

**GET WELL NOW**

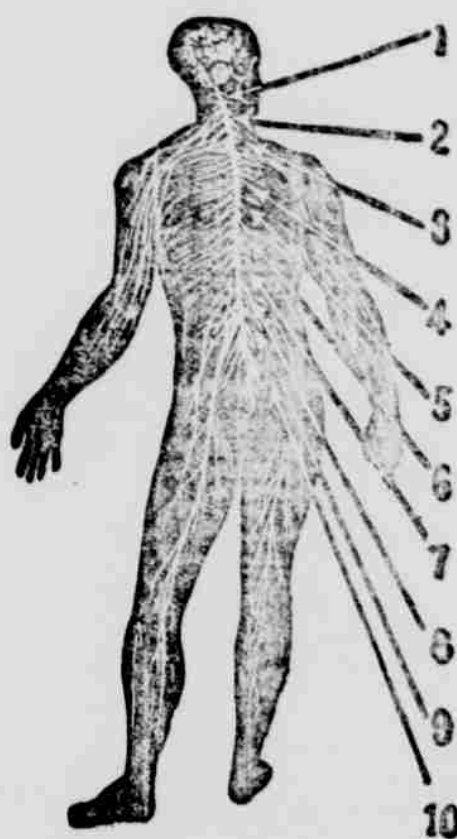
Why suffer longer? Why "doctor" all your days under the old system that vainly tries to cure you by merely treating symptoms without removing the causes of your sickness? Take the scientific, quick road back to health instead.



**Avoid Operations**

Disease is caused by pressure upon nerve tissue—the tiny wires that carry the life force from brain to all parts of the body. When these are normally working, nature has the power to heal disease. Chiropractic does this, and health is the result.

Ninety-five per cent of all diseases originate at the points shown by the arrows. A slight displacement of one or more of your vertebrae probably is causing your trouble today.



1. Slight subluxations at this point will cause so-called headaches, eye diseases, deafness, epilepsy, vertigo, insomnia, wry neck, facial paralysis, locomotor ataxia, etc.
2. A slight subluxation of a vertebra in this part of the spine is the cause of so-called throat trouble, neuralgia, pain in the shoulders and arms, gonorrhea, nervous prostration, la grippe, dizziness, bleeding from nose, disorder of gums, catarrh, etc.
3. The arrow head marked No. 3 locates the part of the spine wherein subluxations will cause so-called bronchitis, felons, pain between the shoulder blades, rheumatism of the arms and shoulders, hay fever, writer's "cramp," etc.
4. A vertebral subluxation at this point causes so-called nervousness, heart disease, asthma, pneumonia, tuberculosis, difficult breathing, other lung troubles, etc.
5. Stomach and liver troubles, enlargement of the spleen, pleurisy and a score of other troubles, so-called, are caused by subluxations in this part of the spine, sometimes so slight as to remain unnoticed by others except the trained Chiropractor.
6. Here we find the cause of so-called gall stones, dyspepsia of upper bowels, fevers, shingles, hiccup, worms, etc.
7. Bright's disease, diabetes, floating kidney, skin diseases, boils, eruptions and other diseases, so-called, are caused by nerves being pinched in the spinal openings at this point.
8. Regulations of such troubles as so-called appendicitis, peritonitis, lumbago, etc., follow Chiropractic adjustments at this point.
9. Why have so-called constipation, rectal troubles, sciatica, etc., when Chiropractic adjustments at this part of the spine will remove the cause?
10. A slight slippage of one or both innominate bones will likewise produce so-called sciatica, together with many "diseases" of pelvis and lower extremities.

**CHIROPRACTIC OFFERS YOU HEALTH**  
WHY DELAY? DISEASE DOES NOT

No matter how you are suffering don't consider your case hopeless or that you have to spend a long time regaining health. Chiropractic is permanently curing hundreds every day. It is doing so because it is the sane, safe, sure, and scientific way to health. Investigate this wonderful modern way of healing disease. Take advantage of it, and suffer no more.

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**E. W. WINANS IS 91 YEARS OLD**

Edgar William Winans, Hood River county's oldest pioneer, has just celebrated his 91st birthday. Although he lacks but six years of the century mark, Mr. Winans retains his faculties. His interest in daily affairs remains keen and he is able to read his newspaper without the aid of glasses.

Most of the life of Mr. Winans has been spent on the frontier. Born in New York city November 8, 1828, he was taken by his parents to Pennsylvania when only a small child. They moved to Illinois, where he married Miss Elizabeth Kinney at Hamilton. In 1856 Mr. Winans, accompanied by a brother, Alfred, walked from Hamilton, Ill., to Topeka, Kas., averaging 50 miles per day. They homesteaded tracts near the Kansas town. Mr. Winans was a member of the Kansas militia during the Civil war. His company prevented the burning and sackings of Topeka by the guerilla Quantrell. In 1866 the Winans colony journeyed across the continent to Port land, coming to Hood River the next year. Mr. Winans settled on government land near the Devil's Purse Bowl. His life partner passed away in 1915.

Mr. Winans is an enthusiastic naturalist and disciple of the noted ornithologist, Audubon, Linnaeus and Wilson and three of his sons have been named for these men. He is also a taxidermist, and specimens of his work are on display at the Smithsonian Institute.

Mr. Winans attributes his long life to rugged pioneer living and temperance. He says that he attended a temperance meeting with his father, Judge Alfred Lincoln Winans, when a small child in New York city, and with his hand in his father's took a temperance pledge that has never been violated. He is father of four sons and three daughters. They are: Linnaeus and Audubon Winans, of Portland; W. R. and E. T. Winans, of Hood River; Mrs. Margaret Nell and Mrs. Elizabeth Nell, of Reestville, and Mrs. Martha A. Spaulding, of Salem. W. R. Winans presented his father with a handsome walking cane on his 91st birthday. On the cane are cut 91 notches.

**NEW SCHOOL LAW WILL ROB ROADS**

As a result of a new law that provides for an increased school fund, Hood River county roads will suffer next year. Tentative plans for raising a general road tax of about \$53,000 had been made. The necessity of raising \$10,000 more for schools than last session will cut the road fund to that extent. The road fund, it is said, will be about \$9,000 smaller than that of last year, when the money appropriated was insufficient.

The law, calling for increased school funds, was passed by the last legislature. The county court called Wood county commissioners to see what interpretations were going to be made there. The effects of the neighboring county say they will ignore the new law. If the law is observed here the general county school fund will be boosted from \$17,000 to \$24,000, and the high school fund from \$3,000 to \$7,000.

Citizens had hoped to make a further appropriation for the Lost Lake road, being constructed by the county and forestry service. Indeed, it is felt that this work should not be sacrificed.

**ANTI-JAPANESE MOVEMENT IS ON**

The Hood River Anti-Asiatic League, if industrial members of the organization succeed in bringing plans to materialization, will conduct a radio-aid campaign to educate the general public against Japanese land ownership. A serious menace to the Pacific Coast. It is planned especially to enlist the aid of farmers in all parts of the country, and all national farm papers will be asked to cooperate in the movement.

Members of the organization declare themselves well pleased with incidents of the past week. R. E. Scott and J. H. Koberg attended the convention of the Farmers' Union at The Dalles to ask not in bringing about a law that will prevent further immigration of Japanese. They declare that the Farmers' Union by adopting a resolution that calls for cancellation of existing Japanese land ownership was an act beyond their hopes. That the movement is coming to the limelight in this state is indicated, it is said, in action of the Bend Commercial club in calling for the prevention of a purchase of 11,000 acres of land by Geo. Shima Japanese potato king of California.

**Stanfield Ships 45 Cars**

Apple growers of Stanfield, according to M. A. Mohr, who has been in charge of the plant of the Stanfield association of growers, will ship a total of 45 cars of fine apples this season. The crop will return close to \$75,000. Three varieties are produced in the new eastern Oregon fruit district, Rome Beautys, Jonathans and Winesaps.

Mr. Mohr says that 50 per cent of the apples will go out in the extra fancy pack.

**Should Be Quarantined**

Many physicians believe that anyone who has a bad cold should be completely isolated to prevent other members of the family and associates from contracting the disease, as colds are about as catching as measles. One thing is sure—the sooner one rids himself of a cold the less the danger, and you will look a good while before you find a better medicine than Chamberlain's Cough Remedy to aid you in curing a cold.

**DeWitt Says Properly**

Already owning a 50-foot frontage on Oak street between Second and First streets, H. T. DeWitt has purchased an additional 50 feet from Frank and may build a new garage before next spring.

**For Fords, Chevrolets, Maxwells and— BAD ROADS**

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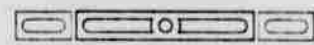
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