

OLD AGE STARTS WITH YOUR KIDNEYS

Science says that old age begins with weakened kidneys and digestive organs. This being true, it is easy to believe that to keep the kidneys and digestive organs clean and in proper working order old age can be deferred and life prolonged far beyond that enjoyed by the average person.

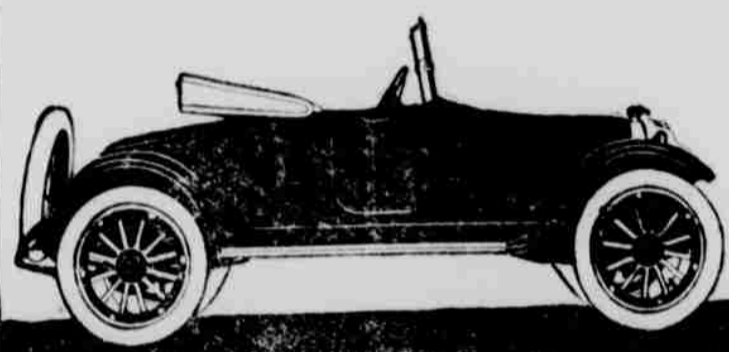
For over 200 years GOLD'S MEDICAL HERBARIUM has been preparing the weakness and disability due to old age. It is a standard medicine which has been used by thousands of old people and is included in all the best medical books.

AN ASSET TO ANY MAN

If it's a business car you want, one easy to handle and fit for any kind of travel, you owe it to yourself to examine this capable Roadster. We know of no car that equals it for constant and economical service, or that handles with as much surety and quickness in tight places.

Touring Car, \$1075; Roadster, \$1075; Sedan, \$1600; Coupe, \$1600 F.O.B. Pontiac, Mich. Additional for wire wheel equipment, \$75

HEIGHTS GARAGE



OAKLAND SENSIBLE SIX

MT. HOOD RAILROAD COMPANY

(Time Table No. 31)

Taking effect 12:01 a. m. Sunday, July 15th, 1917.

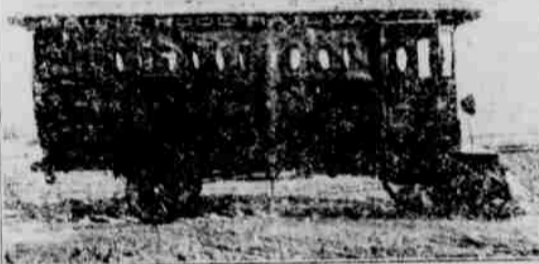


Table with columns for Motor Daily, No. 3, No. 1, Stations, No. 2, No. 4, No. 6, No. 8, No. 2 Motor Daily, No. 3, No. 1, Stations, No. 2, No. 4, No. 6, No. 8. Includes stations like Hood River, Ar, Passendale, Sweetback, Van Horn, Mohr, Odell, Summit, Hlambler, Holstein, Winatus, Doe, Front Creek, McLeorty, Ar. Parkdale Lv.

\* Steam. \* Motor. Owing to limited space on Motor Cars all trunks and heavy baggage will be handled on the steam trains, either in advance of or following the passengers.



MAKES WHITER, LIGHTER BREAD GET IT FROM YOUR GROCER

Hunt Paint & Wall Paper Co.

- Complete line of PAINTS, OILS, BRUSHES, Etc. Heath & Milligan Mixed Paints Glidden's Varnishes Room Mouldings Bulk Calcimine Mixed to Order Plate and Card Rail Dry Paste

S. E. BARTMESS FUNERAL DIRECTOR AND LICENSED EMBALMER Licensed with Oregon's first class of Embalmers. Phone 1381, 3821 HOOD RIVER, OREGON

IRELAND TO ENTER LOCAL FRUIT DEAL COLUMBIA LOOP TRIP IS APPEALING

L. E. Ireland, who for the past two years has operated in apples in southern California markets, has planned to enter the local market deal more extensively this fall. Mr. Ireland, who has already begun the purchase of cherries, and who announces that he will buy apples and pears, has leased the old Columbia Garage building, which he will convert into a packing house and receiving station. Mr. Ireland will ship cherries, in packed boxes, to eastern markets.

Eyes scientifically examined by H. L. Hasbrouck, Optometrist, Health Center Bldg.

THE EXPLANATION

Nature placed the growth-promoting "vitamins" in the oil of the cod-fish—this explains why Scott's Emulsion is so definite in its help to a child of any age. Latter-day science reveals that the "vitamins" are needful for normal growth. Scott's Emulsion will help any child grow.

Scott & Bowne, Bloomfield, N. J.

Notice of Sale

In the County Court of the State of Oregon, for the county of Hood River.

In the matter of the estate of Adelia A. Stranahan, deceased. I, Albert K. Stranahan, executor of the will of said deceased, hereby give notice that I will, by virtue of and pursuant to an order of the above entitled court made herein on June 6, 1919, from and after the 11th day of July, 1919, sell or offer at private sale at my office at Front and Oak streets, in the city of Hood River, Hood River County, state of Oregon, the following described real property situated in the city of Hood River, Hood River County, state of Oregon, to-wit:

Lot fifty-nine and sixty (59 and 60) in Block one (1), in Stranahan's 2nd Addition to the said city; Lot seventy-four (74), in Block thirteen (13), and Lot thirty-seven (37) and lot forty (40), in Block nine (9), in Stranahan's 3rd Addition to said city; Also, beginning at a marker stone monument set in the east line of the Wm. Jenkins Donation Land Claim No. 38, Township 3 North, Range 10 East of W. M. 33rd south of the re-entrant corner of the east 20 min. west 200 feet; thence east 92.72 feet to a point ten feet west of the southwest corner of Lot 35 in Block 10 of Stranahan's 3rd addition; thence north 200 feet; thence west to the place of beginning, containing 3.02 acres, more or less.

Said property will be sold to the best and highest bidder for cash or for not less than 25 per cent of the purchase price in cash, payment of the remainder to be made by the promissory note of the purchaser and a first mortgage lien on the property sold as security, and said sale shall be made in one parcel and one sale or in separate sales and parcels as may be most beneficial for said estate.

Dated at Hood River, Oregon, this 27th day of June, 1919. Albert K. Stranahan, Executor. jn12j19

Notice of Sheriff Sale

By virtue of a writ of execution in foreclosure duly issued by the Clerk of the Circuit Court of Hood River County, Oregon, dated June 7th, 1919, in a certain suit wherein Albert K. Stranahan, as executor, is plaintiff, and Hood River W. O. W. Hall Association, a corporation, is defendant, wherein plaintiff recovered judgment and decree on May 20th, 1919, for the sum of \$618.33, together with interest thereon at the rate of 8 per cent per annum, from November 1, 1914, until paid, \$75.00 attorney's fees, and the further sum of \$100.00 costs, which judgment was enrolled and docketed in the clerk's office of said court in said county on the 29th day of May, 1919, which said writ of execution commands me, as sheriff, to make sale of the property described in said judgment and decree and hereinafter described to satisfy said judgment.

Notice is hereby given that I will at the hour of 10 o'clock in the forenoon on the 12th day of July, 1919, at the east front door of the county court house in the city of Hood River, county of Hood River, state of Oregon, sell, at public auction, to the highest bidder for cash, the following described real property, in Hood River County, Oregon, to-wit: All of lots eighteen (18) and nineteen (19) in block four (4) of Stranahan's First Addition to the town of Hood River, now city of Hood River, as per the duly recorded plat thereof, together with all the tenements, hereditaments and appurtenances thereunto, belonging, or so much thereof as may be necessary to satisfy said judgment and decree in full, with accruing costs.

Said property will be sold subject to confirmation and redemption as by law provided. Dated June 7th, 1919. Thos. F. Johnson, Sheriff, Hood River County, Oregon. jn12j19

Summons

In the Circuit Court of the State of Oregon for the County of Hood River. Bernice V. Alexander, Plaintiff, vs. Reed H. Alexander, Defendant. To Reed H. Alexander, defendant: In the name of the state of Oregon you are hereby required to appear and answer the complaint filed against you in the above entitled suit on or before the expiration of the six (6) weeks from the date of the first publication of this summons, which date is hereinafter stated, and if you fail so to appear or answer, for want thereof the plaintiff will apply to the court for the relief prayed for in her complaint, to-wit, for a decree of divorce forever dissolving the marriage contract existing between you and the plaintiff and for a decree awarding to the plaintiff the custody of Beatrice Alexander, a minor child, and the defendant herein, and for such other relief as the court may deem equitable.

You are hereby served with this summons by publication pursuant to an order of the Hon. L. N. Blowers, county judge of Hood River County, Oregon, made in the above entitled suit on June 17, 1919, which order directs that you shall appear and answer said complaint on or before the expiration of six (6) weeks from the date of the first publication of this summons, which date is fixed in said order as June 19, 1919. This summons is first published June 19, 1919. Ernest C. Smith, Attorney for Plaintiff, Hood River, Oregon. jn12j19

The following story, written by C. C. Hutchins, of White Salmon, who made the first journey over the Columbia river loop route, starting from White Salmon and traveling to Portland by way of the North Bank road, returning over the Columbia Highway to Hood River, will be of interest to local people. The story, appearing in last Sunday's Oregonian, also the appeal of a variety of scenery encountered by the motor tourist:

Agos ago the great mid-Columbia basin, comprising extensive areas of Oregon, Washington and Idaho, was an immense inland lake. Finally this body of water forced its way through the Cascade mountains to the sea, resulting in our waterway, the Columbia river. Perhaps for centuries the Indian was supreme in this Columbia gorge country; its waters provided the major part of his food; his trails courted the great warriors, the Lewis and Clark, the intrepid pioneers, and the great Oregon Trail.

From the Dalles, by canoe, and rafts of logs, with manual portage around the Cascade rapids, did they reach the Willamette valley and southwest to Washington country; then by steam craft, and rail portage around the rapids they still came by the hundreds. The steel rail finally was laid on both shores, tying the east to the west. Still the cravings of man were not appeased; the advent of the auto created a desire to reach all points, independent of the rail or boat, for business and pleasure tours. To course this great river, through the gorge of the Cascades, by a highway on a suitable grade for negotiating by auto, seemed to be beyond the grasp of engineering skill. This is, however, the age of great monuments to the skill of man; the mind of man has conceived and the hand of man has given us the now world famous Columbia River Highway, crowned on its summit by the Van House of rest and comfort. We have gazed, from the miles of this highway, to the north or Washington side of the gorge; have wondered what of interest its closed book might reveal, if once opened.

First time has come, in the opening of the North Bank Highway from Vancouver, Washington, to Underwood, White Salmon and the east. In no sense is this new highway a rival to the one on the Oregon side; rather it is a part of same; a continuation of same forming the most scenic loop tour in this, and probably any other, country.

In touring the Oregon highway how often have we wondered what was back of this and that fall, what lay behind that canyon's mouth, from hundreds of vantage points on the Washington highway, our curiosity is appeased. The falls are clearly defined, over and beyond them we see the great gorge where they reach their last plunge, woe after woe of range is unfolded, as we gaze from point to point of the newer highway.

The North Bank Highway does not follow the river as closely as does the Columbia River Highway. It touches some at many points, but ends in and begins in a distance of a distance of 16.7 miles, we traverse a highly developed section, including the Vancouver Barracks and Camps, where may be visited the large plant of the Crown-Williams Paper Company. Throughout the route it will be seen, many ares being reset, where a few years ago they were torn out of the ground, their owners being discouraged, following a few lean years.

From Wahougal, for a distance of approximately nine miles, we follow closely the wooded banks of the charming Wahougal river, with its hundreds of rapids, falls and pools, which are the delight of the trout and steelhead fisherman. Many a film will be exposed along this river, for its vistas are too alluring to go unrecorded.

For the next ten miles the run is made through a virgin forest of great trees, their sweeping branches meeting above and forming a liberal tunnel of green, with an undergrowth of almost tropical beauty. This stretch of some ten miles circles around Cape Horn; many trout streams are crossed.

For the next 15 miles, from Skamania to Stevenson, the county seat of Skamania county, this space will not begin to permit covering the scenic and interesting details of the run. It is estimated there are over 700,000,000 feet of fir timber in and back of this stretch. Lumber and cord wood have been the main output of this section.

The Wind River Company has been logging here for close to 20 years. Rushing creeks are frequently crossed; bass and trout lakes are passed and camping spots, with purest of water and fuel in abundance are on every side. Thirty-two and nine-tenths miles out of Vancouver, Multnomah Falls, on the opposite side of the gorge, stand out like a bar of silver, again at 26.5 miles a beautiful view of Horsetail Falls is enjoyed, and so on mile by mile do the Oregon wonders unfold.

Having covered 49.5 miles we come to Beacon Rock, a sentinel standing guard over the most enjoyable part of the entire mid-Columbia gorge, providing from its summit a panoramic view most inspiring, through the generosity of its owner, Henry J. Biddle, who has personally financed the construction of a rock hewn trail from base to summit, provided with an iron railing for "safety first." Again, on the opposite side of the highway will be found a trail leading up to Wahougal Park and Little Becon Rock; a short climb, fine spring and view, good place for a lunch. This also is provided by Mr. Biddle. At mileage 46.8 a close up view of salmon fish wheels will be had; also the old portage railroad around the Cascade rapids; this with its mate on the Oregon side, were the first railroads built in the two states. This is the narrowest part of the gorge and the site of the Bridge of the Gods.

Crossing several creeks, Stevenson, the county seat, will be found a clean, attractive city with good streets and every service provided for the comfort of the tourist desired, including a splendid free auto park, close to the business section, with Rock Creek spring water flowing through its ten acres of ground. First class hotel, garage, kodak supplies, even a splendidly equipped hospital, if such service should be required. On the opposite side will be seen Cascade Locks and

Are you run down, tired out, languid, losing weight, or has the "Flu" left you feeling tired and worn out? If so, Nature is calling for help. — We know of nothing to aid you quicker and surer than —

Penlar Dynamic Tonic

This Tonic consists of the most highly recommended foods for nerves and tissues. The exact formula is on each bottle, and is manufactured by one of the Most Reliable Pharmaceutical Houses in the World — not a patent medicine firm that puts all the money that should be in the drugs, into glaring advertisements and testimonials.

During the influenza epidemic, PENSLAR DYNAMIC TONIC secured wonderful results, also — WE GUARANTEE EVERY BOTTLE.

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A complete stock of GOODYEAR and REPUBLIC TIRES AND TUBES

together with our service, makes this an ideal place to purchase your tire requirements.

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BRIGGS AUTO WOOD-SAW Attachment One man cuts 15 cords; 2 men, 35 cords. Goes Anywhere—Any Auto. BRIGGS & BURPEE CO., Inc., Manufacturers 279 Hawthorne Ave., Portland. Send for Information and Illustrated Circular

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of new tires or those we have vulcanized and increased serviceability. So far as the inner tubes are concerned there will be no difference except that new tubes will cost many times what we charge for making old tires new. Don't be in a hurry to throw damaged tires to the scrap heap. Bring them here. We can probably save them for many miles of service for you yet.

THE TIRE SHOP

"Listen!" says the Good Judge—

"And remember it, too."

The better the quality of your chew, the more you'll enjoy it. You'll get more out of your tobacco money, too—you'll save part of it for something else. A small chew of this quality tobacco tastes good — and it lasts and lasts.

THE REAL TOBACCO CHEW

RIGHT CUT is a short-cut tobacco W-B CUT is a long fine-cut tobacco