

## Good Health

**Able to Work Every Day Since Taking Hood's Sarsaparilla.**

"I was a great sufferer from stomach trouble and was not able to retain food. After taking a few bottles of Hood's Sarsaparilla I was able to eat almost anything I wished, and I have been well enough to work every day. I am now enjoying good health."—L. J. Ferguson, Monroe, Or.

**Hood's Sarsaparilla** is America's Greatest Medicine. It is sold in 25 cent bottles. Hood's Pills cure indigestion. 25 cents.

**Westernization of the Japs.**  
Kioto, Japan, formerly regarded as the sacred city of the Mikado, is being thoroughly westernized, having adopted the overhead trolley and arc and incandescent lighting. The power for the operation of the street railway is supplied by the waters of Lake Biwa, which are utilized through the agency of extensive canals, the plant being one of the largest engineering projects completed by native engineers.

## SYRUP OF FIGS

**NEVER IMITATED IN QUALITY.**

**THE EXCELLENCE OF SYRUP OF FIGS** is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP CO. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP CO. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP CO. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not gripe nor nauseate. In order to get its beneficial effects, please remember the name of the Company—

**CALIFORNIA FIG SYRUP CO.**  
SAN FRANCISCO, CAL.  
LOUISVILLE, KY. NEW YORK, N. Y.

When the sparrow hawk is swooping down on its prey, it cleaves space at the speed of 150 miles an hour.

**HOW'S THIS?**

We offer One Hundred Dollars Reward for any case of Catarrh that can not be cured by Hall's Catarrh Cure.  
F. J. CHENEY & CO., Props., Toledo, O.  
We the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

**WEST & TRUAX.**  
Wholesale Druggists, Toledo, O.  
**WALDING, KINMAN & MARVIN.**  
Wholesale Druggists, Toledo, O.  
Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all druggists. Testimonials free.  
Hall's Family Pills are the best.

In Egypt fans were used in religious ceremonies, made of parchment or feathers.

**FITS** Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Sold by F. R. K. & Co., 101 Arch and Treatise, DR. R. H. KLINE, M.D., 330 Arch street, Philadelphia, Pa.

I believe my prompt use of Pilo's Cure prevented quick consumption.—Mrs. Lucy Wallace, Marquette, Kansas, Dec. 12, 1895.

## A Beautiful Present

In order to further introduce **ELASTIC STARCH** (Flat Iron Brand), the manufacturers, J. C. Hubinger Bros., Co. of Keokuk, Iowa, have decided to **GIVE AWAY** a beautiful present with each package of starch sold. These presents are in the form of

## Beautiful Pastel Pictures

They are 1 1/2 x 1 1/4 inches in size, and are entitled as follows:

**Lilacs and Pansies.**



**Wild American Poppies.**

**Pansies and Marguerites.**



**Lilacs and Iris.**

These rare pictures, four in number, by the renowned pastel artist, R. LeRoy, of New York, have been chosen from the very choicest subjects in his studio and are now offered for the first time to the public. The pictures are accurately reproduced in all the colors used in the originals, and are pronounced by competent critics, works of art. Pastel pictures are the correct thing for the home, nothing surpassing them in beauty, richness of color and artistic merit. One of these pictures will be given away with each package of purchased of your grocer. It is the best laundry starch on the market, and is sold for 10 cents a package. Ask your grocer for this starch and get a beautiful picture.

**ALL GROCERS KEEP ELASTIC STARCH. ACCEPT NO SUBSTITUTE.**

### As to the Poppy.

And poppies! You must have poppies! They're just as much a necessity as corn flowers, but with this advantage: Corn flowers must be their own beautiful blue, while poppies—well, you make up your mind and then order your poppies to suit. A pale green poppy may not be warranted somniferous, but you don't court Morpheus in your hat—no, not even in a five-dollar one!

Pretty good showing for the price, isn't it?

The word "hairbreadth," now used for an infinitesimal space, was once a regular measure. It was the width of 10 hairs laid side by side.

### A PHILIPPINE HEROINE.

One of the Philippine insurgent leaders is a beautiful woman whose life seems to be charmed. She has often rushed bravely into the very teeth of death from guns and cannon, but has never been wounded. Frequently we see people in this country who live so long that their lives seem charmed also, but the only charm about it is that they keep up their strength and vitalize their blood with that celebrated remedy, Hostetter's Stomach Bitters.

The sound of a bell which can be heard 45,000 feet through the water can be heard through the air only 456 feet.

### DEAR MADAM:

Your bread needn't smell of soda or alum or lime.

Schilling's Best baking powder has no lime or alum or excess of soda.

It is stated that vast uncovered untouched beds of sheet mica lie within 50 miles of Kiao-Chou bay, China.

Try Schilling's Best tea and baking powder.

Gloves made of frogskin are the latest novelty.

### CIGAR RIBBONS.

A fine collection of cigar ribbons will be sent by enclosing 25 cts. to Globe Cigar Co., 115 1/2 Fulton St., San Francisco, Cal.

The one colored member of congress is named White.

### CONSULTING A WOMAN.

**Mrs. Pinkham's Advice Inspires Confidence and Hope.**

Examination by a male physician is a hard trial to a delicately organized woman.

She puts it off as long as she dare, and is only driven to it by fear of cancer, polypos, or some dreadful ill.

Most frequently such a woman leaves a physician's office where she has undergone a critical examination with an impression, more or less, of discouragement.



This condition of the mind destroys the effect of advice; and she grows worse rather than better. In consulting Mrs. Pinkham no hesitation need be felt, the story is told to a woman and is wholly confidential. Mrs. Pinkham's address is Lynn, Mass. she offers sick women her advice without charge.

Her intimate knowledge of women's troubles makes her letter of advice a wellspring of hope, and her wide experience and skill point the way to health.

"I suffered with ovarian trouble for seven years, and no doctor knew what was the matter with me. I had spells which would last for two days or more. I thought I would try Lydia E. Pinkham's Vegetable Compound. I have taken seven bottles of it, and am entirely cured."—Mrs. JOHN FOREMAN, 26 N. Woodbury Ave., Baltimore, Md.

The above letter from Mrs. Foreman is only one of thousands.

### A SPANISH FIRE-EATER.

Remarkably Checkered Career of Emilio Castelar, Revolutionist.

Emilio Castelar, who brought down upon his head the wrath of the Spanish Senate by his letter in which he

blamed Queen Christina for Spain's troubles, is the republican leader in the politics of the peninsula. Like all revolutionists, Castelar has had his ups and downs, and knows no fear. When the home troubles came with the American war

Castelar patriotically refused to head 20,000 republicans who desired to take advantage of the foreign complication and overthrow the monarchy. Castelar is now 60 years old. He inherited his love of liberty from his father, who lived in England an exile under sentence of death for agitation, and who died destitute in 1839. The son was given a fine education and was for a time professor of philosophy in the University of Cadiz, the town of his birth and heart. He lost his place when he founded the newspaper La Democracia of Madrid. His conduct with this paper earned him the sentence of death, but he escaped to Switzerland and France. When Isabella II. was dethroned he returned to Spain and labored for a republic. Restored to his professorship he resigned in 1875. King Amadeo resigned in 1873 and Castelar became minister of foreign affairs of the republic, and later in the same year was the executive head of the republican government. Castelar has been in and out of cortes for years, and divides public attention with Sagasta. He is a learned man, and is supposed to be far ahead of his country in his ideas of modern statesmanship. Since the outbreak of the present war he has manifested bitter animosity toward this country, and with tongue and pen has made savage attacks upon the people and the government of the United States.

### BUILT THE OREGON.

The Man Who Did It Famed Chiefly for His Integrity.

Irving M. Scott, the man who built the battle ship Oregon, is the head of the Union Iron Works, San Francisco. He is a native of Hebron Mills, Baltimore County, Md., and is 61 years old. His father was a Pennsylvania Quaker clergyman and his mother was a devout Quakeress—two facts which account for the soundness of the Oregon's boilers and her trustworthiness as a ship. Young Scott was educated at a public school in Baltimore and at Milton Academy. In 1854 he began the study of mechanical engineering, and in 1858 he went to San Francisco to be a draftsman for the Union Iron Works, then the property of Col. Peter Donohue. In 1862 Mr. Scott went into the manufacture of mining machinery and



IRVING M. SCOTT.

designed many machines that are still used in heavy and deep mining. Soon, however, he returned to the Union Iron Works and has been the guiding spirit of that great plant ever since. Mr. Scott not only made a success of heavy machinery building, but he interested himself in the social and political life of San Francisco, and has occupied many important public positions in the metropolis of the coast. He has been a candidate for the State Senate, a member of the taxpayers' convention and a regent of the University of California. His wonderful success as a builder of battle ships has caused him to be called to St. Petersburg by the Government of the Czar, which wishes his advice about the building of big war ships for the Russian navy.

### Talking It Over.

Miss Macfall—I wouldn't marry a man who was less than 30 years old.

Miss Kittish—Ah, selfish to the last, I see.

Miss Macfall—What is there selfish about that?

Miss Kittish—Why, you wouldn't want, when you died of old age, to leave your husband in his prime and have a chance to get some young girl and be happy.

### Fresh Flowers.

In Berlin the hospitals and almshouses are regularly supplied with sweet, fresh flowers plucked from the public gardens before they begin to fade, and twice a week each of the national schools receive over 100 specimens of four different kinds of plants for botanical demonstrations.

### Age of Frogs.

The common pond frog's natural lifetime is twelve to fifteen days.

Out of evil comes good. The apple that Eve ate has given employment to thousands of tailors and dressmakers.

About two-thirds of the credit a man gets for doing things rightly belongs to others.

Taking time by the forelock causes lots of worry about things that never happen.

### Modern Methods in the Old World.

The lighting of the tombs in the interior of the pyramids and the outlining of the tops of the pyramids with arc lamps has brought home to Western minds the fact that electricity is rapidly being adopted in the far Eastern countries. The Western Electrician in a recent issue states that electric lighting, especially for household purposes, is rapidly progressing in Egypt. It is offered at cheap rates, and is far preferable in the Egyptian climate to the very ordinary quality of gas supplied by the gas company at Cairo, which has been granted a concession to supply electric light. Only two trains on the government railway are at present equipped with electric lights, but other installations are proposed. The gas company mentioned has contracted to light all Cairo by electricity in lieu of gas, and it is confidently expected that Alexandria will soon adopt the same method.

### Somewhat Fishy.

Wonderful are the tales of travelers, and the proof, remarks Youth's Companion, is generally ready for purposes of substantiation, if their truth is called in question.

A tourist who had returned from a trip to Seattle and Tacoma was describing to his Eastern friends the glories of that region, its marvelous climate, and the rapid strides its people are making in the arts and sciences of civilization.

"I tell you," he said, "they are away ahead of you people here. Even the animals are more sprightly, and have more go-aheadiveness about them than the animals in this part of the country."

"I have heard," said a sarcastic listener, with a wink at the other, "that the fish out there can sing."

"Well, they do have a kind of Puget Sound about them," rejoined the traveler.

### Dainty as a Dewy White Rose.

Another creamy white straw is as dainty as a new-born wild rose, with its soft folds of pink chiffon coyly hidden under roses chenille dotted black Brussels net. Pinky roses are next the hair, half hidden under the brim.

### Bad Digestion, Bad Heart.

Poor digestion often causes irregularity of the heart's action. This irregularity may be mistaken for real, organic heart disease. The symptoms are much the same. There is however a vast difference between the two: organic heart disease is often incurable; apparent heart disease is curable if good digestion be restored.

A case in point is quoted from the New Era, of Greensburg, Ind. Mrs. Ellen Colson, Newport, Ind., a woman 43 years old, had suffered for four years with distressing stomach trouble. The gases generated by the indigestion pressed on the heart, and caused an irregularity of its action. She had much pain in her stomach and heart, and was subject to frequent and severe choking spells which were most severe at night. Doctors were tried in vain; the patient became worse, dependent, and feared impending death.



### A Case of Heart Failure.

She was much frightened, but noticed that in intervals in which her stomach did not annoy her, her heart's action became normal. Reasoning correctly that her digestion was alone at fault she procured the proper medicine to treat that trouble and with immediate good results. Her appetite came back, the choking spells became less frequent and finally ceased. Her weight, which had been greatly reduced was restored and she now weighs more than for years. Her blood soon became pure and her cheeks rosy.

The case is of general interest because the disease is a very common one. That others may know the means of cure we give the name of the medicine used—Dr. Williams' Pink Pills for Pale People. These pills contain all the elements necessary to give new life and richness to the blood and restore shattered nerves.

The tomb of Mohammed is covered with diamonds, sapphires and rubies, valued at \$12,500,000.

### WAGONS IMPROVED.

The new improved Stoughton wagons stand the racket. Three more car loads are on the way. It pays to have the best. Write for free catalogue. JOHN POOLE, sole agent, foot of Morrison street, Portland, Or.

The Massachusetts militia will dispense with the bayonet.

### TRY ALLEN'S FOOT-EASE.

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous, and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. Ten thousand testimonials of cures. Try it today. Sold by all druggists and shoe stores for 25c. Sent by mail for 25c in stamps. Trial package FREE. Address Allen S. Olmsted, Le Roy, New York.

### A Home-Made Freak.

"Ma, can't I go to the show and see the wild man?"

"No, child, I'll do the best I can for you. I'll iron all the buttonholes out of your father's shirts."—Indianapolis Journal.

# CONSUMPTION CAN BE CURED

The Doctor Slocum System Has Proven Beyond Any Doubt Its Positive Power Over the Dread Disease.

## EXTERMINATING THE CURSE OF AGES

By Special Arrangement with the Doctor, Three Free Bottles Will be Sent to All Readers of This Paper.



The Doctor Slocum System, as the name implies, is a comprehensive and complete system of treatment, which attacks every vulnerable point of the disease and completely vanquishes it. It leaves no point unguarded; it leaves no phase of the trouble neglected; it cures, and cures forever, Weak Lungs, Coughs, Bronchitis, Catarrh, Consumption and all other throat and lung diseases by absolutely obliterating the cause.

**FREE**

EDITORIAL NOTE.—The Doctor Slocum System is Medicine reduced to an Exact Science by the World's most Famous Physician. All readers of this paper, anxious regarding the health of themselves, children, relatives or friends, may have three free bottles as represented in the above illustration, with complete directions, pamphlets, testimonials, advice, etc., by sending their full address to Dr. T. A. Slocum, the Slocum Building, New York City. This is a plain, honest, straightforward offer, and is made to introduce the merits of The New System of Treatment that Cures, and we advise all sufferers to accept this philanthropic offer at once. When writing the Doctor please mention this paper. All letters receive immediate and careful attention.



**FITS!**

**EPILEPTIC SPELLS**

"Not to take a cure for an otherwise fatal disease is to practically commit suicide."

EDITOR'S NOTE.—All sufferers are advised to send for Gratuitous Expert Advice and a Free Bottle of this New Discovery, which is an Unfailing Cure for any and all of the frightful forms of Epilepsy and allied nervous diseases. When writing Doctor May, please mention this paper.

Greenwich Time for Frenchmen.

The French chamber of deputies has finally passed a law that hereafter time shall be computed from the Greenwich meridian. Until this time France has counted time of the Paris meridian, which created great confusion in the railway time tables and connections.

Dr. T. H. White, No. 271 1/2 Morrison street, cor. Fourth, Portland, Or., has the most complete modern dental appliances to be found in the Northwest. Electricity is used in all cases where indicated, and the result is pleasing, and a surprise to patients who have suffered under the old regime. Teeth without plates, bridge work and gold crowns are welcome indeed to the patient who has had the opportunity to avail themselves of such as are made by Dr. White. Painless dental operations are performed daily. Teeth filled, cleaned, and where extraction is necessary, which is rare, without pain.

### WANTED EMPLOYMENT.

An experienced accountant and salesman is open for an engagement. Twenty-five years' experience as salesman, book-keeper and buyer. General merchandise and hardware preferred. Address W. room 27, Lambert block, Station A, Portland, Or.

### YOUR LIVER

Is it Wrong? Get it Right. Keep it Right.

Moore's Revealed Remedy will do it. Three doses will make you feel better. Get it from your druggist or any wholesale drug house, or Tom Stewart & Holmes Drug Co., Seattle.

### PISO'S CURE FOR CONSUMPTION

CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

## If You Suffer

From Epilepsy, Epileptic Spells, Fits, St. Vitus' Dance, Falling Sickness, Vertigo, etc., have children or relatives that do so, or know people that are afflicted, My New Discovery,

## Epilepticide,

Will cure them, and all you are asked to do is to send for a Free Bottle and try it. I am quite prepared to abide by the result. It has cured thousands where everything else has failed. Please give full name, AGE, and postoffice and express address

WM. H. MAY, M.D., May Laboratory, 94 Pine St., New York City.

## Zufgepaßt!

Um unter Blatt, die "Nachrichten", in solche Stelle einzuführen, in denen es bisher noch nicht genügend bekannt war, senden mir es nun jetzt an bis zum 1. Januar 1899 frei an alle diejenigen, welche für das nächste Jahr unter Abonnenten werden und den Betrag dafür, \$2.00, jetzt einbringen. Man lasse sich Probe-Nummern schicken.

German Publishing Co., Portland, Or.

## CURE YOURSELF!

Use Big Cure for Catarrh, Discharges, Inflammations, Irritations or ulcerations of mucous membranes. Painless, and not attracting attention of physicians.

## WHEAT

Make money by successful speculation in Chicago. We buy and sell wheat on margin. Fortunes have been made on a small beginning by trading in futures. Write for full particulars. Best of references given. Several years' experience on the Chicago Board of Trade and a thorough knowledge of the business. Send for our free reference book. DOWNING, HOPKINS & Co., Chicago Board of Trade Offices, Chicago, Ill. Portland, Oregon and Seattle, Wash.

### WILL & FINCK CO'S SPRING EYE GRASS NEEDLES.....

Plain or with Cutters. The best needles in the market. Used by all sick sewers. For sale by all general merchandise stores, or by

WILL & FINCK CO., 820 Market Street, San Francisco, Cal.

**OPIUM** MORPHINE COCAINE LAUDANUM  
Dr. J. C. HOFFMAN, 404 Isabella Bldg., Chicago, Ill.  
N. P. N. U. No. 30, '98.  
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