"Fride Goeth Before a Fall."

Some proud people think they are strong, idicule the idea of disease, neglect health, let the blood run down, and stomach, kidneys and liver become deranged. Take Hood's Sarsaparilla and you will prevent the fall and save your pride.

Hood's Sarsaparilla Never Disappoints

Blasted Hopes.

In moody silence, with lowering brow and folded arms, the young man stood before her.

He was a returned soldier, a volunteer officer, honorably discharged from the service of his country. He had come back, as he proposed,

to make the dear girl happy who had hung upon his neck when ne bade her good-bye to go to the wars.

But the dear girl had received him coldly.

A hustling commercial traveler had taken advantage of his absence and supplanted him in her affections.

So!" he said, at last. "You have no remorse for your faithlessness !"

"None whatever," she replied. "You prefer that chap with the sample case to me, do you?"

"Rather."

177

In

He drew himself up stiffly. "Miss Grenadine Corkins," he said, "I leave this house forever. I leave it," he added, picking up his hat, 'drummered out, but not drummed out!"

And as he marched out of the room with a military step the heartless girl called out "Left! left! left!" after him .- Chicago Tribune.

· NERVOUS DEPRESSION.

[A TALK WITH MRS. PINKHAM.]

A woman with the blues is a very uncomfortable person. She is illogical, unhappy and frequently hysterical.

The condition of the mind known as "the blues," nearly always, with women, results from diseased organs of generation.

It is a source of wonder that in this age of advanced medical science, any person should still believe that mere force of will and determination will overcome depressed spirits and nervousness in women. These troubles are Indications of disease.

Every woman who doesn't understand her condition should write to Lynn, Mass., to Mrs. Pinkham for her advice. Her advice is thorough common sense, and is the counsel of a learned woman of great experience. Read the story of Mrs. F. S. BENNETT, Westphalia, Kansas, as told in the following letter:

" DEAR MRS. PINKHAM:-I have suffered for over two years with falling, enlargement and ulceration of the womb, and this spring, being in such weakened condition, caused me to flow for nearly six months. Some time ago, urged by friends, I wrote to you for advice. After using the treatment which you advised for a short time. that terrible flow stopped.

"I am now gaining strength and flesh, and have better health than I ave had for the past ten years. wish to say to all distressed, suffering women, do not suffer longer, when there is one so kind and willing to aid you." Lydia E. Pinkham's Vegetable Compound is a woman's remedy for woman's ills. More than a million women have been benefited by it.

Too Big a Elsk. "Yes, I've made up my mind to have my life insured." "Any particular reason for it?"

"Going to be married next week." "Let's see, yoa're one of these popular fellows, aren't you?"

"Why, I fancy I'm pretty well known."

"Well, we can't insure you until after the wedding is over." "Why not?"

"Because there's no telling what your fool friends will do to you before you get out of town."-Cleveland Plain Dealer.

The Power of Storm.

The Cayman Islands were nearly overwhelmed by the recent storm. Apparently secure things are not safe. Even if you have health be on your guard. Disease works stealthly. An occasional dose of Hostetter's Stomach Bitters will keep the bowels regular and disease at bay. If you have inducestion and constitution try it. have indigestion and constipation try it.

"So your poodle ran away, Miss nic?" "Yes. I'm very sorry now 1 Chie?'' didn't have a muff made out of himas Jack wanted me to."-Puck.

There was a young man from Lenore, Who boldly went off to the war; The "beef" made him sick, He recovered quite quick By the prompt use of old Jesse Moore.

Use of sense makes no one poorer .--Ram's Horn.

To yourself you owe the duty, purify your system by Pfunder's Oregon Blood Purifier.

There's no denying the fact that Boston is one of the has-beans.

We will forfeit \$1,000 if any of our published testimonials are proven to be not genuine. The Piso Co., Warren, Pa.

Life is a big poker game in which everybody is bluffing the loser.

FITS Permanently Cured. No fits or nervousnes after first day's use of Dr. Kline's Great Nerve Restorer. Send for FKKE 52.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 530 Arch street, Philadelphia, Pa.

Slander is like mud; it only sticks where it finds affinity.

A Guaranteed Cure.

Most difficult to cure-Chronic Constipation. fet Cascarets Candy Cathartic are guaranteed o cure any case or money refunded. Drug-ists, 10c, 25c, 50c.

If delays are dangerous lawyers must be a brave lot.

SHAKE INTO YOUR SHOES.

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen smarting feet and instantly takes the sting out of corns and bunions. It's the greatest connort discov-ery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It is a certain cure for chilblains, sweating, damp, callons and hot tired, aching feet. We bunions. It's the greatest comfort discov Itisa certain cure for childians, sweating, damp, callous and hot, tired, aching feet. We have over 10,000 testimonials of cures. Try it today. Sold by all druggists and shoe stores. By mail for 25c in stamps. Trial package FREE. Address Allen S. Olm-sted, Le Roy, N. Y.

The best is the cheapest, but the cheapest isn't always the best.

Mothers will find Mrs. Winslow's Sooth-ing Syrup the best remedy to use for their children during the teething period.

On account of some scrt of a jar in the plan of organization the pottery trust has collapsed.

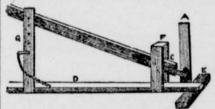
\$100 REWARD \$100.

The readers of this paper will be pleased to fearn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional dis-ease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundaof the system, thereby destroying the founda-tion of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The pro-prietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c. Hall's Family Fills are the best.



Handy Wagon Jack.

With this jack the heaviest load that can be put on a wagon can be lifted by one man, and thus, if a break occurs with a load on, it need not be unloaded to take a wheel off for repair. It is made with a lever in two joints (A and B), fastened together with straps of iron (C), in such a way that the part A works upon the straps C, which are firmly bolted to the long part of the lever (B) as a hinge. The foundation (D) is a 2x4 plank 6 feet long. At one end bolt on a 2x4 about 4 feet long (E), to prevent it upsetting. Bolt on the foundation, on each side, a 2x4 block (F) for a fulcrum. Bore a three-fourth inch hole through these blocks, 10 inches from bottom, and also through lever just below the straps. An iron pin through these holes makes the pivot. Great weight sometimes rests on these blocks,



WAGON JACK.

top with a block between. At the other end of foundation plank bolt on a 2x4 (G) so that the lever will work close to it, and bore three-fourth inch-holes in G two inches apart. Make a pin of hard wood to fit these holes, to hold the lever at any point desired. Make lever of tough wood; flatten where iron straps are bolted on, and also where it comes in contact with G. The top of lever (A) is placed under axle. If it does not reach block up each end of E.-Ohio Farmer.

Handy Water Supply.

I have a good wind pump on the north side of the house, about four yards away. It is over a good well which seldom, if ever, goes dry. The water is soft. The water is forced through a two-inch piping up into the house tank, which is a large galvanized tank in the kitchen. It has a box frame over it and a large lid to cover it up. When the tank lacks just a few inches from running over in the house it be- as desirable for a window garden as gins to flow out at a standing pipe. It for a table decoration or a flavor in flows through piping under the ground food. It is easily grown, and the

the meal, after it has passed through CATARRH OF THE PELVIC ORGANS. the animal, can then be rotted down into a much stronger fertilizer than it could while in the seed. It is such economies as this in the use of all parts of

The Reason Why So Many Women Are Sick.

organ of the female anatomy. If these women would only realized that their trouble is probably catarrh of the organs peculiar to women or pelvic organs, and cure themselves with Pe-runa, how much unnecessary suffering would be saved.

Mrs. G. C. Worstell, Clarksburg, W. Va., writes the following to Dr. Hartman. This is only one of hundreds of similar letters which the doctor receives from thankful women. Mrs. Worstell "I trust that no one will think savs: from this that I want my name in publie for any cause only to let sufferers. know where they may find relief from many ailments. 1 can truly say I have been much benefitted by the use of

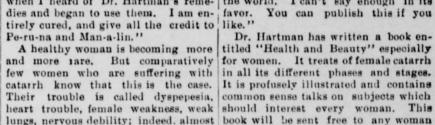
Pe ru-na. I feel better than I have Mrs. Eliza Wike says: "I would for two years. It be in my grave now if it had not been is the best medifor your God-sent remedy, Pe-ru-na. cine that I know for female troubbetter. No doctor could help me as les. I have taken Pe-ru-na did. I was a broken down medicine from the woman. It is now seven years past doctors and found no relief; but

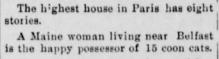
that 1 was cured." Mrs. Sarah Gallitz, of Luton, Ia., when I began also writes: "I was suffering with taking Pe-ru-na I the change of life. I had spells of could see that before I had taken the flowing every two or three weeks, first bottle that it was doing me good. which would leave me nearly dead. 1 I recommend it to all suffering women. had given up hope of being cured, I think that it is the best medicine in when I heard of Dr. Hartman's reme- the world. I can't say enough in its

Mrs. Eliza Wike, 190 Iron St., Akron, O.

Everybody says I am looking so much

Pe-ru-na and Man-a-lin." A healthy woman is becoming more Their trouble is called dyspepesia, lungs, nervous debility; indeed, almost the whole category of medical terms who addresses Dr. Hartman, Columbus, has been applied to catarrh of some Ohio.





Since 1841 the cultivated area of Ireland has dwindled from 4,000,000 acres to 2,000.000.

The expense of running an Atlantic where you can have a bit of ground. steamer for three years exceeds the have your own herb bed. You don't cost of its construction.

On German railways freight brings than anything you can buy. Plant from in 68 per cent of all receipts and costs the seed, keep the bed well weeded and only 33 per cent of all expenses. watered and cut when in flower. Tie

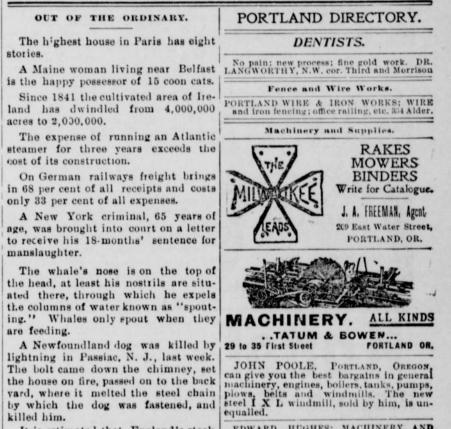
in bundles and dry, then sift them as A New York criminal, 65 years of you need. If you cannot have an herb age, was brought into court on a letter bed and grow them yourself, buy at to receive his 18-months' sentence for the market the whole dried herbs manslaughter.

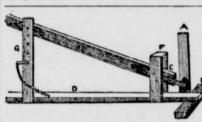
> The whale's nose is on the top of the head, at least his nostrils are situated there, through which he expels the columns of water known as "spouting." Whales only spout when they are feeding.

also for a garnish, it makes one of the A Newfoundland dog was killed by prettiest and most decorative window lightning in Passiac, N. J., last week. plants. Its fine foliage, its beautiful green, its thick, thrifty growth make it



Dr. Hartman has written a book entitled "Health and Beauty" especially common sense talks on subjects which





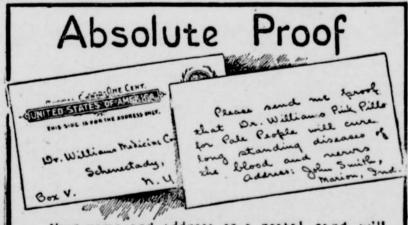
so they should be bolted together at

Among His Impediments.

"Youv'e got a lot of baggage," remarked the Washington friend who had accompanied him to the railway station.

"Yes," responded the retiring congressman, "but I carry something on in the bank and a steady job. Hope my mind that weighs me down more is a great factor in a love affair. Afthan all this stuff put together." 'What is it?'' inquired the other.

Tribune.



Your name and address on a postal card will bring you absolute proof that Dr. Williams' Pink Pills for Pale People will cure you if you are afflicted with any disease of the blood or nerves. Mention the disorder with which you are suffering and we will send evidence that will convince and satisfy you that Dr Williams' Pink Pills for Pale People will cure you

These pills contain, in a condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia. St. Vitus' dance, sciatica, neuralgia, rheumatism, partial paralysis and all forms of weakness either in men or women.

To a Lawrence Journal reporter Mr. G. H. Snyder, a well known etitizen of Lawrence, Kan., related a wonderful story. He said: "I am now seventy years of age. About three years ago I experi-enced a coldness or numbness in the feet, then creeping up my legs, until it reached my body. I grew thin, appetite poor and did not relish my food. I became unable to move about. Consulted several dis-tinguished physicians, one telling me I had locomotor ataxia, another, creeping paralysis. I took their medicines but continued to grow worse. A friend advised me to try Dr. Williams' Pink Pills for Pais People. Before I had finished my first box I found that they were becenting me. I used twelve boxes and was perfectly cured. Although over sit months since I used my hast pill there has been no return of the disease. My appetite is good and general health better than for many yeers."

Look for the full name on the package. At druggists or direct from the . Williams Medicine Co., Schenectady, N.Y. 50c. per box. 6 boxes \$2.50.

Few men can keep their good resolutions and a diary at the same time.

Tested and true. Oregon Blood Purifier. A Matrimonial Musing.

The average young man thinks he is

in a position to marry if he has \$250 ter the man is 40 he wonders how he ever did it, and when he eats pie at "It's my 'exl' said the departing night and has the nightmare he alstatesman, with a dry sob .- Chicago ways imagines that he is marrying again on \$250.-Atchison Globe.

the milk trough. It flows to the lower end of the cement trough, and then when the trough is so full it begins to run out, but still leaves a certain amount in the trough. After it leaves the cellar it flows through piping under the ground to the lower side of the horse lot, where it comes up in the large tank. There are two other tanks on the place that this same pump fills. Now, we have everything full of fresh water, and you may be sure that the cooks in the kitchen have had a good supply of fresh water, for all the water pumped by the pump first went through the house tank, and it all had to flow through the milk trough, too, so it has been very useful already -the milk and butter are kept cool. We have it arranged handy for bathing. The water never gets warm on the house tank, for fresh water is constantly flowing through. The piping is below freezing point.-Charles W. Lovelaw, in Practical Farmer,

A Movable Fence.

The illustration, from the American Agriculturist, shows a kind of fence panel with which either small or large yards can be made for pasturing pigs out of doors in summer-a fence that can be taken up and moved to a new location when it is desired to move the occupants of the pen to new ground. The posts of each panel of fence extend



about twenty inches below the lowest board, and are sharpened. If desired, hooks and staples can be placed ou each end part, so that two panels can be hooked together at the corners. Unless the ground is very loose, causing the stakes to be insecure, this will, however, hardly be necessary.

Better Use of Cotton Seed.

It seems almost incredible now that the old-time practice with Southern cotton planters was to pile all their cotton seed in heaps after it was separated from the cotton, and after it was rotted down it was used as manure. Now all the oil is pressed out of the cotton seed, and the meal is found to be an excellent feed for stock. This does not of his native land, is relatively what lose its material value, however, but he is used to, and would be entirely prohably makes it more effective, as congenial to his native tastes."

to the cellar. It goes in at a piping to leaves which are plucked are soon renewed. If you have a sunny south window in the kitchen or dining-room. by all means set the parsley growing. -Sallie Joy White.

> Rubber Shoes for Horses. While improved roads enable a horse to draw a load with less exertion, the pounding on the hard surface has a

> the cotton plant that make it possible '

to grow cotton at much lower prices

than anyone could have thought could be done in the old wasteful times.-

Waste on the Farm.

Good management both on the farm

and in the household demands that all

source of waste be guarded against

and that all by-products be utilized to

the best advantage. That the kitchen

and table waste are generally realized.

Don't waste your cold bread; and after

each meal take the bread that is left,

carefully cut off all the top crust, place

these in some sour milk, same as you

use for making bread, in time to be-

come thoroughly soaked before making

bread for another meal. Then when

you are ready to make your bread take

one or two of the soaked biscuits, crum-

ble them up and mix well with your

dough, and your bread will be lighter,

and it will not take as much lard as

the ordinary way. Those that try it

will be pleased with the result, for it is

a great saving and makes a nice dell-

clous biscuit. Don't depend upon the

top of your stove for anything. There

is nothing like a good oven for making

There is little or no danger of scorch-

ing, and the long, slow cooking results

in clear, delicious preserves. Don't

waste fuel by keeping fire when not

necessary. While ironing on top, do

your baking or preserving in the oven.

Don't let the cheese mold. Use it in

preparing cooked dishes. Don't neglect

your household duties, but let each one

of us make our duties as light as possi-

ble. Use judgment in our work. Learn

to apply the old saying, "Let your

brains save your heels." To imagine

some one else has an easier time than

we do does not lighten our tasks, and

only results in making us disagreeable

and unhappy. Women should realize

and with the realization accept the fact

that their household duties are some-

thing to be taken up and carried on

cheerfully and uncomplainingly, mak-

ing the home happy and pleasant for

Have an Herb Garden.

marjoram, thyme and bay. If you live

know how much nicer the herbs will be

rather than any preparation of ground

herbs. You will get more strength

from them and better results of sea-

soning. As for parsley, which you

want in soups, in made-over dishes, in

dishes prepared a la Lyonnaise, and

The "sweet herbs" are sage, savory,

all in it.-Mrs. J. R. Brenton.

nice preserves.

American Cultivator.

rather serious effect on the joints of the animal's leg. causing them frequently to go lame from no other cause whatever. This is to be remedied by the elastic tread shoe, which offers at all times a RUBBER SHOE. soft cushion for the animal's foot and yet a firmer one than the ordinary type of metal shoe. This is done, further, without the use of screws, which have the objection of soon becoming loosened by the constant

hammering. The shoe proper, which is fastened to the hoof in the usual way, has an inclined wall around the outer surface, inside of which a rim of rubber is placed which acts as the cushion. The latter is held firmly in place by a securing plate clamped to the shoe by three depending pins, one of which is supplied with a bolt. This holds the three parts securely together. Rubber for this purpose is very durable, and lasts a long time, and when finally worn out can be readily replaced without any special knowledge of horseshoeing. The rubber gives a sure footing at all times, and on all characters of road, while such is notthe case with the metal shoe, for the latter sometimes becomes smooth, when a sheet of asphalt presents almost as dangerous a surface as one of

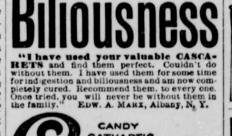
Send Them to Alaska.

See.

The Portland Oregonian warmly approves the suggestion that the Finns, who will come to this country to escape the oppression of Russia, be induced to settle in Alaska. "Here," it says, "in a region close under the Arctic line, and bordering upon the sea, are general conditions paralleling those to which the Finnish people are native. In the timber fields, in the strips of agricultural land and in the teeming waters of Southern and Southeastern Alaska the Finn would find scope and opportunity for the labors to which heredity and experience impel him. The climate, while less frigid than that

It is estimated that England's stock of coal will last 200 years longer and North America's 600 years. It is not likely, however, that these supplies will ever be needed, as it is probable that before many decades have passed power will be gained in other ways.

For 25 years Henry Zeigler has owned a farm of 300 acres in Pittston. Pa. He has always been a poor man. It has just been discovered that the land contains a rich deposit of coal, and is worth about \$1,500,000.









IF YOU ARE SICK

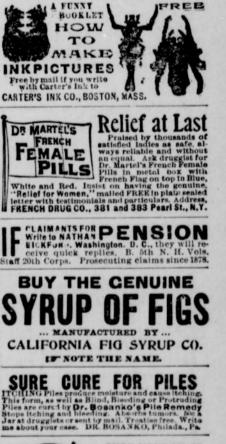
u have a continuous tired feeling; if ever of your body seems tired out, especiali back, you need

Moore's Revealed Remedy One bottle makes the blood purer-brings re-lief. Thousands have been cured. \$1.00 per bottle at your druggist's.



ONE FOR A DOSE. Cure Sick Headache and Dyspepsia, Remove Pimples and Purify the Blood, Aid Digcation and Prevent Billousness. Do not Grips or Sicken. To convince you, we will mail sample free, or full hox for 25c. DR. BOSANKO CO., Philada., PCuna. Sold by Druggists.





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Dr. Ernest Barton, specialty, diseases of the Skin and Rectal Surgery. 131 3rd St., Portland.





of receipt of price, by PABST CHEMICAL CO., Chicago, IL

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. H. WOODARD & CO., Expert Truss litters, 108 Second Street, Portland, Or.

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