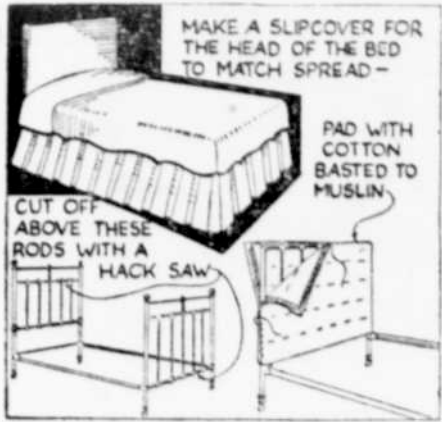


Topics of Special Interest to Our Women Readers

HOW to SEW By RUTH WYETH SPEARS



who have not secured their copies of these two books should send in their orders at once, as no more copies will be available, when the present stock is sold. Your choice of the QUILT LEAFLET showing 36 authentic patchwork stitches; or the RAGRUG LEAFLET, will be included with orders for both books for the present, but the offer may be withdrawn at any time. Leaflets are 6 cents each when ordered without the books.

Everyone should have copies of these two books containing 96 How to Sew articles by Mrs. Spears, that have not appeared in the paper. Send your order at once to Mrs. Spears, 210 S. Desplaines St., Chicago, Ill.

BETSY was all agog to have a bed with no foot piece and a padded head to match her spread. Ingenuity would have to substitute for money, and she was seriously considering this and that when the plumber was called to fix a leaky pipe.

As a tiny tot Betsy always said, "Let me watch," when workmen were coming and at 16 she hadn't grown up much. The plumber took a fine saw out of his tool bag and sawed a pipe in two just as it was wood. Right then something clicked for Betsy. That old iron bed in the attic! It could be cut down. It was cut down, as shown in the sketch.

The top of this bed is padded with cotton basted to muslin. Betsy used an old comforter for padding. Her mind seems to jump with the greatest of ease from water pipes to iron beds and from padding to old comforters.

NOTE: Book 1—SEWING, for the Home Decorator, and No. 2, Gifts, Novelties and Embroideries, are now 15 cents each, or both books for 25 cents. Readers

Tommy Also Discovered Appeasement Is Difficult

Tommy Jones came home from school with tousled hair, rumpled clothes and a black eye.

"What have you been up to?" his mother demanded.

"I've been fighting Johnny Briggs," Tommy confessed.

"Well, take him this cake and make friends."

Tommy did so, but in the afternoon he came home with another black eye.

"Good gracious!" his mother exclaimed. "What on earth has happened now?"

"He did it again," Tommy said, sadly. "And he wants more cake tomorrow—or else!"

Rebecca in 'Ivanhoe'

The original of Rebecca was Rebecca Grantz, daughter of Michael Grantz of Langerdorff in upper Silesia. Born on March 4, 1781, as a child and young woman she lived in Philadelphia, where she was known as "the good Jewess" and "the beautiful Jewess." Her portrait was painted by Malbone and by Sully.

It was Washington Irving who called her to the attention of Walter Scott. Miss Grantz had been a cherished friend of Irving's fiancée. She died August 27, 1869.

Makes 10 BIG COOL GLASSES

Kool-Aid AT GROCERS

QUICK QUOTES



THE CORNERSTONE

"THOSE who laid the cornerstone of representative government in the Federal Constitution, built wisely. Upon that firm base they erected a structure reinforced by the four essentials of democracy—free press, free speech, free assembly, free worship. Liberty has perished where these fundamentals have been abridged or abolished."—James G. Stahlman, President, American Newspaper Publishers Association.

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Favorite Recipe of the Week

KOOL-AID CREAM SHERBET

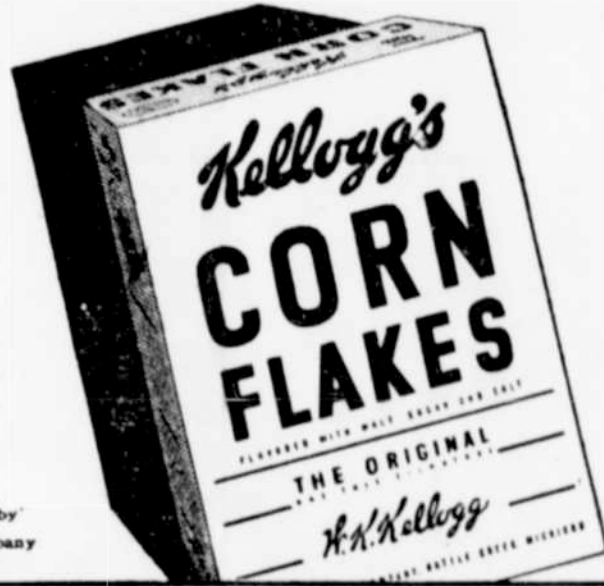
(Made in Mechanical Refrigerator)
 1 package Kool-Aid, 2 cups milk
 any flavor 1 cup heavy cream
 1 cup sugar

- 1—Dissolve Kool-Aid and sugar in milk; turn into freezing tray and freeze 3/4 to 1 hour (until slushy).
- 2—Whip cream (well chilled) until stiff.
- 3—Add partly frozen Kool-Aid mixture to whipped cream and whip just enough to mix well, but keep cold as possible.
- 4—Return quickly to freezing tray and freeze at coldest point. Requires no more stirring. When frozen, set control back to normal. Makes over one quart. If desired lighter, beat 2 egg whites fluffy with 2 tablespoons sugar and fold into above mixture before final freezing.—Adv.

America's favorite ready-to-eat cereal...

FRESH! CRISP!

DELICIOUS!



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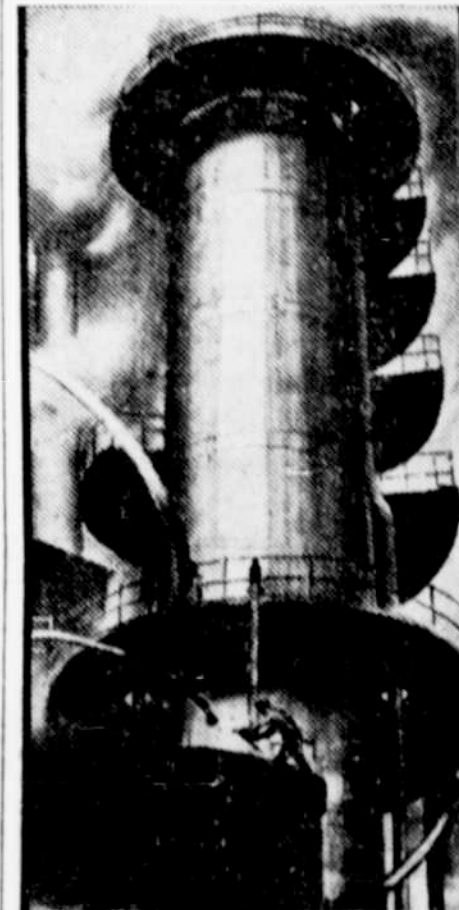
... There are two classes of news in these columns every week

(1) Interesting Local Items (2) The Advertisements

YES, the advertisements ARE news, and in many ways the most important of all because they affect you directly and personally.

● You'll find that it pays to follow this news every week. Reading the advertisements is the sure way to learn of new comforts and conveniences... to keep up with the times and get full money's worth for every dollar you spend.

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Oil purity...an objective developed in Quaker State's laboratories and accomplished in its four great, modern refineries. All trace of impurities is removed from the finest Pennsylvania crude to produce an oil that is pure...so pure you need never worry about motor troubles due to faulty or insufficient lubrication. Make Acid-Free Quaker State your choice. Your car will run better, last longer. Quaker State Oil Refining Corp., Oil City, Pa.

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Nature's Remedy If you think all laxatives are alike, just try this all vegetable laxative. No mild, thorough, refreshing, invigorating, dependable relief from sick headaches, bilious spells, tired feeling when associated with constipation.

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WNU-13 25-39

World Conquerors

The real conquerors of the world indeed are not the generals but the thinkers.—Sir John Lubbock.

Sentinels of Health

Don't Neglect Them!

Nature designed the kidneys to do a marvelous job. Their task is to keep the flowing blood stream free of an excess of toxic impurities. The act of living—its itself—is constantly producing waste matter the kidneys must remove from the blood if good health is to endure.

When the kidneys fail to function as Nature intended, there is retention of waste that may cause body-wide distress. One may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel tired, nervous, all worn out.

Frequent, stanty or burning passages may be further evidence of kidney or bladder disturbance.

The recognized and proper treatment is a diuretic medicine to help the kidneys get rid of excess poisonous body waste. Use Doan's Pills. They have had more than forty years of public approval. Are endorsed the country over. Insist on Doan's. Sold at all drug stores.



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