BRIEF LOCAL MENTION

H. L. Hasbrouck, optometrist New Year dance tonight at Pine Grove Grange hall. Gravensteins. Charles Evans spent the holidays at ount Hood with his family. Misses Rena and Olive Barney are

home on a vacation.

Roscoe Anderson has returned from
U. of O. to visit his home folks.

C. A. Puddy, who has been seriously ill, is very much improved in health.

Let a Coin Controlled Clock help you save. See Allyn Button or tel. 4242 j16tf The Portland Telegram, Hood River agent, Carroll Day. Phone 3363. a30tf For Rent-Office rooms in the Brosius Building. See R. E. Scott. al3tf Peacock Beauty parlor, Richard's

Apts. Tel. 2921. Bring your tubes in. We will check them free. The Radio Shop. al3tf H.-R. Auto Wreckers, on the Heights. Parts for all cars.

Reece Hathhorn is home from Pa-cific University. Mr. and Mrs. L. G. Morgan were in

Portland last week. Lewis Jones has been spending the past week in Portland visiting friends. Mrs. Frank Moore has returned home to spend the holidays.

Watch-party dance, Rockford grange, December 31, five-piece orchestra. Call 5599 when you need stenographic

Cail Schindler Transfer for service. Office 2861, res. 3402. a2tf F. A. Ray, light trucking, country or city. Phones, 3801 and 3641. n26tf

Rubbish hauling, light trucking. R. F. Cooper, tel. 1721 or 3682. m19tf Let a Coin Controlled Clock help you save. See Allyn Button or tel. 4242. j16tf Cash paid for old cars. H.-R. Auto Mary K. Scott is home for the holl-

Geo. Corwin, O. A. C. student, is Watch-party dance, Rockford grange, December 31, five-piece orchestra.

Ed Poirier spent Christmas at the home of J. C. Symes, of The Dalles. Walter Woolpert spent most of last week in Idaho on business. Dr. and Mrs. A. W. Lewis, of Bend

spent Christmas day at the home of Dr. and Mrs. James A. Fraser. Miss Margaret Pineo spent the week end at the home of Col. Steinhauser, in

Norma Young, O. A. C. student, spent the holidays with her parents, Mr. and Mrs. R. N. Young.

Mr. and Mrs. E. J. Sickler were in Vancouver Thursday, where they were entertained by I. F. Pierce. Eccene Coal Oil stops smoking and smelling oil stoves. In bulk at France

Trunks, Bags, Suitcases. Large as ortment, reasonably priced. Kelly Eyes scientifically examined by H. b. Hasbrouck, Optometrist Heilbronner

Highest cash price paid for your used furniture, stoves and rugs. Call McClain at E. A. Franz Co.

Helen, a student of U. of O., spent the holidays at Medford. buy a Stromberg Carlson and find consolation. Radio Shop 1484.

Mrs. Chas. Larocque, who is at the Hood River hospital, is improving rap-

Dr. H. L. Dumble spent Christmas with his brother-in-law, C. L. Idleman, at Nampa, Idaho.

Mr. and Mrs. C. A. Keeney, of Newberg, spent Christmas with their son, H. G. Keeney, and wife, at Parkdale. Mr. and Mrs. W. L. Nichols spent Christmas with their daughter, Mrs. R. A. Cook, and husband, in Portland. Mr. and Mrs. G. A. Molden are spending the holidays with relatives at Tacoma.

New Year's eve appropriately celebrated this evening at Pine Grove Grange hall. Gravenstein music. Go. Born-To Mr. and Mrs. Elmer Isenberg, Saturday morning, December 26,

Mr. and Mrs. Walter Colby were in Portland over the week end where they visited Mr. and Mrs. Swanson. Mr. and Mrs. Geo. Knox and family

spent the holidays at the home of Mr. and Mrs. J. E. Knox in Portland. Mr. and Mrs. Jack Findlater, of Portland, spent the week end with Mr. and Mrs. E. C. Wright.

Mr. and Mrs. F. H. Coolidge were entertained at dinner Christmas day by Mr. and Mrs. R. B. Perigo. Twelve little friends of Millard Carnes helped him celebrate his sixth birthday Tuesday afternoon.

May You Prosper and be Happy in

1926

is our sincere wish.

And then we wish for your full confidence in us as purveyors of "Good Things to Eat"

We have been striving for years to make this the BEST GROCERY STORE IN HOOD RIVER, where

confidence in us, as an excellent place to trade, we will endeavor to maintain our position and further improve so that the name Perigo & Son will be synonymous with THE FINEST IN GROCERIES.

During January and February we will close at 7 P. M. Saturdays

The Star Grocery "Good Things to Eat" PERIGO & SON

Born-To Mr. and Mrs. Wm. Edeling. ANNUAL LEGION CLIMB Monday, December 21, a son.

Mr. and Mrs. Victor Creech, of Aberdeen, Wash., were here for a visit with some folks Christmas.

Mr. and Mrs. Geo. Morrison spent the holidays at the home of Mrs. C. P. Phillips, of Longview, Wash.

Misses Helen and Irma MacCauley will leave for Corvallis Wednesday, where they will major in business ad-ministration at O. A. C.

Miss Elizabeth Kelly, O. A. C. student, is home with her parents, Mr. and Mrs. Fielding S. Kelly, for the

Glen F. Hunt, who is with the Western Auto Supply Co., of Portland, spent the week end with his mother, Mrs. Jennie Hunt.

Miss Alverta Mills, who is taking

home Thursday on a visit. Dr. Thurston Laraway is the guest of his parents, Mr. and Mrs. W. F.

the holidays. John A. McLean gave a dinner party sunday at which were E. T. Hunter the highways of the Northwest. You ask what good is all this and his mother, Mrs. J. T. Hunter, of

Mr. and Mrs. Earl Doane and daughter, Mary Elizabeth, spent the week end at Klickitat with Mr. and Mrs. Millsap.

Mr. and Mrs. H. E. Baker and Thursday, where they visited J. D.

Bring your friends with you and watch the old year depart to the tune-ful strains of the Gravensteins at Pine Grove Grange hall tonight.

dies are invited.

Mr. and Mrs. Len Jordan, of Port-number.

New Year's Masquerade January 1,

Fines for those unmasked. Buffet lunch 25c per plate.

Miss Helen Jones will return home Saturday after filling an engagement goodness. I hope the pleasure you at the Liberty theatre at Centralia, for give to others may in a small measure a visit with her parents, Mr. and Mrs.

Christmas dinner with Mrs. Kingsley's parents, Mr. and Mrs. Wm. H. Chipping, returning on the afternoon train. Edward C. Pease, a merchant at The Dalles, has been named a director of Oregon, which also has jurisdiction over five counties in Washington.

Miss Freda Anderson, who is attending the normal school at Monmouth, is spending the Christmas holidays with ful. her parents, Mr. and Mrs. F. T. Ander-

Smoky and Smelly Oil Stoves Cured by using Eocene Oil. Try this high grade coal oil next time and see the difference. any quantity, gallon to barrel, at E. A.

New Year's Masquerade January 1 1926. Old-time dance, Rockford hall. The Gravensteins. Ten cash prizes. Fines for those unmasked. Buffet lunch 25c per plate.

Wesley Jarvis, son of Mr. and Mrs. Q. Jarvis, who was operated on Phursday for appendicitis, was taken home Christmas day to see Santa, Mr. Jarvis reports he is improving.

Mr. and Mrs. C. J. Corson went Portland Tuesday morning to get a new Hupmobile sedan, which they re-cently purchased through J. F. Vol-storff.

Miss Mattie Gerdes, who is leaving to make it, and we cordially invite she will attend normal school, will be succeeded at the Book & Art store by succeeded at the Book & Art store by Mrs. Walter Ford.

Out of town guests at a Christmas dinner at the home, of Mr. and Mrs. Chas. H. Castner were their daughter, Mrs. Kenneth Hall, husband and son, and Mrs. Lillian Johnson, of The

Mr. and Mrs. C. A. Schuknecht drove down last week to meet their son, Rob-ert, who is here from Corvallis for the holidays. They will motor to Corvallis today, where young Schuknecht will reenter O. A. C. While home Mr. Shuknecht, accompanied by Jesse Pyles, spent a few days with his sister, Mrs. L. Kruse, at Bend.

you can obtain not only the staple articles but many fancy better class of groceries not found in an ordinary store.

By constant improvements we have made it so and with your confidence in us, as an excellent place to trade, we will endeavor to maintain over the staple articles but many fancy better classes of the Hood River singers are taking advantage of the vocal teacher, who is teaching at The Dalles, Tuesdays, at the residence of Mrs. Carlton P. Williams. Address 308 Maegly-Tichner Bldg., Portland, for information. New classes start January 5. Terms, \$3.50 a lesson.

Game Association to Meet

The annual meeting of the Hood River County Game Protective Association will be held at the Elks club auditorium Thursday evening, January 14, at 8 p. m. The state game officials, the officers and a number of members of the Multnomah Anglers' club will be guests of the evening.

The Oregon State Game Association has fixed January 11 as the date of hearing to determine the advisability of closing certain lakes and streams to angiling and certain areas to hunting for China pheasants in Oregon. The meeting will be held in Room 202, Pitteck block, Portland. Anyone having any objections to make or suggestions to offer in requested to attend.

Supper will be served at 6.30. An interesting program has been arranged for this occasion. Dr. Kempton, of the East Side Baptist church, of Portland, will talk on a subject of general interest. Special music and general singing of old songs will also have a place on the program. All men of whatever church, or no church at all, are invited to be present.

MY DAD SAYS

The best life boats are not carried on little ships. The old Mutual Life of N. Y. is equipped with the safest and most comfortable beats.

TALK WITH YOUNG—FROM 10 TO 70

BOOSTS MOUNT HOOD

the holidays at the home of Mrs. C. P. Phillips, of Longview, Wash.

Mr. and Mrs. Earl Shank spent Christmas with Mrs. Shank's mother, Mrs. J. Chase, of Corvallis.

Mrs. J. H. Young, of Vancouver, spent the holidays with Mr. and Mrs. A. S. Kolstad.

Lindsay Spight spent the week end at the home of Mr. and Mrs. L. H. Huggins.

Don't wreck your car; you might not be able to buy a Stromberg Carlson and enjoy real radio music. Radio Shop 1484.

Misses Helen and Irma MacCauley

(By Kent Shoemaker)

During the last few years Oregon has made a wonderful stride toward the building of market and scenic roads. In Hood River county we have the Columbia River highway, pronounced the most wonderful drive in all America. We have the Mount Hood Loop highway connecting with the Columbia River highway and taking those who travel it through the world's famous Hood River valley, where is grown the famous Hood River apple and the Hood River strawberry. As a fitting climax to the road building in our county there is nearing completion the Coopers Spur-Cloud Cap Inn spur, (By Kent Shoemaker)

our county there is nearing completion the Coopers Spur-Cloud Cap Inn spur, leading from the Mount Hood Loop to the very snowline on Mount Hood, the most beautiful mountain in America. What a wonderful age we are living in, with all its modern inventions and sci-ences, and what a wonderful spot for those who love God's natural scenery. The American Legion's annual Mount

Hood climb was instituted to encour-age people to get better acquainted with Mount Hood and to hasten its derelopment as a seenic attraction. There The many friends of Mrs. Chas. is no way of measuring the success of Miller will be pleased to know that she our efforts. It is sufficient to know day.

Mr. and Mrs. Clarence Baulig, of Salem, will spend New Year's day at the home of Mr. and Mrs. E.H. Hartwig.

Mr. and Mrs. E.H. Hartwig.

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Mr. and Mrs. Clarence Baulig, of Salem, will spend New Year's day at the home of Mr. and Mrs. E.H. Hartwig.

With the planning of the state courses

present location of Cloud Cap Inn. nurses' training course at the Good playing in this big game seems small, samaritan hospital in Portland, was yet the mere fact that we are conducting an annual climb is known to practically every American Legion member in the state and by at least to draw this ever increasing army of brought him a letter of commendation automobile tourists that is traveling from the United States Bureau of Edu-

> You ask what good is all this? I say, look at the steady growth being made by our great city, Portland. Much more desirable to my mind than the present condition in Florida. Our merchants feel the effect of the money cational exhibit at the Panama Pacific the statement that you will never sell gon State Fair. your land until you get someone to look at it, and every stranger who passes through Hood River is more apt to ask for Hood River apples the next

Grove Grange hall tonight.

If you do not receive your Oregonian regularly or wish to subscribe for same, either by carrier or mail, please call Oregonian agent. Phone 2303, f 21tf Searches of records and reliable abstracts made by Oregon Abstract Company, A. W. Onthank, Manager, First National Bank Bldg. Tel. 1521. jy20-tf willing to remain on the committee is time they order fruit.

Getting back to the subject assigned dent of the National Education Association.

Mr. Carleton is a member of the First Congregational church, of Eustracts made by Oregon Abstract Company, A. W. Onthank, Manager, First National Bank Bldg. Tel. 1521. jy20-tf willing to remain on the committee is The Missionary circle of the Baptist time they order fruit. Getting back to the subject assigned The Baptist Missionary ladies will willing to remain on the committee is meet this (Thursday) afternoon at something worth considering and somethie church parlors at 2 p. m. All lathing I will challenge any other committee in Hood River to equal.

Mrs. M. E. Pope, of Portland, will the magnitude of our undertaking can the magnitude of our undertaking can visit for a few days with his sister,
Mrs. C. A. Schuknecht, coming with
how on their seturn from Corvallis. them on their return from Corvallis. have emarged our to an even half dozen in Perhaps the thing that land, spent Christmas with Mrs. Jor-dan's parents, Dr. and Mrs. J. Edging: tempted to say, "O, what's the use?" Dr. and Mrs. H. L. Wilson, and son, letters after each climb. They have come from Hon. N. J. Sinnett in with Mrs. Wilson's parents, Mr. and Washington, D. C.; Hon. Ben W. Ol-Mrs. W. G. Weber. Insure your life. Your widow can 1926. Old-time dance, Rockford hall ker, of Portland, and I would estimate up a Stromberg Carlson and find The Gravensteins. Ten cash prizes 500 others. One lady, whom we took Ruffet on snow for the first time in her life, 500 others. One lady, whom we took on snow for the first time in her life

wrote in part,
"Apparently there is no limit to your goodness. I hope the pleasure you repay you for your efforts in making the Legion climb a delightful experi-Mrs. G. A. Kingsley and daughter ame up from Portland Friday to eat ally I need the pictures to keep myself convinced that I actually made the Only two episodes stand out climb. clearly in my mind, the one where nearly lost my self control, and the other the delightful experience of sliding down the snow. The rest of the the branch Federal Reserve Bank for trip is rather like a dream; some of it is father terrifying, it is true, but on the whole it is a delightful memory. I shall never forget the Legion's ness to me and shall always be grate

Another proof of the interest o those who made the climb was the response to a circular letter mailed to those of who registered in camp offer ing to send them pictures taken on the climb on receipt of the fee to cover cost of printing. Approximately 800 pic-tures were mailed out and we feel they

will all help advertise Mount Hood. The pioneer days of even five years ago when it took from five to six hours to go to the Hannum homestead and two and one-half hours more to hike the trail to camp are memories of the past. Next year one will be able to drive to camp in two hours, and with the increasing support from the Legion members, the Chamber of Commerce and the Hood River Guides next year's climb is expected to climax all others The tentative date has been set for the third Sunday in July, 1926. The expense will be as low as we are able

Mrs. E. T. Raymond

Mrs. E. T. Raymond died Wednes day, December 23, at the home of her daughter, Mrs. Miles Carter, and was buried in Idlewilde Thursday, Decem-ber 24, the funeral being held at Bartmess chapel. The services were con ducted by Rev. F. R. Spaulding. The following children survive; Mrs. W. J. Stockholm, of Monmouth; Mrs. M. C. Carter and Mrs. Elizabeth Brune, Hood River, and S. E. Raymond, of Alhambra, Calif. Also a sister, Mrs. Sarah Walker, of Brownsville. There are nine grandchildren and one greatgrandchild. Sarah Walker, of Brownsville. There are nine grandchildren and one great-

church Thursday evening, January 7. Supper will be served at 6.30. An in-teresting program has been arranged

CARLETON CANDIDATE | HOOD RIVER HOS-FOR SUPERINTENDENT

E. F. Carleton; of Eugene, has an-nounced his candidacy, subject to the approval of the voters of the Republi-can party at the coming primary elec-tion, for the office of superintendent

of public instruction.

Mr. Carleton submits his candidacy and will make his campaign on the ground that he is fitted by training and experience for the position. For 13 years he was assistant superintend—

The W. C. T. U. donated linen, a weland experience for the position.

13 years he was assistant superintendent of public instruction, and for two years was field representative of the University of Oregon. Through these positions he has become familiar with the school problems of every section of the state.

The come gift. The University of assorted fruit.

There were many individual gifts and messages. The spirit back of all this thought cheers every person interested in the Hood River hospital.

The singing of the carols by the Camp Fire Girls was a beautiful gift to the "Shut-ins."

schools, he secured his first academic training at the Santiam Academy, Lebanon. After graduating therefrom, he attended the University of Oregon and attended the University of Oregon and who love God's natural scenery.

American Legion's annual Mount
climb was instituted to encourpeople to get better acquainted
Mount Hood and to hasten its dement as a scenic attraction. There

The second of the success of the second of the secon work in the rural schools of Oregon as teacher, and as principal and superin-tendent of schools at Joseph, Albany

with the planning of the state course The part the American Legion is of study, working out a standard for playing in this big game seems small, rural schools, inspection of high schools and promoting school legislation.

He has written many articles on the educational system of Oregon, a number of which have attracted national I has parents, Mr. and Mrs. W. F. some member of every Legion post in attention. One of his recent articles the holidays.

The Laraway, with whom he is spending the United States, and this all helps in the Journal of Education, Boston,

left in Hood River by the tourist, and Exposition at San Francisco in 1915, daughter, Evelyn, were in Portland then the farmer says, "What good is and for eight years was in charge of Thursday, where they visited J. D. all this to me?" and I am reminded of the educational department of the Ore-

In the Northwest Association of Secondary and Higher Schools, he has represented Oregon as its state chairman ever since the organization of the ass ciation. Also, he served as vice president of the National Education Asso

The Missionary circle of the Baptist a program will be given. Come and bring a friend. Miss Helen Carson is attending the

institute in Portland this Sylvia Stewart accompanied her grandparents to Parkdale this week

visiting relatives. Mrs. J. B. McKinnon, Mrs. J. F. Vol-storff and Mrs. J. D. McLucas were the guests of Mrs. W. L. Upson in White Salmon Tuesday

John Buckwald is opening a home bakery and candy kitchen in the Glaze building the first of January. Mr. and Mrs. J. K. Carson had their family all at home for Christmas. Mr. and Mrs. J. L. Stewart enter-tained with a family reunion Christ-

G. P. Morden went to Portland Tues day on a business trip. Mr. and Mrs. E. M. Holman are en joying the sunshine at Long Beach, Calif., where Mr. Holman is improving

Mr. and Mrs. C. M. Roger, of Seattle made a short visit with their mother Mrs. C. D. Haven, and other friends

and relatives Christmas day. Frank Morse went to The Daller Tuesday to help prepare for a class initiation of the Modern Woodmen of America. The Hood River degree team assisted in the ceremonies.

J. F. Volstorff motored to Portland Tuesday on a business trip.

Miss Alberta, went to California Friday night for a short visit with J. E. Jones, of Oak Grove, visited

relatives in The Dalles during the holidays, and with his brother, J. R. Reese, of the Heights. Mrs. Susie Shepherd, of Tacoma, is visiting with her sister, Mrs. Ida M.

Crapper. Mrs. Mabel Humphrey, of Bandon, by the sea, is the guest of her brother-in-law and sister, Mr. and Mrs. W. H. McCulley.

Mr. and Mrs. Cecil Hickey spent Christmas day with relatives at Mount Mrs. Bert Hoffman, of Vancouver, the guest of her sister, Mrs. E. A.

Woolpert. Mr. and Mrs. Geo. Mellon spent Christmas day with friends in Port-

Thirty Years Ago I Remember

When eggs were three dozen for 2 cents; butter 10 cents per pound; milk was five cents a quart; the butcher gave away liver and treated the kids

Men wore whiskers and boots, chewed tobacco, spit on the sidewalk and cussed. Beer was five cents and the lunch was free. Laborers worked 10 hours a day and never went on a strike. No tips were given to waiters and the hat-check grafter was un-known. A kerosene hanging lamp and a steroscope in the parlor were lux-

a wonderful time.

These are the days of suffragetting, profiteering, excess taxes and prohibition, and if you think life is worth living, we wish you a Happy New Year.

—Contributed.

PITAL REMEMBERED

The Hood River hospital is very grateful for many lovely Christmas remembrances. The day before Christmas remembrances. mas C. W. Loughery, deputy game war-den, brouhgt in two delicious turkeys. Christmas eve the Camp Fire Girls made every patient happy with minia-ture Christmas trees. They also

kindly donated ice cream, which was greatly appreciated. By these gifts and their messages you are admitting a partnership. Hood River hospital is your hospital.

W. C. T. U. NOTES

Nicolai Semashko, commissioner of health for Russia, personally is allied with the vodka suppression agitators of his country, according to a recent news report from that country. He is preparing a book in two volumes to be istributed throughout the country, in which arguments against vodka and n favor of temperance are advanced. He has proposed that a portion of the revenue obtained by the government from sale of vodka be used in an educational campaign against its use.

General Booth, of the Salvation Army, tells the British people prohi-bition has resulted in an enormously increased production in the United States. General Booth asserts that the average production worth of the Amercan worker has increased under prohibition from \$2,700 a year to \$6,850 and that production was never greater than at present. "To drinking Ameri-cans," said General Booth, "the pur-chase of 2,427,000 motor vehicles an-mually would have been an impossibility. People who formerly could not get trusted for a glass of beer are now to be found with a high credit rating."

An appeal from hundreds of wome wives of the miners at Pilares, Mexico, ome 70 miles south of the internation al boundary line, that all drinking places in the camp be closed, has re-sulted in authorities of the state of Sonora taking action against the liquor vending establishments. Patronage of the "cantinas," the women's petition church will meet Thursday. This will be a New Year social afternoon and a program will be given. Come and bring a friend.

Showed, had resulted in much wasting of wages. At Pilares are the main mines of the Woctezuma Copper Co., a Phelps-Dodge subsidiary.

Although the local option bill intro-duced into the South African parlianent was defeated during the recent essions, the lawmakers at Cape Town, by a vote of 55 to 46, elected to return the bill a second time six months

Prohibition in the United States is closing of two of the famus breweries in Pilsen, Czechoslovakia, home of Pil-sener beer, according to an Associated Press dispatch. A decreased demand for heer, and rising costs of produc-tion have been named as reasons for their discontinuance. In Bohemia 20 breweries have closed in the last few weeks. Scotland has also announced a cut in production of distilled liquors during 1925 of 25 per cent, which has been attributed to the depressing effect on rum-running industry of the vigilance of the U. S. Coast Guard.

(By Frederick D. Stricker, M. D., collaborating epidemiologist of Oregon State Board of Health, in cooperation with the United States Public Health Service).

disease. Everyone has a blood pres-sure just as everyone has a pulse. To keep it normal is laregly within one's

The only person who can interpret Fred Wantland is confined to his home by illness, Ed Volstorff taking his place carrying the mail during the holidays.

Mrs. J. K. Carson and daughter, likely to have this knowledge is the physician who is most likely to have this knowledge is the physician who is most likely to have this knowledge is the physician who is most likely to have this knowledge is the physician who is most likely to have this knowledge is the physician who have the phy who has been your physician for some time. Low blood pressure usually indicates a lack of general tone. High blood pressure, on the other hand, directs attention to certain diseases, the changes due to advancing years and especially in women, to dis-turbance of middle age. These condi-tions, like all others, are most effec-tively and often successfully treated

tively and often successfully treated only when discovered early. A blood pressure test, therefore, should be a part of every good examination.

Visible throbbing arteries do not mean high blood pressure. Nor does loss of blood necessarily lower it. High blood pressure does not signify too much blood or any change at all in the blood its attempting to circulate under abnormal resistance.

normal resistance.

That one is as old as his arteries is That one is as old as his arteries is a popular saying. High blood pressure too often shows that the patient, while perhaps knowing the old saying, has not realized what he could do to influence the matter. By overeating and drinking, chronic constipation, repeated unnecessary colds and other infections he has carried a load for years under which he has finally broken down.

Nature provides a wide margin of safety for most of us, but it is not in-exhaustible. The ills which we generally claim as petty and trivial, frequently repeated, and bad habits of hygiene long continued are probably most concerned in determining whether

You cannot buy a low blood pressure. The most skillful physician gives adwhich you and only you can carry out. Regret and remorse may save your soul, but it will lower your blood a steroscope in the parlor were luxuries.

No one was ever operated on for appendicitis or bought glands. Microbès were unheard of; folks lived to a good old age and every year walked miles to wish their friends a Merry Christmas.

The steroscope in the parlor were luxyour sonl, but it will lower your blood pressure very little if years of bad living or neglect have raised it to a high point. On the other hand, if high blood pressure is found and leads to the discovery of kidney disease much can be done by proper treatment. If, however, the blood pressure is only a temperaty phenomenon, one of the Christmas.

Today, you know, everybody rides in automobiles, or flies; plays golf; shoots craps; plays the piano with their feet; goes to the movies nightly; smokes cigarettes; drinks Rukus juice; blames the H. C. of L. on the opposite party; never goes to bed the same day they get up, and think they are having a wonderful time.

There are the blood pressure is only a temporary phenomenon, one of the many symptoms of a natural change which will pass in a short time, there is no need to be unduly alarmed about it. A blood pressure well below normal limits indicates the necessity of finding out what is the cause of the poor condition and eradicating it.

Rockford Grange Calenda

New Year's eve watch party and dance. Music by Howard's Aces of Melody. Chicken ple supper.

Now I lay me down to sleep— I pray, O Lord, that You may keep My constitution free from bile So I may wake up with a smile.

That pleasantly I may proceed To spread the happy, hopeful creed That whatsoever may betide Has somewhere got its brighter side.

That worry never did prevent The coming of some fell event; Or, if, perchance, we miss the pain, We've had the worry all in vain. Endow me, therefore, with the grace,

To ever wear a smiling face; And if misfortune comes along, O, let me meet it with a song Let not Suspicion's poison find A breeding place within my mind, To make me wonder if old friends

Are merely serving selfish ends If I, unjustly am abused, Or otherwise denied my dues, Or made the butt of falsehoods vile, Still let me "carry on" aud-sm

If in return for good deeds done, Ingratitude is all I've won, Let me not harbor bitterness, But keep on doing none the less.

To keep me human, now and then, Please let me sin like other men, So I may not presume to pass In judgment on some fellow ass.

If Time enlarges much the line That marks my waist; and though I care, My teeth, 'tis true, I greatly prize, And, most of all, of course, my eyes; But one thing more I'd keep—this then: My sense of humor, Lord, Amen!

-Maurice Switzer.

DANCE

NEW YEAR'S EVE

Speedy the Spender

who left a trail of

Ice Cream Cones

Harold Lloyd

The Ereshman

Cathe Picture . Harold Lloyd Co.

LEGION HALL BUD'S ACES

WHITE SALMON Have A Laugh in the

Dewey Theatre WHITE SALMON New Year's Eve

New Year's Day New Year's Night

at 7:30 and 9:30 The Latest Pictures Well Shown to Comfortable Patrons.

COME

The Radio Shop of Hood River



Our free service to customers is handy as phone and automobile.

A small expense may im-

prove your present set. Let us estimate. Good sets do not deteriorate. Is your set

performing well? Our Shop Phone is 1484. Residence 1264.

J. G. BRADFORD, Prop. 214 Oak St.

Sixth Annual Band Dance

NEW YEAR'S EVE

December 31, 1925

PYTHIAN HALL