## ARE YOU TO LIVE IN ALASKA?

**Some Requirements That Are Indispensable—Miners Food Must Be Right.**

The universal article of diet in that country, depended upon and indispensable, is bread or biscuit. And to make the bread and biscuit, either in the camp or upon the trail, yeast cannot be used—it must be baking powder; and the powder manufactured by the processes of the Royal Baking Powder Company, miners and prospectors have learned, is the only one which will stand in that peculiar climate of cold and dampness and raise the bread and biscuit satisfactorily.

These facts are very important for every one proposing to go to Alaska and the Yukon country to know, for should he be persuaded by some outfitter to take one of the cheap brands of baking powder it will cost just as much to transport it, and then when he opens it for use, after all his labor in packing it over the long and difficult route, he will find a solid caked mass or a lot of spoiled powder, with no strength and useless. Such a mistake might lead to the most serious results. Alaska is no place in which to expermient in food, or try to economize with your stomach. For use in such a climate, and under the trying and fatiguing conditions of life and labor in that country, everything must be the best and most useful, and above all it is imperative that all food supplies shall have perfect keeping qualities. It is absurd to convey over such difficult and expensive routes an article that will deteriorate in transit, or that will be found when required for use to have lost a great part of its value.

There is no better guide to follow in these matters than the advice of those who have gone through similar experience. Mr. McQuesten, who is called "the father of Alaska," after an experience of years upon the trail, in the camp, and in the use of every kind of supply, says: "We find in Alaska that the importance of proper kind of baking powder cannot be overestimated. A miner with a can of bad baking powder is almost helpless in Alaska. We have tried all sorts, and have been obliged to settle down to use nothing but the Royal. It is stronger and carries further, but above all things, it is the only powder that will endure the severe climatic changes of the arctic region."

It is for the same reason that the U. S. government in its relief expeditions, and Peary, the famous arctic traveler, have carried the Royal Baking Powder exclusively.

The Royal Baking Powder will not cake nor lose its strength either on board ship or in damp climates, and is the most highly concentrated and efficient of leavening agents. Hence it is indispensable to every Alaskan outfit. It can be had of the trading companies in Alaska, but should the miner procure his supplies before leaving, he should resist every attempt of the outfitter to palm off upon him any of the other brands of baking powder, for they will spoil and prove the cause of great disappointment and trouble.

In Delaware two brothers lived for 40 years within eight miles of each other, attended the same church and frequently traded with each other without knowing that they were related.


**CATARRH CANNOT BE CURED**

With local applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Proprs., Toledo, O.
Sold by druggists, price 75c.
Halls Family Pills are the best.


A drawing of the bison has been discovered in the rocks of the La Mouthe cave in Dordogne, France.


After being swindled by all others, send us stamp for particulars of King Solomon's Treasure, the ONLY renewer of manly strength. MASON CHEMICAL CO., P. O. Box 747, Philadelphia, Pa.


Chicago is healthier than ever before. In fact it is by far the heathiest large city in the United States.


**AN OPEN LETTER TO MOTHERS.**

We are asserting in the courts our right to the exclusive use of the word "CASTORIA," and "PITCHER'S CASTORIA," as our Trade Mark.

I, Dr. Samuel Pitcher, of Hyannis, Massachusetts, was the originator of "PITCHER'S CASTORIA," the same that has borne and does now bear the fac-simile signature of CHAS. H. FLETCHER on every wrapper. This is the original "PITCHER'S CASTORIA" which has been used in the homes of the mothers of America for over thirty years. Look Carefully at the wrapper and see that it is *the kind you have always bought*, and has the signature of CHAS. H. FLETCHER on the wrapper. No one has authority from me to use my name except The Centaur Company of which Chas. H. Fletcher is President.

*March 8, 1897.* SAMUEL PITCHER, M.D.

Piso's Cure for Consumption has saved me large doctor bills.—C. L. Baker, 4228 Regent Sq., Philadelphia, Pa., Dec. 8, '95.

**HOME PRODUCTS AND PURE FOOD.**

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from glucose. *"Tea Garden Drips"* is made from Sugar Cane and is strictly pure. It is for sale by first-class grocers, in cans only. Manufactured by the PACIFIC COAST SYRUP CO. All genuine *"Tea Garden Drips"* have the manufacturer's name lithographed on every can.


Magdaleen Cicute, who has just died in the City of Mexico, was probably the tallest woman in America, her height being six feet nine inches tall.

## ITEMS OF INTEREST.

In a recent work on the birds of Colorado, W. W. Cooke brings up the number of species and sub-species found in that state to 363.

Trolley car ambulances are to be introduced in the city of Pittsburg, running independently over all the street car tracks as called for.

Miss Eleanor Ormerod declares that the English cockroach is in danger of extermination before the hordes of imported German black beetles.

Greater New York consists of 45 islands, just as many as there are stars in our flag. It might be appropriately called the Island City.

What is probably the largest locomotive in the world has just been completed and weighs, with the tender, over 285,000 pounds. It is for use in Mexico.

The largest parish in London in point of area is Lewisham, which has 5,773 acres; and the largest in population is Islington, which has now 330,000 inhabitants.

A writer in a magazine has made the prophesy that in 300 years from now the world will only know three languages—English, Russian and Chinese.

Many collieries in Silesia are provided with bombs filled with compressed oxygen for use in cases of accident or entrance into old galleries where the air is foul.

Harvard this year, for the first time, has a colored person as a candidate for the degree of A. B., in the person of a young colored woman from Millerton, N. Y.

The famous Louis XV drawing-room suite, composed of a sofa and six armchairs, with old Beauvais tapestry, has been sold in Paris to a London dealer for $70,000.

The tramways, omnibuses and underground railways in and around London, within a radius of five miles, carry each year, it is calculated, about 453,000,000 passengers.

At the grape cure establishment in Switzerland, France and Austria, patients are usually turned loose in the vineyards and allowed to gorge themselves at pleasure.

Before a fire brigade can start for a fire in Berlin the members must all fall in line in military fashion and salute their captain. This proceeding wastes at least three minutes.

There is an enormous demand in New York for Fifth avenue property facing Central Park. Only the rich can buy, when bare lots are held at from $4,000 to $5,000 a front foot.

### BLACK AND BLUE.

Black and blue colors are not subject to fashions this season nor in any season. They hold their own and will not wash out. They are pretty solid colors, and but for the misery of wearing them, might become fashionable. Some men take pride in wearing them as tokens of their profession, as soldiers do their scars. But bruises, black or blue, or both, ought to have immediate attention, for under them may be a nerve hurt or a muscle badly wrenched. A black and blue bruise is a bad thing, not only from its tender soreness but the contused blood is prevention of regular circulation. While sore spots like these will not wash out, there is something that will rub them out in no time, and that is St. Jacobs Oil. It is peculiarly adapted to their quick cure. A pennant can be won only by hard knocks, with scars and bruises, but after the ball is over, if any remain, this one cure is the best. Bruises come from contusion in all avocations, and it is well to remember at all times just what will cure them the best.

Russia's population has increased during the last 100 years a fraction less than 1,000,000 annually.


## AN OPEN LETTER

**From Miss May Sachner, of Columbus, O., to Ailing Women.**

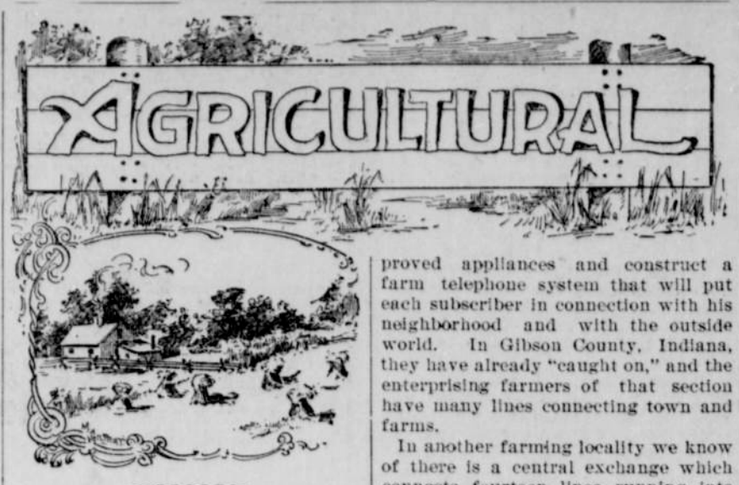
To all women who are ill:

It affords me great pleasure to tell you of the benefit I have derived from taking Lydia E. Pinkham's Vegetable Compound. I can hardly find words to express my gratitude for the boon given to suffering women in that excellent remedy. Before taking the Compound I was thin, sallow, and nervous. I was troubled with leucorrhœa, and my menstrual periods were very irregular. I tried three physicians and gradually grew worse. About a year ago I was advised by a friend to try Mrs. Pinkham's Sanative Wash and Vegetable Compound, which I did. After using three bottles of the Vegetable Compound and one package of Sanative Wash, I am now enjoying better health than I ever did, and attribute the same to Mrs. Pinkham's wonderful remedies. I cannot find words to express what a Godsend they have been to me.

In some parts of China the young women wear their hair in a long single plait, with which is intertwined a bright scarlet thread. This style of ornamentation denotes that the young lady is marriageable.


# Your Tax

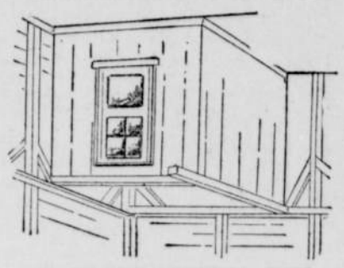
for the coming year on baking powder will be very light if you buy *Schilling's Best* and use only one heaping teaspoonful to a quart of flour.


**Ice House in the Barn.**

The idea that a costly ice-house is requisite for the profitable storage of ice is not borne out by those who have improvised storage at comparatively trifling expense, says the Journal of Agriculture. A corner in the barn can be adapted by any farmer at all handy with tools, at a cost exceedingly small when compared with the advantages which a liberal supply of ice during the heated season will confer.

The accompanying illustration gives an idea for an ice-house in a barn, and a few hints on points necessary to be



ICE HOUSE IN CORNER OF BARN.

observed in its construction, etc., will be useful A supply of eighteen tons of ice can be stored in a space of twelve feet square and ten feet high. In building an ice-house, the chief points to be considered are the exclusion of air from under or around the body of ice; proper ventilation over the ice, and proper surface draining around the ice-house. Any little crack that admits of the inflow of warm air will play havoc with a body of ice. Hence waterproof paper should interline the walls, so as to exclude every possible chance for the admission of a current of air. If there be too much sawdust placed around ice it is liable to ferment and develop heat to such an extent as to melt the ice. Four inches of sawdust or chaff is sufficient to place under the ice, and eight inches is sufficient on the sides of a house with a single wall, and four inches in case of a twin wall. A twin wall is made by boxing the studding on both plates and sills, so that they shall alternate with each other. Two by six may be used, and they may be placed two feet apart; twelve-inch boards will answer for plates and sills. This permits each studding to project two inches past the center of the wall and prevents the air current from setting. The studding must be papered with waterproof paper and then ceiled.

**Some Dont's for Fathers.**

Don't lean down too hard when the boy is turning the grindstone; this is one of the causes of boys leaving the farm.

Don't expect the boy to keep up with you and the hired men, and run errands or carry water at the same time.

Don't expect a boy to maintain an angelic disposition if, after working hard all day, he is expected to eat at the second table.

Don't give the boy a lamb or calf to raise—which would have died if he had not attended to it—and let it grow up to be dad's sheep or cow.

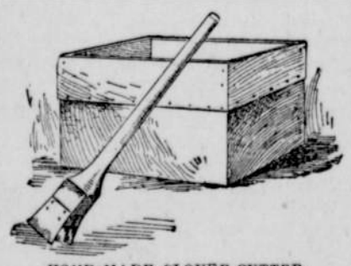
Don't continue to treat the boy as if he had no sense, but consult with him occasionally; he may possibly know more than you do.

Don't rave and storm because the boy wants some time to tinker; he may astonish you with some of his work.

Don't tell the boy he can go hunting or fishing Saturday and then hitch on a day's work before he goes. It is not fair.

**Cutting Clover for Fowls.**

Cut clover has come to be recognized as one of the best of bulky winter



HOME-MADE CLOVER CUTTER.

foods for poultry. A clover cutter is exceedingly convenient, but where such a machine is not at hand a home-made cutter can be devised. Take a stout block of wood, with smooth top, and build a box about it, using the block for the bottom of the box, as shown in the cut. The cutter is a pestle-shaped affair, square at the lower end. To this are attached three sharpened steel plates, as suggested. Set them into the wood and bolt securely. Any blacksmith can make the plates, and they can be sharpened on the grindstone. With this, one can cut up clover as the housewife chops meat in her tray, but a few moments being required to cut sufficient for a large flock.—Orange Judd Farmer.

**Farm Telephones.**

There is no reason why farmers generally should longer delay to avail themselves of the advantage of telephones. The plan is to form mutual telephone companies to buy the improved appliances and construct a farm telephone system that will put each subscriber in connection with his neighborhood and with the outside world. In Gibson County, Indiana, they have already "caught on," and the enterprising farmers of that section have many lines connecting town and farms.

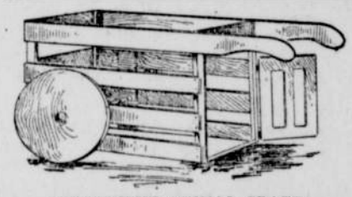
In another farming locality we know of there is a central exchange which connects fourteen lines running into the country and to other towns. A dozen 'phones or more are connected with each line. One farmer in that county can talk to five hundred farmers in that and adjoining counties. These exchanges are all on the mutual principle. The central station is conducted by a young lady, who receives $1 a year from farmers who have 'phones, and collects from persons who have no instruments but want to use them. A cheaper system of constructing switchboards has been discovered. The switchboard for the use of the community above mentioned accommodates fifteen lines and costs less than $20, being made by local mechanics.—Up to Date.

**Feed vs. Pasture.**

The amount of green food that can be grown upon an acre of land and fed to cattle from the first appearance of rye or crimson clover in early spring until late in the fall is many times more than that which can be obtained on the same area used as pasture. While on the pasture the cattle are subjected to storms, many insects, and during dry seasons they must perform considerable work to secure as much food as they desire. As green crops may be cut at any time and several cuttings can be made in a season, the flow of milk will be greater than when the cows are on pasture. While less labor is required in pasturing the cows, a smaller proportion of land can be used under the soiling or green-food system.

**Crate for Moving Animals.**

It is often desirable to move a small animal from one building to another, or from one pasture enclosure to another. Leading or driving a calf, sheep or pig is attended with difficulties. They will go in company with others, but decidedly object to going alone. The cut shows a crate on wheels, with handles permitting it to be used as a wheelbarrow. Into this the small animal can be driven, the door closed and the crate wheeled away. It will also be found a very useful contrivance in bringing in calves that have been dropped by their dams in the pasture.—American Agriculturist.



CONVENIENT ANIMAL CRATE.

**Grafting Seedling Apple Trees.**

On every farm there are apt to be more or less apple seedlings, which come up in corners of the fence or other out of the way place, and often attain a height of six to eight feet before they are noticed. The best use that can be made of such trees is to graft them without transplanting into some variety that is productive and profitable in the neighborhood. A bearing apple tree that has salable fruit is a profitable investment. It is likely to be all the more productive if the tree is isolated insted of being in an orchard. If the seeding is left to grow up without being grafted its fruit stands just about one chance in a hundred of being worth gathering.

**Corn After Corn.**

There has been no inducement lately to plant corn two years in succession, as it has not paid better than other crops. It is not a good plan, not because the corn is exhaustive, but because successive growing of this crop on the same land so fills the corn with smutty ears that the crop is nearly worthless. It is, besides, not a good plan to keep the land more than two years in cultivated crops without reseeding it with clover or grass. Often the corn crop can be got off early enough for the field to be sown with winter wheat or rye, and seeded both with timothy and clover in the spring.

**Succulent Feed for Hogs.**

The fact that a little grain fed to hogs while at pasture will cause them to grow rapidly, shows the advantage of some succulent food for the pigs' rations. Only a small proportion of its food should be of this character, for succulency generally means large bulk with small nutritive value. In winter there is no better supplement to the grain ration than beets. They are both succulent and sweet, and are much easier to digest raw than the potato, whose carbonaceous nutrition is in the form of starch.

**Calves on Skim Milk.**

An observer of Danish methods of raising calves on skim milk states that the calves at all times have in troughs lumps of salt and chalk, the claim being that scours is sometimes due to too much acidity, which is neutralized by the salt and chalk. A successful American dairyman keeps a jug of lime water, adding a teaspoonful of lime water and a little salt to every pint of milk. As one-half the losses of calves raised on skim milk may be ascribed to scours, these points may be worthy of notice.


# THE TERRORS OF CONSUMPTION

REMARKABLE DISCOVERY OF AN AMERICAN MEDICO-CHEMIST, AND ITS GREAT VALUE TO HUMANITY.

HOW EVERY READER MAY OBTAIN THREE FREE BOTTLES OF THE NEW SYSTEM OF MEDICINE THAT CURES.

THE FREE DR. SLOCUM NEW SYSTEM OF MEDICINE.

ALL THOSE WHO USE IT GET WELL.

EDITOR'S NOTE.—All readers of this paper anxious regarding the health of themselves, relatives or friends, can have Three Free Bottles of the Doctor's New Discoveries, as represented in the above illustration, with complete directions, by sending full address to Dr. Slocum's Laboratory, 98 Pine Street, New York City.

## CONSUMPTION CAN BE CURED.

Foremost among the world's greatest Medico-Chemists stands Dr. Slocum, of New York City. His efforts, which for years had been directed toward the discovery of a positive cure for consumption, were finally successful, and already his "new system of treatment" has, by its timely use permanently cured thousands of apparently helpless cases.

He has demonstrated the dreaded disease to be curable beyond a doubt, in any climate.

Indisputable facts prove that the Doctor's New Discoveries are an absolute cure for Consumption and all bronchial, throat, lung and chest troubles; stubborn coughs, winter catarrhal affections; scrofula, rheumatism, general decline and weakness, loss of flesh, and all wasting conditions; and to better demonstrate its wonderful merits he will send Three Free Bottles (The Dr. Slocum New System of Medicine) with full instructions to all readers of this paper who send for them.

Simply write to T. A. Slocum, Manufacturing Chemist, 98 Pine street, New York, giving name and full address.

There is no charge for medicine or correspondence-advice—strictly confidential.

Knowing, as we do, of the undoubted efficacy, we urge every sufferer to take advantage of this most liberal proposition.

Please tell the Doctor, when writing, that you read this generous offer in this paper.


Michigan has a law fixing a heavy penalty upon railroad companies for employing persons addicted to the use of intoxicants.

**DEMAND FOR MORE BATTLESHIPS.**

The secretary of the navy has demanded more battleships, and there can be no doubt that congress will consider his recommendations. Protection is what our sea ports require, and fortifications will not adequately supply this. Defense against all disorders of a malarial type is, however, adequately afforded by Hostetter's Stomach Bitters, an efficient remedy, also, for constipation, biliousness, dyspepsia, rheumatism, and nervousness.

In Mexico City Hop Lee advertises an American restaurant.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Allen's Foot-Ease, a powder for the feet. It cures painful, swollen smarting feet and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It is a certain cure for chilblains, sweating, damp, callous and hot, tired aching feet. We have over 10,000 testimonials of cures. Try it today. Sold by all druggists and shoe stores. By mail for 25c. in stamps Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.


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Moore's Revealed Remedy will do it. Three doses will make you feel better. Get it from your druggist or any wholesale drug house, or from Stewart & Holmes Drug Co., Seattle.

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