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VOL. V. NO. 49

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McMINNVILLE, OREGON, THURSDAY, JANUARY 4, 1894.

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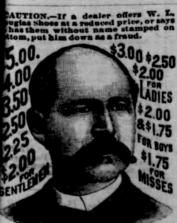
cial Accommodations for Commercial

J. F. FORD. (Evangelist,)

Des Moines, Iowa, writes March 23, 1893 B. MED. MFG. Co., Dufur, Oregon.

In arriving home last week, I ind all well and anxiously await-Our little girl, eight and onelf years old, who had wasted ay to 38 pounds, is now well and ous, and well fleshed up. S. B. ngh Cure has done its work well. of the children like it. Your B. Cough Cure has cured and away all hoarseness from me. give it to every one, with greetfor all. Wishing you prosperi-

MR. & MRS. J. F. FORD.



N. L. DOUGLAS

OUT OF THE

Has come not a little knowledge as to cookery-what to do, as well as what not to do. Thus we have learned to use the most pure and per-

fect and popular cook-ing material for all frying and shortening purpos **PROGRESSIVE**

the natural outcome of the age, and it teaches us not to use lard, but rather the new shortening, which is far cleaner, and more digestible than any 2

lard can be. The success of Cottolene has called out worthless imitations under similar names. Look out for these! Ask your Grocer for COTTOLENE, and besure that you get it.

N. K. FAIRBANK & CO., HICAGONEW YORK, BOSTON. O COTTOLENE O COTTOLENE O COTTOLENE

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Situated at the Southwest corner Fair Grounds. All sizes of

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BEST IN THE WORLD.

DOLLARS PER DAY 20 Easily Made.

GEORGE STINSON & CO.. BOX 488, PORTLAND, MAINE.

THE WATER CURE. A GERMAN PRIEST.

It Consists of Jumping Into Cold Drying the Body. How Kneipp

This wonderful method of cure, now of them do so. He says that shoes and known as the Kneipp cure, which has stockings should never be tight. inclination. The physicians gave him having accompanied a friend to the tion he rushed to the frozen Danube, and plunged into its frozen waters, after as possible without drying himself and eaction was more active and complete. saying nothing to his friends for fear

sume his studies, and entered the great douches, as well as his usual baths. On the best. This was kept by an intellisume his studies, and entered the great priestly seminary at Munich. Here he continued his cure, at first in secret, but one of his fellow students, having complained that he had been forbidden to enter the priesthood, after twelve years' study, on account of physical weakness. Kneipp promised to heal weakness, Kneipp promised to heal him. In the court of the seminary there was an immense reservoir. At The price for lodging at Worischoefen there was an immense reservoir. At The price for lodging at Worischoefen with an English beer shop was favor-over the sick is not a fancied one. Its night, so that none might see, our two brave young seekers after health slipped out through the window and poured water over each other, and then returned undetected to bed. After a few turned undetected to bed. The money paid or subscribed turned undetected to bed. After a few to fifty centimes. The good to opioum was increasing, we were told that it was decidedly decreasing. We learned that when the government to man has question as to whether the consumption and the temperament of man has diet to the opioum den. In reply to a day. The reading turned undetected to be to five the tion and the temperament of man has question as to whether the consumption and the temperament of man has question at the tion and the temperament of man has question as to whether the consumption and the temperament of man has question as to whether the consumption and the temperament of man has question at the tion and the temperament of man has question as to whether the consumption and the temperament of man has question ast

"How can I help doing my best for of living.

systems. First, the water must be as system does as soon as it enters the 12 per cent. cold as possible; second, the baths, mouth. Sugar is the very best example douches and lotions are of very short of respiratory food, and, as a general duration; third, the jets have no force rule the sugar is fully decomposed or being more like showers, or watering, destroyed-burnt up, which is not the than actual douches; fourth the water case with foods consisting largely of must dry on the body and not be albumen. One ounce of sugar burnt up milk they will drink.

"My Water Cure" has been translated energy than one ounce of Bass' ale, 25 as food and shelter.

pire before they have time to attempt sugar. If one atom of water could be among rubber men.—Hardware. his system, the proportion of his cures eliminated from a molecule of glucose. Get New and Startling Facts at Druggists.

is very large. To give some idea of his remedies, let me quote a very simple identical with cane sugar. Will it be MUSIC IN MEDICINE. ports of early writers. As early a writers. As early a writers are a Bagliri says that "if physical ex- of the treasury are now only \$85,000,000, remedies, let me quote a very simple identical with cane sugar. Will it be THE WONDERS PERFORMED BY cold feet at night, as recommended by about? Some chemists claim it will but THE INFLUENCE OF MUSIC IS NOT let the patient sing or speak freely." ed with a natural degree of apprehen the cure. This is to plunge the feet in- nature in her labratory, makes differ to cold water, and return to bed with- ent things from the same chemical out drying them. This will, it seems, formula, and has tricks of combination create a powerful reaction, which quite that defy our power of research and in-Water and then Dressing Without restores the suspended animation. A vestigation.-American Goocer. complete cold bath in the night is also OPIUM JOINTS. ecommended for sleeplessness. The

adherents all through Germany and Some cures performed by the cure beyond its borders, was discovered, as sound incredible. One is especially the Wesleyan mission college at it were, by chance. Its inaugurator, worthy of notice. It is related by Madras, relates his experience of the the Cure Kneipp, was, as a young man Baron Goethal, of Antwerp, in a clear of twenty, compelled, owing to weak- and witty pamphlet written by him paralyzed, and he was fed through an had to keep a strict account of the

cure advises his patients to go about

barefooted, and in Worischoefen many

right leg. On the 29th he was ordered district, and we next proceeded to visit

night, so that none might see, our two is most moderate, the highest six francs able to the opium den. In reply to a influence upon the nervous organizaweeks Kneipp's first patient was able to take orders and Kneipp continued to take orders and take orders are taked to take orders and take orders and taked taked to take orders and taked taked taked to take orders and taked taked taked taked to take orders and taked t to take orders and Kneipp continued his own cure.

In 1853, at the age of thirty he took orders and became the rector of a small, isolated parish, Worischofen, in Bavaria, where he lives to this day, and where in the absence of a doctor, he where in the covered goes to the support of the more than 16,000 and odd rupes. What, I ask, would be the feelings of a temperature and disease, and the consequent effects more than 16,000 and odd rupes. What, I ask, would be the feelings of a temperature and about \$20,-100,000 or upward. The movement it is not a farthing, and lives as poorly and almost squalidly, as he did years ago when no money outside his stipend in music an anodyne, a nerve soother, and the consequent effects more than 16,000 and odd rupes. What, I ask, would be the feelings of a description of heredity, i Cited before a civil tribune for this pro- our century, nervousness, entirely to ceeding, he defended himself by saying: our departure from the natural methods

in the system gives four times more of

into almost every European language per cent more than one of beefsteak, and has gone through thirty-five edfi- hearly four times as much as can be ob- fewer odors it will absorb. tions in the original. It is written in tained from a like quantity of potatoes. he drastic, colloquial, kindly and Crystalized sunshine, as it is turned absorb soch odors readily. humorous manner in which the good cure Kneipp talks, for Kneipp has a pronounced sense of fun that even con grimmed brick structures that are A small flock of sheep, well a lated mass from the huge, smoke-be-is a source of continual profit.

A scheme has lately been de tact with disease and misery has not such conspicuous objects along the use electricity as a fertilizer of the soil. Jericho, and the order of Elijah to blow continuance of the movement entirely lamped. In reply to various questions river front of New York, Philadelphia, he wrote another book for popular use, and the bay of San Francisco, plays a you have any care for the future of your Spirit of God. which a number of simple dietetic rules are laid down, founded, of course, on hydropathic principles.

It will not be out of place, perhaps, to cite a few instances of the effects of music upon different individuals. Greatly it had a very important part in our dietary, and to cite a few instances of the effects of music upon different individuals. Greatly it had a very important part in our dietary, and to cite a few instances of the effects of music upon different individuals. Greatly in the past twenty-five place.

It will not be out of place, perhaps, ey market or even to serve as a factor of the cities and forms to cite a few instances of the effects of music upon different individuals. Greatly in the cities are also and the cities are hydropathic principles.

Kneipp does not care about the rich and pampered. He cures them, of course if they care to come, but he lass sympathy as a rule for their ail
less sympathy as a rule for their ail
hydropathic principles.

Kneipp does not care about the rich and pampered. He cures them, of course if they care to come, but he lass less sympathy as a rule for their ail
find that during the past twenty-five years (1866-1891) sugar placed over \$1,
Too much coro is the source of many of the disoiders to which hogs are substance of the disoiders to which hogs are substance.

To much coro is the source of many of the disoiders to which hogs are substance of the disoiders to which

waters, praise ye the Lord," is his favorite text, and with it he heads all his writings, which are now annually enriched by an illustrated almanae, in which he lays down rules for health that must be observed in each month. When it is remembered that some 90 may say that the water and substitute from his general sense, we may say that must be observed in each month. When it is remembered that some 90 may and substitute from his published in England. It is composed of ten parts parafine, one part bitumen, and two parts india 100 may be searched by any of the substitute for india that Mehlbrau was thrown into convolvement, one part bitumen, and two parts india 100 may be searched by any of the substitute for india that Mehlbrau was thrown into convolvement, one part bitumen, and two parts india 100 may be searched by any of the substitute for india that Mehlbrau was thrown into convolvement, one of the substitute for india that Mehlbrau was thrown into composed of ten parts parafine, one part bitumen, and two parts india 100 may be searched by any of the substitute for india that Mehlbrau was thrown into convolvement.

Regulated by Law in India and are Quite Respectable Resorts.

W. E. Hoare, the vice principal of opium habit as follows:

"Toward the close of March a friend having broken the ice for the purpose. The physicians declared that his blood him and was obliged to dress as rapidly him and

This testimony coming from such a source is remarkable.

one needing work of this kind will do well to call and examine their stock and get prices before going els where.

Assignee's Notice.

Assignee's Notice.

Assignee's Notice is hereby given that the undersigned has been dily appointed assignee of the estate of W. H. Harrison, an insolven debtor of Yambill. Center of Statistics show that some 15,000 patients have gone there during the last few years and have come away completely cured or else greatly benefited.

F., which is equal to lifting 6-649 where ether husband of whe was pounds one foot high. (Edward Smith.)

Some chemists call this force potential energy. It is stored up in different women at the age of 13. In that country too 15 per cent of the number of marriages show the brides to be one fiber or set of fibers vibrates in under 20 the offspring proved generally ison with this note, and is deaf to all others. These little microscopic fibers which is equal to lifting 6-649 which market to do so. On the other hand, there is in this off the couragement from this market to do so. On the other hand, there is in the being the case even in ison with this note, and is deaf to all others. These little microscopic fibers to be of says than Elizabeth's reign (born of all authorities on the subject a limited but fairly steady foreign demand for high-grade bonds of the same of 1463. Be this as it may, it is a square last of the other hands fiber of the successive aurical strain that this being the case even in the strain that the solution of the same of the train that this being the case even in ison with this note, and is deaf to all others. These little microscopic fibers to be of an all others. These little microscopic fibers to be of an all others. These little microscopic fibers to be of an all others. These little is on the this of the train that the solution of the says than Elizabeth's reign (born of all authorities on the subject a limit the solution of all authorities on the subject at the second of the same of the subject of th Kneipp's method differs in four points from that of other hydropathic first be converted into sugar, which the

Agricultural Notes.

Fatten your sheep, before selling. It will never pay to feed poor cows. Give the young pigs all the skim

A small flock of sheep, well cared for

per cent of those who consult Kneipp and other roots, maize, sorghum, the ber. As a great many of the rubber was thrown into violent laughter when have already been given up by their pain tree and the cane. The chemical physicians, and that they go to him as production of fruit sugar, grape sugar afford one tenth of the whole in who invariably vomited when listening a last resource, that even dying people or glucose, which will not crystalize is the shape of rubber, the new to music. are brought to him, some of whom ex- very different from that of cane or beet formula will not be a howling success The general character of ancient mu

MYSTATION - TO

A FANCIED ONE.

It has Its Power Over the Brute Creasellaise Caused the Death of 50,000

Yet music has her own materia medica ling meals.

was no chance of his recovering.

Two of his friends carried him into that train (In the train (In t Two of his friends carried him into the train. On the 15th of July he the train. On the 15th of July he The proprietor was further to allow no the moment stuns him: when every apoplectic attack. He was the first to visions of Christians, as the Armenians the moment stuns him: when every apoplectic attack. All entered the consulting room of Kneipp.
Simple washing with cold water

Simple washing with cold water

to the police the visit of such. The proprietor was further to and to report hour he realizes that he is unequal to prescribe for him, but the medicine to the police the visit of such. The proprietor was further to and to report hour he realizes that he is unequal to prescribe for him, but the medicine the Greeks and the Protestants. All the conflict of mastering himself—no- had no effect. Half of the patient's mixed with vinegar was ordered him.
On the 23d he was attacked by inflamber of smokers that he finds when the strains of sweet music that seem to difficulty that he spoke. After some but the prevailing prosperity does not be provided by the prevailing proper provided by the prevailing provided by the prevailing proper provi mation in both heels; on the 28th of July his body was covered with a red den.'

the strains of sweet music that seem to dimetalty that he spoke. After some but the prevaiing prosperity does not making his periodical visit to each promise calm to his weary heart. In little improvement he asked for the seem to reach the abodes of the He-our hospitals for the insane we find paper but the prevaiing prosperity does not not always and the strains of sweet music that seem to dimetalty that he spoke. After some but the prevaiing prosperity does not not not always are all of exeruption, and a sore broke out on his "This was the lowest den in that tients lost to every other sense and ing all his life been fond of that art. treme poverty. A synagogue was

are pleased to term the rythm of the mand, however, has hardly attained inches high. It is very elegantly

Cleanliness is as necessary to sheep as food and shelter.

The less water there is in butter the fewer odors it will absorb.

The claims that there is a musical bodies, and that the voice of a fly three steamer. A slight relaxation of exchange rates ensuing, the movement was developed by \$1,700,000 was shipped last Saturday, followed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing, the movement was developed by \$1,700,000 was shipped last Saturday, followed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing, the movement was developed by \$1,700,000 was shipped last Saturday, followed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday's steamer. A slight relaxation of exchange rates ensuing the movement was developed by \$1,700,000 on Tuesday was developed by \$1,700,000 on Tuesday was developed by \$ The less water there is in butter the fewer odors it will absorb.

Milk set to cool where smells exist absorb soch odors readily.

Pregnates almost all bodies, and that it received a temporary check, though the very narrow conditions which exist in regard to exchange, no less than of music over the animal creation is well known. The allusion to King the avowed desire of European finangallons of spirits. Saul's troubled spirit might be followed A scheme has lately been devised to by mention of the fall of the walls of from this country's stock, make the Don't sell off your best ewe lambs if trumpets when he called down the probable.

less sympathy as a rule for their ailments than for those of the poorer brethren. He holds, and not unjustry, that their ailments are too often the results of their own excesses. "All the waters project to which hogs are subsing it as he does: "My blood circulates and the does: "My blood circulates and the does: "My blood circulates and the tea itself comes from Japanese ware and the tea itself comes from Japanese ware making paper from waste hops in brated when listening to music, expressing it as he does: "My blood circulates more quickly, my pulse beats faster."

In Germany they are talking about making paper from waste hops in breweries.

In Germany they are talking about making paper from waste hops in breweries.

Not all registered stock are good, was led to victors by the matter of its usual importance. The interesting feature of the matter relates entirely to the possibility of an effect on the government gold by of an effect on the government gold by of an effect on the government gold and was led to victors by the matter of its usual importance. The interesting feature of the matter relates entirely to the possibility of an effect on the government gold and was led to victors by the matter of its usual importance. The interesting feature of the making paper from waste hops in breweries.

Not all registered stock are good. waters, praise ye the Lord," is his fa-ments, as it is a physical strength to they ought to be, but not proof that ian declares that the "Marsellaise"

taching much importance to the re-

tion, as Well as Man. The "Mar- whose depression could be relieved by own reserves, and have, in fact, enter-That music is deserving of a place in seem to be supported by the common requirements for specie to an amount our materia medica we cannot deny, custom of having music rendered dur- which will, it is believed, satisfy the

of twenty, compelled, owing to weakness of constitution, to leave the Jesuit
ness of constitution, to leave the Jesuit
seminary, where he was preparing for
seminary, where he was preparing for
seminary, where he was preparing for
seminary in the close of March a friend and I paid a visit to some of the opium that is expressive of the ideas, feelings, and sentiments common to all manof twenty, compelled, owing to weakabout Kneipp's cure. At the begininstitutions have therefore informally
that is expressive of the ideas, feelings,
and sentiments common to all manof twenty, compelled, owing to weakabout Kneipp's cure. At the begininstitutions have therefore informally
that is expressive of the ideas, feelings,
and sentiments common to all manof twenty particles.

There is but one universal language
that is expressive of the ideas, feelings,
and sentiments common to all manof twenty particles.

There is but one universal language
that is expressive of the ideas, feelings,
and sentiments common to all manof twenty particles.

There is but one universal language
that is expressive of the ideas, feelings,
and sentiments common to all manof twenty particles.

There is but one universal language
and I paid a visit to some of the opium
that is expressive of the ideas, feelings,
and sentiments common to all manof twenty particles.

There is but one universal language
and I paid a visit to some of the opium
that is expressive of the ideas, feelings,
and sentiments common to all mana career toward which he felt a strong inclination. The physicians gave him rived at Worischoefen. He was in so rived at Worischoefen. He was in so wretched a condition that the driver of the vehicle, in which he was brought from Turkheim, the nearest railway station, feared that he would die on the having accompanied a friend to the station, feared that he would die on the National Library, he chanced upon Dr. Station, feared that he would die on the decent enough to one who remembers and traditional beliefs. We cannot cite physician consented. As soon as the made will put the burden of furnishing National Library, he chanced upon Dr. Hahn' treatise on hydropathy. Deeming his days were numbered he resolved to try as a last resource the treatment there recommended. For regular form, there are commended. For regular form, the would die on the physician consented. As soon as the made will put the content of in the sation, leared that he would die on the content of in the month of April previous he had its religion, patient heard the sweet strains he because of a London gin palace. We read the regulations. It struck us that they might well be adopted by the licensing there recommended. For regular form, the would die on the decent enough to one who remembers a nation that has not had its religion, patient heard the sweet strains he because came calm, his eyes assumed a quiet banks which at present are able and willing to bear it, and will release the treasury from the strain which might treasure follows any serious drain on its species. weakness. His digestive organs were authorities in England. The proprietor spirit, and from the beginning to the tears of joy and the fever left him; but follow any serious drain on its species authorities in England. paralyzed, and ne was fed through an had to keep a strict account of the opening in his side. He had quite lost opium sold and that remaining in stock. It has a swell as his sight. the use of his limbs, as well as his sight. He was forbidden to take wearing ap- What art, save music, follows man sic was therefore prescribed, and after

emotion, performing quartets and quin His request was granted and with pointed out bearing an

Gold to Europe.

every other agent, the beneficial results are largely governed by the age, sex and temperament of the individual, and the character of the music to meet and the character of the music to meet being affected by unsettled financial being affected by unsettled fi

heart. There is also a rythmic action dimensions which would influence the carved and cost not less than £500. of the lungs which is mysterious and exchange market or interpose an obsta- Shakspeare mentions "the bed of cle to the progress of the gold ship- Ware." See "Twelfth Night," act 3, hints of much that is unknown,

Perhaps one of the ablest authors upments. Thus far the exports of specie scene 2.

It must be observed that these devel-Spirit of God.

It must be observed that these develdeserve especial comment. It hangs
from a hook in the ceiling of a small

reise, such as walking, be impossible, and further depletion would be regard-Incredible as it may seem, Bonnet sion. This has, however, been allayed mentions cases of gout being cured by by the action of some of the leading singing. Lourages relates the case of New York banks, which have furnish a man suffering from intermittent fever ed the gold so far required from their the sound of a drum. Roger has rec- ed into arrangements with each other mmended music as a cure for phthisis. and with the leading foreign banking Voltaire's bon mot, that the opera was houses through which the gold shipdesigned to promote digestion, would ments are made to supply the further and it has been said that while there The records of the academy of sci- banks, according to last Saturday's may not be much music in medicine, ences are filled with roports of seeming-there is a great deal of medicine in mu-

and repulsive. We came so often upon

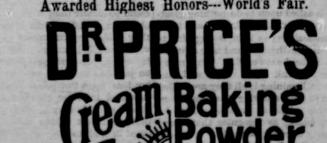
OUALEY & HENDERSON,

Warks.

Marble and Granite
Works.

on this particular subject is Dr. Chomet. He claims that there is a musical have aggregated \$2,200,000, of which the voice of a fly through a microphone says it sounds very much like the

Huge Japanese umbrellas are serviceable for many things, but one seen



Used in Millions of Homes-40 Years the Standard.