 2 cups boiling water
- 1 2" square fat salt pork
- 1 large onion, sliced
- 1 No. 2 can kernel corn
- 1 quart milk
- 2 teaspoons salt
- ¼ teaspoon pepper

Cut salt pork into cubes and brown in a large saucepan. Add onion and cook until tender. Add diced potatoes and water; cover and cook until potatoes are tender. Add corn, milk and seasonings. Heat and serve garnished with a sprinkling of paprika.

Leftover meats are put to good use in these casseroles which will make easy work for you on these busy days before the holidays.

**Noodles Neapolitan**  
 (Serves 6)

- ½ pound noodles, cooked
- 2½ cups slivered chicken or ham
- 1 cup milk or cream
- 2 eggs
- 1 cup buttered bread or cracker crumbs

After noodles are cooked in boiling, salted water, rinse and drain them. Into a well-greased dish, place layers of noodles, then meat and repeat until all are used. Beat eggs, add milk, and pour over noodles and meat. Top with crumbs. Bake in a moderate (350-degree) oven for 25-30 minutes or until browned on top.

THE FRUIT puddings mentioned earlier need take no longer to make than the main dishes for the meal. Both of these recipes for desserts are nourishing and will be well received.

**\*Fig Pudding**  
 (Serves 6)

- 2 eggs, beaten
- 1 cup sugar
- 3 tablespoons flour
- 1 teaspoon baking powder
- 1 cup walnuts, chopped
- 1 cup figs, chopped

Beat eggs until light, then add sugar, sifted flour and remaining ingredients. Stir well and bake in a buttered casserole dish in a slow (325-degree) oven for 25 minutes.

**Apricot Whip**  
 (Serves 6)

- ½ pound dried apricots
- ½ cup sugar
- Whites of 5 eggs
- ½ teaspoon lemon juice

Pick over and wash fruit. Cook in water, just enough to cover, until soft. Remove stones and put through strainer. Add sugar and cook five minutes. Beat egg whites until stiff and fold in fruit. Heap lightly in a buttered baking dish and bake in a slow (325-degree) oven 35 minutes. Serve with custard sauce or cream.

Released by WNU Features.

If you're making several different kinds of cookies, label their tins and jars so you can find each kind when you want them.

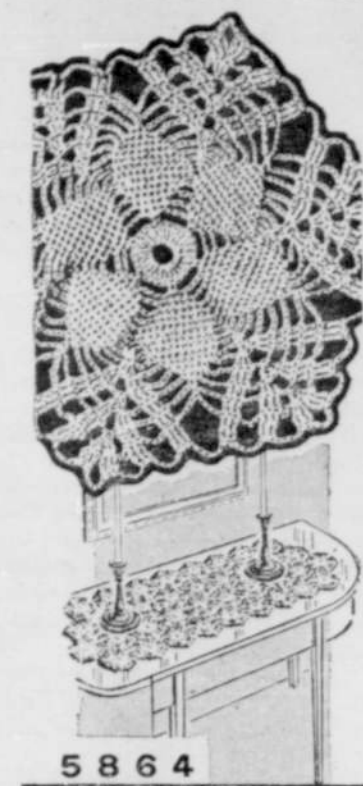
Crisp cookies should not be stored with soft ones or they will become soggy.

Jars of cheese kept on hand will be put to work easily, satisfying a horde of hungry guests who just drop in for a visit.

One fruit gelatin salad and one molded vegetable salad are good to have on hand for holiday week-ends for unexpected guests.

**NEEDLEWORK PATTERNS**

**Crocheted Motif Prize Winner**



5864

THIS lovely five-inch motif can be used for a lacy tablecloth, bedspread or as a long runner as pictured. Crochet it in white or ecru cotton. It's a design that has won many prizes; you'll look a long time before you find a prettier one.

**Mountain Goats Need Winds to Provide Food**

Mountain goats could not survive the winters high up in their rocky homes were it not for raging winds. The winds sweep away the snow in spots so that the animals can reach the scanty moss and lichen plants on which they live.

To obtain complete crocheting instructions, sketch illustrations and full directions for the Prize Runner (Pattern No. 5864) send 20 cents in coin, YOUR NAME, ADDRESS and PATTERN NUMBER.

SEWING CIRCLE NEEDLEWORK  
 539 South Wells St. Chicago 7, Ill.  
 Enclose 20 cents for pattern.  
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 Name \_\_\_\_\_  
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**Cut Millwork Costs**

One of the Middle West's largest lumber dealers, seeking means of reducing home construction costs, has announced a program designed to save 20 per cent of the cost of millwork in a new house.

The program entails standardization of sizes and patterns of doors, windows, kitchen cabinets, fireplaces, trim storm sash, screens and combination doors.

An official of the company explained that on such items as entrance frames and mantels the cost can be reduced as much as 30 per cent when the units are mass produced.

**JOLLY TIME**  
 NO HULLS ALWAYS POPS  
**JOLLY TIME**  
 POP CORN

**Relieve MISERIES OF Chest Colds**

**PENETRATES** into upper bronchial tubes with special soothing medicinal vapors.  
**STIMULATES** chest, throat and back surfaces like a warming, comforting poultice.  
 At bedtime rub throat, chest and back with Vicks VapoRub. Relief-bringing action starts instantly... 2 days at once! And it keeps up this special Penetrating-Stimulating action for hours in the night to bring relief. **VICKS VAPORUB**

Buy U. S. Savings Bonds!

**WHY PAY FOR WATER?**  
 Super-tasty Gro-Pup, the only Ribbon-type dog food, is nourishing! It's 92% food! ... about as much food, dry weight, as in five 1-lb. cans of dog food. Many are 70% water!  
**GRO-PUP**  
 CONTAINS ABOUT AS MUCH FOOD AS FIVE 1-LB. CANS  
 Made by Kellogg's of Battle Creek and Omaha  
**Dogs Go For GRO-PUP**

**Make the 30-Day Test— PROVE CAMEL MILDNESS!**



Smoke Camels and only Camels for 30 days—and see for yourself how mild a cigarette can be!

This same test was made by hundreds of men and women under the eyes of noted throat specialists. The smokers in this test averaged 1 to 2 packs of Camels every day for 30 days. Their throats were carefully examined each week. After a total of 2470 examinations, these doctors reported

**NO THROAT IRRITATION**  
 due to smoking **CAMELS**

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**OUTSHINES THEM ALL!**

Nothing else gives your floors the same exquisite brilliance of Self-Polishing Simoniz which grows still lovelier with everyday wear! And there's no rubbing or buffing... just spread on with cloth or mop applicator—it shines as it dries to the same lasting beauty that makes Simoniz so famous for cars! Then, just a damp cloth wipes up dirt or spilled things... floors stay glamorous. Try Self-Polishing Simoniz—today!

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**self-polishing SIMONIZ**

gives floors longer lasting beauty!