All of which is extremely comhow." THE TELEPHONE-REGISTER forting to the modern awkward woman. since it inspires the hope that grace, McMINNVILLE, - OREGON. which has not of itself perched upon her banner, may be induced by effort and

practice to abide with her.

- - - 23, 1891.

THIS IS A GRACEFUL AGE

WOMEN HAVE LEARNED TO RUN WITHOUT AWKWARDNESS.

Margaret H. Welch Writes of the Training Young Women Undergo Nowadays "As for Me. Give Me Liberty or Give in Order to Learn How Not to Be Clumsy in Their Movements.

(Convright, 1991, by American Press Associa-



THE WRONG WAY.

the way, but the woman, carrying her-self perfectly noricht her skirt gathered self perfectly upright, her skirt gathered in one hand just at the right spot to have the draperies clear the ground ciate freely with people whom you like, car. She did pause a moment on the Miss Nancys of either sex to claw you; had directed his friend's attention to the episode as they passed on, "I remember it used to be said that 'grace adorns a lief that did not suit you; to wander woman until she begins to run,' but that out alone in the beautiful wilds of free woman's grace did not forsake her even at the critical moment."

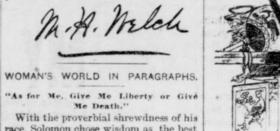
In point of fact the old saw has quite lost its pith. It does not hold in either die a thousand deaths! proposition. Grace does not adorn all gant ease and pleasing effect.

in the initial letter at the head of this article, with head thrust forward, torso well and by she laid it down, and I saw that in advance of the lower limbs, jeopardiz-

ing the center of gravity and compressing the lungs and air passages just at the time when extra breath was needed. "Werun with our legs," said a professor in a gymnasium for girls the other day, "and carry our bodies. Don't day, "and carry

with the body and letting the legs drag they do not.

after as best they may." The same professor preached a short Carey, of Wyoming, made an eloquent sermon to her class on another occasion. address at the late meeting of the Na-"The grace of our grandmothers," said tional American Woman Suffrage assoshe, "was the grace, miscalled, of sup- ciation in Washington. The voting at which a washer woman may carry clothes. Live born New Orleans person. A create however, according to the proper acceptapression; that of to-day is activity. The the first election in the new state was physical development of the woman of done under the Australian ballot sys- Others, combining use and beauty, are to ply that the individual is born in the Cres this period begins at her toes and extends tem, and Senator Carey said: "What- be seen in the sitthrough every separate joint of her ever objection a man could have raised body. put the girls through a half hour's prac- and voting was entirely removed by "sideboard" for



With the proverbial shrewdness of his race, Solomon chose wisdom as the best

since we cannot all have wisdom, then enough-though less than a year-to the next most precious gift to man, and prove several things: woman, too, is liberty, the right to do ex-

car had stopped, but it was one of the impatient Broadway ones, and the con-ductor's hand was suggestively on the atrap. Two or three vehicles were in is plentiful. clothing without being hooted; to assoproperly, ran in and out between them with great skill and stepped aboard the minded social spies on your track, no "When I was young," said the man who out a pack of bigots, critics and hypocrites in cry after you; to follow no conventionalities of fashion, society or bekeeping. dom; to climb the cliffs and breathe the chairs. sweet, strong air of liberty upon the

mountain top-to gain such life I would prietress.

The other day I was going up Fulton ply. A steamer chair stands before the A steamer chair stands before the years ago that same woman, perhaps, this young lady's book. It was a re- with little handles at each end. When would have run like the woman pictured ligious volume, and I am bound to say she wishes to use its contents-it is her she seemed profoundly interested. By sewing box-she can, without rising,

its name was "The One Thing Needful." In her lap beside the book were five packages of chewing gum, and she was manipulating the sixth as fast as her jaws could work. Chewing gum was the one thing needful.

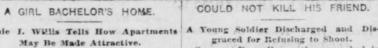
If, after all, the fogy element in the Methodist church manage to keep women out of being delegates to the quarterly and general conferences, it will not be strange if a large proportion of the ablest ladies in that denomination leave with other Christian organizations that of being copied. It is made of a square have more Christian views on the woman

United States Senator Joseph M. fold along the line of the stitching, hemhang up, a bag that is really two bags, So much for devices solely for use. ting room. Chief Whereupon she proceeded to before to a woman's going to the polls among them is a

Eliza Archard Conner

Honesty in the nome.

religious habit it is difficult to measure.



graced for Refusing to Shoot. Sergeant Roswell recently gave a bed in Central Station to William J. Higgins, a ight, 1891, by American Press Associa young soldier who four months ago was FITHIN comparishonorably discharged fr

atively few years a new sort of city bachelor has dared to live alone discharge, duly signed by the officers of the atively few years in apartments court martial which thus disgraced him more delightful for neglect of duty. He had been a memthan even the handsome ones where the old He showed the effect of the past few

He showed the effect of the past few kind hold sway, because they though he must once have been a hand gift he could ask for, perfectly well aware—the sly old Hebrew—that if he feminine hands. It is the girl bachelor. was full of dust from the last freight car

WO men were walking on a New York pave-the other wanted. It was his long headedness ment the other quite as much as his true piety that day when one of promoted him to make that choice hat choice hat described has lived in this way have had them suddenly prompted him to make that choice, but described has lived in this way long impression that he was truthful.

"I sacrificed honor to friendship," he said simply. "Myself and a friend named First, that her physician's prescription Franklin enlisted together from Troy just "Look at that," he said quietly. "That" was a wo-man running for a street car. The

his engaging in brawls with his fellows Two serious illnesses greatly reduced For one of these offences, which came to the young woman's capital, so she began small. But time and her friends have small. But time and her friends have

which meant he should work on the road been good to her, so that she is acquirwith an armed guard over him. ing some real art treasures and originat-I had been his guard several tim ing many ingenious devices. There is he made no attempt to escape. It did not to write and print the truth as you feel it no time to speak of the former, though occur to me that he would, as we were 200 chase, but with head erect and easy gait and know it, without hedging and trimentered the car and sank into a seat. ming and trembling; to live daily with special history. The place indicates one day when my back was turned he took growth, not accretion, and its mistress says, "Nothing has been bought in the spirit of. Go to; I will set up house-was endeared to me by a thousand remem-

was endeared to me by a thousand remem-One admires the several sitting room brainess of little kindnesses we had done each other. I let him escape, but I would

"Loaned indefinitely," says the pro-A remark about the couch luxurious guard house and to leave the army in dis-

with down cushings elicits the same re-ply. grace. When my time came to go my comrades made up a purse of twenty-six women even to the running point, and many women like the one who excited the comment just quoted can run with ele-gant ease and pleasing effect. The biner day is was going up i mitch as street in Brookly in an elevated train. A young lady sat beside me, reading at tentively. In cars I always look to see whether girls are reading novels or ant case and pleasing effect. It all consists in knowing how. Ten whether girls are reading novels or newspapers, and I accordingly inspected very orderly. Under it is a soap box, whenever I could."-Pittsburg Times.

The Creoles Described.

sewing box-she can, without rising, pull it out beside her, open the lid, on had the pleasure of journeying to New Orthe under side of which are elastics and pockets to hold all the implements for setting the proverbial stitch in time, use them, and put the box away when done them, and put the box away when done. This contrivance is only one of a num-bit of the box away when done. This contrivance is only one of a num-bit of the box away when done. This contrivance is only one of a num-

ber which show that poverty develops my part I expected to find-well, I will confess my ridiculous fancy-a species of sembles this. It is a shoe box. The lid female Othellos-that is to say, women is hinged, and when lifted discloses the oriental cast, with very dark skin and eyes and white teeth. Many of our party, I am ashamed to say, were rather of the Her clothes bag is neat, convenient blood in them-a delusion popular with it in a body and connect themselves and sanitary, not patented, but worthy strangers and naturally exceedingly irritating to the creoles themselves

of stout wash goods, measuring two yards | When I reached the quaint old city I de reverse the proc-a GRACEFUL CARRIAGE. question. It will be strange, in fact, if down the center, vertical to the fold it once and sew a seam down the center, vertical to the fold it used all sorts down the center, vertical to the fold. | much discussed point, and I asked all sorts

Put four tape loops in the corners, and of questions concerning the romantic race A creole, strictly speaking, is one born ming all edges. Then it is ready to hang on a bag that is really two bags word is also sometimes applied to any na open to the air, and a first rate cover in tive born New Orleans person. A creole, tion of the word, does not necessarily im cent City. There are many of them in the

West Indies and Mexico. The popular impression that creole women are handsome is certainly correct, hower much strangers may err in their other

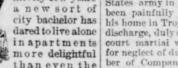
erences concerning them. As a general





R. B. DICKINSON, 215 Sansome street, San Francisco. A. L. GORTNER. Portland, Or.

# East and South



tice, which consisted entirely in moving this system. the finger joints to secure a graceful use of the hand.

siecle young women are discovering it not the entering on this or that occupaanew. At the fashionable schools the tion, or even following this or that line other, side toucheverything in our exercise practice. We ing forced either this way or that. Unwag our heads and stretch our necks der the system of liberty for all each and work every separate muscle we own. | will quickly find his or her own level. I should not be surprised any time to be asked to elevate my eyebrows for ten consecutive minutes, or to grind my

teeth fifty times every day." When the modern girl is fairly started note in this wonderful instrument of nature only harmony would result," she ence's er, er. er. Years ago, when a be-

every day happenings of life.

woman, that is.

who habitually

employs only

about a dozen of

her joints? Her

physical machin-

lumbers labori-



brings the unused AN AWKWARD PER- muscles into but honor under conscience. The family is the nursery of the state. What kind of FORMANCE. FORMANCE. play, and she is citizens we make here are made for all breathless and panting when her awk. time. It does press heavily on me that

ardly performed task is over. The coming woman will be equal to on by public life. We find people far more wardly performed task is over. this emergency. She has had that iden-tical practice in her entriculum tical practice in her curriculum.

Not long ago, in the parlors of a New world, but our home habits are quite neg-York boarding school, the parents and ative as concerns a true life, or else are guardians of the pupils were invited to positive bad. The extent of this modern a presentment of the young women's proficiency in this applied grace. The The plainest laws of life are broken by girls were in everyday attire and they those who zealously support churches cirls were in everyday attire and they did everyday things. They sat down and stood up; they ran to overtake a friend; they climbed a stepladder to drive a nail; they stepped on a sofa, thence to a table, straightened a picture on the wall and got down again; they picked up a handkerchief from the floor; they entered and left an improvised carriage; raised and carried an umbrella in a wind storm; hurried to catch a train, buying a ticket and bastening on-all in a manner that was a revelation to the onlookers.

Only one skeptic had the temerity to other in company it is possible they leave it off in private. We must learn to feel say that he didn't believe even these gentleness, and never to profess what we sgile girls could climb elegantly into the do not feel. I do not advocate an absence upper berth of a sleeping car, and, to be trank, not one of them dared to dispute the assertion.

That their knowledge is valuable in unexpected places, however, is often "Why," said a young belle the



crowded ball-RISING WITH A SINGLE room, and a clum-MOTION.

I was

sy couple collided with us, throwing me on my knees. I should have fallen over quite if I had should have falsen over quie if I had not known just the movement to protect myself, and once steady it was easy to rise with a single motion erect upon my feet. The other girl, who did not acfeet. The other girl, who did not actually fall at the first shock, floundered and staggered worse than I before she the average educator of today.-Illustrated recovered herself. She did not know | Anurican .

pretty china. No; we don't want men to take a back consists of tw seat just because they are men, but we shallow soap box The soul of grace is suppleness. The intend women shall have their share of es, which cost fifold Greeks knew this, and the fin du the front seats from this time on. It is teen cents apiece, set one over the

gymnastic lesson has long since ceased of conduct, that is insisted on in behalf ing side, so that CLOTHES BAG. to be an hour of calisthenics in blouses of our sex. We would force nobody into their length forms the width of the sideand short skirts with the conventional any trade or profession. It is that we board. The lids were used to make skillful musicians and conversational outstretched arm movements. Said a pupil of one of them recently: "We do pations and do as we please without beblack, to show off the dainty ware which they contain. Above it hang shelves with books, vases and bric-a-brac.

Lady Florence Dixie tells in a manner Many trophies for table or walls are that is altogether delicious how she evaded the words "love, honor and obey" around the city. She says: "One of my in the church marriage ceremony. She old pleasures was knocking about town in her study of grace and the poetry of says: "For myself I am not ashamed to and picking up things I fancied and motion, which some one says should be confess it. I did not pronounce them. that were within reach of my purse. so perfect "that if every muscle struck a I merely substituted er, er, er, in a low Those who can give orders to furnish a voice." Girls, don't forget Lady Florroom or house do not know the fun of the horses in the Paris omnibuses. begins to apply her knowledge to the loved girl chum of mine was about to be every store and odd little shop." married by the Methodist service, before "Is there a heater for this apartment?"

ingenuity. Another in her bedroom re-

straps for gaiters, shoe horn and but-

19

toners. It serves also as a hassock.

Did you ever see a woman try to adjust the ceremony I saw the minister at her I asked presently. a picture or to request and asked him to omit from the "No. I heat it abundantly with the reach down a pledge the word "obey." It was surshade which has prisingly refreshing to me to hear this coal here, and the cost of all my firing rolled itself up to good Methodist clergyman answer: "Oh, averaged less than nine cents a day for other the last turn of I never put that word in. No preacher the winter.' that has any sense ever does any more."

"How do you manage to do so much, with your writing to attend to?" "I make everything secondary to that. These things are only diversions," allud-

ing thus carelessly to her housekeeping To construct a household on the basis of the highest honor one to another seems to does well, as her tasteful costume and me to be the preliminary to a community of the same sort. When our homes are Close beside where she sat at d the good dinner she served proved. Close beside where she sat at dinner engineer, was in Zacatecas at the time, and right society will be right, and not sooner. This involves not simply honor under law,

All the other 0-00-00



BOOKCASE AND SIDE- silk, and her nut BOARD.

ANNIE ISABEL WILLIS.

Rather a Mean Trick. a dealer with a view to buying a mate to a horse he owned. The dealer showed him of gentle words and manners, but that we,

one which suited him, but advised him not to buy the animal, as he did not consider above all, guard against the use of empty manners and words that are but husks. With children there is a still worse cheat him "right," and he went his way. As the story goes, another dealer learned that this in the form of indulgence. man wanted a horse, and accordingly stepped around to dealer No. 1 and bought Honesty is the best policy every time in the culture of the young. What we know is right and for the best should be unflinchingly adhered to. Look ahead at the be purchaser, who was taken with the ani consequences of yielding to case, or the least troublesome course. One-half the cess of the price asked by dealer No. 1 mal, and made a trade, paying \$100 in exsickness of any community is owing to false feeding and indulgence in childhood. The purchaser soon found he had bought the horse he had first looked at.-Spring field Homestead. Our first obligation to a child is to give him a healthy body.--Mary E. Spencer in

St. Louis Globe Democrat. ine Real Question. In all the discussion that has arisen about The possibilities of undressed kid are fast becoming apparent. Not content with the proposed shortening of the college course, the advocates of either side have shoes, gloves, hats, bags, portemannaies, card cases, etc., made of this pliant mate-rial, madam will now have her bodices of limited themselves to a single point at is-sue: Will the student be able to learn kid. Latest advices from Paris show that enough in three years to qualify him for the duties of life? This is all very well, but there are other questions more im-Suede will enter largely into the composition of waists, which will fasten in a man ner to defy detection .- New York Cor. Chlcago Herald

The Alternative. question has been entirely overlooked shows how set and narrow is the mind of Smudge-Why did young Snooks give up

Bodices of Kid.

give him up if he didn't .-- Munsey's Weekly.

ing they are not large-in fact, rather petite-but have very pretty, graceful fig ures, and the tiniest of hands and feet Their eyes are dark and dreamy. From the surreptitious glances I cast at them I imagine it is hard to keep from loving these creoles. Those among the higher classes are also very cultivated, speaking English, French and Spanish, and being baseboard, and all are soon to be painted Richmond Dispatch.

# A Shrewd American Abroad.

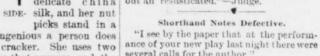
On the tramway between the towns o Zacatecas and Guadalupe in Mexico, which gathered by the mistress in wanderings are a few miles apart, the way from Zacatecas is down grade. The cars go at great speed by their own gravitation; no animals are attached, for the descent is as steep as a toboggan slide. It requires six mule however, to draw each car back again. Th animals are harnessed three abreast, like keeping a sharp eye open for bargains in the projectors of the tramway had no fixed idea as to how it should be operated, and an American overseer has been in charg since the beginning. The cars were ordered

from Philadelphia, and while they wer being built the steel rails, which came from Liverpool by way of Vera Cruz, were laid down from one end of the route to the

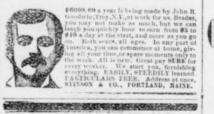
When the cars arrived it was found that they would not run on the track, as the rails had been laid on a gauge three inches narrower than that for which the cars wer designed. The Mexicans, in their igno rance, saw but one way out of the diffi culty; that was to rebuild the cars, make the bodies narrower and cut off the axle-trees to fit the gauge of the rails. The pres-

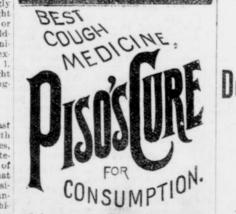
is a tiny table made of a box offered for \$500 to show the owners how to made of a box covered with article on the cars. The money was baid, dark red stuff and a tea cloth. American took up a few rods of the track. It is the place made a gauge for the rest, and in one day where many a had the cars running over the short dis-'cup that cheers. | tance. The managers of the road at once put the American in charge, and he has held the position ever since.—San Franbut not inebriates" is brewed, cisco Argonaut.

as a diminutive gas stove testifies. A Skating Episode. Here rest the "Jim, the teacher's in there!" family stock of "How d' yer know?" knives and forks, "I seen him went down." laid in folds of "Then shut up, yer fool, or he'll be fished delicate china out an' resusticated."-Judge.



several calls for the author. 'That's a mistake in the print. It should read 'authorities." "-Puck





It has permanently cured THOUSANDS of cases pronounced by doctors hope less. If you have premonitory symp Smudge-Why did young Snooks give up cigarettes? Gradge-The doctor told him he would give him up if he didn't,--Munsey's Weekly. In your have premonitory symp-toms, such as Cough, Difficulty of Breathing, &c., don't delay, but use PISO'S CURE FOR CONSUMPTION immediately. By Druggists, 25 cents.

and schools. But when we get down to the fundamental need, is it not for more absolute honesty in our every day doi I should like, also, to put in a plea for a higher social honesty. Society is not so corrupt and vicious as it is lying. What is small jar. So ingenious a person does the prime purpose of ordinary social ar- not need a nut cracker. She uses two rangements? Pure selfishness. We do not aim at frankness in our fashions. device has a charm from its very nov-There is a dishonesty in love that must elty.

be guarded against. Of all things let us beware of love forms. When a husband or wife says "My dear" in addressing each A gentleman who resides within a Sab bath day's journey of Springfield is very sore over a horse transaction. He visited

