

Comparative Digestibility of Food

Made with different Baking Powders

From a Series of Elaborate Chemical Tests:

An equal quantity of bread (biscuit) was made with each of three different kinds of baking powder—cream of tartar, phosphate, and alum—and submitted separately to the action of the digestive fluid, each for the same length of time.

The relative percentage of the food digested is shown as follows:

Bread made with Royal Cream of Tartar Powder:

100 Per Cent. Digested

Bread made with phosphate powder:

68 1/2 Per Cent. Digested

Bread made with alum powder:

67 3/4 Per Cent. Digested

These tests, which are absolutely reliable and unprejudiced, make plain a fact of great importance to everyone: Food raised with Royal, a cream of tartar Baking Powder, is shown to be entirely digestible, while the alum and phosphate powders are found to largely retard the digestion of the food made from them.

Undigested food is not only wasted food, but it is the source of very many bodily ailments.

NOTES ON FIRST THINGS IN OREGON

The first printing press brought to Oregon came from the Sandwich Islands in 1832, and was reported by Mr. E. O. Hall, a printer, who was employed by Missionary Spaulding, of Lapwai. That press was taken up there and employed for several years in printing portions of the Bible and the Nez Perce and Lemhi Indian tongues. That was the first printing, and Mr. Hall the first printer, in the Oregon country. The old printing press is preserved by the Oregon Historical Society and may be seen at their emporium in Portland.

The first newspaper was published in 1836, the first paper west of the Missouri river. This was the "Oregon Spectator," published in Astoria by J. M. Elzey. All the pioneer journals were a large influence on the times; shaping the political and commercial history of the wild territory; and were eagerly read in the homes of the pioneers. How anxious they looked for the coming of the "Weekly Paper," it would usually reach our home, 50 miles away, four or five days after the printing, if the mail carrier escaped Indian hostilities and did not get lost in the wild woods. These pioneer journals and their editors held a unique distinction. Their names ought to be written high on the scroll of Oregon's fame. Nothing influences the social, political and financial character of a commonwealth more than a good literary journal, and in those relations the editor figures most largely.

The first sermon ever preached west of the Rocky mountains was delivered at Ft. Hall, on Snake river, July 27, 1834, by Jason Lee, missionary to the Indian tribes. The missionary wrote in his journal: "Repaired to the grove about three o'clock, for public worship. By request of Captain McKay, a respectable number of people assembled, consisting of French, half-breeds and Indians—and our white people. All were extremely attentive. I gave a short discourse from II Corinthians, 10:21, 'Whatever ye do, do all to the glory of God.' O, that I could preach to these Indians in their own language!"

Scarcely was that service over, when a tragic scene occurred; a remarkable contrast. Two of Captain McKay's men engaged in a horse race. A hind ran across the track and all came to a frightful collision. One was killed and at noon on Monday Mr. Lee performed the burial service. This was the first funeral service also.

This was the last of the gospel preaching. What a seed planting. From that handful of corn, planted on the top of the mountain, has grown our Christian civilization, our churches, schools and homes. The first sermon preached in eastern Oregon was in the Grande Ronde valley, in the summer of 1853. That service was held in my father's tent, on Sabbath, while our tired emigrant train was resting at Kamap, Idaho, just past our tent. Our tent being the largest in the train the people assembled on Sunday and the sermon was preached by Rev. Laban Case. That was on the exact site of the present city of La Grande. What a planting and what a harvest! It built the first church in all of eastern Oregon. A Christian college grew there and no higher order of Christian society can be found—all concomitants. G. W. Kennedy.

The New Suits and Coats

Dresses and Skirts are Beauties

And the Prices Put Them Within Reach of All

You Can Buy a Nobby Cutaway Coat for \$7.50

These come in a Light Tan Mixture, with long lapels and collar trimmed in corded silk to match, and light tan stripe, trimmed same, and large buttons to match.

Our Tailor Suits and 3/4 Coats At \$12.50 are Wonders

At this price we show a splendid assortment. New 3/4 Coats, round-corner effects, in medium and light colors, and Navy Serge, trimmed collars and cuffs, high waist line, also strap and button trimmings, all new.

The Suits at This Price

are the biggest surprise of the season, all the new ideas and colors. They look good; fit better.

SEE WINDOW DISPLAY—TRY THEM ON—YOURSIZES IS HERE

We show some very attractive Garments in Exclusive Designs of Coats and Suits, at \$13.50, \$15.00 and up to \$27.50. No two alike.

Have You Seen the New Oregon Woolens?

They surely are well worth the time required to look them over. The new member of the family is the

Wool Crash, 52 inches wide, All Wool, at \$1.00 the Yard

Comes in light, medium and dark mixtures, crash weave with enough weight to give it a good body. This cloth is especially adapted for Coats, Suits, Skirts and Dresses, for summer wear, as it is not affected by the dust.

We make Suits and Dresses to Order From These Goods. SUITS TO ORDER, \$20.00 to \$32.50 DRESSES TO ORDER, \$12.50 to \$18.50

We carry a Full Line of Trimmings, Linings and Buttons to Match Goods

BRAGG MERCANTILE CO.

MERCHANTS ASSOCIATION REORGANIZED

The local Merchants Association, which has been inactive for over a year, was reorganized again last night. Action was begun at Thursday looking toward the organization when E. B. Moore, of Corvallis, state organizer of the retail Merchants Association, came here and met with the local business men at the rooms of the Commercial club. Mr. Moore told the local merchants of the benefits to be derived from a well managed organization. By thus coming together the merchants can protect themselves against men who practice purchasing goods without any intention of paying for them, according to the ideas of the state organizer. "You may form a kind of clearing house," says Mr. Moore, "by your organization, and your secretary will have the rating of all the customers of the local merchants. Your dues need not be heavy. The sum of 50 cents per month is enough to conduct the organization. A number of those present had been members of the old Hood River Merchants Association. D. McDonald, who was always an active member, said: "Our former association was beneficial to all of us. Even though we may never have done anything else, the fact that we got together occasionally and talked over matters of mutual interest, was a great help to those who attended the meetings. However, I think the secretary should collect the dues each month and pay a call to each member. The interest is thus kept alive."

Mr. Moore suggested that the secretary should, instead of being one of the local merchants, be a young attorney of the city, who should be paid a small salary and a commission on the collection of bad debts. The expression of all at Thursday night's meeting were favorable to the reorganization of the association. A. C. Staten, of the Heights, addressed his fellow merchants, stating that the Heights business men had already formed such a league. "The members of the old club were good," said Mr. Staten, "and I feel sure that those of the one we will form, because of the good points that are going to be incorporated, will be better than ever."

D. McDonald was appointed chairman of a committee to urge the merchants to attend last night's meeting. He appointed to assist him in his work, E. A. Franz, C. O. Huelst, A. C. Staten and C. S. Trice. Mr. Moore, who has visited many of the cities of the state, told of experiences that have been met with by the retail merchants in various sections. An organization properly maintained, he is of the firm opinion, will remedy many of the evils that they have to confront. He relates a story of the experience of the merchants of The Dalles, who were recently the victims of a clever scheme of a merchant collector. They approached the merchants of that city with an offer to collect old bills. In the contract, they signed and left with the merchants, they were to be paid nothing until the money was collected. However, in order to have the merchant show good faith, they asked each to give a promissory note, the sum of each proportionate to the sum of the bills that the signing merchant wished collected. The notes were taken to the banks of The Dalles and discounted. It is a law of negotiable instruments that when a promissory note gets into the hands of an innocent purchaser for value, the maker of the note cannot produce written or oral evidence to disprove it, and the merchants were "stung."

In another city the merchants had difficulty in collecting from many of their customers. They organized and arranged a system, whereby six boys about twelve years old were dressed in Mephistopheles costumes. The boys wore horns and tails and a placard on each announced: "I am the Devil." These "devils" visited the delinquent customers. If the bill was not paid the first time, they made other visits. This plan did not take well with the local merchants, who deemed it rather ungracious.

The local merchants desire to build up their trade to their own best advantage and to the best advantage of their bona fide customers. They want to get closer together, they want to come in closer touch with their patrons. It is thought by the promoters of the association that the organization will prove decidedly beneficial.

COUNCIL ORDERS WALL REMOVED

The most interesting matter coming before the city council at its Monday night meeting was the request of the members of the Benedict Tennis club that the wall recently constructed on the Oak street side of the courts of the club and which encroaches on the street, be allowed to remain until the club secures new quarters in the country, which are the present plans of the organization. F. A. Cram, Harry T. DeWitt, J. B. Heilbroner and Chas. Hall, members of the Tennis club, were present at the meeting. Mr. Cram told the councilman that it was not the purpose of the club to ask the councilmen to violate their obligations, but that the organization had hopes that the wall, which was built for temporary purposes, might be allowed to remain until the club might be able to secure new quarters. Councilman A. C. Staten and J. E. Robertson explained that if the council allowed the wall to remain either by a silent acquiescence or by affirmative action, they would have many other petitions for the same privilege. A motion providing that the wall be removed but that reasonable time be given for the work was carried.

The city received a communication from the Burns Detective Agency announcing that check raising artists were reported to be working the Hood River district. The agency asked that all business men keep careful check on their checks and checking accounts.

The fire and water committee reported that it would recommend that the Home Telephone Company to rent a portion of its building for a water office be not accepted. The committee favored the present location, because of greater amount of vault room for records. The report was adopted.

The street committee reported that John Zollis had finished the work of placing concrete curbs in front of the property of J. F. Batchelder on State street, and recommended that Mr. Zollis be paid, despite the fact that Mr. Batchelder objected. The report was adopted.

The city will soon have an automatic fire alarm system. The street committee, to whom was referred the petition of the Fire Department last week, recommended that an automatic system be installed at a cost of \$250. It was also recommended that the two small bells now owned by the city and used for fire purposes be sold and that a larger bell be purchased. The committee thinks the new bell should be placed on the brow of the hill in the vicinity of Montello avenue, where it can be heard by the residents of on the Heights as well as by those down town. The report was adopted and referred to the fire and water committee with power to act.

Recorder Howe was instructed to advertise for bids on the work to be done at the city jail. The capacity of the prison is not sufficient to accommodate the guests of the city and county on occasions. When the work is completed the residents of the local hotel will not wander away from the city without permission.

Congregational Church

Remember the coming of Dr. Drake next Sunday morning. She will give you a treat. In the evening the pastor will speak, by request, on "The God of Storm and Flood." Service at 8 o'clock, until further notice.

M. E. Church Services

Sunday school at 10 a. m. Preaching services at 11 a. m. and 7:30 p. m. Themas: morning, "The Bible," evening, "The Way That Leads Home." Epworth League at 6:30 p. m. Prayer meeting on Thursday evening at 7:30 o'clock. All are invited to these services. W. B. Young, pastor.

Rubber Stamp Inks and Pats at this office, also stamps made to order.

IDAHO SPUD GROWER BECOMES DETECTIVE

In order to determine just how badly he was being robbed and at the same time show the consumer how he was being held up, L. L. Young, a rancher residing near Kamap, Idaho, put into operation a unique scheme which brought astounding results from the potatoes he raised and sold.

Young is an extensive potato raiser. After he had harvested his Murphy crop he placed a note in the bottom of each sack asking the consumer to be kind enough to write him what price he paid for the spuds. The potatoes were later sold by Mr. Young, who received for them 55 cents a sack, a net profit of 25 cents a sack.

Some time later letters began to pour in to Mr. Young from all parts of the United States. The consumers had found the notes. The several hundred replies received stated that the consumers had paid prices ranging from \$1.50 to \$2.50 a sack for the spuds.

Mr. Young said he expected the middlemen to make a reasonable profit, but that he, as grower, was receiving such a small fraction of the ultimate selling price demanded of the buyer as he anticipated him.

The revelation has spread among Idaho growers, many of whom are confident now that sales direct to the consumers would be more profitable all around.

Recipes

Frappé Peach—Buy theatre tickets, candy and flowers for another peach, and let the one to be frapped bear about it.

Angel Food—Five pounds of the most expensive boudins; ice cream sodas (any number); sautéed peonies (as desired); a few sour pickles (if the angel is in luck). Feed these ingredients slowly into a blender's low mouth.

Stewed Hen—Select a fat, live hen and give her about four fingers of whiskey. Serve in ten minutes.

Chocolate Drops—Take half a dozen pinapples up in an aeroplane and spill them.

How to Put Hair on Any Head—Rub twenty-five dollars carefully into a hair goods store.

How to Get a Lobster—Lead him to the front door by the arm and hand him his hat. Or, if you prefer, call father before he takes off his boots.—April Lippincott's.

Change in Schedule

The O.-W. R. & N. train No. 17, the westbound Oregon-Washington line, which formerly passed through this city at 5:45 p. m., now passes through Hood River at 4:15. The Westbound O.-W. limited, which is equipped with diner and observation car, is a very popular train with people going from here to Portland in the evening. The change in schedule is welcomed by local people; for it gives those going down for the holidays more time in Portland between the time of the arrival of the train and the time of the opening of the theatres.

Professor Harmon Gives Recital

A fair sized audience at the Baptist church Tuesday evening enjoyed the recital given by Prof. A. J. Harmon and his pupils, assisted by Dr. M. H. Sharp, violinist, Edward Hill, reader, and Miss Alberta, pianist. While the crowd was set as large as the entertainment merited, it lacked nothing in appreciation, and all were agreed that it was one of the most enjoyable evenings of the kind so far offered this season.

Professor Harmon has been at no small amount of exertion in gathering and training his Mandolin club, which is already furnishing splendid entertainment and gives promise of much good work. One feature particularly noticeable and appreciated by the audience was the unusually perfect time of the players.

The solos and duets by the first year pupils are deserving of an especial mention, each one excelling in his or her chosen instrument. However, the entire program was worthy and called forth repeated encores. Edward Hill, the artist, whose ability as a reader is well known, gave two readings which were enjoyed by all, and responded to encores.

Professor Harmon, who is himself an acknowledged artist, was ably assisted by Dr. M. H. Sharp, who needs no introduction to Hood River lovers of the violin. Both were at their best Tuesday evening and more than pleased their hearers.

Professor Harmon deserves much credit for the success of the recital and it is a foregone conclusion that the next, which is contemplated giving soon, will be well patronized.

Oregon Liberal With Aid

The collection of funds for the relief of the food and cyclone-swept parts of the middle west has been a work of the past week in which the whole state has participated. Money and provisions have been given with a generous hand. Oregon's contributions will total about \$25,000, which speaks for the generosity of her people. A feature of the work that merits special credit was the gift of \$100 by Chinese residents of Baker.

Notice to Water Users

All land owners in the East Fork Irrigation District are notified to make their written applications for irrigating water before the 15th of April as soon as possible. Applications are in the hands of Supt. J. W. McDonald, or may be found at the office of C. R. Stone, President, corner of 25th and Oak Sts., Hood River, Ore. 4101. BOARD OF DIRECTORS.

Christian Science Services.

Christian Science Services will be held in the Room 2, Davidson Building, Sunday at 11:00 a. m. Subject: "Are Sin, Disease and Death Real?"

Sunday School at 10 a. m. Wednesday service, 8 p. m. The reading room is open daily from 2 to 5 p. m., room 2, Davidson building. For nice embossed stationery call at the Glacier office.

DUNCAN SELLS BROOKSIDE TRACT

B. E. Duncan has closed a deal, whereby he has sold to Judge Glanville, a retired attorney, who has been making his home at Vancouver, B. C., his tract of six and a half acres on the Brookside Drive. The property, which is but a short distance from the city and in one of the valley's delightful communities, offers an excellent home location, and Mr. Glanville will make his home there with his family. The purchaser of the Brookside drive property is well known in the legal profession of the middle west. He was formerly a member of the supreme bench of the state of Nebraska.

SUPPORT SHOWN FOR LIBRARY.

(Continued From Page One)

The opportune motion was carried without a dissenting vote. Following this a number of short speeches were made and questions asked relative to the coming election. Prof. McLaughlin told of how the library would benefit the pupils of the high school and grammar grades of the city and county. "A class at the Park street school has done more and better work than any other in the city this year—and not by the use of text books, but by the reference books in the library," he said. "The boys and girls have taken trips to China and Japan, and in such a way that they will remember them. I wish you could read some of the papers they have written."

At the election today any citizen, whether he be a property holder or not, has the privilege of voting. Any citizen of the United States who has been in Oregon for six months or in the city three months is a qualified elector at today's election. Before the meeting closed Rev. E. A. Harris urged that the people consider the benefits of the library and the necessity of having a proper location for it.

Special Announcement

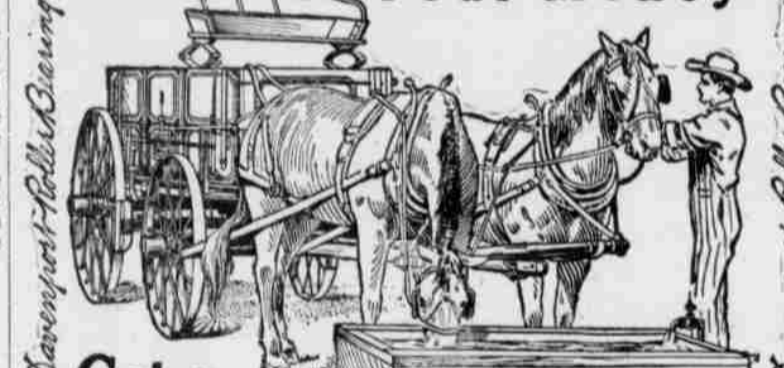
By special arrangement Dr. Emma J. A. Drake, of Denver, Colo., will speak to the people of the city and valley next Saturday afternoon in the Commercial club rooms on the vital question of "Social Hygiene." Dr. Drake is a specialist in her line and is doing a great work among the people. This opportunity to hear her is one to be seriously considered and it is hoped that a large audience will greet her. She will speak at 2 o'clock and men and women are earnestly urged to come and bring their friends. There is no admission fee and no offering to be taken.

MORMONS

Will hold meeting on the Heights in Taylor's hall Friday evening, April 11 at 8 p. m. Everybody invited.

Davenport Roller Bearing Steel Wagons

Save Your Time Your Money



Get a Davenport Roller Bearing Steel Wagon

and you save all of these at once

Your Horses The Roller Bearings on the Davenport reduce the draft about one horse. They will do your work. You increase the load and still work your horses less. The patent "drop" tongue loads take the neck weight off your horses.

Your Time Your time is valuable. With a Davenport you haul larger loads each trip. You don't stop to rest your horses so often. You do not lift your load as high. Oil in four minutes (do not take the wheels off). You do not spend any time at the blacksmith's waiting for tires to be re-set or other repairs. It is always ready to go.

Your Money At four cents a bushel, with two loads a day, each sixty bushels, your man and team is hauling you \$4.80. The Davenport easily hauls eighty bushels of the same grain, saving one cent a bushel. On a 10,000 bushel crop you save \$100.00—more than your wagon cost. No repair bills to pay. No breakdowns.

These Roller Bearings Reduce the Draft 30% to 50%

Write for our booklet, "When the Going is Hard." It contains twenty-six of the best articles ever written regarding wagons and their use. It's free if you tell us you saw it in this paper. Also ask for our package number 10.

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Davenport Roller Bearing Steel Wagons

Cigars, Tobacco and Cigarettes

Fine Line of Pipes Candies and Fishing Tackle

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Hood River Grown First Class THE KIND THAT GROWS A Few Dwarf Apple, Pear and Peach

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