

J. L. BLACK, M. D.
(Homoepathic Physician)
Office at residence, 731 Cascade Ave.
Telephone 2821

C. W. HAMILTON, M. D.
Physician and Surgeon
Office Brokers Block
Office Phone 2741. Home Phone 2742

H. L. DUMBLE
Physician and Surgeon
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country—Day or Night
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Phone: Office 4151
Dr. Abraham 4152. Dr. Sifton 3613.

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Cancer, Plastic Surgery and
Radiotherapy
Stevens Building, Portland, Ore.
Consultation Hood River by appoint-
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If no answer call 8511, Mt. Hood
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Brokers Building
Office Hours: 8 a. m. to 6 p. m.
Office Tel. 8181. Residence Tel. 3413

C. H. JENKINS, D. M. D.
DENTIST
Phone: Office 1061; Residence 3531
Hood River, Oregon

DR. S. L. PETERSON
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has moved—the new location is 908
23 Street where there will be a large
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at reasonable prices. The new location
will be known as—**TOM FISHER'S**
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These are the days of healthy, husky appetites. You are planting your garden or getting as much invigorating, fresh, stimulating air as possible.

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BOYS AND GIRLS GET MARKETING LESSONS

The first four lessons of a series of ten on marketing for study of Boys and Girls Club members preparatory to entering the \$500 essay contest announced last January by the marketing committee of the Portland Chamber of Commerce, have gone out to local clubs. The lessons were prepared by Dr. Hector McPherson, of O. A. C., and cover the essential points of an intelligent marketing program on the part of the producer.

Subjects treated in the first four lessons are: Lesson I, Marketing Defined, Beginnings of Marketing, Early Marketing in the United States, Specialization Depends on Marketing, Factory Industry Highly Specialized, Marketing Process Indispensable; Lesson II, Assembling the Goods, Inspection, Grading, Standardization; Lesson III, The Meaning and Importance of Transportation, The Means of Transportation, The Costs of Transportation, The Influence of Transportation Rates on Production; Lesson IV, A Law of the Universe, Conservation and Storage the Foundation of Civilization, Non-perishable and Perishable Products, Early Methods of Preservation and Storage, Modern Methods of Preservation and Storage, The Advantages of Preservation and Storage. Questions at the close of each lesson are discussed with the local club leader.

Following conclusion of the tenth lesson club members are to prepare a talk or essay on Marketing the winner of the community contest to represent that community in a county-wide contest. District contests will then be held, the winners of the district contests to compete at Portland on or before December 1 to determine the state champion. Over \$500 in prizes are being arranged by the marketing committee of the Portland Chamber and unusual interest is already developing in this unique educational contest not only on the part of the boys and girls themselves, but bankers and business men in all parts of the state, many of whom are arranging to assist in putting on local and district contests.

Meningitis
(By Frederick D. Stricker, M. D., collaborating epidemiologist of Oregon State Board of Health, in cooperation with the United States Public Health Service).

The fact that there were four deaths from meningitis in this state during the past week makes it necessary to call the attention of the public to the infectious nature of this highly fatal disease. Preventive measures are clearly indicated although they are very difficult to carry out.

Meningitis has come down to our time through the centuries like many of the other infections but it was not recognized until 1805. Outbreaks have been reported almost every year in the United States. It is a very fatal disease as the mortality is over 50 per cent. It was a serious disease in army camps during the World War and second only to pneumonia. Meningitis has its greatest prevalence in winter and spring. It is a disease of children and young adults. The disease is caused by a double round organism which occurs in tissue cells and is called on this account the Diplococcus intracellularis meningitidis. There are other forms of meningitis but the epidemic form is always caused by this diplococcus.

The germ gets into the body with the discharges of mouth and nose. In no other disease have carriers been demonstrated in such great numbers in proportion to the number of cases. The disease is transmitted by direct contact with a carrier or with a person who has the disease. Individuals develop into carriers by contact with carriers and they occur usually when there is close contact and had ventilation. Carriers can be cleared up by having plenty of fresh air and avoiding overcrowding.

The disease is usually preceded by chills, depression, headache, pain in back and limbs, but suddenness of onset is the most striking feature. There are a number of types of this infection but there are certain cardinal symptoms: fever of sudden onset, general depression with or without pains in the back and neck, drawing back of head and delirium or coma. The treatment of the disease consists of an early injection of anti-meningococcus serum.

We know something about the cause of meningitis and we can guard against this to a certain extent but there are still many unknown factors. Prevent meningitis by: Avoiding a lowering of the resistance by over-fatigue; loss of sleep and excesses of any kind; avoiding contact with cases of meningitis; avoiding contact with cases sick with other communicable diseases and avoid places where there is overcrowding such as public gatherings, crowded street cars, moving picture theatres and badly ventilated schools and churches; keeping the hands clean; washing the hands before eating; sterilizing all eating and drinking utensils before being used by others.

The following precautions are necessary to prevent the spread of this disease: Prompt reporting of cases upon suspicion; placard house to keep visitors away; isolate patient in a room with a trained attendant; all the discharges should be immediately disinfected; everything that comes in contact with patient should be sterilized by boiling or other effective means.

Talk with Young, 10 to 70. Life insurance, the very best.

GET AT THE CAUSE

Many Hood River Folks are Showing How to Avoid Needless Suffering

There's nothing more annoying than kidney weakness or inability to properly control the kidney secretions. Night and day aches, the sufferer is tormented and what with the burning and scalding, the attendant backache, headache and dizziness, life is indeed a burden. Doan's Pills—stimulant diuretic to the kidneys—have brought peace and comfort to many Hood River people. Profit by this Hood River resident's experience:

H. B. Leonard, truck farmer, 719 Ninth St., says: "My kidneys acted so frequently, breaking my rest at night, and mornings I felt dull and languid. I used different remedies but got no results until I tried Doan's Pills. They were what I needed and soon my kidneys were in good condition. I depend on Doan's now. For I know they will do the work when my kidneys trouble me."

Price 60c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Pills—the name is Mr. Leonard had, Foster-Milburn Co., Mfrs., Buffalo, N. Y. 10-30

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Yours for Service **A. S. KEIR** Reliable Druggist

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Notice to Creditors

Notice is hereby given that the undersigned has been appointed executor of the estate of J. B. Welch, deceased, by the County Court of the State of Oregon for Hood River County, and has qualified. All persons having claims against said estate are hereby notified to present the same, duly verified as by law required, to the undersigned, at the office of J. H. Hazlett, Pythian Building, in the City of Hood River, in the said Hood River County, Oregon, within six months from the date hereof.

Dated and first published April 2, 1925. A. K. Stranahan, Executor.

Notice of Final Settlement

In the County Court of the State of Oregon, for Hood River County. In the Matter of the Estate of Elizabeth Cooper Gregory, Deceased. Notice is hereby given that the undersigned has filed his final report and accounting in the above entitled estate, and that the Court has fixed Saturday, the 8th day of May, 1925, at the hour of 10:30 o'clock A. M. of said day, at the county court room in the City of Hood River, Oregon, as the time and place for hearing and settling the same.

W. L. Gregory, Administrator.

Notice Guardian's Sale of Real Estate

In the County Court of the State of Oregon, for Hood River County. In the Matter of the Guardianship of Francis D. Sandman, Paul Sandman, Hazel Sandman and Margaret Sandman, Minors. Notice is hereby given that the undersigned, as guardian of the above named minors and their estate, by virtue of an order made and entered in the above entitled Court and cause on the 20th day of March, 1925, will, from and after Saturday, the 2nd day of May, 1925, sell at private sale, to the highest and best bidder for cash in hand, the following described real property belonging to said minors, situate in Hood River County, State of Oregon, to-wit:

An undivided one-eighth (1/8) interest and estate in and to the North half (N 1/2) of the South-west Quarter (SW 1/4) and the North-west Quarter (NW 1/4) of the South-east Quarter (SE 1/4) of Section Twenty-four (24) in Township Two (2) North, Range Ten (10) East of the Willamette Meridian, subject to the dower right and estate of Susan Mohr, widow of John A. Mohr, deceased.

Said sale will be made at private sale, cash in hand, and proposals for said purchase may be made to me at my residence on said premises, Postoffice Address R. D. No. 1, Hood River, Oregon; or at the office of John Baker, Attorney-at-Law, Pythian Building, Hood River, Oregon.

P. H. Mohr, Guardian

Cigars Tobacco Soft Drinks Confectionery

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UNDER regulations provided by the recent Oregon legislature, the rates of motor truck concerns engaged in hauling freight are regulated by formal tariffs, issued by the Public Service Commission. Shippers will find tariffs on file at all of our offices. We will supply shippers with copies where desired.

Our service is a responsible one. It is standardized. Consult our tariff, just as complete as that of a rail line, and determine your freight cost according to classification.

As the general tariff covers transportation charges between designated termini, the Public Service Commission has authorized a supplement that assesses a charge of \$1.50 per hour for 1-ton trucks up to \$6 per hour for a 5-ton truck and trailer. This service includes a driver only. Extra help will be charged for at the rate of 50 cents per hour per man.

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YOUR MEAT MARKET

These are the days when the out of doors is calling. You, perhaps, have worked briskly making garden, cleaning the lawn or have been off on a Springtime hike or have played a round of golf.

Then, doesn't the aroma of cooking Bacon or ham bring the big appetite? And oh, how a nice broiled beef-steak tastes! Indeed, these are the days when you want your meat just right.

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START YOUR OFFICE RIGHT Full Line of Supplies

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