

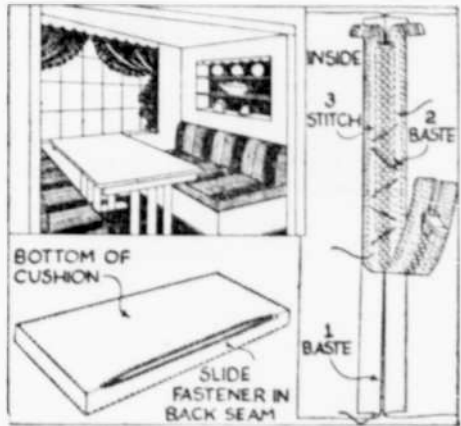
Topics of Special Interest to Our Women Readers

Cushion Covers That Are Easy to Remove

By RUTH WYETH SPEARS

"DEAR MRS. SPEARS: I have both of your books and they certainly have been a help to me. I followed your directions in Book 1 for making all of my slip-covers. Recently I started a wall hanging of crewel work embroidery that required many stitches that were new to me. I found them all clearly diagrammed in Book 2, and was certainly glad I had it to turn to.

"I am now interested in covering seat cushions for our dinette. The children have both breakfast and



their mid-day meal here. Can you suggest a material that will stand hard wear and that comes in bright colors? G. B."

Striped awning material would give good service and both you and the youngsters would enjoy the gay coloring in this much used corner. Green and orange stripes would be attractive, and this color scheme could be repeated in green curtains and orange paint for the inside of a cupboard. I have suggested slide fasteners for the cushions so that they may be removed easily for laundering.

Notice about book prices: Book 1—SEWING for the Home Decorator; and No. 2, Gifts, Novelties and Embroideries, are now 15 cents each, or both books for 25 cents. Readers who have not secured their copies of these two books should send in their orders immediately, as no more copies will be available, when the present supply is exhausted. Your choice of the QUILT LEAFLET illustrating 36 authentic patchwork stitches or the RAG RUG LEAFLET, will be included with orders for both books for the present, but the offer may be withdrawn at any time. Leaflets are 6 cents each when ordered separately.

Everyone should have copies of these two books containing a total of 96 How to Sew articles by Mrs. Spears, that have not appeared in the paper. Send your order at once to Mrs. Spears, 210 S. Desplaines St., Chicago, Ill.

Black Leaf 40 KILLS LICE
Cap-Brush Applicator makes BLACK LEAF 40 GO MUCH FARTHER
JUST A DASH IN FEATHERS OR SPREAD ON ROOSTS

Sentinels of Health
Don't Neglect Them!
Nature designed the kidneys to do a marvelous job. Their task is to keep the flowing blood stream free of an excess of toxic impurities. The act of living—life itself—is constantly producing waste matter the kidneys must remove from the blood if good health is to endure. When the kidneys fail to function as Nature intended, there is retention of waste that may cause body-wide distress. One may suffer nagging backache, persistent headaches, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel tired, nervous, all worn out.
Frequent, scanty or burning passages may be further evidence of kidney or bladder disturbance.
The recognized and proper treatment is a diuretic medicine to help the kidneys get rid of excess poisonous body waste. Use Doan's Pills. They have had more than forty years of public approval. Are endorsed the country over. Issued on Doan's. Sold at all drug stores.

DOAN'S PILLS

Household News

By Eleanor Howe

Cooling Summer Drinks

Can you think of anything more cooling and refreshing than a frosty glass of ice cold beverage sprigged with mint and tinkling with ice cubes? Neither can I! There's something about a cold, tart-tasting drink that seems to lower the temperature several degrees.

I like to keep a variety of chilled drinks in my refrigerator to meet the demands of sultry weather; a sparkling punch to serve during mid-afternoon when everyone is wilted and weary; old-fashioned lemonade for thirsty youngsters and grown folks, too; or cool, refreshing iced tea to serve with meals, or whenever the occasion warrants.

Iced tea is a summer standby, and properly prepared it's truly delicious. Follow these simple rules for making it, if you like to serve to your family and your guests the clear, sparkling, faintly fragrant tea that's delightfully refreshing.

Iced Tea.

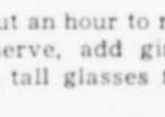
1. Rinse teapot with boiling water.
2. Place tea in teapot—allowing one teaspoon of tea per cup to be made.
3. Pour freshly boiling water over the tea leaves.
4. Allow tea to steep—not boil—for 3 to 5 minutes according to strength desired.
5. Cool hot tea infusion quickly by pouring it over a generous supply of chipped ice.
6. Serve at once. Lemon slices or a sprig of mint may be used as an accompaniment if desired.

Ginger Julep.

(Serves 4-5)

- Few sprigs mint
- 2 lemons
- ¼ cup superfine powdered sugar
- 1 quart gingerale
- Cracked ice

Place the mint leaves and the lemon rind, cut in strips, in a pitcher. With the back of a spoon, crush the leaves and the rind. Add lemon juice and sugar, and place in refrigerator for about an hour to ripen. When ready to serve, add gingerale, and pour into tall glasses filled with crushed ice.



Old-Fashioned Lemonade.

- 1 cup sugar
- 2 cups water
- ¼ cup lemon rind (grated)
- ½ cup lemon juice
- 1 quart cold water

Place the sugar, 2 cups water, and the lemon rind in a saucepan. Cover and cook for 5 minutes. Add lemon juice and cold water. Chill thoroughly, and garnish with a sprig of mint or a marshmallow in each glass.

Spiced Syrup.

- 2 cups granulated sugar
 - 1 cup water
 - Pinch salt
 - 3 teaspoons whole cloves
 - 6 inches stick cinnamon
- Bring sugar, water, and salt to the boiling point and boil one minute. Remove from fire and add spices. Cover and cool. Strain before using.

Frosted Grape Juice Ade.

(Serves 6)

- 4 cups grape juice
 - Juice of 3 oranges
 - Juice of 1 lemon
 - 1 pint water
 - ¼ cup sugar
 - Crushed ice
- Combine the fruit juices and water. Add sugar. Dip the rims of

tall beverage glasses in lime juice, then in confectioners' sugar to make a frosted edge. Allow to dry. Half fill glasses with crushed ice, and pour in the beverage.

Iced Coffee.

Prepare hot coffee in the usual manner making it a little stronger to allow for dilution. Then pour over crushed ice or tea cubes in tall glasses, and serve at once.

Mocha Freeze.

Pour chilled coffee into tall glasses. Add a generous spoonful of vanilla ice cream to each glass and top with whipped cream.

Bowling Green Punch.

(Serves 8-10)

- 3 cups orange pekoe tea infusion
 - Ice
 - 1½ cups spiced syrup
 - ½ cup lemon juice
 - ¼ cup orange juice
 - 1 pint gingerale
- Pour warm or hot tea over ice. Add lemon and orange juice and spiced syrup and mix thoroughly. Add gingerale just before serving.



Get This New Book.

Old-fashioned cakes and modern quick-to-make cakes, unusual cookies and breads and favorite pies—recipes for all these are included in this easy-to-use, inexpensive cook book. You'll find hints on baking, too, to help you make your own special recipes "turn out still better"! Send 10 cents in coin to Eleanor Howe, 919 North Michigan Avenue, Chicago, Ill., and get your copy of "Better Baking" now. (Released by Western Newspaper Union.)

Enthusiasm Grows For White Jersey

The practicality of white jersey, the smart appearance, the adaptability to sculptural draping and exquisite tailoring has so impressed designers they are expressing an enthusiasm for it that knows no bounds. Try out a costume of jersey and see what it does for you. It will slenderize you, it will be to the touch the sort you "love to wear." The white rayon jerseys especially come out after a tugging "white as snow" which is exactly what every woman hopes for, even longs for in her white costumes.

Redingote Wraps Big Fashion News

There's any amount of style declared in the redingote wraps that are being tailored to a nicety of either linen, glacial white sharkskin or pique. In their tailoring special importance is attached to pockets and there seems to be no limit as to the number of pockets. In some instances socks of little pockets enliven the coat and they are made to look very decorative without forfeiting the strict tailored look.

Diamond Earrings

Earrings, particularly diamond and pearl ones, are becoming increasingly important as accents for every costume.

A Bonny Scotch Cap

You will find the little Scotch cap of fine felt a very convenient addition to your travel wardrobe.

Colotte Disguised

The colotte in more flattering guise has returned to favor.

Smart Patterns in Midsummer Styles



IF YOU'RE looking for a gracious, sophisticated afternoon fashion in women's sizes, you will be delighted with 1763. Cut on true princess lines, it is beautifully slim and graceful. The shirred vestee and narrow roll collar give a pretty, soft, dressy touch, and it has the simplicity that you like in midsummer. For this, choose silk crepe, georgette, or chiffon.

Dutch Mode for Tots.

Cool comfort and cuteness for tots is assured by 1765, a simple pattern including playsuit, pinafore and air-conditioned little bonnet. You can really make a whole summerful of daytime clothes for your little girl, using this one easy design. It's so quick and easy to make. Gingham, linen, percale and seersucker are nice cottons to choose for this.

The Patterns.

No. 1763 is designed for sizes 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires, with short sleeves, 4 yards of 39 inch fabric without nap. ¾ yard of contrast for collar and vestee.

No. 1765 is designed for sizes 1, 2, 3, 4 and 5 years. Size 2 requires 1¾ yards of 35 inch material, without nap, for pinafore, ¼ yard for playsuit, ½ yard for bonnet. 8½ yards of braid or bias binding.

Send your order to The Sewing Circle Pattern Dept., Room 1324, 211 W. Wacker Dr., Chicago, Ill. Price of patterns, 15 cents (in coins) each. (Bell Syndicate—WNU Service.)

Sheer Shirtwaist Is High in Favor

Costume Is Tuned to All Sorts of Occasions.

The flair for the costume that tops a stunningly styled skirt with the frilly sheer shirtwaist top becomes increasingly significant. You can carry out the idea conservatively or as flamboyantly as you will. The younger girls are looking gypsylike and fascinating in skirts made of gay stripes or plaids or flowery prints that are flared to extreme fullness. With these skirts they wear rapturous sheer white shirtwaists that revel in frills and fine tuckings, and lace trims, and endless other alluring details.

These shirtwaist costumes, however, are tuned to all sorts of occasion, as conservatively as the most discriminating may wish or with a bizarre touch that startles you out of the ordinary pace. For practical wear you'll be wanting a many gored skirt made of white waffle pique with which you will be wearing perhaps a simple shirt blouse made of white washable rayon jersey. Or you may choose to top your pique skirt with a bright gingham blouse. Then again to take on the dressy look you will have in reserve a shirtwaist that is as sweet and feminine as pintucks, frilly jabots, lace insertions and hand embroidered motifs can make it.

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PHOTOGRAPHY

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16 PRINTS 25¢
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8 famous Supergloss Prints and choice of 2 free enlargements or 1 colored enlargement or 8 additional prints... only 25c coin.
Supergloss Photos, Box 82-E, Portland, Oregon.

COSMETICS

For the Genuine Blanche White Cosmetics, originated by Madam White, Minneapolis, write 304 Woodlark Bldg., Portland, Ore. Free samples. Representatives wtd.

Enchanted Cottage to Decorate This Quilt



Pattern 6384.

Quiltmaking's always fascinating—but think of the fun to be had when it's an Enchanted Cottage that decorates each block. Use up your gayest scraps for the simple patch that forms the house. Do the shrunken in a plain material for effective contrast. Finish with a bit of outline stitch. Pattern 6384 contains the Block Chart; carefully drawn pattern pieces; color schemes; directions for making the quilt; yardage chart; illustration of quilt.

To obtain this pattern send 15 cents in coins to The Sewing Circle, Household Arts Dept., 259 W. 14th St., New York, N. Y.

NERVOUS?

Do you feel so nervous you want to scream? Are you cross and irritable? Do you scold those dearest to you?
If your nerves are on edge and you feel you need a good general system tonic, try Lydia E. Pinkham's Vegetable Compound, made especially for women.
For over 60 years one woman has told another how to go "smiling thru" with reliable Pinkham's Compound. It helps nature build up more physical resistance and thus helps calm quivering nerves and lessen discomforts from annoying symptoms which often accompany female functional disorders.
Why not give it a chance to help YOU?
Over one million women have written in reporting wonderful benefits from Pinkham's Compound.

WNU-13 29-39

BARGAINS

—that will save you many a dollar will escape you if you fail to read carefully and regularly the advertising of local merchants

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