FOR WOMAN'S HEALTH

Earnest Letters from Women Relieved of Pain by Mrs. Pinkham.

"DEAR MRS. PINKHAM: - Before I commenced to take your medicine I was in a terrible state, wishing myself dead a good many times. Every part of my body seemed to pain in some way. At time of menstruation my suffering was something terrible. I thought there was no cure for me, but after taking several bottles of Lydia E. Pinkham's Vegetable Compound all my bad feelings were gone. I am now well and enjoying good health. I shall always praise your medicine."- Mrs. AMOS FESCHLER, Box 226, Romeo, Mich.

Female Troubles Overcome "DEAR MRS. PINKHAM:-I had female trouble, painful menses, and kidney complaint, also stomach trouble. About a year ago I happened to pick up a paper that contained an advertisement of Lydia E. Pinkham's Vegetable Compound, and when I read how it had helped others, I thought it might help me, and decided to give it a trial. I did so, and as a result am now feeling perfectly well. I wish to thank you for the benefit your medicine has been to me."-MRS. CLARA STIEBER, Diller, Neb.

No More Pain "DEAR MRS. PINKHAM :- Your Vegetable Compound has been of much benefit to me. When my menses first appeared they were very irregular. They occurred too often and did not leave for a week or more. I always suffered at these times with terrible pains in my back and abdomen. Would be in bed for several days and would not be exactly rational at times. I took Lydia E. Pinkham's Vegetable Compound, and menses became regular and pains left me entirely."-Mrs. E. F. CUSTER. Brule. Wis.

Equine Losses in War.

In all protracted wars the loss in horses from disease is terribly heavy. In Napoleon's campaign across the Niemen, out of 60,000 horses, no fewer than 45,000 succumbed in six 'months, At the siege of Plevna the Russians lost 30 per cent of their draught animals, and in the Egyptian wars of 1882 the English horses were disabled, of which 600 died from sickness and only 60 on the field of battle.-Pearson's Magazine.

A new regulation cog introduced in Swiss watches, works so accurately that the time pieces do not vary 10 seconds in a month.

Every saloon at Tullahoma, Tenn., has been placed under the legal bap charged with Sunday liquor selling.

Try Allen's Foot Ease.

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures ingrowing nails; swoolen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. We have 30,000 testimonials. Try it today. Sold by all druggists and shoe dealers for 25c. Trial package FREE. Address Allen 8. Olmstead, LeRoy, N. Y.

Crime Prevalent in Berlin.

Crimes of violence, whose perpetrators have remained undiscovered, have become so common in Berlin and its neighborhood that the Prussian minister of the interior has given notice that all violent deaths shall be repor ed at once to a special bureau, which shall decide whether the local or Berlin police shall take up the case, and in certain instances shall set its own detectives to work .- N. Y. Sun.

Physician and Morphine.

In a recent address before a graduating class of medical students occurs following most sensible advice: "While fewer physicians become insane than members of other professions, a larger proportion become addicted to the use of morphia. Opium in any form is exceedingly dangerous when self-administered. No physician should attempt to treat himsell, but always take the advice and follow the direction of another physician."

NO REMEDY EQUALS PERUNA, SO THE WOMEN ALL SAY.



Miss Susan Wymar. Miss Susan Wymar, teacher in the Richmond school, Chicago, Ill., writes the following letter to Dr. Hartman regarding Pe-ru-na. She says: "Only those who have suffered as I have, can know what a blessing it is to be able to

find relief in Pe-ru-na. This has been my experience. A friend in need is a friend indeed, and every bottle of Peru-na I ever bought proved a good friend to me."-Susan Wymar. Mrs. Margaretha Dauben, 1214 North Superior street, Racine City, Wis., writes: "I feel so well and good and happy now that pen cannot de-

scribe it. Pe-ru-na is everything to me. I have taken several bottles of Pe-ru-na for female complaint. I am in the change of life and it does me good." Pe-ru-na has no equal in all of the irregularities and emergencies peculiar to women caused by pelvic patarrh.

Address Dr. Hartman, Columbus, C., for a free book for women only.

A DEPARTMENT FOR LITTLE BOYS AND GIRLS.

Something that Will Interest the Juvenile Members of Every Household -Quaint Actions and Bright Sayings of Many Cute and Cunning Children.

Everything seemed out of its place n mamma's room. The twins had been playing "ladies," and had left all their toys in the middle of the floor.

What a sight it made! Mamma felt dizzy as she stood in the door and contemplated the disorder.

The twins had tired of play, and were looking at pictures in the corner; each had dragged a pillow from the sofa to

Mamma picked up Antoinette, the one-armed doll, but on second thought put her again on the floor. "Who wants to learn a fine new

game?" she asked. "I do!" cried Maggie, while Mary clamored, "Tell it, tell it!"

"First," began mamma, "put the pillows up, Mamie, and you, Maggie, lay the book on the shelf, where it belongs. Now." she said, after she had obeyed her, "come and learn the new game."

So she sat down in the midst of confusion and took up her afghan work. "I'll be umpire and decide who beats," she added, as the eager faces regarded her expectantly.

"The name of this game is 'Tidy Game.' You both look about to see what you can find out of its place, and put it carefully away, for every article that is not put in its proper place counts a point on the other side. The one who puts away the most things wins the

"I'll put up the plano!" cried Maggle, selzing it and hurrying off while Mary gathered up the dollies. For several minutes they both ran to and fro busily opening and shutting doors and drawers, and occasionally laughing when their hands reached for the same article, or heads bumped from their great haste. Mamma meanwhile calmly worked on, while the twins did the tidying she usually (and unwisely) did for them.

Maggie was hurrying off with the dolls' bathtub, when Mamie shouted: "Every single thing's put up!"

"No," mamma replied, "I see a very tiny thing not 'tidied.' "

The twins began to search.

"Maggie is warm; Mary is cold. Now Mary is getting warmer," said mamma. Both were very much excited, and flew around lookinng frantically in corners and behind the sofa.

"Both are warm, warmer, hot. Oh Mamie, almost burning up!" exclaimed mamma.

Then they moved away, and she said they were cooling off.

Finally, Maggie's foot struck something, and Mary, looking eagerly and very much puzzled (for mamma had just called that she was actually smoking from the heat) saw her sister pounce down on Marie, the tiny china "nigger" doll, lying under the rug all but one

The successful little searcher ran off, crying triumphantly.

"I beat! I put away nineteen things, and Mamie only eighteen."

"Can't you see anything else?" asked Mary of her mamma.

Mother smiled; usually it was very hard to persuade the twins to tidy up, cheerfully, after a game.

"We will play it every day," she answered! and after that she had only to call, "Tidy Game," when away would run the twins with every naughty thing that was out of place.-Weekly Bou-

The Honeymoon Counter Mr. Frog and Mrs. Mouse Were wed in sunny weather, And started out to find a hom Where they could live together.

The frog picked out a lily leaf That spread upon a pool,



And thought that they could settle there And always keep quite cool.

The fieldmouse, though, preferred a nest Secure from every storm, Down in the long, dry prairie grass, Where they could keep quite warm.

O'er this they quarreled long and loud, With many a croak and squeak, Till each one rushed back home in rage, And now they never speak.

Joe and His Little Dog. Tae teacher of a district school in Maine tells a story that reminds one of Mary and her little lamb, only it is of

Joe and his little dog. Joe was a boy about 8 years old, and was devoted to a small, lank puppy. Out of school hours boy and dog were inseparable, and Joe apparently could not reconcile himself to the necessity of leaving the dog at home. For several mornings the teacher allowed the

puppy to remain at Joe's feet under the Then there came a day when the small dog could not be kept quiet, but frisked about to the delight of the school and the dismay of the teacher.

"Joe,' she said, firmly, "you must ake that dog out." Joe looked at her mournfully, but | According to an eminent professor,

CHILDREN'S COLUMN. The boy's feelings were evidently bur but he said nothing until he reached th door, then giving the teacher a reproachful look, with a pitying glance toward the dog, he said slowly, "And he's named for you."

> The Little Red Apple Tree. The Little-Red-Apple Tree! Oh, the Little-Red-Apple Tree! When I was the little-est bit of a boy, And you were a boy with me! The bluebird's flight from the topmost boughs.

> And the boys up there-so high That we rocked over the roof of the

And whooped as the winds went by!

Ho! the Little-Red-Apple Tree! With the garden beds below. And the old grape-arbor so welcomely Hiding the rake and hoe-Hiding, too, as the sun dripped through In spatters of wasted gold, Frank and Amy away from you And me, in the days of old.

Ab! the Little-Red-Apple Tree! In the edge of the garden-spot, Where the apples fell so lavishly Into the neighbor's lot-So do I think of you.

Brother of mine, as the tree-Giving the ripest wealth of your love To the world as well as me.

Oh, the Little-Red-Apple Tree! Sweet as its juiciest fruit Spanged on the palate spicily, And rolled o'er the tongue to boot, Is the memory still and the joy Of the Little-Red-Apple Tree, When I was the little-est bit of a boy. And you were a boy with me! -James Whitcomb Riley.

Just Held His Breath. Boys are odd conglomerations, and few there are who understand the emotions that prompt their actions.

ture taken, and when the family got dle power each. the negative of it they were horrified to see the face of the boy all puffed out and the eyes bulging, and exclaimed in a body: "Why, what on earth did you do to make your face look like that?"

"Didn't do a thing,' said the innocent little fellow, "but just see if I could hold my breath until the man got through takin' my picture.'

Knew Arithmetic Anyhow. A teacher of music in one of the public schools in the South desired to impress the pupils with the meaning of the signs "f" and "ff" in a song they were about to sing. After explaining that "f" meant forte, he said: "Now, children, if 'f' means forte, what does ff' mean?

Silence reigned for a moment, and then he was astonished to hear a bright little fellow shout: "Eighty!"

Would Not Change Methods.

The intense conservatism of the Britsh character is illustrated in the story of a young Englishman who came to America to seek his fortune and found his product was Germany, but he found when the red and white are both turn-

through Germany and paying for unnecessary transportation, to say nothing of the middleman's profit, let me send you the product direct. You can then buy even cheaper than the Germans, to whom you now pay a profit." The head of one of the largest houses

replied: "Really, Mr. Smith, our house has always found the goods bought in Germany satisfactory. This house has been in existence 200 years, and we can see no reason for changing satisfactory methods, you know."

sides and his trip was a failure.-Kansas City Star.

Couldn't Be Done.

At one of the gatherings in an electoral campaign Sir Ellis Ashmead Bartlett was frequently interrupted by a man in the body of the hall who resented his uncompromising remarks upon political opponents. The knight bore his trial with admirable good humor, till, seeing an opening for scoring a point, he said:

"Now, I am going to tell you something about the late Liberal Government that will make my friend's hair stand on end," indicating, with a smiling nod, the vigorous critic in the body of the hall.

"Wrong again!" shouted the irrepressible one, removing his cap and displaying a head as smooth as a billiard ball. "It can't be done."

Dewey's Discipline.

Admiral Dewey was always a strict disciplinarian, and occasionally inflicts punishment in curious ways. Once while in a foreign port he suddenly ordered the heaviest tackle to be got out of the hold without delay. After two hours' hard work his order was carried out, and he then directed that a large chew of tobacco which had been thrown under one of the guns be hoisted overboard. Never again on that cruise was such an unpardonable offense committed.-Chicago Chronicle.

Tempting Fate. "I have come," said the young man.

to ask you to let me have your daughter." "Never!" shouted the millionaire.

"Thanks," answered the other, as he hurried away. "Up to this time she has refused to smile upon my suit. When I tell her that you object to me she will

be mine!"-The Columbian. See the Words. picked up the pup, and with its head some persons see mentally in print scainst his cheek started for the door. every word they bear uttered.

SIGNAL TOWERS ON THE LAKES

Will Be Placed at Points Along Michi-

gan, Superior and Huron. In the near future the national weather bureau will begin the erection of a large number of signal towers at various points in the country for the benefit of shipping interests. From these towers will be displayed flag, make." There are those who sit impennant and light signals to warn vessels of predicted storms and tell them the directions from which the storms will come.

weather office. Lakes Michigan, Superior and Huron are under the Chicago office and at the various ports on these lakes steel and iron structures are to be built. They will first be placed at those points where the signal staffs heretofore in use have been blown down or have about reached the end of their usefulness. The total height of the towers, including topmasts, will be seventy-five feet. At the base the structure will be ten feet square. The four standards or corner posts will slant inward and come together at a point fifty feet above the ground. This will be the top of the tower proper. From this point a mast or flag pole will rise twenty-five feet. From the top of this mast will be displayed the flag and storm pennants. Forty-five feet above the ground will be placed a good thing on the side. the red light and ten feet above this the white light. These will be the only light signals. Wherever it is possible incandescent electric lights will be used for the lanterns. In case no the meter." electric lights are available the finest oil lamps will be utilized. Where electricity is employed the white lantern will be supplied with two lights of dianapolis Press. fifty candle power each and the red A certain little fellow had his pic- lamp will have four lights of fifty can-

When the red light is displayed alone



NEW SIGNAL TOWER.

it in a new process for manufacturing it will indicate that there is a storm lamp black. The principal market for coming from an easterly direction and that the German buyers, in turn, sold ed on the storm is approaching from a it in England. So he conceived the log- westerly point. Prof. Cox says that ical idea of going to England and sell- although the two lights are placed ten ing the lamp black direct, which ap- feet apart they will appear to occupy peared to be certain of success, for he almost the same point when seen from was able to say to the English firms: a distance beyond five miles. Conse-"Instead of buying my lamp black quently the light signals can be of no when observed so far away.

The Government recently issued an interesting document on the subject of the tower to the public in general and to intending bidders on the construction of the signal stations. In this it is stated that the tower is to be constructed of galvanized structural steel, "the design being similar to that of the ordinary steel towers used for windmills, except that the tower is extended upward in the form of a staff."

A SINGING MOUSE.

Poor Mr. Smith got this reply on all Little Rodent that Warbles Just Like a Canary.

> Mrs. M. E. Marshall, of Brownwood, Texas, has in her possession a singing mouse. This wonderful little animal was captured in a trap in Mrs. Marshall's home several months ago. Previous to its capture the inmates of the house frequently heard loud and most beautiful singing which seemed to come from the walls of the building. The notes of the music were almost identical with that of the canary bird, except the volume of music was much | Send for Catalogue. louder. Many long and fruitless searches were made for the supposed hidden canary, and finally some of the people who knew of the remarkable musical phenomena had their superstition aroused and the report was circu- La Grande, Medford, Seattle, Spolated that the house was haunted. Mrs. kane. Marshall, however, was willing to live with such a musical ghost. One morning a beautiful dove-colored mouse was found in a trap in the pantry. The found in a trap in the pantry. The color and general appearance of the little animal attracted immediate attention, and while the household were gathered about the trap inspecting the captive it began to sing like a canary. The notes were strong and clear. The The notes were strong and clear. The news that a musical mouse had been HARD WORKING WOMEN captured at Mrs. Marshall's home soon spread throughout the town, and hundreds of people called at the place and saw the little animal and heard it sing. Moore's Revealed Remedy A handsome cage was provided for it and it soon became completely domesticated. It sings hour after hour and seems to enjoy the distinction which it has attained. The house has been visited by people from far and near, and no one is able to explain the remarkable gift which it possesses.-Austin (Texas) Correspondence Chicago Rec-

Newfoundland Codfish. The annual export of codfish from Newfoundland is about 1,350,000 hundredweight.

Unfortunately a willing person nearly always a stupid person.

Whoever so named New York's BESTFORTHE cant phrase. Many a wretched criminal has found indeed therein that the path of sin is the path of death, and has mourned at the burial of his own blighted hopes and ruined resolutions. But "stone walls do not a prison mured in "the tombs" of a dead past and woeful present. Themselves, as Milton would have it, are their own dungeons. Let them lift up their heads Twenty-one towers will be erected to the dawn and freedom. God is not within the jurisdiction of the Chicago far from any one of us.—Baptist Union.

Do not omit the late cucumbers for pickling. The seed may be planted in June or July. The White Spine is an excellent variety, as it is uniform, round and of good length. It is also tender and very crisp, having a long stem, and they keep well as pickles. They must be picked off daily or they will grow too large. What Will Become of China?

None can forsee the outcome of the quarrel between foreign powers over the division of China. It is interesting to watch the going to pieces of this race Many people are also going to pieces be-cause of dyspepsia, constipation and stom-ach diseases. Good health can be retained if we use Hostetter's Stomach Bitters.

The Chicago Tribune thinks a cycle path for wheelmen may be considered

Poet's Trouble.

"The gas bill is twice what it was last month," said the poet's wife. 'There must be something wrong with

"I wish I were a gas company," sighed the poet. "Every time my meter goes wrong I lose money."-In-

Black cotton hose should be dried

and ironed on the wrong side to prevent fading. Beware of Cintments for Catarrh That

Contain Mercury, As mercury will surely destroy the sense of smell and completely derange the whole sys-tem when entering it through the mucous sur-faces. Such articles should never be used exfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

monials free.
Sold by Druggists, price 75c. per bottle.
Hall's Family Pills are the best.

The income of John D. Rockefeller. of the Standard Oil Company, increases at the rate of \$684 an hour, night and

City Clerk Donovan, of Boston, has chosen for his messenger a 17 year old chose his own messenger.

culatory functions, follow the ingestion whisk broom that has been dipped in of large quantities of tobacco.

BOWELS



KEEP YOUR BLOOD CLEAN

What is Smith doing now?" "He is traveling with a circus."

"Pretty hard work, isn't it," "No; he has nothing to do but to stick his head into the lion's mouth twice a day."-Tit-Bits.

Silence Is Golden.

Mrs. Stubb-John, would you refer to a gun as feminine? Mr. Stubb-I should think not Maria!

"And why not?" "Because guns can be silenced."-Chicago Evening News.

HOITT'S SCHOOL.

Menlo Park, San Mateo County, Cal., with its new buildings, newly furnished and complete laboratories, beautiful sur-roundings and home influences, is one of the best equipped schools for the training of boys and young men on the coast. It is in charge of Dr. Ira G. Hoitt and is ac-

credited at the universities. Send for catalog. Tenth year begins August 6, 1900. Eyesight is frequently impaired by the use of tobacco, due to the paralyzing of the nerves controlling the iris, or paralysis of the optic nerve, sometimes resulting in absolute loss of sight. Mothers will find Mrs. Winslow's Sooth-

ing Syrup the best remedy to use for their children during the teething period. The towns of Eddy and Moody. Tex., have each voted 'no license,' the former by a big majority.

Piso's Cure for Consumption is an infalable medicine for coughs and colds W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

In Prussia habitual drunkards may be legally put in charge of guardians.

Thermometer a Nursery Requisite. A thermometer is almost indespensigirl, Miss Annie G. Riley, the first of ble in the nursery. It should, if possiher sex to hold such a position in Bos- ble, hang in the middle of the room, ton. The civil service commissioners away from the door, window, wall and being unable to supply a girl in re- fireplace, where the mercury may be sponse to Mr. Donovan's request, he affected by the draught. It the room where the baby is obliged to sleep is very hot in the middle of the day, or a Confusion in the head, vertigo, stu- at night, hang a wet sheet over the por, faintness, nausea, vomiting, gen- window and leave the door open. eral depression of the nervous and cir- Sprinkle the sheet as it dries with a cold water.-Ladies' Home Journal.

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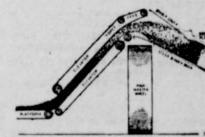
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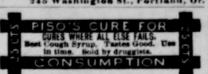
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