A School Girl's Nerves.

This record is of especial value to parents. It's a message from a loving mother dedicated to the mothers of growing girls. A truthful narrative of the utmost interest and import.

It is important that the nerves are carefully guarded. Mothers who have young daughters of school age should watch their health more carefully than their studies. The proper development of their bodies

is of first importance. After the confinement of the school room, plenty of out-door exercise should be taken. It is better that children never learn their a, b, c's, than that by over-study they lose their health.

All this is self-evident. Everyone admits it—everyone knows it, but everyone does not know how to build the health up when once broken down, even the best

physicians failing at times.

The following method of Mrs. Stephen Barnes, whose post office address is Burney, Ind., if rightly applied, may save

your daughter.

When her daughter Lucy was at that critical girlhood age of twelve years she grew weak and nervous.

"Previously she had been a bright. healthy young girl," says Mrs. Barnes, "She was diligent and progressive in her studies.

studies.
"It became necessary, however, for her

to leave school.
"She was overtaxed mentally and physically.
"Her nerves were at such a tension

that the least noise irritated her.
"She had continual twitching in the arms and lower limbs and symptoms of St. Vitus' dance.
"Her blood was out of order she was thin and pale, almost lifeless. In three

LOCAL DIRECTORY

CHURCHES

first Sunday of each month.
R. W. King, Pastor,

METHODIST EPISCOPAL—Services every Sabbath 11:00 a. m. and 7:30 p. m. Sunday school 9:30 a m. Prayer meeting 7:00 p m. Thursday. D. T. Summerville, Pastor.

CUMB. PRESBYTERIAN—Services every Sabbath 11:00 a.m. and 7:30 p.m. Sunday school 9:30 a.m. Y. P. C. E., Sunday 6:30 p.m. Prayer meeting Thursday, 7:30 p.m. E. E. THOMPSON, Pastor.

St. James Episcopal Church-Lay-Services every Sunday at 11 o'clock a. m.

SECRET ORDERS.

A. O. U. W.—Charity Lodge No. 7 meets first an third Fridays of each month, 7:30 p. m. Lodg room in Union block. W. H. FLETCHER, M. W.

J. D. BAKER, Becorder.

F. A. Powell, Pastor.

BAPTIST-Services Sunday 11 a. m. and BAPTIST—Services Sunday 11 a. m. and 730 p. m.; Sunday school 9:50 a. m.; the young people's society 6:15 p. m. Prayer meeting Thursday 7:30 p. m. Covenant meeting first Thursday evening before the

months she lost twenty-three pounds.

"We did everything possible for her, and she had the best of medical treatment.

"Several skilled physicians attended her, but no benefit was apparent.

"A family friend visiting us, told how her daughter had been similarly affected, but cured by Dr. Williams' Pink Fills for

Pale People.
"She urged us to try the pills, and we finally consented.

We have always rejoiced that we did. "The pills heiped Lucy at once, and after taking eight boxes she was entirely

"She is now in perfect health, strong, weighs ten pounds more than ever before, and her cheeks are full of color. "Two years of schooling were missed on account of ill health, but now she can

gratify her ambition to study and become an educated woman." The reason that Dr. Williams' Pink Pil's for Pale People were helpful in the above

of the body, the conveyer of good or bad health, it is necessary that it should be pure, rich and red. Dr. Williams' Pink Pills build up the

blood by supplying its life giving elements which nourishes the various organs, stim-ulating them to activity in the performance of their functions and thus drives disease from the system.

The pills are in universal demand and

Frank Abram Powell will preach next Lord's day at 11 a. m. on "Eternai Pleas- W W McDonald to Edna S Green ures," in the evening the congregation | 85 a sec 30 t 3 r 3 will join in the union Bible service at the I C Hewett et ux to A W Hewitt M. E. church.

Children and adults tortured by burns, Jas Snyder et ux to R L Booth 40 scalds, injuries, eczema or skin diseases may secure instant relief by using De-Witt's Witch Hazel Salve. It is the great pile remedy. Hill's Pharmacy.

The Salvation Army is going to have a swearing in of recruits on Sunday, March 27th, 1898. All are invited. Also on March 29th we are going to have Capt. Hawkes, the divisional band master and mercy box agent, with us, and the transokintograph, the wonderful talking machine; grand time predicted. All are

J. H. Connor, Capt. in command.

What pleasure is there in life with a headache, constipation and biliousness? Thousands experience them who could become perfectly healthy by using De-Witt's Little Early Risers, the famous little pills. Hill's Pharmacy.

An agent who was in town this week has a new scheme. "If you will buy my book," he said, "I will make a dollar F M McLeod et ux to Wm Sharp case, is that they are composed of vegetable remedies which act cirectly on the impure blood, the foundation of disease.

As the blood rushes through all parts

The Phil Sheridan ramphican club of Mand S and Frank Patton to H. V. profit. Now give me fifty cents, and I

The Phil Sheridan republican club of this place met last Saturday and reorganized and completed arrangements for thorough and effective work during the J L Hoskins et ux to O & C R R campaign. H. H. Winslow was elected vice president and P. M. Scroggin secre- Union Lodge No 64 A F & A M to tary. Committees were appointed and it was decided to meet every two weeks. The next meeting of the club will be Saturday, March 26th .- Sheridan Sun.

Sunday night dogs got into a band of sheep belonging to R. O. Jones and killed or fatally injured thirteen fine lambs. The sheep were in a lot near P. P. Durant's residence. Mr. Jones would be justified in making a raid on some of the worthless curs about town. A good dog is all right, but there are too many of the worthless kind .- Amity Valley

The Oregon Land Co. of Salem made assignment Saturday in favor of Chas. Scott of Woodburn. The Oregon Land property on north E street, and will soon | Company has been a most prominent factor in the upbuilding of Salem and Wait till the Easter millinery bills Marion county, having been organized

ten rid of, and the system reno-Don't annoy others by your coughing, vated and prepared for the siege of summer. Unless Nature is assisted in this task, the strain on the system is too severe, and a breakdown is the result. Some seriously affected by eating head-cheese people neglect to supply this aslax, appetite fails, and they are Prof. Boardman, temporary supply of totally disabled for a season.

is logically the best tonic on the Whooping cough is the most distressing market. The general health needs malsdy; but its duration can be cut short building up, hence a tonic is needed that is entirely harmless. S. S. S. croup and all lung and bronchial troubles. is purely vegetable, and is the only blood remedy that is guaranteed Prof. John Harland, representing the to contain no potash, mercury, or improved 18-karat oil painting, is in the other harmful mineral ingredient. city this week. The process consists of It is Nature's remedy, being made from roots and herbs gathered from Nature's great storehouse. It thoroughly cleanses the blood of For the next 30 days I will sell wall all impurities, tones up the genpaper at way down prices to make room eral health, renews the appetite for new stock on the way. I do not carry and imparts new life and vigor to the entire system. Dangerous typhoid fever and other prevalent summer diseases seldom attack a

> spring. Get S. S. S. and be pre-



Real Estate Transfers.

Week ending March 22d:

6.85 at 5 r3 ...

a sec 1 t 5 r 7

I C Hewitt et ux to H W Hewitt 49.100ths a t 5 r 3 S Brooks et ux to Chas Bene-

diet 88.89 a t 3 rs. Chas Benedict et ux to J S Brooks

88.89 a t 3 r 3 W.C Krager et ax to J L Myers pt lot 2 blk 9 Deskins' add to New-

T H Smith to Wm Bloom 45 a pt Jno Scales d l c t 2 r 3

HW Hewitt to I C Hewitt 77-100th

W Hewitt et ux to I C Hewitt

10-100ths a t 5 r 3 AW Hewitt et ux to I C Hewitt 4.09 at 5 r 3 ...

A W Hewitt to I C Hewitt 78-100th at5r3 J W Henry, sheriff, toR H Lamson

319.75 a pt C E Fendall dlc t 5

M J Nance 160 a sec 34 t 5 r 7... Maud S and Frank Patton to H V D Hobson lt 7 blk 17 Central add to Newberg

Co 67-100ths a t 3 r 2.

Chas Lafollette lot 78 Masonic cemetery Sheridan

Do you know, that Elsia Wright carries a full line of lubricating oils for machinery? Owners of valuable harvesting and other machinery cannot afford to experiment with poor oils. He carries the best on the market and they are warranted

SUMMONS.

In the Circuit Court of the State of Oregon, or the county of Yamhill, in equity.
Clarence E. Cundall, Plaintiff,

B. N. Daniel, administrator of the estate of John H. Maddux, deceased; G. M. Fennell, Melvin M. Edwards and Mary E. Edwards, Defendants.

To G. M. Fennell, one of the defendants above named:

Wait till the Easter millinery bills come in; then those fierce men who want war can have it.

Hoskins will repair your harness or sell you new, and put you in good shape for spring work. See him.

Miss Emma McGee will return to McMinnville from Santa Barbara, Calif., this week, having started Monday night by steamer.

Horse shoeing, all kind of repair work, plow sharpening, etc., done at lowest rates by E. F. Sutherland, at Johnson's old stand on B street.

Mrs. G. D. Arnold of Fort Scott, Kansas, arrived here last week on a visit to her sister, Mrs. M. Underwood.

Geo. W. Jones inaugurates the spring campaign in public improvement by a new fence and sidewalk in front of his residence property.

The call extended by the session of the Presbyterian church to Rev. Geo. D. Willingham of Stainford, Ills., has been accepted, and the new preacher will begin his work about the first of May.

The Methodist church of this city elected delegates to the county S. S. conventitied to move in resision at Newberg as foltons on the first of the proposition of the here is a general house-time to the property of the property situated in the county of Nature. Every spring the will another the company has fallen and it is to be hoped that its business affairs can be so arranged that it will be permitted to resume business in the near future.

Now is the time by the company has fallen and it is to be hoped that its business affairs can be so arranged that it will be permitted to resume business in the near future.

Now is the time below the first of May.

The Methodist church of this city elected delegates to the county S. S. convention to move in session at Newberg as followed the first of May.

The Methodist church of the scott of the county of Nathrill, tille, mind the property of the county of the first of the proposed securing said note, the following described real property; situated in the county of Yamhill, state of Oregon: The north of the county of Nathrill, tille, mind the proposed securing said note, the following desc

SUMMONS.

In the Circuit Court of the State of Oregon, for the County of Yamhill. William Mc Chrisman, Plaintiff,

Clara M. Weed, E. L. Weed and Max J. Brandenstein, doing bus-iness under the firm name of Max J. Brandenstein & Co., De-

fendants.
To Max J. Brandenstein, doing business under the firm name of Max J. Brandenstein & Co., one of the above named defendants:

IN THE NAME OF THE STATE OF OREGON,
I You are hereby required to appear and answer the complaint filed against you in the above entitled suit on or before the first day of the next regular term of the circuit court of the state of Oregon for the county of Yamhill, to-wit: Monday, the 28th day of March, A. D. 1898, and if you fall so to answer, for want therefor the said plaintiff will apply to the court for the relief prayed for in the complaint herein, to-wit: a judgment against the defendants Clara M Weed and E. L. Weed for the sum of \$794.47, together with interest thereon from the 18th day of April, A. D. 1897, at the rate of ten per cent per annum, all in U. S. gold coin, and \$60.60 reasonable attorney's fee, together with the costs and disbursements of said suit, and for a decree foreclosing the mortgage described in the said complaint, and for an order of sale of the mortgaged real premises described in said complaint, and which are described as follows, to-wit: Lot No. 34 in block No. 35, in Oak Park addition to the city of McMinnville, Yamhill county, state of Oregon, together with the enements, hereditaments and appurtenances thereunto belonging or in any wise appertaining, and that out of the money arising from such sale there be paid the several sums of money found due the plaintiff as aforesaid, together with the costs and expenses of said sale, and the overplus, if any, be paid to the person or persons entitled to receive the same, and that the defendants, and each of them, and all persons claiming by, through or under them or either of them, be foreclosed and forever barred of all equity of redemption in or claim to said premises, and every part and parcel thereof, and for an order suthorizing and directing the sheriff of Yamhill county, Oregon, to place the purchaser at said sale in possession thereof on the day of same, and for such other and further relief as may be meet and equitable in the premises. one of the above named defendants; THE NAME OF THE STATE OF OREGON,

premises.

This summons is served by publication thereof for six consecutive weeks by order of Hon.

H. H. Hewitt, Judge of said court made on the 9th day of February, A. D. 1898.

JNO. J. SPENCER,

Attorney for Plaintiff.

NOTICE FOR PUBLICATION.

Land Office at Oregon City, Oregon.

NOTICE is hereby given that the following named settler has filed notice of her intention to make final proof in support of her claim, and that said proof will be made before the county clerk of Yamhill County, at McMinnville, Oregon, on April 20th, 1988, vir., Lucy Gill; H. E. 10,398, for the northwest quarter of Sec. 14, T. 4 S., R. 6 W.

She names the following witnesses to prove her continuous residence upon and cultivation of said land, viz., Charles Sumner Jones and Robert Worthington Farmer of Chase, Oregon, and August Loukaysic and Peter Giebls of McMinnville, Oregon.

CHAS. B. MOORES, Register.

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R. KOEHLER, Manager. PORTLAND, OR.

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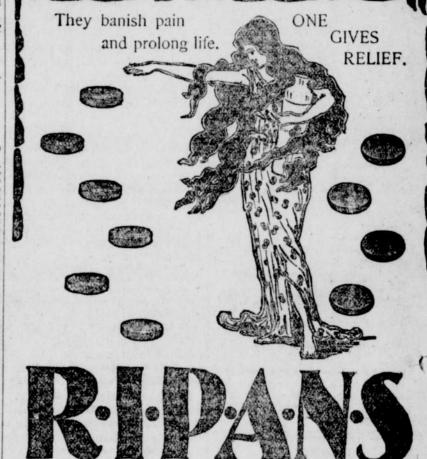
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Also JAPAN, CHINA, HONOLULU and AUSTRALIA, can be obtained from G. A. Wilcoz, Ticket Agent, McMinnville.

C. H. MARKHAM, Gen. Freight and Passenger Agent.

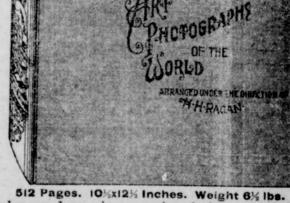


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From the Subjects at Large We Name a Few:

NEW YORK CITY: East River Docks, New North River Bridge, Vanderblit Residences. Boston: Commonwealth Avenue, Boston Common, Faneutl Hall. Scenes in the Rockies and Yellowstone Park. California: Mirror Lake, Summit Rock. Big Trees, Yossemite Valley, Lick Observatory, Stanford University, Chinatown, letc. Mexico: Cathedrals, Bull Fighters, etc. South America: Statue: Cathedrals and Cemeteries. Hawaii: Palaces, Groves, etc. India: Great Buddha, Taj Mahel, Temple of 500 Gods, Golden Pagoda. Temples, Mausoleums. Ruins. The Hoty Land: Baalbee, Damasc is, Street "Straight," Jaffa, Mount of Olives, Gethsemane, Jerusalem, Solomon's Temple. Bethlehem, River Jordan, Dead. Sca. etc., Africa: Egyptian Scenes, Temples, Pyramids, Ancient Cemeteries. Spain: Gibraliar, Seville, Mosque of Cordova, Alhambra, Court of Lions. Ifalty: Naples and Mt. Vesuvius, Interior of San Martino, most richly decorated church in the world, Pompeii, Pantheon. Forum. Coliseum. Statuary, Paintings, Tombs, Cathedrals, etc., etc., Scenes in Venice, St. Mark's Church, Bridge of Sighs, Glant's Staircase, Leaning Tower, Columbus Monument at Genoa, etc. Paris: Notre Dame, Trocadero, Einel Tower, The Madelaine, Hotel de Ville, Grand Opera House, Arch of Triumph, Louver Gallery, Paintings, Statuary, Tombs, Palaces, Interiors, etc. Beligium, Holland, Switzerland, and all their Treasures. Germany: National Museum, Statue of Frederick the Great, Royal Palace, Interior Royal Mausoleum; Dresden Gallery, Sistine Madonna, Cologne Cathedral, The Passion Play, Vienna, St. Stephen's Church, Panorama Museum, Statue of Frederick the Great, Royal Palace, Interior Royal Mausoleum; Dresden Gallery, Sistine Madonna, Cologne Cathedral, The Passion Play, Vienna, St. Stephen's Church, Panorama House, Keswick, Warwick Castle, Durham Cathedral, Trafalgar Square, St. Petersburg, Royal Museum, St. Isaac's Cathedral, Royal Falace, Great Britain: Shakespeare's Theatre and House, Keswick, Warwick Castle, Durham Cathedral, Trafalgar Square, St. Petersburg, Royal Museum, St. House, Gr

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THE BEST FOR PRACTICAL USE.

he Chicago Times-Herald says:

& C. MERRIAM CO., Publishers, Springfield, Mass., U.S.A.

LOCAL NEWS.

A new line of tobacco and cigars just received at Bettman & Warren's.

The Evangelist Ross is holding meet inds in the M. E. church at Salem. Good wringers, all styles and prices

from \$1.50 up. Hodson sells them. Geo. Flesher is supposed to be en route via ocean steamship from Santa Barbara. J. W. Ballinger has bought the Evans

move therein.

Services in the Christian church: Preaching every Lord's day at 11 a m. and 7:30 p. m. Young people's meeting at 6:30 p. m. Sunday School at 9:45 a. m. Prayer meeting Thursday, 7:30 p. m. St. James Catholic-First st., between

G and H. Sunday school 2:30 p. m. Ves-pers 7:30. Services once a month. T. Briody, Pastor. W. C. T. U.—Meets on every Friday at 2:30 p. m. in reading room, Keggbuilding. VIRGINIA W. GROVER, Pres. ELVA P. NEAL, Sec.

KNOWLES CHAFTER NO. 12, O. E. S.—Meets at Masonic hall the 2d and 4th Monday evening n each month. Visiting members cordially inhited.

R. L. CONNER, Sec.

KNOWLES CHAFTER NO. 12, O. E. S.—Meets at sas, arrived here last week on a visit to her sister, Mrs. M. Underwood.

MYRTA APPERSON, W. M.

Geo. W. Jones inaugurates the spring

Yambill Lodge No. 10 D. of H. meets in Union hall second and fourth Friday evenings of each month.

Saturday of each month in Union hall at 10:30 a. m. on second Saturday and at 10:30 a. m. on th Saturday. All members of the order are cordially invited to attend our meetings.

E. F. Manning, Commander,

B. F. Clubine, Adjt. ELVIRA ASSEMBLY NO. 18, UNITED ARTINANS—Meet first and third Monday nights of each month at 7:30 p. m. in Union block.

I. W. RONES S. W. G. HENDERSON, M. A. lows: Mr. and Mrs. Joseph Hoberg, J. impurities that have been accumu-O. Rogers, H. Fleischauer, Daisy Her- lating for a year must be gotbert and Emma Brown.

and risk your life by neglecting a cold. One Minute Cough Cure cures coughs, colds, eroup, grippe and all throat and ung troubles. Hill's Pharmacy.

Twenty-five persons near Toledo were brought to the vicinity by late arrivals sistance, and as a result they are from Minnesota. Prompt and skillful overcome by an enervating, demedical assistance, however, prevented pressed feeling, their energies reany fatal results.

the pulpit of the Cumberland Presbyter Everybody just now needs a tonic, ian church, is giving some fine exegetical sermons, such as rivet the attention of his hearers and cause them to think. He will occupy the pulpit next Sunday

by the use of One Minute Cough Cure, which is also the best known remedy for Hill's Pharmacy. taking a print on glass by chemical

a roller and paints. Some very pretty pictures are produced in this way. wall paper as a side issue. This is your

golden opportunity. H. C. BURNS.

A colony of about 50 immigrants from Minnesota passed over the C. & E. Wed- person whose system is thoroughly nesday on their way to Lincoln county, cleansed and where they expect to purchase land and toned up with go into manufacturing enterprises. They S. S. S. in the came here on representation of Q. O. Crogstead, of the Yaquina Mercantile Company, which has already done much toward the development of the industries pared. Sold by all of Lincoln.-Corvallis Times.

and Swift's Specific

means and then developing by use of

