

Cool Cucumbers

The phrase "cool as a cucumber" is based on fact. Scientific tests have proved that a cucumber usually is about a degree cooler than the air around it.

Week's Supply of Postum Free

Read the offer made by the Postum Company in another part of this paper. They will send a full week's supply of health giving Postum free to anyone who writes for it.—Adv.

Headed for Trouble

Zeal without knowledge is a runaway horse.—Proverb.

To Ease a Headache Fast

Get Real Quick-Acting,
Quick-Dissolving
Bayer Aspirin

See How
Genuine Bayer
Tablets Work

In 2 seconds by stop watch, a genuine BAYER Aspirin tablet starts to disintegrate and go to work. Drop a Bayer Aspirin tablet into a glass of water. By the time it hits the bottom of the glass it is disintegrating. What happens in this glass . . . happens in your stomach.



Virtually 1¢ a Tablet Now

If you suffer from headaches what you want is quick relief.

Genuine Bayer Aspirin tablets give quick relief, for one reason, because they dissolve or disintegrate almost instantly they touch moisture. (Note illustration above.)

Hence—when you take a real Bayer Aspirin tablet it starts to dissolve almost as quickly as you swallow it. And thus is ready to start working almost instantly . . . headaches, neuralgia and neuritis pains start easing almost at once.

That's why millions never ask for aspirin by the name aspirin alone when they buy, but always say "BAYER ASPIRIN" and see that they get it.

Try it. You'll say it's marvelous.

ONLY 15¢
FOR 12 NOW
2 FULL
DOZEN
FOR A
QUARTER



LOOK FOR THE BAYER CROSS

Sacrifice to Win

You cannot win a battle without sacrifice.

A Three Days' Cough Is Your Danger Signal

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

POULTRY

TURKEYS MUST BE PLUMP, FINISHED

Birds Marketed According to Their Grade

By O. C. Ufford, Extension Poultryman, Colorado State College.—WNU Service.

In order to secure the best possible prices for turkeys when they are marketed, growers must have their birds well grown and finished, because over three-fourths of the annual turkey crop is marketed according to grades.

There is no class of live stock that makes as rapid or profitable gains as turkeys when they are properly fed. Since the final few pounds put on during the finishing period are the most expensive, it is more profitable to properly grow the young birds on a well-balanced ration and thus cut down the length of time required for finishing.

The following is a good growing mixture: 25 pounds of fine yellow corn meal, 20 pounds of ground barley, 20 pounds of bran, 20 pounds of shorts or middlings, 15 pounds of meat scraps and 1 pound of salt. Ground wheat may be substituted for either the shorts or middlings or the bran.

Plenty of green feed should be included with this ration. Whenever milk is available it should be provided for the birds to drink along with the mash mixture. Any available grains can be fed along with the above. An abundance of clean drinking water is important.

When a grower is feeding a well-balanced mixture during the growing period, very little special fattening will be necessary. The finishing period should start 4 to 6 weeks before marketing time and no radical changes in the feeding program should be made.

To increase the fattening feed in the ration, add 100 pounds of ground yellow corn to 100 pounds of the growing mash and continue to keep this before the flock, allowing them to eat what they desire.

The grain ration, especially corn, can be increased. Do not attempt to feed grains that the birds have not been used to. Whole or rolled barley is an excellent grain to add to the fattening ration. If the flock has been allowed unlimited range, do not closely confine it for fattening.

It will require about 3 and one-half to 4 pounds of feed to produce 1 pound of gain during the growing period, and from 6 to 7 pounds of feed for 1 pound of gain at finishing time.

Find Chickens Do Well on Barley Hogs Refuse

Scabby barley, which hogs usually will not eat, may be safely fed to chickens. It gives about the same results in the hen's ration as normal barley, a two-year experiment at the National Agricultural Research Center of the United States Department of Agriculture shows.

Rations containing 30 and 38 per cent of scabby barley were compared in feeding trials with rations having the same quantity of corn or of normal barley. Hens on scabby barley laid just as many eggs and maintained their weight as well as those on the other two diets. The only noticeable difference was that birds fed the ration containing corn ate 10 to 13 per cent less feed for each egg laid.

When barley replaces yellow corn in the ration it is best to supply vitamin A by including either alfalfa leaf meal or cod liver oil. Barley contains little of this vitamin, if any.

Scab is a fungus disease which affects the quality of barley grain and reduces the yield. It is usually carried over from the previous year on

Uncle Phil Says:

Where He Wants to Be

A man generally shuns an invitation. Why? Simply because accepting, knocks him out of the dull, stupid rut he is always complaining of.

After opportunity has passed on by, it looks three feet taller.

I slept, and dreamed that life was Beauty; I awoke, and found that life was Duty.

A word to the wise may be sufficient, but the wise frequently ask for further enlightenment.

Can't Fool 'Em

Don't argue to young people that the world is all wrong. They know better.

A chronic knocker is angry when everybody agrees with him and he has to dry up.

Two great talkers will not travel far together.

QUAKER OATS FOR DIONNE QUINNS

World-Famous Youngsters Eat It Every Day



Vitamin B in Quaker Oats Promotes Good Appetite, Healthy Nerves and System

Doctors warn against a shortage of Vitamin B in diet of either youngsters or adults.

So give the whole family a Quaker Oats breakfast every day. It supplies plenty of the wonderful 3-purpose Vitamin to combat nervousness, constipation, and poor appetite due to lack of Vitamin B.

Order a package of Quaker Oats by name from your grocer today.



QUAKER OATS

Interesting Ads for Interesting People

BOB JOINS THE RANGERS!



OF COURSE, children should never drink coffee. And many grown-ups, too, find that the caffeine in coffee disagrees with them. If you have headaches or indigestion or can't sleep soundly... try Postum. It contains no caffeine. It is simply whole wheat and bran, roasted and slightly sweetened.

You may miss coffee at first, but after 30 days you'll love Postum for its own rich, satisfying flavor. Postum comes in two forms—Postum Cereal, the kind you boil, and Instant Postum, made instantly in the cup. Either way it is easy to make, delicious, economical, and may prove a real help. A product of General Foods.

FREE—Let us send you your first week's supply of Postum free! Simply mail coupon. CORN, 1938, S. F. CO.

GENERAL FOODS, Battle Creek, Mich.

Send me, without obligation, a week's supply of ☐ Instant Postum ☐ Postum Cereal (check kind you prefer).

Name _____

Street _____

City _____ State _____

Fill in completely, print name and address. If you live in Canada, address: General Foods, Ltd., Cobourg, Ont. (Offer expires July 1, 1939.)

