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Is the most important part of your organism. Three-fourths of the complaints which the system is subject are due to impurities in the blood. You can, therefore, realize how vital it is to keep it pure.

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Also trains stop at all stations from Portland to Albany inclusive. Also Tacoma, Seattle, Hillyard, Warrenton, Junction, Irving, Eugene and all stations from Roseburg to Astoria inclusive.

HOOD RIVER MAIL DAILY

LEAVE	ARRIVE
Portland 7:00 A.M. (Portland) 4:00 P.M. Portland 7:30 A.M. (Portland) 4:30 P.M.	Corvallis 11:00 A.M. Astoria 11:30 A.M. Hood River 12:00 P.M. The Dalles 12:30 P.M. Walla Walla 1:00 P.M. Olympia 1:30 P.M. Tacoma 2:00 P.M. Seattle 2:30 P.M.

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Through Tickets and Europe can be obtained at lowest rates from G. F. Wilson, Agent, McMinnville, Oregon, or at Portland, Oregon.

P. KOEHLER, Manager.

LOCAL DIRECTORY.

CHURCHES

BAPTIST—Services Sunday 11 a. m. and 7:30 p. m. Sunday school 9:30 a. m. Young people's society 6:15 p. m. Prayer meeting Thursday 7:30 p. m. Covenant meeting first Sat. each month 2:00 p. m. CHAS. L. BONDARI, Pastor.

METHODIST EPISCOPAL—Services every Sabbath 11:00 a. m. and 7:30 p. m. Sunday school 9:30 a. m. Prayer meeting 7:30 p. m. Thursday, 8 P. M. Pastor, H. A. DEXTER.

CUMB. PRESBYTERIAN—Services every Sabbath 11:00 a. m. and 7:30 p. m. Sunday school 9:30 a. m. Y. P. C. A., Sunday 6:30 p. m. Prayer meeting Thursday, 7:30 p. m.

W. H. JONES, Pastor.

CHRISTIANS—Services every Sabbath 11:00 a. m. and 7:30 p. m. Sunday school 9:30 a. m. Y. P. C. A., Sunday 6:30 p. m. Young people's meeting 6:30 p. m. G. H. DEXTER, Pastor.

S. B. JONES—Prayer first Sat., between 7 and 8. Sunday school 2:30 p. m. Vespers 7:30. Services every month.

P. R. HOOD, Pastor.

SECRET ORDERS

KNIGHTS OF THE KU KLUX KLAN—Meets every Monday night 8 o'clock p. m. at the hall. P. R. HOOD, Master.

W. O. C. U.—Meets on every Friday night 8 o'clock p. m. L. T. L. 11:30 p. m. Mrs. A. J. WRIGHT, Pres. CLARA G. EMMETT, Secy.

HISTORY OF NURSING.

MRS. BEDFORD-FENWICK RELATES SOME INTERESTING FACTS.

From Earliest Ages the Sick Have Been Cared For by the Kind Hearted—For Only Thirty Years Has the Art as Now Understood Been Practiced.

Mrs. Bedford-Fenwick, whom many American women will remember pleasantly in connection with the British nurses exhibit at the fair, says the Chicago Herald has been writing about the history and the art of nursing in an English paper. She says in part:

It is only within the last 30 years that the art of nursing as we now understand it has been taught and practiced upon a scientific basis, although from the earliest ages of which we possess any records the fact has been recognized that attendance upon the sick and suffering was a duty dictated by the noblest instincts of humanity. Although the names of celebrated Greek physicians are traced down to us by the side with those of their great warriors and poets, although Hippocrates and Celsus are held in honor, although the medical knowledge was founded, it is only within comparatively modern times that we find any prominent part assigned to nursing in public institutions in the form of a profession. In fact, it was not until Christianity became a state religion, and emperors and kings founded hospitals in their duty, that ladies came publicly forward to nurse and feed the poor and beggars, and to nurse the sick in their homes. It was not until the time of the Crusades that the nursing of the sick was generally recognized as a duty and which still further exemplified the fact that it was considered beneath the dignity of men of high rank and position to be weak and the aiding, and that the attendance upon such was essentially a work for the gentle and compassionate. In the old hospitals the nursing was generally done by the women who wait upon the wounded, watch the dying and mourn the dead. It was their duty to know all the times and signs of sickness, and to prepare the most serious rites, drugs as well as charms and love philters.

Then came the time when those who devoted their lives to the care of the sick, began to band themselves together into communities and sisterhoods, among which perhaps the most famous were the Hospital Sisters of St. Catherine and St. Elizabeth. In the times of great plagues, when the streets were filled with the sick, and the nursing of the sick was a duty and which still further exemplified the fact that it was considered beneath the dignity of men of high rank and position to be weak and the aiding, and that the attendance upon such was essentially a work for the gentle and compassionate. In the old hospitals the nursing was generally done by the women who wait upon the wounded, watch the dying and mourn the dead. It was their duty to know all the times and signs of sickness, and to prepare the most serious rites, drugs as well as charms and love philters.

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THE ROSE TREE.

The child lies under the rose tree fair,
The pink buds swell in the soft May air;
The leaves are green, the dew is on the grass,
With angel playmates in paradise.
And the years fly by.

The maiden stands by the rose tree fair,
The summer breeze of the summer air;
The grass is green, the dew is on the grass,
With angel playmates in paradise.
And the years fly by.

THE MAXIM AIRSHIP.

A Description of Its Lightening Flight Along the Trial Track.

Pushed by the workmen, the machine rolled slowly out of the house and shortly stood upon the track in the park. It was completely filled with workmen from roof to floor, but here, with only the sky above it, seemed smaller and lighter. The steam was kind of hoarse, and the big screws had made one or two preliminary revolutions, and a flight along the track was imminent. "Jump on board!" shouted its owner, who stood at the boiler counter half a dozen different gates, and climbed over an outlying roof like the outrigger of a canoe, and a successful jump of ten or twelve feet, and he was ready to start. The machine was a dynamometer and was attached behind to measure the force of its motion, or "push," of the screw.

A Coin's Return.

It is not often that a marked coin once taken to the market, is seen again. In the case of a certain coin, however, it has been seen again, and the story is worth telling. It was found by a certain man in the street, and he took it to the market, where it was sold for a certain price. It was then found again, and the story is worth telling.

THE ENTAILS.

We envy neither the man nor the woman who cannot stop to a fellow creature out of their own circle or to anybody without a very good reason. In the case of a certain man, however, it was found again, and the story is worth telling.

A Foss Made About a Half Inch.

A man who has been in the business of digging for fossils has found a fossil which was about half an inch long. It was found in a certain place, and the story is worth telling.

THE HARM IN MODERN TURKEY.

"Harm" in the modern acceptance of the word, merely means the private apartments, and these would be called by the same name even in a teacher's establishment. It is applied to every place intended for women. The end of the Turkish rally carriage, cut off from the rest, is a harm. So is the ladies' cabin on board ship and the ladies' gallery in a mosque.

SONGS OF THE INDIANS.

Each Tribe's Original Compositions Accurately Transmitted Through Generations.

In every tribe there are hundreds of original songs which are its heritage. Many of these have been handed down from generation to generation and embody not only the feeling of the composer, but record some past event or experience. They are passed on to the people, and each tribe has its own songs. They are passed on to the people, and each tribe has its own songs.

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NOTICE TO TAXPAYERS.

The tax roll for the year 1895 will be ready for collection on Monday, the 13th day of February, 1895, at the office of the assessor, in the city of McMinnville, Oregon. It is the duty of every taxpayer to settle his account on or before that date. If it is necessary that a taxpayer should be notified, he should apply to the assessor.

W. L. WARREN, Sheriff.

KODAKS.

Snap-shot, Flash-light and time exposure pictures readily taken by any amateur with our A. and O. Kodak. Twenty-four pictures without reloading—simple in construction, well made and handsomely finished.

You can "Do the Rest."

Free illustrated manual tells just how—but will do it for you if you want us to.

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B Ordinary Kodak for pictures 3 1/4 x 4 in., 8.50
C Complete Developing and Printing Outfit, 12.50

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PROGRESSIVE COOKING

is the natural outcome of the age, and it teaches us not to over-bake, but rather to shorten the cooking.

COTTOLINE, which is far cleaner, and more digestible than any lard can be.

The success of Cottoline has called out worthless imitations under similar names. Look out for these! COTTOLINE, and be sure that you get it.

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Don't Lose Heart.

PLANT FERRY'S NEEDS

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