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No matter what part of the city or valley you are in we are ready to talk with you on lighting or power on a basis of the CHEAPEST POSSIBLE RATE. The flat rate, as we have before stated, includes the use of electrical appliances of all kinds. Let us quote you rates.

Hood River Gas & Electric Co.

PHONE 55

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IT IS A GREAT SAVING for you to be able to get good, reliable, feed that is full of nourishment and at the same time pay no more than you have been doing for inferior kinds. We are particular in the selection and purchase of our feed and consequently we know what we are selling our customers. Suppose you give us a trial. You'll find out the saving later.

HANDY CORNER FEED STORE
HUBBARD TAYLOR
Phone 282-X On the Heights

FREE

Those NICE DISHES on Display at WOOD'S GROCERY are given away FREE with Cash Purchases. Be sure to get your tickets when buying goods there. These dishes are Warranted to be first-class ware. Call in and examine them.

We sell all kinds of Groceries at prices THAT ARE RIGHT when QUALITY of goods is taken into consideration.

"The Best Things to Eat."

WOOD'S GROCERY
J. M. WOOD, Proprietor.

Land For Sale

I have about 1,000 acres of No. 1 Apple Land, most of it under ditch at prices ranging from \$60 per acre up. In tracts from ten acres up.

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Hood River - - - Oregon

PLUMBING

STEAM and HOT WATER HEATING
WINDMILLS, PUMPS, TANKS

C. F. SUMNER

Opposite Postoffice

PHONE 20

HOOD RIVER

LENTEN SEASON BEGAN LAST WEEK

On last Wednesday, Ash Wednesday, the Lenten season, the six weeks of fast before Easter, began. During Lent every day, except Sunday is a fast day. All the Wednesdays and Fridays, and the Saturdays and Ember week, and Holy week are also days of complete abstinence from flesh meat.

Only those must fast who have completed their twenty-first year and have not reached their sixtieth. The following, however, are excepted: The sick and those in feeble health, women nursing children and all who are engaged in laborious and exhaustive occupations.

On fast days only one full meal may be taken. Custom permits coffee, tea or chocolate, with a small piece of bread, to be taken in the morning. Custom also allows the use of eggs, butter or cheese, and milk at the evening collation. When the principal meal cannot be taken at mid-day, it may be taken in the evening, and the collation put in the morning.

Flesh meat may be used at all meals on Sunday, and once a day at the principal meal on Mondays, Tuesdays and Thursdays. Those, however, who are excused from fasting on account of age or hard labor may use fresh meat more than once a day, on the days when it is allowed. The use of lard and drippings is permitted in the preparation of abstinence food.

Fish and flesh are not allowed at the same meal, even on Sundays, except in case of persons dispensed. From abstinence on account of sickness.

All Catholics must abstain who have reached the age of reason, unless health does not permit. Two exceptions are:

Workmen and working women, together with their entire families, are permitted the use of flesh meat once a day on all fast days of the year, except Fridays, Ash Wednesday, the Wednesday and Saturday of Holy week and the Vigil of Christmas.

AVOID HARSH DRUGS

Many Cathartics Tend to Cause Injury to the Bowels

If you are subject to constipation, you should avoid strong drugs and cathartics. They only give temporary relief and their reaction is harmful and sometimes more annoying than constipation. They in no way effect a cure and their tendency is to weaken the already weak organs with which they come in contact.

We honestly believe that we have the best constipation treatment ever devised. Our faith in it is so strong that we sell it on the positive guarantee that it shall not cost the user a cent if it does not give entire satisfaction and completely remedy constipation. This preparation is called Rexall Orderlies. These are prompt, soothing, and most effective in action. They are made of a recent chemical discovery.

Their principal ingredient is odorless, tasteless, and colorless. Combined with other well-known ingredients, long established for their usefulness in the treatment of constipation, it forms a tablet which is eaten like candy. They may be taken at any time, either day or night, without fear of their causing any inconvenience whatever. They do not gripe, purge or cause nausea. They act without causing any pain, or excessive looseness of the bowels. They are ideal for children, weak, delicate persons, and aged people, as well as the most hearty person.

They come in three size packages, 12 tablets, 10 cents; 25 tablets, 25 cents; 80 tablets, 50 cents. Remember, you can obtain them only at our store—The Rexall Store. C. A. Plath.

Sedentary habits, lack of outdoor exercise, insufficient mastication of food, constipation, a torpid liver, worry and anxiety, are the most common causes of stomach troubles. Correct your habits and take Chamberlain's Stomach and Liver Tablets and you will soon be well again. For sale by all dealers.

NELSON TO MANAGE EXPERIMENTAL FARM

Primarily to make a profitable business investment and incidentally with the intention of running the current of money steadily flowing out of the Pacific Northwest for meat products by establishing a demonstration farm for the fattening of animals for food purposes, which it is believed, will make such a showing that similar farms will spring up over a large territory, a number of stockmen, horticulturists, railway men and others have formed a corporation and acquired the land, says Saturday evening's Portland Telegram. It is to be known as the Portland-Goldendale Farm Company, and was formally organized at a stockholders' meeting Friday night.

The company holds rights to 500 acres in the heart of the Klickitat Valley, near Goldendale, Wash. By the plans is contemplated a farm to be used as an experiment station for the rearing and fattening of food animals, scientific farming and demonstrations in agriculture and horticulture. It will be sowed largely in alfalfa and some grain. The land is under the Mountain Lake Irrigation project, accessible for commercial irrigation, and is of the richest loam to be found in the fertile Klickitat Valley, the gateway to the rich Yakima country. Railway connections are convenient, with a water-gravel route to Portland, making this the outlet for all the products of the farm, which is to be opened in the immediate future.

The farm will be in charge of O. J. Nelson, son-in-law of E. L. Smith, the noted Hood River horticulturist. It was on the Hood River apple farms that Mr. Nelson largely gained the knowledge and experience which will stand him in good stead in the new project. The officers and directors of the company are: President, O. M. Plummer, secretary and treasurer of the Portland Union Stockyards; first vice-president, J. L. Sterrett, manager for Sulzberger & Sons' Company; second vice-president, W. H. Daughtrey, president of the Portland Union Stockyards; third vice-president, C. C. Colt, manager of the Union Meat Company; secretary-treasurer, A. L. Fish, business manager of the Oregon Daily Journal; directors, Carl R. Gray, head of the Hill lines of the Northwest and president of the Oregon Electric line; F. A. Bushnell, purchasing agent for the Hill lines in the Northwest; O. J. Nelson, scientific farmer; F. A. Freeman, cashier of the Lumbermens National Bank; Edgar B. Piper, editor of The Oregonian; and John F. Carroll, manager of The Evening Telegram.

You are probably aware that pneumonia always results from a cold, but you never heard of a cold resulting in pneumonia when Chamberlain's Cough Remedy was used. Why take the risk when this remedy may be had for a trifle? For sale by all dealers.

Germs Spread in Skin

Eczema, Psoriasis and other skin troubles are caused by myriads of germs at work in the skin. Unless these germs are promptly destroyed they rapidly multiply, gnawing their way deep into the sensitive tissue. This is what causes that awful itch, and what seemed a mere rash may grow worse and develop into a loathsome and torturing skin disease with its years of misery.

We have had experience with many remedies for skin trouble but have never seen such remarkable cures as those from D. D. D. Prescription. Instant relief from the very first application. We are so confident that D. D. D. will reach your case that it will cost you nothing if the very first full size bottle fails to make good every claim. If you have skin trouble of any kind we certainly advise you to drop in and investigate the merits of D. D. D. anyway. We know that D. D. D. will help you.

AIREDALES

A fine litter of big, sturdy pups now ready for delivery. Bred from best stock obtainable in the West. Will hold their own in any company as Hunters or Show Dogs. We furnish Pedigree and free Registration in the American Kennel Club Stud Book. Satisfaction guaranteed. For further particulars address

PINERIDGE KENNELS

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Hood River, Ore.

Diamonds From Sugar.

It can be stated with perfect truth that a lump of sugar may be turned into diamonds. Not all the substance of the sugar, of course, will enter into the composition of the gem, but only the carbon that it contains. Sugar consists of carbon united with oxygen and hydrogen. The carbon can be easily separated out, and in certain experiments for the production of diamonds this sugar carbon has been employed. The diamonds so produced were, of course, very small and destitute of commercial value, but still they are real diamonds, and the chemical result achieved would be no greater intrinsically if they were as large as the Kohinoor. The hope has often been held out that an improvement in the process of manufacturing diamonds may be effected whereby the necessity of dissolving the carbon in molten iron may be dispensed with, and the required combination of great pressure with great heat may be brought about by some such operation as sundering the carbon between red hot metal plates.

A Discouraged Sport.

This is the sad story of one of the most thoroughbred sports known to the history of hazards. His name was Sullivan, and he had blue eyes and red hair, with a brogue to match his coloring. John Hays Hammond, the mining engineer, met him in prison in South Africa at the time when Hammond and other prominent men were held as captives by the Boers in connection with the Jameson raid. The engineer and the Irishman became well acquainted.

"Probably you wonder why I'm here," said Sullivan one day when the thermometer had gone as high as 115 in the shade. "Well, I'll tell you. I got into a little trouble, and I pleaded guilty to it."

"Five years?" said the Judge. "Your honor," cried out, "I'll throw heads and tails with you to see whether it shall be ten years or nothing." "And, would you believe it, Mr. Hammond, that Judge got mad and added on the five years anyhow. And now I'm serving that extra five. What's the use of being a sport?"—Popular Magazine.

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A Photograph of Baby

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You Pay Less on All Grades of Groceries when you Buy from us.

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- All our 3-pound cans Coffee, M. J. B.—Dependable Arlington Club, per can \$1.05
- 3 cans Carnation, Pioneer and Sunrise Milk for 25c
- 2 cans Jearsy Milk for 15c
- All our 50c per can Baking Powder for 45c
- Cream Rolled Oats in bulk, per pound 5c
- 3-pound can Ghiardelli's Chocolate for 85c
- A & L solid packed Tomatoes, per dozen \$1.25
- A. L. Corn, per dozen, \$1.25; per case 2.40
- Swift & Co., Sugar Cured Hams, per pound 18c
- Swift & Co., Sugar Cured Breakfast Bacon 18c
- The Best Sugar 13 lbs. \$1.00 sack \$6.75
- Dalles Diamond Flour sack \$1.35
- High Flight Flour sack \$1.35

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