

Crochet Tot Snug and Warm Three-Piece Set



Pattern 1097

Miss Five-to-Twelve will be snug, warm and proud in a hand-crocheted cap, scarf, and muff-set of plain crochet, with picot-stitch trim. Pattern 1097 contains directions for making the set in 5 through 12 year size (all given in one pattern); illustrations of it and of all stitches used; material requirements.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle Needlecraft Dept., 82 Eighth Ave., New York, N. Y.

Write plainly your name, address and pattern number.

Keep your body free of accumulated waste, take Dr. Pierce's Pleasant Pellets. 60 Pellets 30 cents. Adv.

Distributing Words

A word to the wise is sufficient; a word to the sensitive and you make an enemy for life.

ONLY LUDEN'S MENTHOL COUGH DROPS

will do these 3 things... and all for . . . 5¢

- 1 Clear your head
- 2 Soothe your throat
- 3 Help build up your

ALKALINE RESERVE
WHEN A COLD STRIKES!

Need We Worry?

When "the atom is harnessed," that will upset the whole power business again.



TIED ALL THE TIME

SHE TOLD HIM WHAT TO DO

FEELS LIKE NEW!
THANKS TO CLEVER WIFE..

HE wasn't himself. Had too many restless nights, too many tired days. Seemed to lose his ambition. But his clever wife was too smart to let this go on. She insisted that he try Nature's Remedy (N.R. Tablets) and he found out what a surprising difference it made to use a laxative of entirely vegetable origin. He didn't mind taking N.R.s at all, they were so gentle, and non-habit forming. They simply made him feel like a new man. Get a 25c box at any drugstore today.

REMEDIES

Rheumatism—Arthritis—Neuritis
Lumbago Muscular Aches & Pains
HELMANN'S FORMULA NO. 99
Sold for 25 years. \$2 bottle—3 for \$5.
Prepaid. Guaranteed. Write for booklet.
HELMANN'S NAT'L DISTRIBUTORS
4074 So. Normandie, Los Angeles, Calif.

Never Say "Die"

Persons who never say "die" can find 380 other ways of getting the idea across in the American language, says an article in American Speech, a Columbia University linguistic quarterly.

Dr. Louise Pond, of the University of Nebraska, author of the article, says preachers employ the euphemisms more than others. Listed as favorites are the following: "Released from the burden of the weary world," "the lamp of life flickered out," "his clock has run down," "joined the great majority," "bit the dust" which was written by Homer; "gave up the ghost," which was written by Shakespeare, and "launched into eternity."

If You're Told to "Alkalize"

Try This Remarkable "Phillips" Way
Thousands are Adopting



On every side today people are being urged to alkalize their stomach. And thus ease symptoms of "acid indigestion," nausea and stomach upsets.

To gain quick alkalization, just do this: Take two teaspoons of PHILLIPS' MILK OF MAGNESIA 30 minutes after eating. OR—take two Phillips' Milk of Magnesia Tablets, which have the same antacid effect. Relief comes almost at once—usually in a few minutes. Nausea, "gas"—fullness after eating and "acid indigestion" pains leave. You feel like a new person.

Try this way. You'll be surprised at results. Get either the liquid "Phillips" or the remarkable, new Phillips' Milk of Magnesia Tablets. Delightful to take and easy to carry with you. Only 25¢ a box at all drug stores.

ALSO IN TABLET FORM:

Each tiny tablet is the equivalent of a teaspoonful of genuine Phillips' Milk of Magnesia.



PHILLIPS' MILK OF MAGNESIA

A FARMER BOY

ONE of the best known medical men in the U. S. was the late Dr. R. V. Pierce of Buffalo, N. Y., who was born on a farm in Pa. Dr. Pierce's Favorite Prescription has for nearly 70 years been helping women who have headache and backache associated with functional disturbances, and older women who experience heat flashes. By increasing the appetite this tonic helps to rebuild the body. Buy of your druggist. New size, tabs., 50c, liquid \$1.

"Quotations"

The whole secret of life is to be interested in one thing profoundly and in a thousand things well.—Hugh Walpole.

Do not eat your heart before the world; the world is an ill-trained dog which does not retrieve.—Victor Cherbuliez.

The thing that impresses me is the reverence that Americans show for great men and great deeds.—Emil Ludwig.

No other factor in the intellectual life of Americans is more important than the colleges for women.—Owen D. Young.

I am certain the world crisis will soon pass, owing to the general favorable reaction.—David Lloyd George.

Poultry

DAMP HOUSES ARE DISEASE BREEDERS

Poultry Contracts Colds, Other Disorders.

By H. H. Alp, Extension Poultryman, University of Illinois.—WNU Service.

Just as humans have more colds and pneumonia during periods of damp weather, so damp poultry houses during winter months favor the development of roup, bronchitis and other respiratory diseases of chickens which affect the efficiency of poultry production.

One of the most common causes of dampness in poultry houses is wet litter. Wet litter is in turn caused by too many birds in the house, floor mixture and leaky roofs.

Birds are overcrowded in houses having less than four square feet of floor space to each fowl. Unless a poultry house is equipped with mechanical ventilation, and few of them are, crowded pens will soon become damp.

Cement floors which have no sub-floor of gravel, crushed stone or similar material will usually sweat sufficiently to make wet litter a problem. In some houses spillage from water pails and poor surface drainage are factors along with leaky roofs.

In addition to these causes the poultry flock itself voids and exhales enough moisture to be a factor in the problem. If dropping boards are left uncleared for two weeks, experiments have shown that for each 100 birds there would be approximately three to four barrels of water left in the house during this period.

While it is impossible to keep poultry houses absolutely dry, flock owners can help by cleaning off the dropping boards at least every other day. Frequent changing of the litter is another chore generally justified by the results obtained in more efficient production.

Keeping windows open to provide fresh air aids in keeping down dampness, and artificial heat is needed in many instances. Many poultrymen have found that heat from brooder stoves has helped in houses where colds and roup have been troublesome.

Good Management Brings More Eggs, Expert Says

During the winter hens cannot keep up a high egg production unless they are properly managed, according to C. F. Parrish, extension poultryman at North Carolina State college. Feeding, he points out, is perhaps the most important item. No hen can be expected to do her best unless fed the proper grains, mash, and green feeds.

Then the poultryman must pay strict attention to the housing problem. Poorly constructed and drafty houses are not conducive to high egg production. The houses must be comfortable or the birds will suffer and a consequent decline in the number of eggs will be noted.

Inferior birds should be culled from the flock. These poor producers, if allowed to remain, will bring the average of the flock down sharply.

Poultry Notes

In Michigan eggs are sold by the pound.

Gather eggs daily; market at least twice a week.

It is a severe drain on a bird to go through the molt.

Hens that grow broody often are likely candidates for culling.

Pullets need to be graded and put into different pens according to their maturity.

Bunyan Created Lakes

Elk and Torch lakes, the beautiful finger lakes that stretch parallel for miles along the shore of Lake Michigan near Elk Rapids, date back to the days of Paul Bunyan, according to the old lumberjacks.

Lake Michigan, they say, was scooped out by the mighty Paul, to be used as a log pond. Instead of skidding the logs into a stream and floating them down to his pond Paul would hitch onto a section of land and drag it over to the lake, log off the timber, and then haul the section back.

One day Paul hooked onto a particularly heavy timbered section near the Boardman and started Babe, the blue ox, out to haul it over to the lake. There had been a heavy rain, the ground was greasy, and Babe's feet slipped.

Torch and Elk lakes remain, an eternal testimonial to the blue ox and the time his feet slipped.—Detroit Free Press.

Ambition of Man

At four—to wear pants.
At eight—to miss Sunday School.

At twelve—to be President.
At eighteen—to have monogrammed cigarettes.

At twenty—to take a show girl out to dinner.

At twenty-five—to have the price of a dinner.

At thirty-five—to eat dinner.

At fifty-five—to digest dinner.—Excelsior Springs Standard.

Queen to Beggar

No more striking misfortune than that of Nathalie Keschko has befallen a woman of modern times. From 1875 to 1888 she was the Queen of Serbia—famous, wealthy and beloved by her subjects. In 1891 she was a common beggar in the back streets of Paris—homeless, penniless and without a friend in the world.—Collier's Weekly.

Here's Simple Way to Ease a Cold



Two Quick-Acting, Quick-Dissolving Bayer Aspirin Tablets with a Glass of Water



The modern way to ease a cold is this: Two Bayer Aspirin tablets the moment you feel a cold coming on. Then repeat, if necessary, according to instructions in the box.

At the same time, if you have a sore throat, crush and dissolve three BAYER tablets in one-third glass of water. And gargle with this mixture twice.

The Bayer Aspirin you take internally will act to combat fever and the pains which usually accompany colds. The gargle will act as a medicinal gargle to provide almost instant relief from rawness and pain. It is really marvelous; for it acts like a local anesthetic on the irritated membrane of your throat.

Try this way. Your doctor, we know, will endorse it. For it is a quick, effective means of combating a cold. Ask for Bayer Aspirin by the full name at your druggist's—not for "aspirin" alone.

15¢ FOR A DOZEN
2 FULL DOZEN FOR 25¢
VIRTUALLY 1¢ A TABLET



ADVERTISED BARGAINS

OUR readers should always remember that our community merchants cannot afford to advertise a bargain unless it is a real bargain. They do advertise bargains and such advertising means money saving to the people of the community.