30, 38, 40 and 42. Size 16 requires 3%

yards 39 inch fabric. Complete dia-

Send fifteen cents in coins or

stamps (coins preferred) for this

pattern. Be sure to write plainly

your name, address, style number

Send your order to The Sewing

Circle Pattern Dept., 367 W. Adams

@ Bell Syndicate,-WNU Service.

Banked Fire

Montgomery, Ala., burned to the

ground. The fire department rolled

up its hose and went home and in

time people forget about it except

when they looked at the heap of

debris. Recently a steam shovel bit

into the remains and uncovered tim-

bers still hot and smoldering.

Four years ago the city hall at

grammed sew chart included.

SPRING MILLINERY OF MANY PERIODS

New French millinery for advance spring fashions shows the influence of various period styles, according to recent reports from the Paris office of the Du Pont Style News Service. Hats reflecting the Flemish art are seen at several of the houses, the style being interpreted in different ways by leading design-

The Chinese art and costume is especially apparent in creations by Agnes, who also favors the Abyssinian trend, finding inspiration for her triangular and pointed crowns in the Negus coiffure.

BOYS! GIRLS!

Read the Grape Nuts ad in another column of this paper and learn how to join the Dizzy Dean Winners and win valuable free prizes.-Adv.

Liking Our Duty

It is not doing the thing we like to do, that makes life blessed .- Goethe.

GAS, GAS ALL THE TIME, CAN'T EAT OR SLEEP



"The gas on my stomach was so bad I could not eat or sleep. Even my heart hurt. A friend suggested Adlerika. The first dose I took brought me relief. Now I eat as I wish, sleep fine and payer felt. sleep fine and never felt better."-Mrs. Jas. Filler.

Adlerika acts an BOTH upper and lower bowels while ordinary laxatives act on the lower bowel only. Adlerika gives your system a thorough cleansing, bringing out old, poisonous matter that you would not believe was in your system and that has been causing gas pains, sour stomach, nervousness and headaches for months.

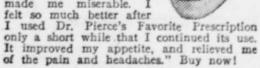
Dr. H. L. Shoub, New York, reports: "In addition to intestinal cleansing, Adlerika greatly reduces bacteria and colon bacilli.'

Give your stomach and bowels a REAL cleansing with Adlerika and see how good you feel. Just one spoonful relieves GAS and chronic constipation. Sold by all druggists and drug departments.



FEMININE WEAKNESS

Mrs. Hazel Borgen of 3415 So. D St., Tacoma, Wash., said: "I had become worn out and was restless and sleepless. Day after day I would have those awful headaches, and pains in the small of my back made me miserable. felt so much better after



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DR. DEAN CLINIC

CALL OR WRITE FOR FREE BOOKLET Do it now - Do not wait East Burnside and Grand Avenue PORTLAND, ORE. Phone East 3918

Comfortable Slip and Pantie Set That May Be Made in Quick Time

and size.

St., Chicago, Ill.



Sleek comfort's written between the very seams of this slip and pantie set that's dedicated to smooth fitting and easy making. They're within everyone's reach, and their low cost makes them an out-and-out economy. The slip does a nice job of molding the figure, with its fitted bodice and all-in-one straps that can't slip. The neckline's cut low enough in back to allow it to be worn with your low est cut frocks. And could anything be smoother than waistband panties which lie flat? A non-shrinkable rayon or crepe is nice.

9662

Pattern 9662 may be ordered only in sizes 12, 14, 16, 18, 20, 30, 32, 34,

No Need to Suffer "Morning Sickness"

"Morning sickness" — is caused by an acid condition. To avoid it, acid must be offset by alkalis - such as magnesia.

Why Physicians Recommend Milnesia Wafers

These mint-flavored, candy-like wafers are pure milk of magnesia in solid formthe most pleasant way to take it. Each wafer is approximately equal to a full adult dose of liquid milk of magnesia. Chewed thoroughly, then swallowed, they correct acidity in the mouth and throughout the digestive system and insure quick, complete elimination of the waste matters that cause gas, headaches, bloated feelings and a dozen other discomforts.

Milnesia Wafers come in bottles of 20 and 48, at 35c and 60c respectively, and in convenient tins for your handbag containing 12 at 20c. Each wafer is approximately one adult dose of milk of magnesia. All good drug stores sell and recommend them.

Start using these delicious, effective anti-acid, gently laxative wafers today

Professional samples sent free to registered physicians or dentists if request is made on professional letterhead. Select Products, Inc., 4402 23rd St., Long Island City, N. Y.



The Original Milk of Magnesia Wafers

Fashion Notes

Heels are clicking in the shoe fashion picture. Much of the important news about shoes seems to center about the shapes and heights of heels.

Exquisite models of lace appear in black or white, also in soft pastels and deeper shades. Aqua, sapphire and flesh tint are three of the favorite colors.

Striking fur accents marked traveling outfits or town ensembles uniting a wool frock and packet.

Jewelry plays an important part in the composition of feminine love-

Dr. Pierce's Favorite Prescription makes weak women strong. No alcohol. Sold by druggists in tablets or liquid.—Adv.

And Living

The man who thinks he knows it all has merely stopped thinking,

VALIANT CONQUEROR

He is a wise man than can are evil; he is a patient man that case dure it; but he is a vallant man the ean conquer it.

Beware Coughs from common colds That Hang On

No matter how many medicine you have tried for your cough the cold or bronchial irritation, you to get relief now with Creomisian Serious trouble may be brewing an you cannot afford to take a charge with anything less than Crome sion, which goes right to the see of the trouble to aid nature k soothe and heal the inflamed near branes as the germ-laden phop is loosened and expelled.

Even if other remedies has failed, don't be discouraged, por druggist is authorized to guarate Creomulsion and to refund pur money if you are not satisfied via results from the very first bute Get Creomulsion right now. (Adv)

STOPPOS saves the Pearls













BOYS! GIRLS! Join Dizzy Dean Winners! Get Valuable Prizes FREE!

Send top from one full-size Grape-Nuts package, with your name and address, to Grape-Nuts, Battle Creek, Mich., for new membership pin and certificate and illustrated catalog of 49 nifty free prizes. You'll

like crisp, delicious Grape-Nuts-it has a winning flavor all its own. Economical to serve, too, for two tablespoonfuls, with whole milk or cream and fruit, provide more varied nourishment than many a hearty meal. (Offer expires Dec. 31, 1936. Good only in the U.S.A.) A Post Cereal-made by General Foods



Dizzy Dean Winners Membership Pin. New 1936 design, two-toned solid bronze with red lettering Free for 1 Grape-Nuts package-top. Lucky Robbit's Foot. Illustrated in cartoon above. Free for 2 Grape-Nuts package tops.

☐ Membership Pin (I package-top).

Lucky Rabbit's Foot (2 package-tops).

State_