

## FACTS ABOUT BALDNESS.

able information as to How It Comes and How to Treat It.

T. G. Jackson read a paper before the New York County Medical Society on baldness and its treatment. He described four varieties of baldness, or alopecia: 1. Alopecia areata, the congenital form; 2. Alopecia circumscribed; 3. Alopecia totalis; 4. Alopecia universalis. The first is that form which occurs in age, or after the age of forty-five, is often preceded or accompanied by thinning of the hair. Its cause is a gradual hardening of the subcutaneous tissue of the scalp and a diminution of the hair follicles. It is but one of the general lowering of vitality incident to advancing years. In the scalp is atrophied nothing is done in the way of treatment, prophylaxis may do a great deal in postponing those changes.

Alopecia areata is that form of baldness which occurs before the forty-fifth year. It has two varieties, the idiopathic and the symptomatic. The former occurs most commonly between the age of twenty-five and thirty-five, is not due to any antecedent or concomitant disease. It differs from alopecia totalis in occurring at an earlier age, and in being unaccompanied by other signs of diminished physical vitality, such as loss of teeth, dullness of vision and hearing. The chief cause of alopecia areata is heredity. Every one has seen families in which the fathers have become bald at a very early age. Another cause is improper care of the scalp. It is a common practice for men to use the hairbrush, while Ellinger has noted that in eighty-five per cent. of his cases of baldness, thinkers and brain workers are very often bald. Eaton, in the audience attendant upon the lecture, said that in Boston, that forty to fifty per cent. of the men are bald; while in cheap museums and the like the percentage was only five to twenty-five. Stiff hats may cause baldness by compressing the arteries which supply the scalp. Tight and ventilated hats make the scalp warm, cause it to perspire, thus favoring baldness. King says that baldness of the vertex is due to compression by the hats of the arteries which supply the scalp. The little tuft of hair often seen on the top of the forehead is caused by arteries which escape compression.

At women do not become bald so early as men is probably because they have the cushion of fat under the scalp longer than men do. They do wear their hats as much as men; are these so closely-fitting, or made of such impermeable material. They give more attention to the hair, do not wet the head so often. Of these reasons Dr. Jackson regards the compression of the fat and connection of the scalp, and the greater use of the scalp, as the most important.

The treatment of this variety of baldness is mainly one of prophylaxis and hygiene. In families where it is hereditary should begin at birth and continue through life. The scalp should be kept clean by an occasional shampoo of soap and water, borax and water, or some simple means. This should not be repeated oftener than in two or three weeks; and after washing the scalp should be carefully dried, and vaseline or sweet-almond oil applied. Women should dry their hair by the fire, or in the sun, and press it until dry. The hair should be thoroughly brushed and combed for five or ten minutes, with sufficient to make the scalp.

For this a brush should have moderately stiff bristles, set with widely separated from each other. Such a brush will reach the hair and brush out the dust. A comb, large, smooth teeth should be used to brush, to open up the hair to the scalp. Pomades should not be used, the daily washing of the hair discolored. Women should not use hair oil, nor pull or twist the hair, or curl it with curling-irons, nor wear it under false hair. Easy-fitting and ventilated hats should be worn, and working under hot artificial light should be avoided. Mr. Lock, writing on baldness, gives his opinion that it is due principally to high hats and the hard felt hat, and other covering that constricts the blood vessels which nourish the hair. Few, he says, will escape the evil effects of twenty or thirty years of rigid tight-fitting hats, the active process being delayed only in length and frequency of respite this tourniquet of fashion.

A Ridiculous Irish Bull.

A Boston servant, like many of her class, does not know her age. She has with one family eleven years, and with another twenty-eight. But not so she read in the newspaper of a woman who had died at the age of one hundred and six. "May be I'm as old as that meself," said she. "I can't remember the time when I was alive."—*Harper's Magazine.*

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## ODD AVOCATIONS.

How Some Enterprising New York Women Make a Comfortable Living.

A woman who has seen better days once had a fine house of her own, and the usual embarrassment of bric-a-brac in her drawing-room, which she was accustomed to arrange herself with exquisite tastefulness. When the wolf came to her door she begged one or two of her former friends having fine mansions to employ her in arranging their drawing-rooms occasionally. With their consent she began an industry which has developed into a business. Once a month this lady—for she is a lady—goes to the houses of her patrons with her two assistants and superintends the cleansing of the parlors, after the furniture has been removed, and then rearranges them in the most elegant style. If she finds certain articles are needed to make the room attractive, a la mode, she purchases them and puts them in place. She also selects articles of vertu, having consummate taste and judgment in such purchases, for which she receives a commission from the merchant of whom she buys. It would seem possibly an extravagance to the reader to employ any one for such a purpose, but considering the wretched careless methods of servants in New York, and the numberless articles of bric-a-brac now in vogue for drawing-rooms, it is an economy and not an extravagance to employ a woman of discretion and carefulness to keep them in order. And then our new rich people do not know how to arrange a drawing-room, and it is a comfort to them to hire some one who does know, or, rather a necessity.

Another lady, formerly wealthy, charges a good round sum per day for escorting ladies—strangers, of course—to the most eligible shops for purchasing stylish garments, furniture, etc. Still another lady acts as guide to the picture galleries, museum and public amusements for ladies from out of town, who write to her in advance.

For many years women have been employed by ladies of fortune to go abroad and make purchases for them in Paris, London and Berlin; in short, to buy novelties at a cheaper rate than they can be purchased here and to be in advance of the modistes of New York. These (some of them) are ladies who boast that they never wear dry goods purchased in this market, every thing comes "from abroad"—and if the truth were known from second and third-rate shops in the cities where their commission has grown to be an enormous business in New York. One woman engaged in it has an office and clerks; she buys furniture, jewelry—in fact all sorts of merchandise for her customers in every State in the Union; has whole wardrobes made up for ladies, for children and infants, and has purchased artificial limbs to order. There is a commission from those she buys for and from, yielding a very good percentage in this double arrangement.

The last odd industry of women to be mentioned here are the mending girls, who go from house to house to sew buttons on boots and gloves, to darn stockings and linen, and to make repairs on ladies' dresses, and to brush them. Such girls usually have engagements for one day in the week for a family, or lady, or, perhaps, half a day. Literary women and artists find the mending seamstress very convenient and economical. — *N. Y. Tribune.*

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