A VALENTINE.

If I could bring the brightest gems
From Nature's richest treasure mine—
Diamond, ruby and amethyst,
Shining pearls that the waves have kissed—
I'd string them in one radiant twist
To make my love a Valentine.

If I could find the rarest flowers
That over all the wide world shine—
The edelweiss, with true love power,
The aloe and the spirit flower—
I'd pluck them all in one glad hour
To make my love a Valentine.

If I could catch the fleeting beams
Of bright Aurora's rays divine,
And keep the gleam of sunset skies,
And hold the rainbow's wondrous dyes,
I'd take the glow that in them lies
To paint my love a Valentine.

If I could chain the lightning's flash
And spin it in a golden line,
And keep the starry flakes of snow,
I'd bind them with the lightning so
That frost and fire should blend and glow
To make my love a Valentine.

But since these wishes may not be,
And nothing rich or rare is mine,
Except my heart and love so true,
This painted flower of dainty blue
Shall bear them, with the wish that you
Will always be my Valentine.

—*N. Y. Independent.*

WOMEN FENCERS.

Why They Use the Foils and How They Do It.

An Effective Aid to Beauty and Health—Popularity of Fencing In Europe—Mrs. Langtry an Expert in the Art.

"Ah, madam, you will never make a fencer until you abandon those abominable heels." So saying the polite fencing-master laid aside his mask and pointed his foil, half scornfully, half sadly, at the little blocks which projected from a point near the middle of the soles of his pupil's slippers, and which had just tripped her up in a lunge. Even in her humiliating position—for she had completely lost her balance—the little actress whose fencing lesson was thus unseasonable interrupted, presented an uncommonly pleasing picture. Her cheek was flushed and her eyes were bright with the exhilaration of the exercise; the violence of the last lunge and its disastrous result had set a few locks of golden hair free, and the close-fitting costume displayed a figure every line of which told of health and harmonious muscular development.

The costume was certainly one which would have gained the young woman applause on the stage. It consisted of a white flannel jacket, double-breasted and padded across the chest to deaden the force of her assailant's thrusts. A short skirt, with blue and white stripe, reaching just to the knees allowed the fullest freedom of movement. A pair of silk stockings, gloves with long gauntlets that protected the wrists, and the slippers with the offending heels completed the costume.

As may be supposed the pupil did not have much difficulty in placating the offended master, and the lesson went on. But in future the high heels were discarded and in their place came slippers without any heels at all, which are the only proper foot-gear for either man or woman while fencing. Soon the master was able to say with triumph of his pupil: "She handles the foil as naturally as if it were a needle. There are not many of my male pupils against whom I would not match her, if she had their strength. It's a pity that more women don't fence. I like to teach them. Their movements are naturally more graceful than those of men, and it is easier to train them to execute thrusts with delicacy, but when it comes to an actual bout with the foils they lose their heads. Coolness and judgment are the essential characteristics of a good swordsman, and my experience in teaching women is that these are qualities which women do not possess in any high degree."

The number of women who handle the foils is larger than is generally supposed. Even in New York where fencing has become a popular amusement only within the last few years, fencing-masters find plenty of female pupils, although these are generally actresses. Actresses are credited—probably justly—with taking more care of their beauty than any other class of women. Now, women who are really careful of their beauty should not neglect their health, and no exercise is more healthful than fencing. It makes the carriage erect and graceful; it gives suppleness and elasticity to the muscles, it has the exhilaration that makes exercise palatable—in fact, if a woman prizes a clear skin and a well-rounded figure, a foil and mask will prove her most effective aids; and this the young women of the stage have not been slow to discover.

Then again it not infrequently happens that an actress is assigned to some part that requires her to make a display of swordsmanship on the stage. Then she goes to a fencing-master and after a few lessons she is able to make a graceful exhibition out of what would otherwise have been a bungling and uncouth scene.

In Continental Europe the women are more fully awake to the advantages of fencing than they are in this country. The Empress of Austria, whose daring hormanship, love for dogs, and general sporting proclivities are so well known, adds an admirable proficiency with the foils to her other accomplishments. All the fencing teachers of Paris have their feminine pupils, who are by no means restricted to the actresses. Young women of the highest classes in society fence as regularly as they ride or dance. In fact, if it were not for a fencing lesson in the morning many of them would feel less inclination to dance in the evening. No actual duel between women is on record, notwithstanding the notorious painting of "An Affair of Honor," which ornamented the Paris Salon a couple of years ago. Nevertheless no one who knows the vagaries in which the women of the French Capital sometimes indulge would be surprised to read of a sanguinary encounter between a pair of them at Vincennes or in the forest of St. Germain.

"I remember when I was a young provost in one of the big fencing schools in Paris," said the same teacher quoted before, what a sensation it used to cause when the hour for the ladies' lessons came. All the men except the master and myself were put out, but how they did beg to be allowed to stay! But the master was inexorable. He was an old soldier and believed in discipline. But they used to hang about the doors and look through the keyholes. One young fellow hid in a closet once, but he was found out and ejected in great disgrace."

Regis Senac, the genial fencing-master of the New York Athletic Club, said the other day that he never had so many applications from women who wanted to take lessons as he has since Mrs. Langtry became his pupil. M. Senac is not her first master; she has taken lessons in London, and is now more expert in the use of the foil than a woman often becomes. The writer was allowed to be present at one of her lessons not long ago. M. Senac comes to her house in West Twenty-third street every morning while she is in town. He is due at ten o'clock. "And I," said Mrs. Langtry, "often don't rise until he is announced; for you can imagine that sometimes it is a struggle to get up for a lesson, after having worked hard the evening before. But I find that I am the better all day for the exercise; so I summon up my courage and tumble into my costume.

Mrs. Langtry's costume consists of a close-fitting waistcoat of white buckskin, large baggy trousers of white flannel that descend to the knee, and white stockings. She is too experienced a swordswoman to think of indulging in any extravagances in the way of heels. She wears buckskin gloves, but if her master were not an extremely careful man she would be obliged to wear a heavily-padded glove, at least on her right hand; for one sometimes gets a rap with the foil over the knuckles that makes the whole arm tingle.

The first half of the lesson was just over when the writer was admitted the other morning. Mrs. Langtry had thrown a wrap over her shoulders as a protection after the heat of exercise, while Senac was pacing the floor in all the glory of a black velvet costume. After a few minutes of rest work was resumed and the famous beauty rubbed the resin on her soles, put on her mask, and fell into position with the left arm gracefully extended—all as naturally as if she had been brought up in fencing rooms. Her motions had none of the wildness and looseness which characterize the efforts of a beginner. Every maneuver was clean-cut and precise. The play of her foil was so small that, to use M. Senac's favorite simile, it could have been executed within the ring of a young girl. After about ten minutes of this exercise Mrs. Langtry claimed the right to another rest. When she had recovered breath she was eloquent in praise of fencing, and told what it did for her.

"Not only do I feel the good effects of my morning lesson all through the day," she said, in a general toning up of the whole system, but I find that my fencing is particularly valuable to me in my profession. It gives me a command over my muscles and a suppleness that are invaluable on the stage."

M. Senac is as proud as a peacock of his pupil. He gives her lessons in single-stick as well, and an extremely pretty picture she makes, twirling her light cane about her head. She calls it the art of defending one's self with an umbrella. Senac wants her to give a public exhibition with the foils when she comes back to New York. Mrs. Langtry does not absolutely refuse, but she says that if she gives an exhibition only ladies will be admitted. Probably a good many men will feel inclined to put on petticoats for the occasion.—*N. Y. Tribune.*

BLEACHED DIAMONDS.

A Clever Method of Increasing the Value of Inferior Stones.

Every one, of course, knows something about paste diamonds and Paris diamonds and the thousand-and-one imitations of this gem of great price. And most people, we imagine, know the various tests by which the genuineness of a stone is established; but the revelations made at the Marylebone police court the other day will probably be news to some of us. As to the case itself, we need say no more than that the prisoners were committed for trial; but certain facts came out during the inquiry which possess considerable interest for the public, or at least for those of the public who are the happy owners of diamonds. That there should be any means whereby yellow diamonds, which are worth about one-seventh of white diamonds of the same size, can be bleached—for that is what the manipulation amounts to—so as to deceive an expert is enough to cause very serious disquietude in many a fair bosom. But Mr. Streeter went even further than this, for he gratuitously informed the magistrate that about two years ago a Frenchman succeded in foisting upon the London market some £4,000 worth of diamonds which had thus been chemically improved. It would be interesting to know what has become of those diamonds. What has become of their doubtless numerous successors. So valuable an invention has certainly not been permitted to lie idle.—*St. James' Gazette.*

—Spain has a torpedo cruiser, compared with which the grayhounds of the sea are but as waddling ocean poodles. This remarkable vessel is the Destructor recently launched at Glasgow, which on her trial trip developed the speed of about 27½ miles an hour.

RELIGIOUS AND EDUCATIONAL.

—It is estimated that there are in round numbers five million professed Spiritualists in this country.—*Chicago Herald.*

—In New South Wales male school-teachers are paid from £72 to £156, and female teachers from £40 to £80 per annum.

—The American Tract Society published during the past year 213,115 tracts, and card packages and wall rolls, etc., to the number of 6,369,804.

—Dr. T. L. Cuyler says in the New York *Evangelist* that "it would be well if all pious parents would read Dr. Horace Bushnell's 'Christ an Nurture' once a year."

—The *Jewish Messenger* says that to the curious specimens of prayer lately published may be added this of a modern rabbi: "Oh, Lord, Thou remembered we said last week," etc.

—The total number of communicants at Trinity Church, New York, is 1,35[illegible] of whom 575, representing 410 families are from the working-class. Although Trinity is very wealthy, it will be seen from this that well nigh one-half its actual communicants are people in moderate circumstances.

—A revivalist at Louisville was interrupted the other day by a crying baby, whose mother started for home with it. "Don't take the baby out," the preacher cried, "I wish there were fifty babies here. God bless the mother for bringing that baby. Let it cry; I can talk louder than babies can cry."

—According to the latest published statement, under the authority of the Baptist Church in New York State, it appears that there are in the State 868 churches, or four less than last year, and that the membership amounts to 116,068, indicating, as compared with last year, a gain of 1,831. The baptisms of the year numbered 5,012, or 206 in excess of the previous year.

—Those who are striving to devise means for the preservation of American forests are being well abetted by the school-authorities in many localities. The "arbor-days" of the schools and colleges are bringing the youth of the land to an appreciation of the value of trees, and are awakening strong public sentiment in favor of energetic means to check the processes of wasteful devastation. It will probably be much easier in the time of the next generation to get legislation in the matter.—*Current.*

—The Buffalo *Commercial Advertiser* gives this hint to educators: "We have heard of one very sensible school-teacher who has discarded geographical text-books for a season, and in the meantime has made her scholars as thoroughly familiar as they could be, with the means available, with the situation, history, physical features, material resources and political conditions of the Soudan, Russia, England, Afghanistan and other countries, the scenes of great international contentions. This appears to be more practical and profitable than in committing to memory the names of the principal rivers in Alaska, of the capes on the west coast of Ireland and the county towns in the State of Kansas."

WIT AND WISDOM.

—A dog that knows where to find a bone is wiser than a scholar who has not learned how to make a living.—*John Swinton's Paper.*

—Always look at your worries through the wrong end of an opera-glass. Examine your joys with a microscope.—*Philadelphia Call.*

—It takes two weeks to recover from the effects of pepper thrown into the eyes. Be satisfied to take these figures instead of the pepper.—*Detroit Free Press.*

—"Will you pass the butter, Mr. Fogg?" asked Brown. "Every time," replied Fogg. The landlady says it was the way Fogg said it that made her mad.—*Boston Transcript.*

—Thoughtlessness.

Time to me this truth hath taught—
'Tis a treasure worth revealing—
More offend from want of thought
Than from any want of feeling.

—Money will make us work, but money will not make us give our hearts to the work—nothing but love for our work or real good principle can make us do that.—*Jean Ingelow.*

—Rather Embarrasing: Boy—"Why, your face isn't very long, is it?" Visitor—"Not very, why do you ask?" Boy—"'Cause pa said you came from Chicago here on it."—*N. Y. Graphic.*

—"That article you had in last week's paper was the funniest thing I ever read," said a lady to an editor. "I am glad to hear you say so." "Oh, not at all. It would make a dog laugh. I thought my husband would split his sides."—*Arkansaw Traveler.*

—"Never go back," advises a writer. "What you attempt do with all your strength." This may be good advice, but it won't work satisfactory. When a young man, for instance, attempts to court a girl he may do it with all his strength, but he goes back, all the same. He goes back about six nights a week.—*Norristown Herald.*

—A German went into a restaurant and, as he took his seat, an Irish waiter came up and bowed politely. "Wie geht's?" said the German, also bowing politely. "Wheat cakes!" shouted the waiter, mistaking the salutation for an order. "Nein, nein!" said the German. "Nine?" said the waiter. "You'll be lucky if you get three."—*N. Y. Sun.*

—"Lose money? Why, I have lost more money than you ever saw. Five years ago I lost $1,000,000 in Paris." "How was that?" "There wasn't a single electric light in that city. Not one." "How did that lose your money?" "How? By not supplying the city with electric lamps." "Yes, but they weren't invented at that time." "I know it. That's how I lost money. By not inventing them."—*N. Y. Graphic.*

Mr. Arthur Shurtleff, Parker, Dakota, writes that he suffered for two years with a lame knee, which was entirely cured by the use of St. Jacob's Oil. He considers it a most wonderful remedy. It conquers pain.

Try snuffing powdered borax up the nostrils for catarrhal cold in the head.

Mr. L. D. Vinson, Cashier D. & I. R. R., has tried and endorses Red Star Cough Cure.

RUPTURE PERMANENTLY CURED.

We will pay your fare from any part of United States to Portland and hotel expenses while here if we do not produce indisputable evidence from well-known bankers, doctors, lawyers, merchants and farmers as to our reliability in the cure of reducable rupture or hernia, without knife, needle or sharp instrument. You are secure against accident from the first day until cured, and the cure guaranteed permanent or money refunded. You can work every day, no matter what your occupation, without danger or inconvenience. Consultations free. Office hours from 10 to 4 daily. Correspondents will enclose stamp for reply and address Drs. Forden & Luther, rooms 8 and 9, First National bank, Portland, Oregon.
Mention this paper.

When Baby was sick we gave her Castoria.
When she was a Child, she cried for Castoria.
When she became Miss, she clung to Castoria.
When she had Children, she gave them Castoria.

Try hot flannel over the seat of neuralgic pain, and renew frequently.

No lengthy advertisement is necessary to bolster up Dr. Sage's Catarrh Remedy.

De Lesseps has offered Germany a two-fifths interest in the Panama Canal.

Go to Towne & Moore when in Portland for best Photographic and Crayon work.

TRY GERMEA for breakfast.

RED STAR
TRADE RED STAR MARK.
COUGH CURE
Absolutely Free from Opiates, Emetics and Poison
SAFE. SURE. PROMPT. 25 Cts.
AT DRUGGISTS AND DEALERS.
THE CHARLES A. VOGELER CO., BALTIMORE, MD.

ST. JACOBS OIL
TRADE MARK
THE GREAT GERMAN REMEDY
For Pain Cures Rheumatism, Neuralgia, Backache, Headache, Toothache, Sprains, Bruises, etc., etc.
PRICE, FIFTY CENTS.
AT DRUGGISTS AND DEALERS
THE CHARLES A. VOGELER CO., BALTIMORE, MD.

HALL'S SARSAPARILLA
Cures all Diseases originating from a disordered state of the BLOOD or LIVER. Rheumatism, Neuralgia, Boils, Blotches, Pimples, Scrofula, Tumors, Salt Rheum and Mercurial Pains readily yield to its purifying properties. It leaves the Blood pure, the Liver and Kidneys healthy and the Complexion bright and clear.
J. R. CATES & CO., Proprietors
417 Sansome St., San Francisco.

LADIES, ATTENTION!
$1.50 to $3.00 per day made at home—pleasant occupation—this is no humbug. Send 2-cent stamp for particulars. D. A. MACDONALD & CO., 405 Kearny Street, San Francisco, Cal.

Once Bought. Always Used.
Perfect Fitting DOMESTIC Paper Patterns.
Catalogues Free. Send your address to THE DYANE SOLY[illegible]

ROYAL

BAKING POWDER
Absolutely Pure.
This powder never varies. A marvel of purity, strength and wholesomeness. More economical than the ordinary kinds, and cannot be sold in competition with the multitude of low test, short weight alum or phosphate powders. Sold only in cans. Royal Baking Powder Co. 106 Wall street, N. Y.

O The BUYERS' GUIDE is issued Sept. and March, each year. 312 pages, 8½x11½ inches, with over 3,500 illustrations—a whole Picture Gallery. GIVES Wholesale Prices direct to consumers on all goods for personal or family use. Tells how to order, and gives exact cost of everything you use, eat, drink, wear, or have fun with. These INVALUABLE BOOKS contain information gleaned from the markets of the world. We will mail a copy FREE to any address upon receipt of 10 cts. to defray expense of mailing. Let us hear from you. Respectfully,
MONTGOMERY WARD & CO.
227 & 229 Wabash Avenue, Chicago, Ill.

BIG G
Cures in 1 TO 5 DAYS. Guaranteed not to cause Stricture.
Mfd only by the Evans Chemical Co. Cincinnati, Ohio.
G has taken the lead in the sales of that class of remedies, and has given almost universal satisfaction. MURPHY BROS., Paris, Tex.
G has won the favor of the public and now ranks among the leading Medicines of the oldom. A. L. SMITH, Bradford, Pa.
Sold by Druggists. Price $1.00.

The Van Monciscar DYSPENSARY,
FORTLAND, OR
Young, middle aged and old, single or married men and all who suffer with LOST MANHOOD Nervous Debility, Spermatorrhea, Seminal Losses, Sexual Decay, Failing Memory, Weak Eyes, Lack of Energy, also Blood and Skin Diseases, Syphilis, Eruptions, Hair Falling, Bone Pains, Swelling, Sore Throat, Ulcers, Effects of Mercury, Kidney and Bladder Troubles, Weak Back, Burning Urine, Gonorrhea, Gleet, Stricture—prompt relief and cure for life.
Both Sexes Consult Confidentially
OFFICE—182 & 184 THIRD ST

Consult DR. ROBERTS,
26½ KEARNY STREET.
He will Tell You Your Trouble Without Asking You a Single Question,
MEN OF ANY AGE HAVING any Private, Nervous or Secret Disease, Unnatural Loss, Diabetes and Bright's Disease.
LOST MANHOOD,
Sexual Decay, Failing Memory, Weak Eyes, Stunted Development, Lack of Energy, Pimples, Impediments to Marriage, Syphilis, Piles, Fistula, Eye, Ear, Cancer, Catarrh and all Throat and Lung Diseases, no matter what you have taken, or who has failed to cure you, call and see the Doctor. Office and Parlors privately arranged. Call or address DR. ROBERTS, Private Dispensary, 26½ Kearny street, San Francisco, Cal.

N. P. N. U. No. 175—S. F. N. U. No. 252.

WAKELEE'S
The Best is the Cheapest.
DON'T buy AN Inferior Article BECAUSE IT IS More Profitable TO Some One Else.
Trade Mark.
SQUIRREL AND GOPHER EXTERMINATOR,
IN ONE-POUND AND FIVE-POUND CANS.

GRAND OPENING
NICOLL THE TAILOR
The Grandest Display of Choicest Woolens ever shown in the City,
English, French, Scotch and German Fabrics in endless variety for Suits to measure.
One Thousand Different Patterns to select from.
SAMPLES, WITH INSTRUCTIONS FOR SELF-MEASUREMENT SENT FREE.
Fine All-Wool Suits to Order from - - $20.00
Fine All-Wool Pants to Order - - - - - 5.00
Only White Labor and First-Class Cutters Employed.
NICOLL THE TAILOR,
126 First Street, Portland, Or.

CASTORIA
for Infants and Children.
"Castoria is so well adapted to children that I recommend it as superior to any prescription known to me." H. A. ARCHER, M. D., 111 So. Oxford St., Brooklyn, N. Y.
Castoria cures Colic, Constipation, Sour Stomach, Diarrhœa, Eructation, Kills Worms, gives sleep, and promotes digestion, Without injurious medication.
THE CENTAUR COMPANY, 182 Fulton Street, N. Y.

UNIVERSAL
Combination Fence,
WIRE AND PICKETS!
For Farms, Ranches and Lawns!
STOCK AND RABBIT PROOF!

[Roll of fence as delivered from the Hoosier Machine.
STRONGER than Barbed Fence!
NEATER than Board Fence!
CHEAPER than Rail Fence!
MORE DURABLE than any!
THE BEST FENCE made! Superceding all other Fences in the East.
34 HOOSIER MACHINES
In operation in Preble County, Ohio—a district only about 20 miles square.
NO COUNTY RIGHTS SOLD!
Circulars and other valuable information on application.
Address: H. B. REED, Postoffice Box 588, PORTLAND, OR.

DEAF—A very interesting 80-page book on Deafness, Noises in the Head, &c. How relieved. Sent free. Address NICHOLSON, 177 McDougall St., N.Y.

STEINWAY, KRANICH & BACH, Gabler, Roenisch Pianos; Burdet Organs, band instruments. Largest stock of Sheet Music and Books. Bands supplied at Eastern prices. M. GRAY, 206 Post street, San Francisco.

NEW PLAYS
A large list of Plays now on hand, including Dramas, Comedies, Farces, Temperance Plays, Guide Books for Stage, Comediettas and Ethiopian Farces. Descriptive Catalogue sent FREE to any address. Orders filled by return mail. Address, H. A. HUNTER, Lock Box 1896. San Francisco.

EST'D 1862.

I like your "Tansill's Punch" cigars very much, and wish to have the exclusive sale in this place, and will do all I can to push them. I believe in advertising, and am taking pains to distribute the circulars where they will do the most good.
C. V. ELLIOTT, Mansfield, Pa.
Address, R. W. TANSILL & CO., Chicago.

HATCH CHICKENS,
WITH THE
PETALUMA INCUBATOR
—THE MOST—
Successful Machine Made
3 Gold Medals, 1 Silver Medal, and 15 First Premiums.
HATCHES ALL KINDS OF EGGS.

Price, $20.00.
Send for large Illustrated Circular and see how you may get an Incubator FREE.
Address, PETALUMA INCUBATOR CO., Petaluma, Cal.

FALE'S PATENT VARIABLE BENCH PLANE,

Constituting Carpenters' Plow, Dado, Front and Back Filletster, Matching Planes, Hollows, Rounds, Beads, Sash Planes Side Rabbets, Snipes Bill, Case Moulding, Ogee, Quarter Rounds, Nosing and V Planes, etc. etc., of many styles and sizes. The whole set sold complete at the remarkably low price of $31.00. This instrument combines in one tool over eighty different and essential workworking planes. Any part of this combination furnished at pro rata prices. Send for free Illustrated Catalogues and Price List of the above and all our goods. OSBORN & ALEXANDER, Mechanics' Tools, Hardware and Machinery, 628 Market St., S. F.

OAT MEAL
Two carloads Choice Steel Cut Eastern Oat Meal sold for freight and advances on account of failure of consignee. We have the entire stock and offer
Barrels of 200 lbs. net.....$[illegible]
100 lbs. in strong sacks ..... [illegible]
50 " " " .....
25 " " " .....
Warranted to give satisfaction. Small discount to the trade in large lots. It will not last long on hand—order promptly. All meals for table use at reduced prices. Send for full list, now ready. Sample copy free. Address the greatest bargain house in the world.
SMITH'S CASH STORE
115 & 117 Clay St., S. F., Cal.

GIVE 8 000 000 PEOPLE USE
FERRY'S SEEDS

Their Seeds are popular because they are good.
D. M. FERRY & CO. are admitted to be the LARGEST SEEDSMEN in the world.
D. M. FERRY & CO'S Illustrated, Descriptive & Priced SEED ANNUAL For 1887 will be mailed FREE to all applicants, and to last season's customers without ordering. Invaluable to all. Every person using Garden, Field or Flower SEEDS should send for it. Address D. M. FERRY & CO., Detroit, Mich.

DR. CHEEVER'S ELECTRIC BELT FOR MEN ONLY
This BELT or Suspensory is made expressly for the use of men, and for the permanent cure of the generative organs. The continuous current of ELECTRICITY penetrates through the parts which it reaches, imparting to them to healthy action. Do not confound this with Electric Belts advertised to cure all ills from head to toe. It is for the one specific purpose.
For circulars giving full information, address Cheever Electric Belt Co., 102 Market St., San Francisco, Cal.

READ ALL THESE

Notice to Sick and Deformed Persons
I furnish surgical appliance for all deformities including curvature of spine, club foot, etc.
Tumors and Cancers
Removed without the knife. Tape Worm, Piles, Fistulas, and all Rectal Diseases.
Special Notice to Women.
If you are feeling bad, and your family doctor can't cure you, sit down and write to me all the particulars in confidence, and I will give you an opinion of your case free.
Old Men.
If your kidneys and bladder are out of order you write me just how you suffer. I may cure you.
Young and Middle Aged Men.
If you have been foolish and indiscreet, and ...tering your nervous system, rendering life a burden, write me a confidential letter. I will write you an honest opinion, perhaps cure you.
I am a regular graduate of medicine, have had thirty years experience as a physician and surgeon, and try to render conscientious services.
Persons living at a distance can be treated successfully by letter in many cases. Medicine sent by express.
Patients coming to Portland will be provided with board and rooms at a dollar a day.
Always enclose stamp for reply, and address
W. B. FORDEN, M. D.,
Rooms 8 and 9 First National Bank, Portland, Oregon.