

### WHAT IS SIMPLE LIVING?

SOME QUEER NOTIONS ARE HELD ON THIS QUESTION.

Kate Upson Clark Begins a Sensible Article by Telling How One Housewife Who Prided Herself on the "Simplicity" of Her Cooking for Her Family.

"We live very simply at our home," said a wealthy woman, somewhat affectedly. "We believe in simple living, and I have brought my family up to practice it."

The lady to whom this remark was addressed was interested in simple living, but she had never heard of the "simple living" which was thus completely described. She knew that most every one of the ten members of the large family who were said to live thus "simply" had been very ill during the preceding three or four years. They had suffered variously from erysipelas, spinal meningitis, nervous prostration, typhoid and other fevers, and quinsy and diphtheritic sore throats. She did not believe that such diseases could be the result of genuine "simple living" as practiced.

She found that the food in this family was very generally fried—that fried oysters, croquettes, Lyonnaise and Saratoga potatoes, griddle cakes and tinned dishes, with always hot bread in some form and coffee for all members of the family, from the youngest child, a girl of six, to the father and mother—were the staple for breakfast, lunch and dinner. Cereals were seldom served there. They "hated" them, as was natural for palates accustomed to highly seasoned fried food. Neither was fruit popular there.

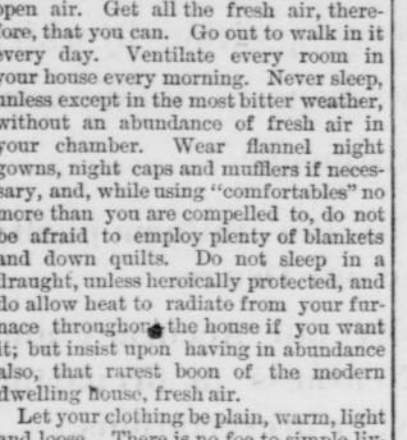
She found that the young men and women of the family, even to the school children from fourteen to eighteen, were in the habit of sitting up until midnight, often later, and then retiring to sleeping rooms which were furnished heated and into which one or two honorable exceptions, no breath of the outside air was allowed to penetrate. These exceptions had learned, the mother declared, "cranky" notions while away at college and boarding schools. Most of these young people had been obliged to leave school early in life, because their "health" would not permit them to study.

She found that the girls of the family wore corsets at the age of eleven, and that the pretty, doll-faced daughter of eighteen, with a bust measure of thirty-six, after she had been subjected to the manipulation of the dressmaker, had a waist twenty-one inches round. Like thousands of other girls who "never had in their lives."

She found that the boys of the family—the younger ones surreptitiously, the older ones openly—had smoked cigarettes from the time they were eight or nine years old. She found that the girls, beyond making their own beds and doing a little of their personal mending, never exerted themselves in any wholesome work that they and all the children were allowed to take hot baths as often as they liked, and to stay in them as long as they liked; that all were free to go to the park whenever they felt like it, and that only the richest cake was ever locked away from them, while an abundance of doughnuts, cookies and ordinary cake was always at their disposal; that it was impossible to keep them supplied with pickles, "the children all liked them much"; that while the boys wore heavy underclothes during the severe weather, the girls "wouldn't," because such underclothing made their waists and arms look so large; that the mother neither nor the two elder daughters—although the former was suffering from a chronic disease and the two latter had had several severe illnesses and were always very delicate—were smoking cigarettes during the evening before.

Two of the girls were really very fond of reading, but the books which they selected were such as they often read have left alone. They often read themselves to sleep at night, the mother asserted her horror of the mother's habit of frequently "going to bed" at an entertainment the evening before. "They had no time to waste in lying down," the mother declared, with constantly increasing complacency as she rehearsed her way of life. "I have always brought my daughters up to be busy—but it didn't make much difference about that—but to be busy about something."

Of all the girls in New York City the five Jerome sisters were considered the handsomest, and their father gave them every advantage that money could procure. They were as fond of horses as their



LADY RANDOLPH CHURCHILL.

father, and were in every way typical New York City girls of the most excellent Four Hundred. They all made brilliant marriages, and one of them became Lady Randolph Churchill and went to London to live, after a long and happy life with the English nobility, she at last won an esteemed and respected position among them; but she bears in her face the lines born of long suffering, though a very handsome woman. Americans abroad are most grateful to her for her kindly offices in their behalf on many occasions.

Lady Randolph Churchill was the only daughter of the late John Jacob Astor, and she was married to the late Lord Randolph Churchill. She was a member of the Four Hundred, and was one of the most beautiful women of her time.



MRS. JACK LESLIE.

Another sister married Mr. Moreton Frewer, and she also is a handsome woman, with a close resemblance to her sisters. She lives in New York in winter and at Newport, Lenox or Saratoga in summer, or abroad visiting Lady Churchill when the latter is not here. She is also a belle in society, and is said to have been ready for instant work 200 gowns. Her diamonds are exceedingly handsome, even among the diamonds worn in New York.

Mrs. Jack Leslie is another sister, who also married richly and happily, and is a shining light among the great Four Hundred.

The French modes now for young children in both home and foreign colleges are for greater simplicity in form and garniture. Growing girls wear plain but girlish gowns of soft India silk, either plain or figured, chalice or mouseline de laine. The illustration with the French girl in the picture wears a quaint little gown of grass green and black hair line stripe silk, trimmed with braided white ribbon, which also forms a belt in front and ends in rosettes behind. We call this a harvest of ribbons, and it is made separately from the dress, therefore it can be worn with any other costume where the colors harmonize.

### NOT ELOPED, BUT DEAD.

The Body of a Young Woman Found Forty Years After Her Disappearance.

Mary Ann Grier disappeared from her father's home, two miles south of Michigan City, nearly forty years ago. A few days ago her body was recovered in an abandoned bog iron pit, without one vestige of change from the appearance it had known in life. The last shroud of clothing was long ago destroyed by the action of the water in the bog iron.

The first discovery was made by a farmer who was digging for bog iron. He found the body of a young woman, who was lying face down in a shallow pit. The body was in excellent preservation, and the features were clearly recognizable.

The body was found in a bog iron pit, which was about four feet deep. The body was lying face down, and the head was resting on the ground. The body was in excellent preservation, and the features were clearly recognizable.

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### ODDS AND ENDS.

The coffee palaces of Melbourne are said to be the finest in the world.

It is said to cost \$100,000 to gild the dome of the state house in Boston.

There has been a steady rise in the average age at which men and women marry since 1870.

The G. A. R. could claim only 30,000 members, but in 1870 it had increased to almost 400,000.

The first dictionary was compiled by Paoli, a learned Chinaman, who lived in the year 1,100 B. C.

To forgive when we have forgotten is easy; to forgive when we have not forgotten is hard.

Don't rob your wife all her lifetime in case you should be first taken away.

Twenty thousand words in her case to the English language in the department of biology since Darwin's discoveries.

### ELYS CREAM BALM

The Cure for CATARRH, HAY-FEVER, AND COLD IN HEAD.

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MONEY TO BE loaned on a first mortgage on real estate in any amount. G. LUENBERGER, (Successor to E. Johnson)

How Dogs Make Their Toilet. Sporting dogs, which are used in mud, snow and wet, are strangely clever and will keep their coats clean and bright.

### CASTORIA

For Infants and Children.

Castoria is so well adapted to children that I recommend it as superior to any prescription known to me.

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