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**MT. HOOD RAILROAD COMPANY**  
Time Table No. 37  
Taking effect Sunday, July 29th, 1923.

SOUTHBOUND				NORTHBOUND			
No. 5	No. 3	No. 1	Stations	No. 2	No. 4	No. 6	No. 8
Motor Daily	Motor Daily	Motor Daily		Motor Daily	Motor Daily	Motor Daily	Motor Daily
P. M.	A. M.	A. M.		P. M.	A. M.	P. M.	P. M.
4:15	11:40	8:00	...Lv. Hood River Ar.	3:15	9:15	2:55	7:30
4:18	11:43	8:05	...Powderdale	3:12	9:12	2:52	7:27
4:28	11:53	8:15	...Switchback	3:05	9:02	2:42	7:17
4:38	12:03	8:25	...Van Horn	2:55	8:52	2:32	7:07
4:41	12:06	8:30	...Mohr	2:50	8:48	2:28	7:03
4:46	12:11	8:43	...Lentis	2:45	8:43	2:23	6:58
4:52	12:17	8:48	...Odell	2:40	8:36	2:16	6:51
4:57	12:22	8:53	...Bloucher	2:35	8:31	2:11	6:46
5:01	12:26	9:03	...Holstein	2:25	8:27	2:07	6:42
5:05	12:30	9:08	...Winans	2:20	8:24	2:04	6:39
5:10	12:35	9:15	...Dee	2:15	8:20	2:00	6:35
5:15	12:40	9:25	...Trout Creek	11:15	8:12	1:52	6:27
5:25	12:50	9:35	...Camp 1	11:05	8:05	1:45	6:20
5:30	12:55	10:00	...Woodworth	11:00	8:00	1:40	6:15
P. M.	A. M.	A. M.	...Mr. Parkdale Lv.	A. M.	A. M.	P. M.	P. M.

\*Steam. \*Motor.  
Owing to limited space on Motor Cars all trunks and heavy baggage will be handled on the steam trains, either in advance of or following the passengers.  
Nos. 3, 4, 5, 6 and 8, Motors, have right of track over Nos. 1 and 2. Steam Trains will clear time of Motor Cars at all meeting and passing points Five (5) Minutes. Steam Trains will occupy Main Line at meeting and passing points, but will permit motors to pass without delay. Motor Cars will approach Sidings and Stations cautiously, expecting to find main line occupied.  
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HOOD RIVER, OREGON

**DR. MACRUM STRONG FOR COOPERATION**  
Dr. C. A. Macrum, president of the board of directors of the Mosier Fruit Growers Association, all of whom, along with their manager, R. D. Chatfield, were here last Thursday to hear the presentation of the plans of the commission of five, expressed himself as heartily in favor of the proposed cooperative movement.  
"The commission has been doing some excellent, constructive work," said Dr. Macrum, "and we are now ready and set to get into something that we have long needed. Mosier and other mid-Columbia sections are ready any time to affiliate with the organization. Indeed, even though the plans for the general cooperative organization had not been brought to the point of materialization, we of the mid-Columbia districts were ready to cooperate in the distribution of our tonnage of Newtowns and Spitznburgs."

We will be glad to see you and your friends at any time at  
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**COUNTY HEALTH NOTES**  
Miss Elizabeth Campbell, public health nurse, announces that the clinic for children of pre-school age will be held as usual this month Friday, April 18. Parents are urged to bring all children who are not of school age for examination and conference over problems of child training, food and care. Enthusiastic interest marked the fourth annual meeting of the Hood River County Public Health Association, held Friday afternoon, April 4, at the library and showed the gain which public health work has made in the county during the past year. C. H. Vaughan, president of the association, was in charge. Mrs. Glendora Blakeley, of the State Bureau of Nursing, and W. J. Wheelton, of the Oregon Tuberculosis Association, addressed the meeting.  
Miss Elizabeth Campbell's summary of her nursing work during the past year was a remarkable record of accomplishment. Six hundred and forty patients were cared for during the year, 800 visits made, 596 office calls received and 467 office hours kept. At her school 283 visits were made to 12 schools; 1947 pupils inspected, 1231 defects found, 802 defects corrected, 5503 class inspections held, 214 excluded for communicable diseases. In the work with pre-school children, literature on care and feeding was distributed to 201 parents, 15 clinics were held, 428 children inspected, and 922 defects found, of which 80 per cent have been corrected. Fifty were enrolled in the three home hygiene classes taught. Twenty-three children suffering from a deformity or malady were cared for by surgical operations or hospital care. Those who have not already made complete recovery have showed marked improvement. The local chapter of the Red Cross paid hospital and transportation expenses for 17 of these cases, supplied glasses to nine children and paid for treatment in two serious dental cases. Six active cases of tuberculosis were found, excluded and cared for, among school children. Local dentists gave free care to 50 children and the physicians of the city each gave a half day every six months for examination of the babies at clinics. Two hundred and thirty-three social service visits were made, food and clothing supplied, employment secured and homes found for children.  
The outstanding feature of S. J. Moore's report as treasurer is the dependence of the health association on the Red Cross for its existence, through failure of the county to appropriate sufficient funds to carry on the work. The Red Cross bought the nurse's car, pays for its upkeep, a portion of her salary, and as shown in her report, transportation and hospital expense for many children who otherwise would have no relief from their suffering. Last year the Hood River Red Cross chapter paid \$1,500 for public health work which could not be carried on by the \$1,500 appropriation allowed by the county.  
Mrs. R. B. Perigo's report of Christmas seal sales showed that \$192.57 was retained in Hood River county and \$228.57 forwarded to the Oregon Tuberculosis Association.  
Mrs. Blakeley asked for the support of the work by a strong organization of workers and urged that people make greater use of the child welfare and hygiene groups in the state.  
Mr. Wheelton in an excellent talk emphasized the value of health education, particularly in the schools, and urged that the community as a whole be interested in the greatest factor in the fight against tuberculosis. He commended Hood River county highly for standing behind the nurse in her work and expressed the necessity for keeping up that strong organization.  
L. B. Gibson related that the sentiment among the teachers regarding public health work could be judged by the fact that 41 out of 83 memororialized the tax commission to allow the public health appropriation. He suggested that every possible means be employed to get more health education into the country study. A nurse is now kept at normal school in this state to teach the teachers how to appreciate the work of the nurses in the schools.  
Mrs. S. G. Babson reported the work done in Parkdale, under Miss Campbell's direction. The outbreak was confined to one room, and no case came down in school after the first one, exposed during the Christmas holidays, had been excluded.  
Mrs. A. W. Peters told of the hot lunch work in Pine Grove, where there is no equipment in the school, and the church kitchen was used by the women of the community, who prepared and served the lunches. The chest of emergency supplies has also been filled by these women.  
Mrs. J. R. Nickelsen, of Frankton, told how lunches had been served at their school for 22 weeks. A small electric range was installed there. The pupils prepare their own food, the teachers being in charge. Silver trays were given in this community to fill their chest.  
Mrs. A. C. McCammon, of Dee, told of her plans for filling their chest and reported the community in excellent condition from the standpoint of health work.  
Mrs. S. L. Banks, of Oak Grove, told of the purchase of scales for weighing the school children, through funds raised by entertainments, and also reported filling their chest. About \$40 has been raised there. Hot lunches have been served to the school children for three years, the work being done under the auspices of the Parent-Teacher Association. They plan to buy a pressure cooker next fall to enlarge their equipment.  
Mrs. O. L. Craton reported for Barrett that the children are weighed and measured every six weeks in their school by the health workers of the neighborhood.  
Mrs. J. W. Graff reported that Odell plans to make up during the next year for its lack of accomplishment during the last.  
Leslie Butler said that Oregon had showed what could be done in changing health conditions. Since public health work started in the state about 15 years ago the death rate from tuberculosis has been decreased 50 per cent, and from the standpoint of social hygiene work Oregon's representation in the army ranked highest in the country.  
Officers for the coming year, presented by the nominating committee, were elected as follows: President, C. H. Vaughan; vice president, Mrs. Waldo Mills; secretary, Mrs. R. W. Moe; treasurer, S. J. Moore. Committee chairmen elected were: A. S. Keir, finance; Mrs. E. R. Moller, educational; Mrs. Chas. T. Howe, publicity; Mrs. C. K. Benton, nurse; Mrs. Wm. Skeue, supply, and Leslie Butler, advisory.

The baby clinic for April will be held Friday afternoon in the library basement under direction of Miss Campbell. Parents are urged to bring all children of pre-school age for weighing, measuring and examination. A physician will be present, and a number of assistants, to insure individual attention to each child. The value of regular attendance and careful watching cannot be overestimated, even for children who appear to be in perfect health.  
Warning is given to everyone that ditch water is unfit to drink. Public health authorities have been notified that in some sections of the valley the water is being used to drink. Poisons from spraying have run into the water, contaminating it and making its use a menace.  
Public Health Nurse Campbell is taking her vacation during this month, being on duty only for emergency work. She will conduct the clinic Friday and answer urgent calls, but school work and routine duties should be postponed until she returns to her regular full-time work.

**Hackett On Furniture Committee**  
W. A. Hackett, of the Kelly Bros. Co. is one of the Oregon representatives on the Northwest committee in charge of preparations for Northwest Furniture week, which will begin April 21. Otto S. Greenbaum, of Seattle, in announcing the week says: "We have had weeks and weeks—of all sorts and descriptions—for almost every conceivable purpose under the sun. Some good, some not quite so good."  
"It is, however, with a very vital and specific purpose that we are announcing 'Northwest Made Furniture Week' for April 21-25."  
"The sole idea is to visualize for the benefit of all our people, the rapid development that is being made in the manufacture of furniture and what a wonderful opportunity the future holds forth for the Northwest in this line of endeavor."  
"Here is an industry that has developed almost overnight, unheralded, and almost unknown to the average citizen."

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Our Famous Milk Shakes are bigger, richer and better and their fame has extended many miles outside of Hood River.  
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**4th of July WATCH PARK GRANGE CELEBRATE**